

Beauty what's trending NOW



Tiffany Holliday

With a background in Aesthetic Nursing and having trained with the best laser and injectable specialists and most well-known plastic surgeons in Beverly Hills and beyond...

Tiffany shares her new and trending Hollywood Beauty HIT LIST

Derma Pen Micro-needling

The Dermapen uses many tiny needles that vertically pierce the skin. This process enhances anti-aging/rejuvenation results and accomplishes it with minimal epidermal damage. The vibrating of the Dermapen increases the effectiveness of the treatment increasing the absorption of products, while reducing pain. Dermapen triggers collagen production which is used to improve acne scars, reduce pores, keloid scars, hyperpigmentation and stretch marks. Dermapen retextures the skin during the treatment and assists in tightening the skin as well. Considered

Medical Anti-Aging Restylane Lyft

The FDA finally took the long anticipated step we've been waiting for and, approved Restylane Lyft, an injectable gel used to increase volume in cheeks and smile lines, making this the very first injectable approved for both uses. Although very common, all injections in the mid-face require a skillful hand, knowledge of the product and experience. And facial injections are not without

Tiffany Holliday came to LA 10 years ago looking for fame and fortune and found it. Raised in San Diego, she reveled in all the perks of a successful modeling career, then decided to take her interest in beauty and anti-aging to an advanced level of research and treatment by pursuing a career in Aesthetic Nursing. The doors of opportunity opened wide, and before long, all of Tiffany's model friends, celebrities she knew, and a list of new clients she gathered up were flocking to her for the latest and greatest in achieving a more youthful appearance. Today, Tiffany enjoys a career she loves and her fascination with finding the "Fountain of Youth" has led her to working alongside of some of the most well-known pioneers in the aesthetic beauty industry, including prestigious Beverly Hills plastic surgeons. Tiffany has offices in Los Angeles, West-lake Village and Beverly Hills.

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a minimally invasive procedure, Dermapen punctures the skin enough to trigger the body to fill the microscopic wounds by producing collagen and elastin. Benefits also include: improves fine lines and wrinkles; helps alopecia when used in conjunction with a topical treatment; and activates penetration/absorption of skin products. Results are as dramatic as laser treatments, resurfacing, and Chemical Peels.



serious risks if done improperly. Always ask the practitioner you visit — before you have a treatment done — if he/she is experienced in the process of facial injections, and does them on a regular basis. Little known to patients is the very serious fact that the facial artery has branches that go to the nose and the eyes. Expertise is required to avoid injecting filler into a blood vessel in this area. For the new Restylane Lyft, typically, patients require two syringes on the first visit and then, in 9-12 months, perhaps a touch-up with one syringe may be needed to accomplish the ongoing desired results. From that point on touch-ups are used to maintain fullness of the cheeks. Other treatments in Tiffany's office include: Fractional resurfacing; CO2 ablative resurfacing via ExcelQ2; Alma Pixel Intense Pulsed Light; Derma planning; Microneedling with PRP Peels; Mesotherapy; Sclerotherapy.