



FEBRUARY 2017 NEWSLETTER

CREEDMOOR CENTRE ENDOCRINOLOGY

WHERE IT ALL COMES TOGETHER

Endocrine News

Helping your endocrinology knowledge grow!

Helping Advance Medicine: Clinical Trials



Creedmoor Centre Endocrinology is excited to be participating in a clinical trial this year.

Participating in clinical trials is an exciting part of the medical field. By being a part of clinical research, we can help advance medical knowledge and understanding of how the body works.

The trial is for a device that measures how blood clots. We need your help!

We need normal, healthy volunteers to complete a questionnaire and have 3 vials of blood taken, in exchange for a gift card.

Your contribution to our trial can help us learn more about the body and advance the medical field further into the future. Call us today if you want to be a part of our trial!

New Year, New Team Members

2017 started out with two new team members at Creedmoor Centre Endocrinology.

We first welcomed Andrea Kerick, who is a registered dietician and a certified diabetes educator. She can help patients with complications from diabetes, patients who need help managing their diabetes and medication regimens, and patients who are trying to prevent onset of diabetes.



Next we welcomed Kierra Hartsfield, who is the clinical research coordinator for the research trial we are participating in. If you have any questions or concerns about the research trials, Kierra is who to talk to.

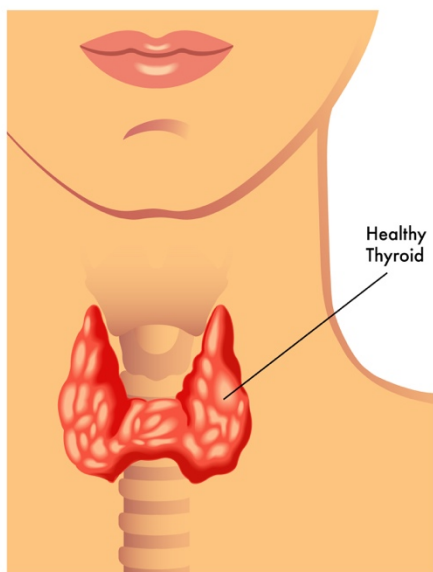
We are excited to have two new members to the CCE team this year! We look forward to see how they will continue to make CCE a wonderful place to be.

Thyroid Awareness

January was thyroid awareness month – but that doesn't mean we can't continue to spread the awareness in February.

The thyroid is a small, butterfly-shaped gland located in the base of the neck (just below the Adam's apple).

Did you know that the thyroid gland affects many parts of your body? The hormones produced in the thyroid can help to regulate a number of functions, including:



- ✓ Heart rate
- ✓ Body temperature
- ✓ Weight
- ✓ Blood pressure

Disease to the thyroid can cause problems with each of these areas. It is important to talk to your doctor about ways to maintain good thyroid health now, before it's too late.

Children Have Thyroids, Too

Did you know that children can have thyroid problems, too?

Hypothyroidism and hyperthyroidism are not only problems for adults. As many as 2 or 3 in 100 children have thyroid problems, with the most common being hypothyroidism.



Low thyroid in children can cause problems for growth and normal development, often slowing down puberty.

The symptoms for hypothyroidism in children are not always immediately obvious, so it is important to keep an eye out.

If you are concerned about your child's health, or want to know more, get in touch with your endocrinologist today.



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