



**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

Friday, February 18, 2018 – 1:00pm to 2:00pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Kristen Pankratz, Johnny Case, Pennie Mack.

Guest: Sohail Eftekhazadeh, Orlando Vera, Olivia Rocha, John Arellano, Amber Ferguson, Lexie French.

I. Call to Order – 1:08 pm

- a) Welcome – Everyone asked to briefly introduce themselves.
- b) Approval of Agenda – The agenda was approved by Pennie Mack, seconded by Kristen Pankratz.
- c) Approval of Minutes – The minutes was approved by Pennie Mack, seconded by Kristen Pankratz.

II. Reports

- a) Program Director Report – Sohail Eftekhazadeh
 - Sohail read the Program Director Report.
- b) President's Report – Johnny Case
 - Adam Goldman, President, was not in attendance. Johnny read the President's report from last meeting.

III. Unfinished Business

- a) MAB members "Chat with MAB" schedule for the month of March.
 - Johnny – Wednesday, March 7, 2018.
 - Kristen – Wednesday, March 14, 2018.
 - Health Fair (no Chat with MAB) – Wednesday, March 21, 2018.
 - Pennie – Wednesday, March 28, 2018.

IV. New Business

- a) Member Resignation.
 - Johnny announced Richard Jager resigned from MAB due to his new job's work schedule. Johnny stated that Richard was a great guy and that he would be missed.
- b) MAB members reviewed various parts of the bylaws.
 - Pennie read section 1 of the bylaws which includes information about the non-discrimination policy.
 - Sohail stated he would like the MAB to review a portion of the bylaws each meeting so board members can become more familiar with them and so they may understand the purpose and role of the Member Advisory Board.
- c) Review the outcomes of the Member Satisfaction Survey.
 - Sohail announced that the goal was to reach 300 surveys, survey will continue to be collected until goal is reached. So far, approximately 250 members have completed the Satisfaction Survey.
- d) Reviewed previous Chat with MAB results.
- e) Peer Partnering Program
 - Sohail discussed the role of the MAB.
 - Kristen mentioned that the Peer Partnering is equal to being a big brother or big sister for new members.

V. Announcements (MAB Members)

- a) Johnny suggested that Joseph, Peer Specialist, take members to city colleges for a tour/outing.
- b) Kristen stated that she handed out a list of past outreach to various providers. She announced that she and Sohail had the opportunity to visit Telecare AOT on February 6, 2018. They provided calendars and brochures to staff including the Program Manager.
- c) Kristen read her group evaluation for Social Dance. Kristen stated the class was great and she enjoyed attending it.
- d) Kristen also enjoyed the Basic Spanish class. She thought the facilitator was friendly and knowledgeable.
- e) Pennie read her evaluation of Nutrition 101. She stated the class was very informational and that she loved the group.

VI. Open Forum (Visitors)

- a) Guest John expressed that the Peer Partnering program was a great idea.
- b) Guest Amber suggested that the Wellness Center provide hygiene for members such as deodorant, tooth brushes, and feminine products for the members.
- c) Guest Lexie suggested that the Wellness Center plan an event for the upcoming LBGTIQ History month October 2018.

VII. Upcoming Calendar

- a) Black History Month Celebration, Tuesday, February 27, 2018, 1pm to 4pm.
- b) Next MAB meeting, Friday, March 16, 2018, 1pm to 2pm.

VIII. Adjournment

- a) Johnny adjourned the meeting at 2:18pm.