

## Continuing Care

Continuing Care is provided to individuals who have successfully completed treatment, either outpatient or residential. Continuing Care is provided to support the client's sobriety, reinforce his/her treatment and begin the process of relapse prevention.

## DUI Class

Southwest Counseling Service offers a basic traffic, alcohol and drug awareness (DUI) course. The comprehensive 8-hour educational program is for individuals with a drug or alcohol related traffic offense. The goal is to help individuals become aware of the dangers of driving under the influence of alcohol and other drugs.

## Prevention Services

Southwest Counseling Service provides prevention services to inform the public about substance abuse, and to promote healthy social change. Target areas include:

- Underage & Binge Drinking
- Tobacco Prevention
- HIV/AIDS Awareness Education
- Methamphetamines & Other Drugs
- Other additional services

The goal is to provide individuals with the knowledge and tools to prevent use and/or to intervene at early stages of abuse.



## Residential Treatment Services

### Rosen Recovery

Rosen Recovery is a short-term (3-6 month) residential treatment program for people with substance abuse problems who are unable to maintain sobriety in the community.

### Therapeutic Community

The Therapeutic Community is a long-term (6 -12 month) residential treatment program for individuals with severe substance abuse disorders, co-occurring disorders, and/or criminal behavior. It is highly structured, confrontational and is an effective alternative to jail or prison.

### Women's Addiction Program

The Women's Addiction Program allows pregnant women and mothers with substance abuse problems to receive intensive residential treatment while having their children with them. The program provides clients with parenting skills, thus increasing the women's motivation for change and eliminating the need for foster placement.

### Sober Living

Sober Living is a half-way house (a peer supported environment) for individuals that have successfully completed treatment.

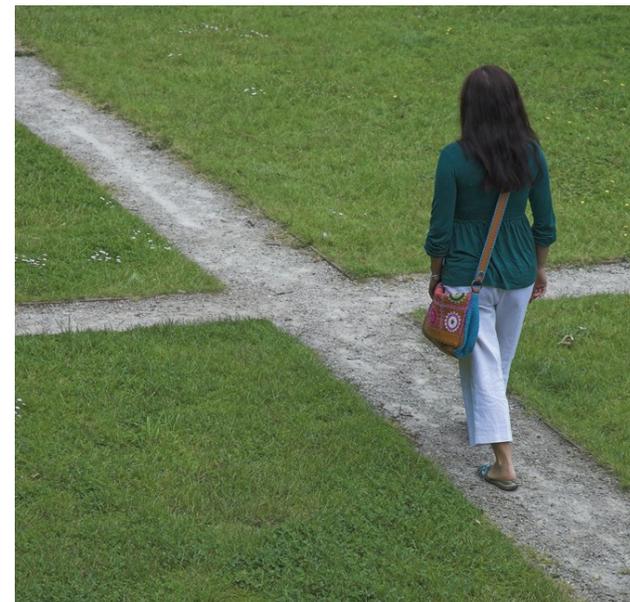
### GET THE HELP YOU NEED.

You might not know who to turn to, but there are many places and people around you who are interested and want to help – even if you want anonymous advice. Addressing the problem by yourself is more stressful and more difficult than getting assistance.

Source: [www.drugfree.org](http://www.drugfree.org)



## Community Mental Health & Substance Abuse Treatment Center



## Recovery Services

### Administrative/Mental Health

1124 College Drive  
Rock Springs, WY 82901  
Phone: 307.352.6680  
Fax: 307.352.6676

### Recovery Services

2300 Foothill Boulevard  
Rock Springs, WY 82901  
Phone: 307.352.6677  
Fax: 307.352.6614

### Bridges Program

2706 Ankeny Way  
Rock Springs, WY 82901  
Phone: 307.352.6689  
Fax: 307.352.6692

### Green River

175 Riverview Drive  
Rock Springs, WY 82901  
Phone: 307.872.3205  
Fax: 307.872.3207

### Pinedale Office

PO Box 1588  
120 S. Cole  
Pinedale, WY 82941  
Phone: 307.367.6445  
Fax: 307.367.6447

[www.swcounseling.org](http://www.swcounseling.org)



# YOU ARE NOT ALONE.

Many people get help, recover and return to a healthy and fulfilling life.

## Recovery Services

Southwest Counseling Service provides mental health and substance abuse services for adults, children, adolescents and families.

Southwest Counseling's Recovery Services include:

- Substance abuse treatment
- Residential treatment services
- Drug & alcohol assessment
- Treatment Readiness Group
- Alcohol & Other Drug Education
- Intensive Outpatient Program (IOP)
- Relapse Prevention
- Corrective Thinking
- DUI Class
- Individual, couple, and family treatment
- Prevention and intervention
- Resources for questions about substance abuse
- Other community information

Substance abuse treatment is designed to provide support, education, life skills, knowledge and tools to fight addiction.



**ADDICTION CAN HAPPEN TO ANYONE.**

**FORTUNATELY, ANYONE CAN RECOVER WITH HELP.**

*Source: www.drugfree.org*

## Drug & Alcohol Assessment

Southwest Counseling Service provides comprehensive drug and alcohol assessment to all individuals seeking substance abuse treatment in order to determine the most appropriate course of treatment. Treatment recommendations can include:

- Individual counseling
- Intensive group therapy
- Residential treatment (short & long term)

Assessments are based on American Society of Addiction Medicine (ASAM) Patient Placement Criteria.

## Treatment Readiness Group

Treatment Readiness Group is offered to any client referred to a Recovery Services program prior to their assessment or entry into treatment. The purpose is to provide early engagement in services to people waiting to get into a treatment program, introduce the treatment process, assess motivation and interest, discover ways to stay drug free until treatment begins, and educate about the basic principles of the addiction process.

The group meets weekly for an hour.



## Intensive Outpatient Program

Intensive Outpatient Program (IOP) is for individuals who have been diagnosed with substance dependence and require more than individual treatment. The program groups are separated by gender and meet nine hours per week.

**RECOVERY OCCURS OVER TIME— IT IS NOT A SINGLE MOMENT IN TIME. IT IS A CONSTANTLY EVOLVING PERIOD THAT REQUIRES WORK TO MAINTAIN. RECOVERY IS A NEW BEGINNING, AND CAN BE A TIME OF GREAT PERSONAL FULFILLMENT AND GROWTH FOR PEOPLE IN RECOVERY AND THEIR FAMILIES.**

*Source: www.drugfree.org*



## Relapse Prevention

The Relapse Prevention program offers additional services targeted at relapse issues for individuals while in outpatient treatment and is offered weekly.

## Corrective Thinking

Corrective Thinking is a program designed to help individuals learn about the thinking errors behind irresponsible and criminal behavior. Correctives are taught to help individuals lead a more responsible, crime-free life.