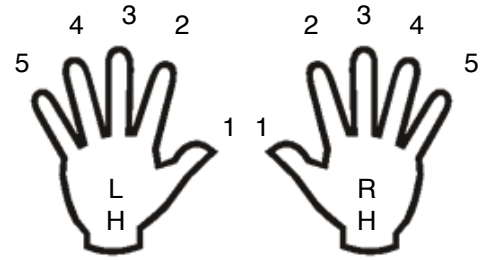
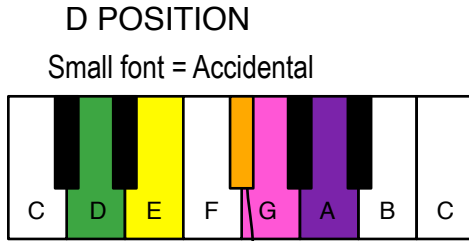


Start Date

Daily Exercises

Thumbs are *ONE*



R.H. Fingers	1 2 3 4 5	5 4 3 2 1
Note	D E F# G A	A G F# E D
L.H. Fingers	5 4 3 2 1	1 2 3 4 5
R.H. Fingers	1 2 2 1 2 3 3 2 3 4 4 3 4 5 5 4	
Note	D E E D E F# F# E F# G G F# G A A G	
L.H. Fingers	5 4 4 5 4 3 3 4 3 2 2 3 2 1 1 2	
R.H. Fingers	1 3 5 5 3 1	
Note	D F# A A F# D	
L.H. Fingers	5 3 1 1 3 5	
R.H. Fingers	1 3 2 4 3 5 5 3 4 2 3 1	
Note	D F# E G F# A A F# G E F# D	
L.H. Fingers	5 3 4 2 3 1 1 3 2 4 3 5	
R.H. Fingers	1 5 4 2 3 2 1 1 2 3 2 4 5 1	
Note	D A G E F# E D D E F# E G A D	
L.H. Fingers	5 1 2 4 3 4 5 5 4 3 4 2 1 5	