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All-around

All seven WDA teams will compete this Friday, Dec. 11. BHS, Century, Legacy and Minot will take part in the Bismarck Invite. Dickinson hosts another meet with Jamestown participating. Mandan will travel to the Valley City Invite.

Dismount

Bismarck High and Dickinson opened the season with meet titles last week...Minot will host this year's WDA Meet on Feb. 19...Legacy is competing in its first year of varsity competition.

Team of the Week

Dickinson opened its season with the team title at its Milo Dullum Invite on Dec. 5. A Dickinson gymnast won every event.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of WDA teams competing this year in gymnastics with the addition of Legacy.

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2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Friday, Dec. 11

Bismarck Meet, 5 p.m. CT
Valley City Invite, 5 p.m. CT
Dickinson Meet 5 p.m. CT

Last week

Dec. 3

Jamestown 135.85, Aberdeen Central, SD, 126.60

Dec. 4

Milo Dullum Meet, Dickinson

Team totals

1. Dickinson, 145.975; 2. Minot, 142.250; 3. Wahpeton, 121.300; 4. Mandan, 119.100

Event Winners

All-Around: Acacia Fossum, Dick., 37.600
Balance Beam: Ac. Fossum, Dick., 9.450

Floor Exercise: Ac. Fossum, Dick., 9.650

Vault: Ayanna Fossum, Dick., 9.575

Uneven Bars: Keana Kudrna, Dick., 9.650

Fargo Davies Invite

Team totals

1. Bismarck High, 134.025; 2. Century 128.6; 3. Fargo Davies 124.9; 4. Legacy 124.575; 5. Valley City 122.275; 6. Fargo 103.475.

Event Winners

All-Around: Julia Redwing, Cent., 36.5 (points)

Balance Beam: Redwing, Cent., 9.0

Floor Exercise: Rachel Dillman, BHS, 9.475

Vault: Redwing, Cent., 9.25

Uneven Bars: Redwing, Cent., 8.825

BISMARCK HIGH: The Demons will co-host the Bismarck Invite on Friday, Dec. 11. BHS opened its season with a team title at the Fargo Davies Invite on Dec. 11. Katie Dillman was second in the all-around scoring. Rachel Dillman was first in the floor exercise.

Fargo Davies Invite

All-Around: 2. Katie Dillman, 35.2; 3. Rachel Dillman, 33.175; 6. Carissa Albert, 31.95

Balance Beam: 3. R. Dillman, 8.95; 6. K. Dillman, 8.725

Floor Exercise: 1. R. Dillman, 9.475; 2. K. Dillman, 9.275; T5. Albert, 8.525; 7.

Morgan Salwei, 8.45

Vault: 4. K. Dillman, 8.95; T10. Albert, 8.4

Uneven Bars: 2. R. Dillman, 8.45; 3. K. Dillman, 8.25; 11. Albert, 7.67

CENTURY: The Patriots will co-host the Bismarck Invite on Friday, Dec. 11. Century placed second at the Fargo Davies Invite last week. Julia Redwing won the all-around scoring. She was also first in the balance beam, vault and uneven bars.

Fargo Davies Invite

All-Around: 1. Julia Redwing 35.6 points; 8. Taylor DeCoteau, 31.625; 11. Ashley Gessele, 31.375

Balance Beam: 1. Redwing, 9.0

Floor Exercise: T5. Redwing, 8.525; 9. DeCoteau, 8.25; T10. Gessele, 8.2

Vault: 1. Redwing, 9.25; 6. Gessele, 8.7; T10. DeCoteau, 8.4

Uneven Bars: 1. Redwing, 8.825; T6. DeCoteau, 7.825

DICKINSON: The Midgets will host its second meet in as many weeks this Friday, Dec. 11. Last week, Dickinson hosted its annual Milo Dullum Invite which it won the team title, edging rival Minot. Acacia Fossum won the all-around scoring. She also won the beam and floor exercise events. Ayanna Fossum won the vault and Keana Kudrna won the uneven bars.

Milo Dullum Invite

All-Around: 1. Acacia Fossum, 37.600 points; 3. Ayanna Fossum, 36.025

Balance Beam: 1. Aca. Fossum, 9.450; 2. Keana Kudrna, 9.250; 4. Dacia Ram-bousek, 8.925; 6. Karsen Stroh, 8.725

Floor Exercise: 1. Aca. Fossum, 9.650; T3. Aya. Fossum, 9.300

Vault: 1. Aya. Fossum, 9.575; 3. Aca. Fossum, 9.450; 4. Meghan Ackerman, 9.375; 6. Faith Beck, 9.225

Uneven Bars: 1. Keana Kudrna, 9.650; T3. Acaid Fossum, 9.050; 5. Aya. Fossum, 8.900

JAMESTOWN: The Blue Jays will head west to compete at the Dickinson Invite on Friday, Dec. 11. Jamestown opened its season with a dual win at Aberdeen, SD Central last week. Hannah Schiele was the all-around champion.

Jamestown 135.85, Aberdeen, SD 126.60

All-around: 1. Hannah Schiele, 34.75; 3. Kailey Alber, 33.55; 4. Rachel Schiele, 33.45; 6. Alexis Triebenbach, 32.1; 7. Maggie Ridley 31.35; 8. Madison Mandan, 31.0

Floor exercise: 2. Schiele, 9.05; 4. Alber, 8.55; 6. R. Schiele, 8.25; 7. Peyton Rudnick, 7.9; 8. Ridley, 7.7

Balance beam: 1. Schiele, 9.15; 2. Alber, 8.95; 3. R. Schiele, 8.6; 5. Triebenbach, 8.15; 7. Mandan, 7.75

Uneven Bars: 1. Erin Hillerud, 8.4; 2. H. Schiele, 8.25; 3. R. Schiele, 8.2; 6. Triebenbach, 8.0. 7. Ridley, 7.8; 8. Mandan, 7.3

Vault: 2. Alber, 8.8; 3. Ridley, 8.7; 5. Mandan, 8.5; 6. R. Schiele, 8.4; 8. Rudnick, 8.35

LEGACY: The Sabers will compete at the Bismarck Invite on Friday, Dec. 11. Legacy finished fourth at the Fargo Davies Invite last week. Zoe Prince was fifth in the balance beam. Kyrie Link finished fifth in the uneven bars.

Fargo Davies Invite

Balance beam: 5. Zoe Prince, 8.875; 7. Kyrie Link, 8.425; 9. Alyssa Larson, 7.875; 10.

Paige Davis, 7.8

Uneven Bars: 5. Link, 7.825; T6. Prince, 7.825

MANDAN: The Braves will take part in the Valley City Invite on Friday, Dec. 11. Mandan finished fourth at last week's Milo Dullum Invite in Dickinson.

Milo Dullum Invite

All-around: 11. Jaysee Bowers 31.95. 15. Rylee Bowers 29.425

Balance beam: 16. J. Bowers 7.675

Floor exercise: T17. J. Bowers 8.00

Vault: 12. J. Bowers 8.875

Uneven Bars: 13. J. Bowers 7.40

MINOT: The Majettes will compete at the Bismarck Invite on Friday, Dec. 11. Minot opened its season with a runner-up finish at the Dickinson Milo Dullum. Hannah Werchau was Minot's top gymnast, placing second in all-around scoring.

Milo Dullum Invite

All-Around: 2. Hannah Werchau, 37.200; 4. Adisynn Widdel, 35.600; 5. Olivia Schoffstall, 34.850

Balance Beam: 3. Werchau, 9.600; 5. Grace Shanklin, 8.900

Floor Exercise: 2. Werchau, 9.600; 3. Widdel, 9.300; 5. Schoffstall, 8.800; 6. Nikayla Wacha, 8.750

Vault: 2. Werchau, 9.500; 5. Widdel, 9.275

Uneven Bars: T2. Schoffstall, 9.050; 4. Werchau, 9.000; 6. Widdel, 8.650