



**9**  
the age a girl's self-esteem peaks, then takes a nose dive

**39%**  
of girls have been put down or discouraged when trying to lead

**21%**  
of girls believe they currently have most of the key qualities required to be a good leader

**92%**  
of teen girls would like to change something about the way they look with body weight ranking the highest

**57%**  
of girls say that if they went into a STEM career, they would have to work harder to be taken seriously

**When girls support each other, incredible things happen.**  
Girls have great ideas and can make awesome leaders, but when they're not supported, or are discouraged from stepping up, the world misses out on their talents, strengths and uniqueness. Let's create a world where girls are celebrated, encouraged and supported! Join girls across the country and pledge to **STAND BESIDE HER!** When you support girls in your classroom, on the field and in your community, you're helping to change the culture so every girl can reach her fullest potential!

## Join us for **National Stand Beside Her Week** October 28 - November 3, 2018

### 6 Ways Girls Can Stand Beside Her

- 1** Give a meaningful compliment.
- 2** Make sure everyone is included.
- 3** Stand up for other girls.
- 4** Take action! Girls can change the world!
- 5** Watch your words. Don't gossip, tease, or name call. Instead, say something nice!
- 6** Complete a Stand Beside Her Patch Program activity and #standbesideher today!

Created by girls for girls, the National Stand Beside Her Movement encourages girls and women to connect and support each other; to value ourselves and have the confidence to celebrate our own unique gifts and applaud the successes of others.

We commit to change our current culture of negative comparison and competition and learn to celebrate and lift up each woman and girl so that together, we can change the world.