

CPA Newsletter 協康會會訊 NOVEMBER 2015 ISSUE /二零一五年十一月版

## Merry Christmas & Happy New Year

#### Upcoming events:

- Happy Family Camp at Myuna Bay
- AGM & Christmas Party
- Port Stephens Day Trip
- Dragon boat practice

### **Reports:**

- Mid-Autumn Festival Report
- Father's Day Celebration
- 2016 Calendar
- Reaching for the Star
- Kogarah Publish Art Excursion

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CPA NewsLetter NOV 2015 Issue 協康會 會訊 二零壹五年十一月 號

<u>Chinese Parents Association -</u> <u>Children With Disabilities Inc</u>

澳洲弱能兒童協康會

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#### Article Contribution

### 歡迎來稿

CPA NewsLetter is our quarterly publication. We share community news with our members and other community organisations. We welcome your contributions of articles.

歡迎會員朋友來稿,在「會訊」發表, 使能與其他會員朋友分享,響應本會的 「互助友愛」的宗旨。

### **NSW Carers Awards**

Congratulation to Miranda Voung on receiving the NSW Carers Awards! It is recognition of her work as a carer at home and her contribution to the community! Well done!

Chinese Parents Association – Children with Disabilities has deep admiration for your leading as CPA president. Your contribution of your hard work, time and expertise are most appreciated. Miranda's outstanding contributions:

Miranda has been an active volunteer. She joined the Chinese Parents Association – Children with Disabilities Inc in 2010. She was elected as the committee member in 2011, and became the president in 2012 till now. During her presidency she had led the members participating in the City of Sydney New Year Parade from 2012 to 2015, and received high appreciation awards. She led the group to win, first time, the 2014 Sydney Dragon Boat Race for people with disability. This year, she had organised two successful charity concerts, raised a substantial amount for the Association:

-- "EDWARD LEE/CPAKidz /The CON ENSEMBLE in concert" (at Sydney Townhall) ;

-- The "Da-Wing-Wah Chinese Opera Charity Concert" (at Hurstville Civic Centre)

On 8 Mar 2013, in "The World Greatest Shave" Miranda committed to have hair shaved if she would raise \$8000. Coffey would give \$2 for every dollar raised by Coffey staff, deposited in the GlobalQuest (in which Miranda is one of the staff representatives) Bank account to help organisations that are improving the lives of disadvantaged community around the world. So in total she had raised \$24000. "I feel wonderful to do something for a worthy cause!" remarked Miranda.

### **President Message**

Dear Members,

Time is flying; it is approaching toward the end of the year. This has been an absolutely wonderful year! A big thank you to all of you for supporting our fundraisers, for coming to our events, and for volunteering your time. Thanks to you we have accomplished so much!

It is often helpful to reflect on accomplishments made during the past year and things to look forward to or that need to be done in the next. This year we have done two major fundraising events, Edward Lee+CPAKIDz+ The Con Ensemble concert in March at Sydney Town Hall, the evening filled with over 1000 audiences, every performance was a highlight, it was splendid! In May, Dai Wing Wah Cantonese Opera put together a fantastic production fundraising for CPA. Both events were tremendously successful, the shows had raised substantially amount of funds for CPA.

Now, the things that will happen this coming year: by now, I am sure you are aware of the NDIS due to roll out in NSW from July 2016. This is the new way of providing individualised support for the people with disability, their families and carers. It is the insurance that gives us all peace of mind. CPA is currently busy working on preparing for the introduction of the NDIS which promises to offer greater choice and control to people with disabilities. Our aim is to support you as the transition takes place. We will keep you updated as we progress.

Our next project "Reaching for the Stars" is a singing and musical concert, performed by our CPAKIDz and the members of *Recreation, Sports and Aquatics Club* (RSAC), music accompany by Musicool Ensemble. The project aims to create chances for people with disabilities to foster their personal and unique creative expression, to discover the joy of music; uncover the intuitive musical ability. Reaching for the Stars will be showcased on 13 March 2016 at Hurstville Entertainment Centre. Do not miss out the big show!

Chinese New Year is not too far away, once again CPA team will be taking part in the Dragon Boat races at Cockle Bay Darling Harbour. We would like to see more new paddlers to join our team. It is a fun and exciting experience for the family! Registrations now open.



To wrap up the year with few more activities: Myuna Bay Sport camp is on its way at the beginning of November. CPAKIDz were invited by Vishva Hindu Parishad (VHP) to perform at Don Moore Community Centre North Rocks on 28 November to celebrate International Day of People with Disability. It is a United Nations sanctioned day aims to promote an understanding of people with disability and encourage support for their dignity, rights and well-being. Please come to support and share the fun! Annual General Meeting and Christmas party will be held on 12 December at Sunny Harbour Restaurant at Hurstville. Last but not least, family day trip to Port Stephens by coach, for an exhilarating way to explore the dunes, try out the 4WD and sandboarding adventure. An experience not to be missed!

On behalf of CPA, I would like to thank our committee members and volunteers for their passion and hard work and to thank our members for their ongoing support. We want and need your input to deliver the best possible programming and connection opportunities. Together we can advance our profession and provide a platform for us all to increase our value in our organisation.

I hope this will be a good year for you and that you enjoy being a member of CPA in 2015. We look forward to seeing you at our next gathering! Keep healthy, be happy!

> Kindest regards, Miranda Vuong – 王周潤梅 President



#### **Father's Day Celebration**

On 30 August 2015 CPA celebrated Father's Day at Ken Rosewall Tennis Centre. At the centre we played tennis & everyone got put on separate courts during play. After we played for a while we went inside and had hotdogs & sandwiches for lunch. Some of us then went back on & played more tennis.

As we played for a while we went back inside to have the raffle draw. In the raffle draw all the fathers got different presents. Then we all went out for a group photo with the fathers & each of us got a packet of maltesers. It was such a lovely time that we hope to come again next time.

### **By Andrew Li**



CPA NewsLetter NOV 2015



中秋節是中國傳統的節日,雖然現代人少於追索嫦娥奔月或月餅藏紙起義的傳說或故 事,人們卻一直鍾情於那掛在天邊的明月。所謂月亮代表我的心,或是"舉頭望明 月,低頭思故鄉",都是舒發對家人親屬的懷念和月團圓的共聚。

澳洲弱能兒童協康會為了能讓其成員可以一同共聚慶中秋,特於9月26日假座於 Merrylands保齡球會共享美味自助餐。當日 參加人數眾多,這些來自不同國家的成員, 都是五湖四海成一家的華人移民,計有來自 中國,香港,越南,馬來西亞和星加坡。聚 餐的目的除了慶祝一年一度的節日,主要是 彼此關懷,發揮協康會精神-互助友愛。

平時家長們忙於照顧其子女, 有些是在職 的母親或父親, 比平常家庭更為疲於奔 命。這次聚會交流能藉以舒緩情緒壓力, 舊雨新知, 總有得着。 而孩子們則找着玩伴們圍在一起暢談他們的 話題, 鼓勵孩子們互動是需要大家家長的 團結和支持, 才容易走那高高低低的路。

慶祝聚餐會除享用豐富食物外,還離不開令 人起哄的抽獎節目,獎品有應節的月餅及 其它禮品,雖然相聚的時光只有幾小時, 但大家卻可開懷歡笑渡過美好的一天。





#### 2016 CPA CALENDAR

CPA is glad to present to the community the latest Publication—CPA Calendar 2016. This project first started with the implementation of Art Program to the young people with disabilities back in year 2013.

With the help and the expertise from parents, the art professionals, the volunteers and the community, CPA had accomplished our goal and achieved some very satisfactory outcomes during 2013 to 2015:

- Three Art Exhibitions in 2013
- Publication of our first calendar: 2013 CPA Calendar!
- Publication of 2014 CPA calendar
- Publication of 2015 CPA calendar

With further support from Kogarah City Council, CPA is able to continue the project in the production of the 2016 CPA Calendar. The 2016 CPA Calendar is a collection of the artwork by the CPA young members produced during various weekend art classes and school term holiday art programs. The cover was the collective work done by a group of young artists with disabilities, with more than 30 pictures chosen to be printed for each month.

The printing of this calendar offers an opportunity for people with disabilities to promote and celebrate their ABILITIES in the art arena and be acknowledged by their family, friends, peers and the general public. It not only gives the young people a good means of self-expression and creativity, it displays their artistic abilities and personal achievement which deserve our great applause.

We would like to send our gratitude to Kogarah Council, art teachers, designer and volunteers. They offered their time, economic support, emotional support and effort in helping these children to achieve the target! We sincerely wish that CPA would be able to continue such meaningful project!!



今年,得到 Kogarah Council 的資助, 協康會再接再勵,編制了2016 協康 會年曆。近四年的年曆設計及印刷 是澳洲弱能兒童協康會美術班服務 的延伸。這一項服務首設于2013 年。很幸運,得到了美術老師,家 長,義工,和社區的支持和贊助, 使協康會在2013-2015年可以達成工 作目標,並獲得美好的成果:

- 在2013年進行了三次畫展
- 製作2013 協康會年曆
- 製作2014 協康會年曆

◆ 製作2015 協康會年曆

由於Kogarah市政府的支持,這一個 美術項目在2016年得到了延續。 2016協康會年曆秉承了之前的設計 概念,以協康會的年青會員的美術 作品展現主題。 協康會在過去數年,舉辦了很多週末美術 班,假期美術班和參觀悉尼美術館。學員 們把他們的所學,所見,所聞,再加上他 們的想像,構思 , 和創作力 ,一一以 圖形畫像記錄下來。 今年的年曆包括 30 多張畫作,表達出他們的美術知識,美術 技巧和美術潛能。這個美術活動,使社區 人士,體會到弱能人士,就像常人一樣, 存有美術技藝;在悉心的培育和賦與機會 下,是可以把他們的思想和創作表達出 來。

這個美術活動得以成功,全賴市政府,美 術老師,協康會工作人員及義工們的努 力,在此向他們送上真誠感謝。所有的經 濟支持和不辭勞苦的付出,使學員們有所 得益,畫出一撇彩虹。但願協康會能繼續 得到社區支持,使美術活動得以延續!

### **Reaching For the Stars**

Chinese Parents Association – Children with Disabilities Inc (CPA) is proud to announce that our 2016 musical event –"Reaching for the Stars" will be staged at Hurstville Entertainment Centre on 13 March 2016. Partnership with Recreation, Sport and Aquatic Club (RSAC), Sydney Musicool Ensemble, this concert will include dancing, singing, band & keyboard ensembles, and drama performance. The project is kindly sponsored by "The Follow Your Dream Foundation Australia" and Hurstville City Council.

One of the missions our Association CPA has firmly adhered is to provide support and enhance the quality of life for children with disabilities and their families. One of the approaches we take is to do it through "MUSIC". In March 2015, we hosted the charity concert "Edward Lee + CPAKIDZ + The Con Ensemble in Concert" at Sydney Town Hall.

Through the hard work and tremendous effort of the parents and teachers, this musical event turned out to be a great success, and it took "our children's talent to a new stage allowing them to boldly challenge themselves at an inspiring level by sharing their passion with the audience" (Miranda Vuong, CPA President, March 2015).

To celebrate the amazing progress and abilities of these young people, 2016 musical project **"Reaching for the Stars"** will be on stage. The breakthrough of this current event is the formation of partnership with **RSAC** and **Sydney Musicool Ensemble**. All parties have shared goals – creating chances for the participating young members to foster their personal and unique creative expression and music skills, and to discover the joy of music. Through communication, coordination and co-operation of three partners, we are able to make the best use of available resources; enabling us to provide care to more children and families in a coordinated and cost-effective way. Most importantly, the participants will have opportunity to expand their social network, to access more community participations and to be socially included.

This will be a most enjoyable and unique performance not to be missed. Please order your tickets before they are sold out. Your generous donations are also most appreciated.

Ticketing details will be announced later.

For further information, please contact CPA Event Co-ordinator, Lilian Tse, on 0406 233222, or email to <u>ad-</u> <u>min@chindesparents.org.au</u> or visit our website <u>www.chineseparents.org.au</u>.

### **Reaching For the Stars**

澳洲弱能兒童協康會驕傲地宣佈,將於 2016年3月13日在好市圍娛樂中心舉辦 2016年音樂會"Reaching For the Stars "。合作伙伴有Recreation, Sports and Aquatics Club (RSAC)和Sydney Musicool Ensemble。音樂會將包括有舞蹈、歌 唱、樂隊、鋼琴和話劇表演。這些項目 多蒙「澳洲夢想成真基金會」和「好 市圍市政局」鼎力贊助。

澳洲弱能兒童協康會一直堅持我們的使 命去提供弱能兒童及其家人的支援,和 提高他們的生活質素,我們選擇音樂作 為我們的目標。2015年3月,我們於雪 梨市政廳舉辦了一個慈善音樂會"李振 華+CPAKIDZ+雪梨音樂學院合奏團", 這都是家長們和老師們苦心經營和努力 不懈的成果,才能使到這個音樂會獲得 極大的成功。

「我們欣見孩子們的天賦得以啟發, 並在舞台上表現出來,勇敢地接受挑戰 及自我釋放,與大眾分享他們對音樂的 熱誠。」(摘自澳洲弱能兒童協康會會 長-王周潤梅在音樂會當晚的演講詞) 為了鼓勵這些年青人驚人的進展和才能, 他們將於2016年再次以"Reaching For the Stars"在舞臺上表演。這次音樂會的特色 是與"RSAC和 Sydney Musicool Ensemble"合作演出。所有參與機構都有共同目 標 - 给予年青的參加者創造機會,去培養 個人對音樂的技巧,獨特的創作和表達, 和從音樂中得到的喜悅。透過三個機構的 溝通、聯繫和合作,我們盡量利用現有的 資源,使我們有系統地和有成本效益地, 讓更多孩子和家人得到照顧。最重要的 是,參與者將有機會去拓展他們的社會人 際網絡,多些參與社區活動和被社會包 容。

這個獨特精采的節目,不容錯過。請盡早 預訂入場券,以免向隅。非常感謝你們的 慷慨解囊和支持。

入場券和捐款细節容後公佈。

查詢詳情,請聯络澳洲弱能兒童協康會, 聯絡人: Lilian,電話:0406233222,或電 郵:admin@chineseparents.org.au或溜覽網 站:www.chineseparents.org.au

## Ap Coming Evands

- Happy Family Camp at Myuna Bay 06/11 2015 to 08/11 2015
- Dance program on Friday Nights
- <u>AGM on 12/12/2015</u>
- Christmas Party on 12/12/2015
- Port Stephens Day Trip on 19/12/2015
- Dragon boat practice

澳洲弱能兒童協康會 Chinese Parents Association -Children with Disabilities Inc.

### 2015年聖誕聯歡會

Date 日期: 12/12/2015, Saturday 星期六 Time 時間: 12.30 pm — 2.30 pm Venue 地點: Sunny Harbour Seafood Restaurant 偉洋海鮮酒樓 11 Crofts Ave., Hurstville Fees 費用: Member 會員: adult 成人\$20 children 4-12yrs \$15 Non-member 非會員: adult 成人\$25 children 4-12yrs \$20 \* Pwd: free

Booking is essential, closing date for registration 請早報名, 截止日期: 1/12/2015 Enquiries: 9784 8120 Tues to Thurs 週二至週四 10am-3pm 0406 233 222—Lilian

\*PWD refers to the children with disabilities of ordinary members of the Chinese Parents Association - Children with Disabilities Inc.

## Regular Weekend Activities



### <u>Rhythm & Motion唱遊活動</u>

Instructor導師: By Christine Time 時間: Saturdays 星期六, 4:00pm — 5:00 pm Venue地點: Belmore Youth Centre, 38 Redman Pde, Belmore Sponsor: Earlwood Bardwell Park RSL



### Fun to Learn! Independent Living Skills!

Time 時間: 逢星期六下午3:00pm 至 4:00 pm Venue地點:Belmore Youth Resource Centre, 38-40 Redman Pde, Belmore Sponsor: Earlwood Bardwell Park RSL



### **Community Outdoor Activities**

Time 時間: Saturdays 星期六, 2:00 - 4:00pm or School Holidays Sponsor: Earlwood Bardwell Park RSL



#### Ice-Skating

Time 時間: Saturdays星期六,8.45am to 9.45am Venue地點:Canterbury Olympic Ice Rink, Phillips Ave., Canterbury



#### **Music Lessons**

Time 時間: Satiurdays 星期六,下午 2:30pm 至4:30pm Venue地點: Belmore Senior Citizen Centre 38-40 Redman Pde, Belmore



#### **Art Programs**

Time 時間: Satiurdays 星期六,下午 2:30pm 至 4:30pm Venue地點: Belmore Senior Citizen Centre 38-40 Redman Pde, Belmore Sponsor: Kogarah City Council



### 保齡球課 Ten Pin Bowling Lessons

Time 時間: 逢星期六舉行, 上午10am 開始 Venue地點: 3 - 5 George St, North Strathfield

Junior Group

## CPA ARTS EXCURSION 31/10/2015 - KOGARAH

On Saturday 31<sup>st</sup> October 2015, Chinese Parents Association – Children with Disabilities went on an arts excursion in Kogarah to explore different aspects of art in the St George area.

During the morning, we waited at Kogarah City library for all CPA parents to meet up together. After 1 hour of waiting, all attendants and parents arrived and we began to explore different art features such as the Bruce Lee statue, subway graffiti, Bob Marley and the Kogarah Town Centre fountain. We also visited the Greek Parish church opposite the library.

We answered several questions on all the features, including what they are famous for and what they represent in our society. During the day we sat down for a Thai lunch session just outside the library, and all of us had a nice good time; enjoying the day out together. After lunch, we continued to visit art features in Kogarah such as the globe steel sculpture at Hogben Park designed and opened by the Kogarah City Council.

As the excursion ended, we departed to our own ways and said goodbye to each other after a long exhausting day of walking.

Christopher Lin 31/10/2015



Date :

13 March 2016

Time :

2:30pm-5:30pm

**Hurstville Entertainment Centre** Venue :

- Programs :
- Dance, Music, Drama, Singing, **Performance Ensemble**



This Program is Kindly Sponsored by THE FOLLOW YOUR DREAM FOUNDATION AUSTRALIA



Children with Disabilities Inc.

### **2015 ANNUAL GENERAL MEETING**



Date 日期: 12/12/2015, Saturday 星期六

Time 時間: 11.30 am —12.30 pm

Venue 地點: Sunny Harbour Seafood Restaurant

偉洋海鮮酒樓

11 Crofts Ave., Hurstville

**CPA NewsLetter NOV 2015** 

### sweet

### MEMORJES

### 2015







C.A.R.E.S.

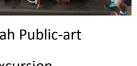
Junior Group Activity

Junior Group Activity



Kogarah Public-art excursion

Kogarah Public-art excursion







**AOMBCA** Function



**Belmore Dance Activity** 



**Belmore Dance Activity** 

### sweet

### MEMORJES







**Birthday Celebration** 



Donatelife at ROCKDALE



Donatelife at ROCKDALE



Health Seminar at Burwood



Health Seminar at Burwood



Health Seminar at Burwood



Mid-Autumn Festival Celebration



Mid-Autumn Festival Celebration



Mid-Autumn Festival Celebration



Open Day - Reaching for the stars



Tennis & Father's day Celebration

CPA NewsLetter NOV 2015

### News Express 社區快訊: NDIS

### 全國殘障保險計劃 National Disability Insurance Scheme (NDIS) -

NDIS set to improve lives of Northern Queenslanders

#### 25 September 2015

Prime Minister Premier Annastacia Palaszczuk Minister Coralee O'Rourke

The National Disability Insurance Scheme (NDIS) will start making a difference in northern Queensland from early 2016, the Australian and Queensland Governments announced today.

Young people with a disability aged under 18 in Townsville and Charters Towers, and all eligible people with a disability on Palm Island will be the first Queenslanders to access the NDIS, six months ahead of the planned full roll out.

The Prime Minister Malcolm Turnbull said today marked an important step in Queensland's preparations for the NDIS. "Today, we are providing early transition to the NDIS, particularly for young people with a disability in Townsville and Charters Towers," Mr Turnbull said. "I am also very pleased that all eligible Palm Islanders with a disability will also receive early access to the NDIS from 2016."

"The Commonwealth Government will continue to work closely with Queensland to deliver full rollout of the NDIS so that all Queenslanders with disabilities can access its benefits."

Queensland Premier Annastacia Palaszczuk said today's announcement delivered on a key election commitment of the State Government. "Queenslanders with disability deserve to have access to all that the NDIS offers," Ms Palaszczuk said. "This early access means about 1600 people with disability in North Queensland will start seeing the benefits of the NDIS before the full roll out starts mid next year," she said. "The NDIS will bring greater choice and control over how people with disability live their lives and receive support, and I'm pleased we're delivering that early.

"It will also bring huge economic benefits, creating 13,000 additional jobs in Queensland's disability sector and injecting around \$4 billion each year into the state's economy."

Queensland Minister for Disability Services and Minister Assisting the Premier on North Queensland Coralee O'Rourke said the scheme will be tested in these Queensland settings ahead of the full NDIS roll out. "The Palaszczuk Government investigated a number of potential sites and determined that the combination of Townsville, Palm Island and Charters Towers offered the best combination to test the NDIS in Queensland's unique and diverse environments and, importantly it will test how the scheme will roll out across the state from July 2016," she said.

Early access will be available to people with disability who meet the eligibility requirements of the NDIS; it won't just be for people who currently receive a disability support service through the Queensland Government. The State Government contributed \$1.6 million towards early access of the scheme in North Queensland, with the Commonwealth Government supplying \$2.5 million.

Sourced from: https://www.pm.gov.au/media/2015-09-25/ ndis-set-improve-lives-northern-queenslanders

## The Federal Budget 2015 and the NDIS Lue Lederal Budget 5012 and the NDIS

### Key facts

The 2015-16 Budget provides funding for:

• A new ICT system that will meet the needs of the NDIA as it rolls out across the country.

• A limited roll-out of the NDIS in the Penrith and Blue Mountains areas from July 2015 Transfer of the Sector Development Fund from the NDIA to the Department of Social Services.

The 2015-16 Budget includes measures to support the delivery of the NDIS as it rolls out across the country and a measure for early transition beyond the trial in New South Wales.

### NDIS full scheme technology

The Budget includes funding for a new ICT system that will provide the NDIA with the capabilities required to roll out the scheme around Australia.

The new ICT system is estimated to cost \$143 million over four years and will be provided by the Department of Human Services, enabling the NDIS to utilise DHS's existing technology platforms. The NDIA and DHS will commence work on an ICT system that:

• allows participants to connect and interact with the Scheme, providers and the NDIA seamlessly, including those in rural or remote areas;

- enables innovation in the way that people with a disability are supported by the NDIA;
- allows the NDIA to efficiently collect, analyse and share information on disability services; and
- streamlines our processes and procedures and improve the quality of our services.

The NDIA will hold an industry information session to the ICT market about the Agency's ICT strategy in June 2015.

### Roll-out of scheme in Nepean Blue Mountains

The Australian Government has committed \$20 million so that young people in the Nepean Blue Mountains area can access the NDIS a year ahead of schedule.

The funding is part of an agreement with the NSW Government that will result in up to 2,000 people under the age of 18 benefiting from the NDIS in 2015-16.

The agreement will mean young people with disability in the Nepean Blue Mountains area, and their families, can access information and referrals from July 2015, with individualised packages of support available from September 2015.

### Transfer of the Sector Development Fund

Responsibility for the Sector Development Fund (SDF) will transfer from the National Disability Insurance Agency to the Department of Social Services. This transfer will allow the NDIA to focus on implementing the roll-out of support packages for people with a disability.

This measure also includes some refinements to the transition arrangements for Commonwealth programmes in NDIS trials and the My Way trial in Western Australia, at an overall cost of \$3.8 million.

Sourced from: http://www.ndis.gov.au/federal-budget-2015-and-ndis

# Happy Birthday!

#### NOV:

Bowman Yu, Joshna Wang, Kevin Li, Laurence Trieu, Lawrence Li, Livana Li, Sandra Wang

### DEC:

Adrian Chau, Anita Du, Chen Rong, Daniel Li, Jackie Li, Jasper Zhang, Jeremy Wang, Jimmy Kong, Louisa Tong, Samson Yuen, Samuel Siu, Timothy Yau

### JAN:

Barry Mak, Christopher Lin, Edmund Su, Hao Nguyen, Kerry Liu, Michael Lu, Teresa Wong, Thuman Ha, Tiffany Tan



### ACKNOWLEDGEMENT

#### Donors

Australia Oriental media Buddhist Charity Assn Jin Jian Liu Miranda Vuong

Nathalie Chen Santino Lemma—Finity Consulting P/L

#### Volunteers & Supporters

Andrew Li Anna Yew Chun Wing Fan Darby Mu **Elenaore Vuong** Harry Tinyow Jonathan Yung Lily Liu Mario Yuen Paul Yau Samson Yuen Winda Mok



How can you help? 請給我們支持: 郵址 Postal Address : PO Box 345 Campsie, NSW 2194

捐贈款項 I would like	e to make a donation of :	\$	
本人願意參加為貴會	會員:I would like to beco	ome :	
會員	Member		
附屬會員	Affiliated member		
義工	Volunteer		
		姓氏Family	
地址 Address:		Suburb:	Post Code:
電話 Tel:			
	• • •		ociation-Children with Disabilities Inc" by direct deposit to the Association's

bank :

A/C: BSB 082080, Account No. 86 208 5669 or by PayPal via www.chineseparents.org.au

### November 2015 - January 2016 Weekend Activities

	Junior Group- Afternoon	Youth Group- Morning	Youth Group- Afternoon	Remarks		
	3:00pm to 5:00pm	8:45am to 12:00pm	2:30pm to 4:30pm			
November 2015						
7 November	Outdoor activity Club Kids & Playhouse	Myuna Bay Camp	Youth group No activities			
14 November	Fun to Learn Rhythm & Music	lce-Skating 8:45 – 9:45am Bowling 10:15 – 12:00pm	Singing lesson 2:30 – 4:30	Catherine Paix		
21 November	Fun to Learn Rhythm & Music	lce-Skating 8:45 – 9:45am Bowling 10:15 – 12:00pm	Dance lesson 2:30 Birthday Party 4:30	Liliana Carrolo		
28 November	Fun to Learn Rhythm & Music	lce-Skating 8:45 – 9:45am Bowling 10:15 – 12:00pm	CPAKIDz performance @ Dunmoore Commu- nity Centre	International Disabili- ties Day		
December						
5 December	Fun to Learn Rhythm & Music	lce-Skating 8:45 – 9:45am Bowling 10:15 – 12:00pm	NDIS Workshop 2:30 - 4:30	Irene Mok		
12 December	2015 AGM & Christmas Party, Sunny Harbour Restaurant, Hurstville, 11:30am					
19 December	Port Stephens Day Trip (TBC)					
26 December	School Holiday NO activities					
January 2016						
2 January	School Holiday NO activities					
9 January	School Holiday NO activities					
16 January	School Holiday NO activities	Dragon Boat Training, Pyr- mont, 10am	Music rehearsal 2:30 - 4:30	Concert practice		
23 January	School Holiday NO activities	Dragon Boat Training, Pyr- mont, 10am	Music rehearsal 2:30-4:30	Concert practice Catherine Paix		
30 January	School Holiday NO activities	Dragon Boat Training, Pyr- mont, 10am	Music rehearsal 2:30 – 4:30	Concert practice		
The above programs may be changed without prior notice due to unforeseen reasons.						

Ice-Skating at Canterbury Ice Rink, Phillips Avenue Canterbury | Bowling at AMF George Street North Strathfield | Others at Belmore Senior Citizen Centre, Redman Parade Belmore

\* Ice skating in the school holiday is not funded by CPA

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