

THE TOTAL you

THURSDAY
july 24 2025

5:00PM – 7:30PM

6840 W. 105TH STREET
OVERLAND PARK, KS

\$45 PER PERSON

INCLUDES PROGRAM, REFRESHMENTS,
WELCOME BAG & VENDOR GIVEAWAYS!

Register by July 20, 2025 at

[www.abwamokan.org/
fundraising-activities.html](http://www.abwamokan.org/fundraising-activities.html)

YOUR PATH TO PERSONAL & PROFESSIONAL GROWTH



LIFE COACH

Dr. Susan Harrison

CONTROLLING STRESS
SO IT DOESN'T
CONTROL YOU



SOCIAL WORKER

Erika Helin

PRIORITIZING YOU
IN A
BUSY WORLD



CHIROPRACTOR

Dr. Kelsey Crow

ALTERNATIVE
SOLUTIONS FOR
GREATER RESULTS



TRAINER & COACH

Brit Kelly

TRAINING
YOUR
INNER MATRIX



EXECUTIVE COACH

Debra Kunz

VOICING
YOUR
VALUE

This event highlights YOU, the Total YOU!

- A panel of featured speakers sharing insight on how to be the best **YOU** that you can be!
- Fabulous vendors offering items for the total you!
- Yummy refreshments by Nick & Jake's to fuel your energy!
- All attendees receive a fun swag bag plus additional goodies from vendors!
- The opportunity to mix and mingle with the speakers and fellow attendees!
- And did we mention fabulous Door Prizes?!!



BELIEVE. BELONG. BECOME.

American Business Women's Association



SPACE IS LIMITED - REGISTER TODAY!

HOSTED BY THE ABWA MO-KAN CHAPTER WITH PROCEEDS
PROVIDING CONTINUING EDUCATION RESOURCES TO AREA WOMEN.