



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev. Fr. Joseph Stephen, C.Ss.R. (Parish Priest)
Rev. Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)
Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) **website:** omhip.org

ANNOUNCEMENTS:



OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-

Board and around the church for your kind donation. Every cent helps us maintain our building, our facilities and compound.

Your Parish contributions can be trf. to:- (Public Bank:) **“PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH”** (Account number: 3096 86 4807) OR you can write a cheque made payable to : “PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH” and hand to the parish office. Thank you for your support. (Parish priest)

ECOLOGICAL PARISH

We have just signed the protocols to become an Ecological Parish. This would mean that we have to refrain from using plastics in our cafeteria among other requirements. We will implement this as soon as possible as we have to take baby-steps to implement this. As we start Lent soon the protocols will take effect. Let us work together as the earth is our home

Coffee morning on 2 March, 2025

by Lectors & Commentators. Parishioners are required to bring their own containers if they wish to TAKE AWAY

PARISH ACTIVITIES & MEETINGS: (February/March 2025)

- * 23/2/2024 - 11.30 a.m. – Tamil Apostolate (St.Mk.Rm.)
 - 11.30 a.m. – Faith Educators (ven Francis Xavier Rm.)
 - 3.00 p.m. – Session with Altar Servers (church)
- * 23/2/2025 - 7.00 p.m. – Parish Animating Team (St.Mk.Rm.)
 - Parish Service Team (ven Francis Xavier Rm.)
- * 24/2/2025 - 8.00 p.m.- Lay Spirituality for Senior Citizen (St.Mk.Rm.)
- * 25/2/2025 - 7.30 p.m. Lay Spirituality in Mission (St.Mk.Rm.)
 - 8.00 p.m. – Legion of Mary (St.Mt.Rm.)
 - 8.00 p.m. – Tamil Charismatic (church)
- * 26/2/2025 - 7.30 p.m – CCR praise & worship (church)
- * 26/2/2025 - 8.00 p.m. – Tamil Choir practise (St.PaulRm.)
- * 27/2/2025 – 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
 - 8.00 p.m - RCIA (T) (St.Paul Rm.)
 - 8.00 p.m - RCIA (BM) (Wallace Rm.)
- * 28/2/2025 – 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 28/2/2025 - 7.30 p.m. - Sessions with Fr. Gilbert (St.Mk.Rm.)
- * 2/3/2025 - 5.00 p.m. - EM meeting (St.Mk.Rm.)
- * 4/3/2025 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 4/3/2025 - 8.00 p.m. – Tamil Charismatic (church)
- * 4/3/2025 - 8.00 p.m. - Liturgical Com. (St.Mk.Rm.)
- * 6/3/2025 – 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
 - 8.00 p.m - RCIA (T) (St.Paul Rm.)
 - 8.00 p.m - RCIA (BM) (Wallace Rm.)
- * 7/3/2025 –8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 11/3/2025 - 7.30 p.m. – Caritas OMPH (St.Mk.Rm.)
- * 11/3/2025 - 8.00 p.m. - Legion of Mary (St.Mt.Rm.)
 - 8.00 p.m. – Tamil Charismatic (church)
- * 12/3/2025 - 7.30 p.m – CCR praise & worship (church)
- * 14/3/2025 - 8.00 p.m. – Area Coordinators (St.Mk.Rm.)

FEB. & MARCH COFFEE MORNINGS:

- 23/2/2025 – BEC St.Alphonsus Liguori.
- 2/3/2025 - Lectors/Commentators
- 9/3/2025 - BEC St.Anthony
- 16/3/2025 – Sun. Sch.
- 23/3/2025 – Caritas OMPH. - 30/3/2025 – BEC St.Monica (T)

ETERNAL HAPPINESS TO:

- + Peter Kok Chee Lee departed on 15 February, 2025.
- + Susan Hoh Li Ling departed on 18 February, 2025.



B.E.C. COORDINATORS MEETING-
Every 2nd Friday of the month
 at 8.00 p.m.in St.Mark's room.
 All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.
Next meeting: Fri. 14/3/2025

EVENING FOR THE ENGAGED 2025

Please see your Parish Priest for registration.

EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year. You are requested to register six (6) weeks before the weekend For **Tamil marriage preparation course 2025** –

Dormitory	May 24/25
St.Anne, Bukit Mertajam.	Aug 23 & 24/ Nov 15 & 16
Church of St.Anthony, Nibong Tebal.	(Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
 * **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

OMPH Catholic Charismatic Renewal Group WEEKLY PRAYER MEETINGS

ALL ARE WELCOME to CCR PRAYER Meeting on Wednesdays @ 7.30 p.m.
 Join us in praise and worship, intercessory prayers, ministering and Word of God.

JOB VACANCIES

Urgently required at Pusat Jagaan Rumah Orang-Orang Tua (PKK) Simee, Ipoh to fill the following position:-
 1) **Part-time Physiotherapist**
 Working hrs./Off day: 8.30 a.m – 12.30 p.m
 2) **Cook**
 Working hrs./Off day: 7 a.m. – 5 p.m.
 Salary: subject to qualification & experience (with EPF,SOCSO & EIS benefit)
 Contact Alicia Yong 05 5473252/ 010 8264286

ASH WEDNESDAY –

(date) Wednesday, 5 March, 2025.
 (time) 6.30 a.m. (E) (church)
 8.00 p.m. (E) (church)
 8.00 p.m. (T) parish hall.

*** OLD PALM LEAVES**

Please bring your old palm leaves and placed it in the box provided at the church doors.

STATIONS OF THE CROSS –

Friday, 7 March,2025
 at 7.30 pm (E) in church & at 7.15 p.m. (T) in the parish hall followed by Mass at 8.00 pm in church.

Catechesis of the Good Shepherd (CGS) Level 1 Part 1 FORMATION

Come and experience this beautiful journey where the child encounters God in a very special way in the Atrium.
 (date) **14 to 18 March 2025** (5 days)
 (venue) Atrium, OMPH church, Ipoh.
 Open to parents, catechists and anyone interested to journey and faith with young children.
 Register now:
 Camelia 012 5782674/
 Auselia 012 8092908/
 Andy Choong 012 2282288.

CATECHETICAL SESSIONS BY:

Rev.Fr. Gilbert Choondal from Goa will be conducting session on **Friday 28, February, 2025**
(for parents)
 from 7.30 p.m. – 8.30 p.m
(for Teachers)
 from 8.45pm – 9.45 p.m in OMPH Pastoral centre, St. Mark room.
 Registration booth on Sun. 23/2/2025 from 9 a.m. till 9.45 a.m. @ St.Gerard Cafeteria.

Rite of Sending –

“Signing of the Book of Elect”
 Our Catechumens are now reaching the end of their Catechumenate. On Saturday, 1 March, 2025 during the 5.45 p.m. Mass, the Catechumens who seek Baptism at Easter will have their names “enrolled” in the Book of Elect.

RITE OF ELECTION

1st Sunday of Lent –
 The Rite of Election for District of Perak will be celebrated at Church of St. Michael, Ipoh on Sun. 9 March, 2025 at 5 p.m. with Cardinal Bishop Sebastian Francis.