

## BHUTAN: Thimphu, Punakha & Paro

April 19-29, 2018

\$6,499 (based on double occupancy)

\$1,399 (Single supplement)

**BOOK NOW 888.747.7501**



CAREER ENRICHMENT

## Understanding Healthcare in Bhutan

*The compelling beauty of Bhutan beckons travelers from around the globe and has been known as a hidden gem for decades. Bhutan is a must see on any travelers' bucket list and this journey will give you a chance to travel in a small group with a dedicated local guide who will share insight on the local people, culture and history of the region. Located on the Silk Road between China and India, the Kingdom of Bhutan is landlocked in the Eastern Himalayas in Southern Asia. In 2008,*

### Program Highlights

- 8 nights / 11-day journey through Bhutan
- **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings.
- **6.0 Continuing Medical Education (CME) credits will be sought for this journey.** \*\* This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Wilderness Medical Society and Nanda Journeys. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians. \*\*

### Focus on Healthcare & Gross National Happiness

- The primary objective of the journey is to **understand how Bhutan delivers healthcare to its people.** We will learn about current efforts to reduce infant mortality rates, to reduce morbidity and deaths from infectious diseases and prevent ill health due to poverty and malnutrition.
- Gain an **overview of health care in Bhutan** from discussions with national leaders as well as visits to hospitals and clinics providing primary and specialized health care in both urban and rural settings.

### Community Connections

- Interact with a non-profit organization like **Draktsho**. They are one of a kind in Bhutan and aspire to enhance the living standard of children and youth with various types of disabilities through empowerment by training, and eventual integration with the mainstream population.

### Program Leader: Dr. Janelle Gardner

Dr. Gardner's specialty is obstetrics and she taught in the School of Nursing at California State University, Chico for over 20 years. She is an avid traveler, has explored 30 countries, and has led groups of physicians, nurses, and nursing students to India, Kenya, Cuba, China, Costa Rica, and Mexico. Dr. Gardner has also participated in medical volunteer work in Haiti, Thailand, Kenya, and Fiji.

- She is on the Board of Directors of the Perinatal Rescue Network, which teaches perinatal classes to health professionals in resource limited countries. Dr. Gardner is actively developing a partnership between the School of Nursing at California State University, Chico and a nursing program at a university in Tanzania.



### Why Nanda Journeys?

*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

### Ready to go?

**Tel:** 888.747.7501

**Email:** [info@nandajourneys.com](mailto:info@nandajourneys.com)

**Website:** [www.nandajourneys.com](http://www.nandajourneys.com)

CST 2121590-40