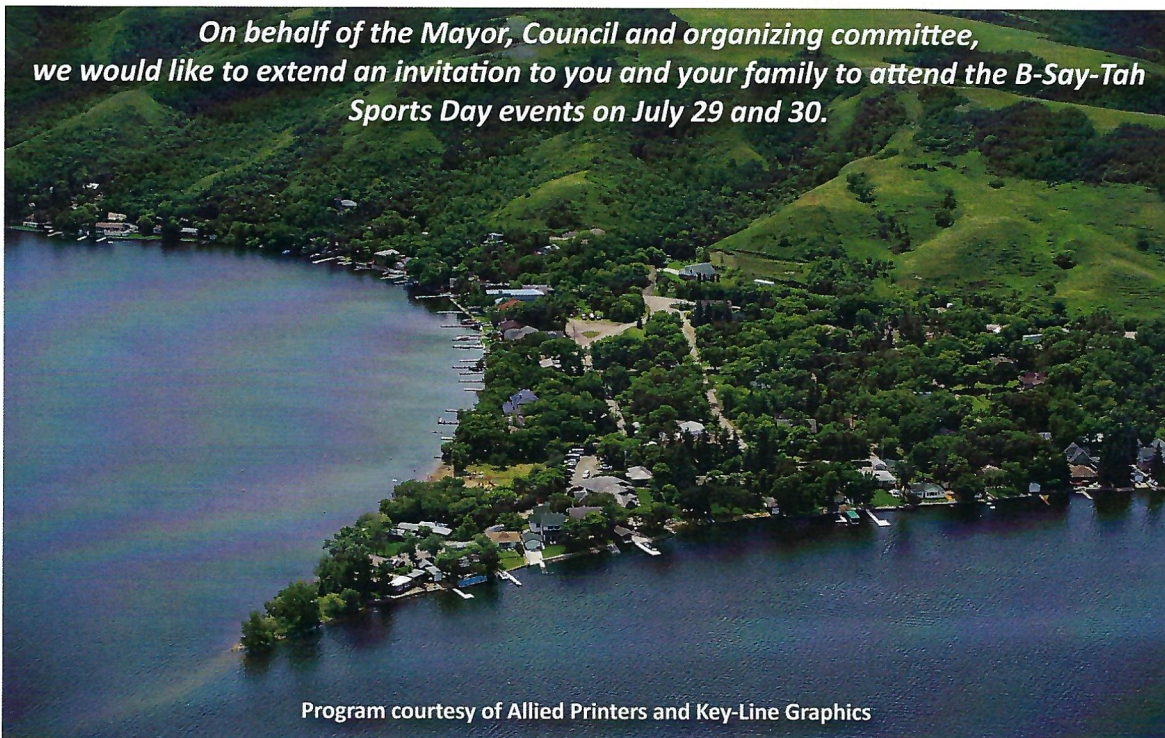


B-SAY-TAH 107th Annual SPORTS DAY

**BE SAFE &
HAVE FUN!**

**SATURDAY, JULY 29, 2023
SUNDAY, JULY 30, 2023**

*On behalf of the Mayor, Council and organizing committee,
we would like to extend an invitation to you and your family to attend the B-Say-Tah
Sports Day events on July 29 and 30.*



Program courtesy of Allied Printers and Key-Line Graphics



Program In Memory of Maggie Chartier



SPORTS DAY SUMMARY

Friday, July 28

Sand castle building contest at the beach

Judging to take place at 11:00a.m.

Saturday, July 29

9:00 a.m.

Mini triathlon (bike helmets mandatory) Register at 8:30 at the beach

9:30 a.m.

Style swimming and diving

Register at 9:00 at the beach

10:00 a.m.

Beach ball volleyball

To be held at the beach. Register your team at 9:00 at the beach.

2:00 p.m.

Land races at the commons

6:00 p.m.

Wiener roast with free hot dogs, buns and marshmallows

BRING YOUR OWN COOKING STICK

10:30 p.m.

Fireworks at the beach

Sunday, July 30

9:30 a.m.

Mini marathon (Register at 9:00 at the beach)

10:00 a.m.

Water sports & races

SATURDAY, JULY 29

8:30 a.m.

Registration for mini triathlon, style swimming and beach ball volleyball

9:00 a.m.

Mini triathlon

- Boys 12 and under – trophy donated by CLEWS & ROBINSON families
- Girls 12 and under – trophy donated by FRISKY & SILVERTHORN family
- Boys 13 and over – trophy donated by ELLIS & ROSTOKER families
- Girls 13 and over – trophy donated by CAMERON family

9:30 a.m.

Style swimming (front crawl, back crawl)

- Boys 10 and under – trophy donated by LIPON family
- Girls 10 and under – trophy donated by ZANKL family

Style swimming (front crawl, breast stroke, back crawl, elementary back)

- Boys 11-13 years – trophy donated by ENGEL & LEITNER family
- Girls 11-13 years – trophy donated by GLABUS family
- Boys 14-16 years – trophy donated by MCGINN family
- Girls 14-16 years – trophy donated by KRAMER family
- Co-Ed 17 and over – trophy donated by DUNCAN & KING family

Diving (two dives for each participant)

- Boys 12 and under; Boys 13 and over - trophy donated by MARTIN family
- Girls 12 and under; Girls 13 and over - trophy donated by DARKE family
- Co Ed 17 and over

10:00 a.m.

Beach ball volleyball - at the beach

2:00 p.m.

Land races - held at the commons

Winners are asked to return the trophies on Tuesday morning to the village office.

DASHES

Girls & Boys 3 years & under	10 m
Girls & Boys 4 & 5 years	15 m
Girls & Boys 6 & 7 years	20 m
Girls & Boys 8—10 years	25 m
Girls & Boys 11—13 years	30 m
Girls & Boys 14—16 years	40 m
Girls & Boys 17—28 years	35 m
Girls & Boys 29 years & holding	30 m
Girls & Boys 3 years & under	10 m

RELAY RACE (start at finish line)

Girls & Boys 4 & 5 years (2 per team)	10 m
Girls & Boys 6 & 7 years (2 per team)	15 m
Girls & Boys 8—10 years (4 per team)	20 m
Girls & Boys 11—13 years (4 per team)	25 m
Girls & Boys 14—16 years (4 per team)	35 m
Girls & Boys 17 years & over (4 per team)	35 m
Family Relay (4 per team)	25 m

DASH

Girls & Boys 3 years & under	10 m
Girls & Boys 4 & 5 years	15 m

SLOW BICYCLE RACE

Girls & Boys 7 years & under	15 m
Girls & Boys 8—10 years	20 m
Girls & Boys 11—13 years	20 m
Girls & Boys 14—16 years	20 m
Girls & Boys 17 years & over	20 m

DASH

Girls & Boys 3 years & under	10 m
Girls & Boys 4 & 5 years	15 m

THREE-LEGGED RACE

Girls & Boys 6 & 7 years	15 m
Girls & Boys 8—10 years	20 m
Girls & Boys 11—13 years	25 m
Girls & Boys 14—16 years	30 m
Girls & Boys 17 years & over	30 m
Mixed – 1 Girl & 1 Boy (all ages)	30 m

SHOE RACE

Girls & Boys 6 & 7 years	15 m
Girls & Boys 8—10 years	20 m
Girls & Boys 11—13 years	25 m
Girls & Boys 14—16 years	25 m
Girls & Boys 17 years & over	25 m

DASH

Girls & Boys 3 years & under	10 m
Girls & Boys 4 & 5 years	15 m

SACK RACE

Girls & Boys 7 years & under	15 m
Girls & Boys 8—10 years	20 m
Girls & Boys 11—13 years	25 m
Girls & Boys 14—16 years	30 m
Girls & Boys 17—28 years	30 m
Girls & Boys 29 years & holding	25 m

DASH

Girls & Boys 3 years & under	10 m
Girls & Boys 4 & 5 years	15 m

WHEELBARROW RACE

Girls & Boys 6 & 7 years	10 m
Girls & Boys 8—10 years	15 m
Girls & Boys 11—13 years	20 m
Girls & Boys 14—16 years	25 m
Girls & Boys 17—28 years	30 m
Girls & Boys 29 years and holding	25 m

PIGGY BACK RACE

Girl Runner 16 years & under	25 m
Boy Runner 16 years & under	25 m
Girl Runner 17 years & over	30 m
Boy Runner 17 years & over	30 m

BACKWARDS RACE

Girls & Boys 6 & 7	15 m
Girls & Boys 8-10	20 m
Girls & Boys 11-13	25 m
Girls and boys 14-16	30 m
Girls and Boys 17 and older	30 m

Special thanks to all the volunteers for helping. We couldn't do sports day without you!

SUNDAY, JULY 30

9:00 a.m.

Registration for Mini marathon

9:30 a.m.

Mini marathon – Approximate distance 1.5 km

- Boys 12 and under – trophy donated by SUNQUIST & DARKE families
- Girls 12 and under – trophy donated by KUJAWA family
- Boys 13 and over – trophy donated by GARDEN family
- Girls 13 and over – trophy donated by DARKE & HERBISON family

10:00 a.m.

Water races - Held at the beach

WADING RACE

Girls & Boys 3 years & under	5 m
Girls & Boys 4 & 5 years	10 m

SWIMMING RACE

Girls & Boys 6 & 7 years	10 m
Girls & Boys 8 —10 years	15 m
Girls & Boys 11—13 years	20 m
Girls & Boys 14—16 years	25 m
Girls & Boys 17—28 years	25 m
Girls & Boys 29 years & holding	25 m
Grandparents	20 m

WADING RACE

Girls & Boys 3 years & under	5 m
Girls & Boys 4 & 5 years	10 m

TIRE RACE

Girls & Boys 6 & 7 years	15 m
Girls & Boys 8 —10 years	20 m
Girls & Boys 11—13 years	25 m
Girls & Boys 14—16 years	30 m
Girls & Boys 17—28 years	35 m
Girls & Boys 29 years & holding	30 m

WADING RACE

Girls & Boys 3 years & under	5 m
Girls & Boys 4 & 5 years	10 m

BACK STROKE RACE

Girls & Boys 6 & 7 years	10 m
Girls & Boys 8 —10 years	15 m
Girls & Boys 11—13 years	20 m
Girls & Boys 14—16 years	25 m

(BACK STROKE RACE Continued)

Girls & Boys 17—28 years	30 m
Girls & Boys 29 years & holding	25 m
Grandparents	20 m

WADING RACE

Girls & Boys 3 years & under	5 m
Girls & Boys 4 & 5 years	10 m

PADDLEBOARD RACE

Girls & Boys 6 & 7 years	15 m
Girls & Boys 8 —10 years	20 m
Girls & Boys 11—13 years	25 m
Girls & Boys 14—16 years	30 m
Girls & Boys 17—28 years	35 m
Girls & Boys 29 years & holding	30 m

WADING RACE

Girls & Boys 3 years & under	5 m
Girls & Boys 4 & 5 years	10 m

RELAY RACE (start at finish line)

Girls & Boys 12 years & under	20 m
Girls & Boys 13 years & over	30 m
Mixed all ages (2 female, 2 male)	25 m
Family Relay	25 m

WADING RACE

Girls & Boys 3 years & under	5 m
Girls & Boys 4 & 5 years	10 m

CANOE, KAYAK, STAND UP PADDELBOARD RACE

Mixed 14 years & under	Course to be determined
Mixed 15 years & over	

****In the event of rain, a notice will be posted at the beach shed and boat launch regarding Sports Day****

On behalf of the Mayor, Council and organizing committee, we extend a sincere thank-you to all who helped to make the 2023 B-Say-Tah Sports Day a success.