


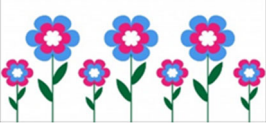



Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm



June 2025

Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee.

SUN	MON	TUE	WED	THU	FRI	SAT
Saltshaker indicates a higher sodium meal. Low-fat milk served with every meal. 	2 Turkey/Cheese Sandwich on WW Bread, Bean and Macaroni Soup WW Crackers & Peaches	3 Taco Casserole, Black Beans, Spanish Rice & Fresh Fruit	4 Oven Fried Chicken, Roasted Red Potatoes, Vegetable Normandy, WW Roll & Pineapple Tidbits	5 Spinach Lasagna, Cheese Stick, Italian Squash Mix & Fresh Fruit	6 Chicken Ceasar Salad, WW Roll, WW Cracker & Banana	7 Menu is Subject To Change Without Notice
8 Menu is Subject To Change Without Notice	9 Whole Grain Spaghetti W/Zesty Meat Sauce, Green Salad W/Dressing, Cheese Stick & Applesauce	10 Chicken Tenders, Mac and cheese, Steamed Broccoli & Fresh Fruit	11 Chef Salad, WW Roll, WW Cracker & Peaches	12 Roasted Chicken, Mashed Potatoes, Carrots, WW Roll & Pineapple Tidbits	13 Tuna Sandwich on WW Bread, Vegetable Soup, WW Cracker & Tropical Fruit Cup	14 
15 	16 Sweet and Sour Pork, Brown Rice, Stir Fry Vegetables & Mandarin Oranges	17 Egg Salad Sandwich on WW Bread, Split Pea Soup, Coleslaw, WW Cracker & Peaches	18 BBQ Chicken, Potato Salad, WW Roll, Fruit Compote & Fruit Juice	19 Site Closed Holiday	20 Beef Lasagna, Italian Vegetables, Garlic Bread & Mixed Fruit Cup	21
22 	23 "Breakfast For Lunch" Turkey Sausage, French Toast, Hash Brown Patty, V-8 Juice & Fruit Cup	24 Chinese Chicken Salad, WW Roll, Mandarin Oranges	25 Roasted Turkey, Sweet Potatoes, Peas and Carrots, WW Roll & Pears	26 Herb and Lemon Fish, Scalloped Potatoes, Oregon Medley Vegetable, WW Roll & Fresh Fruit	27 Happy Birthday Salisbury Steak, Mashed Potatoes W/Gravy, Mixed Vegetables, WW Roll, Fruit Juice & Birthday Cake	28 
29	30 Herbed Chicken, Pasta Primavera, Green Salad w/Dressing & Apricots	Volunteer Opportunity Gift Shop Volunteer Monday-Friday 11:00 1:00				Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304