

Help for the Andes Foundation

Uplifting humanity

ANNUAL REPORT 2015

Help for the Andes is a non-profit organization established September 24th, 2001, with registration number 899 of the Ministry of Justice of the Republic of Chile.

The *Help for the Andes Foundation* seeks to improve the quality of life for the Chilean community, Latin America, and other needy parts of the world. As a civil society under ECOSOC, the Foundation contributes to the United Nations Millennium Goals, such as: eradicating extreme poverty, promoting gender equality, reducing infant mortality, improving maternal health, and developing global partnerships.

Our mission

Our philanthropic action is in the realm of health and diet, education, housing, and the distribution of clothing and other basic needs. We also work in the areas of social adaptation and communication.

The *Help for the Andes Foundation* serves as a direct link between those in need and those with the desire and means to give.

Institutional Development in 2015

Humanitarian Aid and Medical Development

Universal Health Care Day

Help for the Andes Foundation has joined the growing coalition of over 500 organizations in more than 115 countries to commemorate the Universal Health Day each December 12th, globally known as *Universal Health Coverage Day*.

Help for the Andes organized events and meetings in 2 encampments, *Camp Manuel Bustos* and *Camp Felipe Camiroaga*, both located in Viña del Mar, Chile. The aim of these events is to increase awareness about the importance

of health care access as an essential human right for the social and economic wellbeing of countries. The campaign was headed by the *Rockefeller Foundation*, the *World Health Organization* and the *World Bank*. PAHO/WHO supported these events as part of their continuous action to boost universal health in collaboration with their member states of the Americas.

Health care professionals from the *University of Viña del Mar*, the *Vamos que se Puede Foundation*, and the *Red Cross* assisted in these meetings contributing with first aid workshops and medical instruments. We also counted on the support of the *Maipo Regiment* of the Chilean Army, under the charge of the Commanding Officer Rodrigo Vásquez, who prepared the site and the marquees where the events took place.

The *Universal Health Coverage Day* celebrated the third anniversary of a United Nations resolution, passed unanimously on December 12th, 2012, to support universal health as a pillar of sustainable development and global security.

Donation of hospital beds

A donation of 40 Hill-Rom brand hospital beds was delivered to the *Clinical Hospital of the University of Chile*.

The beds were the Advance Bed model with Multi-Play 6500 Dynamic Elite Pressure Redistribution mattresses, and 3 birthing beds Hill-Rom Affinity II, with Matt Birthing mattresses.

In addition, thanks to USA charities, an agreement has been reached for ongoing donations of semi-new Hill-Rom beds, of the Advanta and Advance models, (full) refurbished/factory reconditioned, complete with mattresses and transformers.

Social Health and Education

Medical Campaigns and Conferences: Prevention and Detection of Cancer in Women

The visits and talks by world renowned doctors such as Dr. Frank Cirisano, and his assistant Dr. Paolo Meza, have been a great contribution to our health and education development programs. The aforementioned doctors were invited to

Chile by the *Help for the Andes Foundation* to participate in the *Universal Health Coverage Day* activities.

With the aim of raising cancer prevention and detection awareness for Chilean women, the *Help for the Andes Foundation*, along with the *University of Viña del Mar*, and the *Vamos que se Puede Foundation* organized the *Prevention and Detection of Cancer in Women Seminar*.

The seminar was given by Dr. Cirisano, founder of the *Women's Care Fund*, an organization committed to *Help for the Andes* for prevention and education services of women in the Andes region. Among the most memorable of the invited guests were primary health care professionals from the public sector, and women—many of whom had suffered from cancer—from the *Camp Manuel Bustos* and *Camp Felipe Camiroaga*.

Both Dr. Cirisano and Dr. Meza concentrated their collaboration efforts not only on giving conferences, but also on visiting health centers and camps where hundreds of vulnerable people live in extreme poverty, such as *Villa La Pradera* of the *Quinta Región Campamento*.

They also visited the *Carlos Van Buren Hospital*, the *Reñaca Clinic*, the *University of Viña del Mar*, and the *National Congress*, where they held meetings with doctors from the *Quinta Región*. In a conference held in the *Marina del Rey Hotel*, in *Viña del Mar*, Dr. Frank Cirisano shared his experiences as a specialist in *OB/GYN Oncology* in order to promote the prevention and early detection of cancer in women.

Dr. Cirisano and his assistant, Dr. Paolo Meza, were invited to Chile to collaborate with the information campaign aimed at motivating women to take cancer tests and get the needed support. We aim to prove the need to adjust the educational and counseling messages so that women will understand their test results better, and will know the differences between cervical cancer and precancerous states. Empowering patients through education and a strong support system is essential.

Dr. Cirisano specializes in the biology and pathology of gynecological cancers, as well as their most up-to-date forms of treatment. The talks given by Dr. Cirisano and Dr. Meza also dealt with areas of expertise that include: comprehensive care for gynecological cancers, minimally invasive cancers and pelvic surgery (laparoscopic and robotic), radical cancer surgery and advanced pelvic surgery, uterine/ vaginal prolapse/ rectal and bladder repair.

The lack of effective preventative programs and treatment is one of the leading reasons for the much higher rates of cervical cancer in developing countries. Without access to viable programs, women from poorer communities generally seek out health care only when symptoms worsen and the cancer is already advanced and difficult to treat.

Human Touch Program

Visit from Dr. Patch Adams

The Help for the Andes Foundation stands out in its commitment to create synergy between organizations with our common goals.

For this reason, Dr. Adams was invited to an interview with Dr. Sepulveda of the *Faculty of Medicine of the University of Chile* and board members of the *Clinical Hospital of the University of Chile*, with the purpose of introducing courses for medical students and academic personnel on *compassion, communication and sensitivity* towards the patient. These courses will be given in conjunction with the Patch Adams Gesundheit! Institute. The objective is to teach compassion and sensitivity towards the patient as being fundamental in the humanization of medicine.

Notable Films Chile has collaborated to film the visit of Dr. Patch Adams. Audio-visuals, films, photos and ideas will be prepared to support the project in the future.

The Peruvian Child's Christmas Event

On December 5th, thanks to the contribution from *Scotiabank Chile* and collaboration from the *Peruvian Consul*, the celebration of the *Peruvian Child's Christmas Event* took place in the Padre Hurtado Sanctuary, in Estación Central, Santiago. A Christmas show, activities, gifts and treats were provided for the 756 children who were brought to the event.

Volunteering

We continue to conduct workshops in the rural communities of Lima. These are collaborative efforts with *Crear.Ser*, and are presided over by the clinical psychologist, Janet Muñoz. The workshops provide an incentive for integration, enhance education, art, and cultural identity, as well as promote the understanding of communities in extreme poverty. We hope that the young

people and the 12 families in attendance will benefit and be strengthened from this training.

Volunteers from *Help for the Andes Foundation* in cooperation with the organizations *Crear.Ser* and *Vida Digna* will continue to collaborate with the initiative of the *Ministry of Women's Affairs* in vulnerable Peruvian communities.

Web Site

To keep up with web technology changes, Anim Paquette and Juan Manuel Rosas Raffo have updated our web site with a more modern design and web technology to provide compatibility between platforms and web browsers.

OUR PROJECTS

For 2016

The Help for the Andes Foundation continues to make significant contributions in the realm of health and diet, education, housing, and the distribution of clothing and other basic needs. We also work in the areas of social adaptation and communication.

The Human Touch Courses/Training

In 2016, the *Help for the Andes Foundation*, together with various public and private institutions, will host a series of lectures and meetings with internationally renowned speakers from the fields of Health and Education.

Invited speakers to Chile are: Gustavo Zerbino with the *Meaning of Life and Leadership*, Dr. Hunter "Patch" Adam with the *Human Touch*, and Dr. Frank Cirisano with the *Prevention, Detection and Early Treatment of Cancer in Women*.

Themes to cover: the Human Touch, the Meaning of Life, Women's Health, the Prevention, Detection and Early Treatment of Cancer in Women, Education for Compassion, and Communication and Sensitivity towards the Patient.

The conference series is intended principally for professionals, academics and students from different fields.

Our general objectives are:

- To motivate the attendees to develop the attributes needed to make constructive changes in their own lives, in their relationships with others, and in their communities.
- Encourage each attendee to reflect on their unique capabilities to contribute to society in specific areas.
- Seek for more effective ways to contribute to people in socially vulnerable situations and that require special care and attention, including the elderly.

Meetings

During April and May, board members of *Help for the Andes Foundation* will be visiting and giving presentations to several American organizations based in the United States.

Meetings are scheduled with: *Women's Cancer Care Center, Assist International, Global Health Strategies, and the Rockefeller Foundation*. The aim of these meetings is to strengthen our programs and our continued collaboration in accordance with our mission.

Sustainable Modern Housing Project

This is an initiative of the *Help for the Andes Foundation* that is planned to begin in 2016. Its objective will be to provide worthy, new and permanent social housing for the most vulnerable people and their families of the Valparaíso Region.

The region of Valparaíso has 1,759,167 inhabitants, with a 19.2% poverty rate; that is to say, there are 337,760 people who live in conditions of hardship. The 2002 Housing Census established that there is a housing deficit of 34%, which mainly affects the lower income brackets. In other words, of the 440,704 households in the region, 149,839 do not own their own homes. Although the government, businesses, and individuals are working on participative building initiatives, there is much to do.

Our project is aimed at vulnerable groups and homeless people. The ultimate goal is to help families integrate into society by giving them a sense of belonging—fundamental to later discover personal potential and talents, develop skill competence, and acquire self sufficiency.

The project has two principle components:

- The construction of worthy, good quality, sustainable social housing units
- The creation of a supportive surrounding that gives emphasis to the common areas.

The structures include:

- Houses with between 58 and 60 square meters of floor space.
- Thermal insulation and equipment for installing solar panels for optimal energy efficiency.

The first home will be financed by the *Help for the Andes Foundation*, and the rest will depend significantly on international, regional, and national donors to cover the construction costs.

The project will provide a model for those lacking adequate housing to improve their quality of life, health, and security, as special attention will be given to the architectonic design, construction plans, and building materials.