



**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

**Friday, September 25, 2020 – 11:00am to 12:30pm
Wellness Center Central – 401 S. Tustin St. #C, Orange, CA 92866
REMOTE MEETING, Conducted on WebEX
Meeting Number: 145 420 7220**

Attendees: Debbie A., Kimberly J., Deanna L., Justine P., Paulina S., Deloise M.
Guest: Sohail E., Aly W., Julia A-K.

I. Call to Order – 11:06 am

- a) Welcome and Introductions
- b) Approval of Agenda –Read for the group by Deanna L. and Sohail E., Agenda approved by Kimberly J., seconded by Justine P.
- c) Approval of Minutes – Minutes approved by Kimberly J., seconded by Debbie A.

II. Reports

- a) Program Director Report-Sohail E.
 - i. Sohail read the Program Director's Report.
- b) President's Report- Vacant, No report given. Vice President called upon to give report.
- c) Vice-President's Report-Deanna L.
 1. Thanked everyone for attending
 2. Still working on everything to get the Wellness Center Ready to open in October.
 3. Justine and Kim have been enjoying the groups, thanked them for attending.

III. Unfinished Business

- a) Reading a portion of the MAB bylaws
 - i. Read MAB Article 3-Section 1-4, Business Process (Sohail E.)
- b) MHSA Art Calendar
 - i. WCC has received the art for the last 6 years. We are gathering a committee from all centers to judge the art. After judging is complete, will send to designer and get approval of design from County (Sohail E.).

IV. New Business

- a) MAB President Vacant Position
 - i. The President position is currently vacant. According to the bylaws, if attendance is missed at three consecutive meetings the position has been vacated. Due to this, there are 30 days to elect a new president. Be thinking about if you are interested in stepping into the president role, will do voting based on bylaws and go from there. (Sohail E.)
- b) WCC Re-Open
 - i. The center is scheduled to re-open on October 12th. Will be providing training for members and have everyone sign the new social agreement with COVID-19 guidelines prior to entering the center. It is imperative that everyone knows the

expectations and follows them. Wearing a mask will be mandatory along with health screenings and temperature checks. There will be two blocks of activities, 3 hours in the AM and 3 hours in the PM. Each block will have 2 groups, ice breakers and social time. Members are encouraged to make appointments and limited number of walk-ins will be allowed. We will continue as normal with the remote services, for those who are not able or ready to return. (Sohail E.)

- c) WCC Virtual Tour
 - i. Will be filming a virtual tour of the center to place on the website. This will be similar to the tours that were previously given onsite. Will let everyone know when it is posted on the website. (Sohail E.)
- d) Group Evaluation Survey
 - i. We are conducting group evaluation surveys. If you have not filled out one yourself, please do so. The survey is on our website and hosted through survey monkey. Please promote to other members also. Our goal is to get 60 by the end of the month. This will give us a good idea about how members are feeling about the online groups and give us suggestions on how to improve. (Sohail E.).
 - ii. If members need support filling out the survey they can also call the main number and someone can help you to complete it. (Aly W.)
- e) MAB Input and Participation
 - i. Please be available to come to groups and talk with members about the group evaluations and returning to onsite services. Your support of the members is important. (Sohail E.)

V. Announcements (MAB Members)

- a) **No announcements**

VI. Open Forum (Visitors)

- a) NAMI Walk-Hope Hunt, virtual NAMI walk. Hope hunt is a weeklong scavenger hunt put on by NAMI from Oct 5-9th. Clues will lead you to NAMI signs throughout the OC. Virtual Walk and Facebook live celebrations. Registration is online. Check out NAMIOC.org for more info. Wellness Walkers is the WCC team if you'd like to participate. (Julia A-K.)
- b) OC Navigator Consumer/Family work shop today 9/25. Sohail will email the information for those interested. (Sohail E.)

VII. Upcoming Calendar

- a) WCC Costume Contest October 30, 2020-TBD
- b) Next meeting, Friday October 16, 2020 11:00am-12:30pm

VIII. Adjournment

- a) Sohail adjourned the meeting at 12:08 pm