National Trauma Networks Conference

National Exhibition Centre, Birmingham – 19 November 2018

Civilian Pre-Hospital Care and Preparing for Mass Casualties

Professor Sir Keith Porter - Professor of Clinical Traumatology, Queen Elizabeth Hospital Birmingham

Mr Steve Wheaton - Assistant Chief Ambulance Officer, West Midlands Ambulance Service

Ms Justine Lee - Specialty Doctor Major Trauma Service, Queen Elizabeth Hospital Birmingham

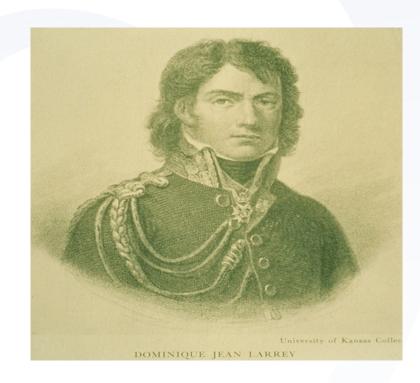




Historical Roots of Immediate Care

- The Bible 2Kings Chapter 4 Verse 34
- The Roman Army
 - Casualty Collection
 - Medical Aid Posts
- Napoleons Army
- The Royal Humane Society









Royal Humane Society Guidelines 1770

- Warmth
- Artificial respiration by mouth to mouth with compression of the abdomen and chest
- Fumigation by the introduction of tobacco smoke into the rectum and colon
- Rubbing the body
- Stimulants
- Bleeding
- Inducement of vomiting

Royal Humane Society Leaflet 1776





First and Second World Wars

- Comprehensive emergency plans
- Local control centres
- Major role in rescue and first aid posts for GPs



Post War Development of Pre-hospital Care

- A1 1949
- Dr Kenneth Easton
- 2000 RTC's by 1965



Road Accident After Care Scheme (RAAC) 1967

- BMA 1967 Easton and McCullum
- Professor Eberhard Gogler Heidlburg 'therapeutic vacuum'
- 1967
- First International Symposium on Immediate Medical Care
- Arrival of Dr Peter Basket John Zorab
- Professional and administrative barriers broken





Flying Squads

- 1955 Sutton Coldfield Train Crash
- 1955 Derby Royal Infirmary Dr John Collins
- 1960 Preston General Hospital Mr H Hall
- 1964 Birmingham Accident Hospital Prof Gissane
- 1967 Bath Dr Roger Snook
- 1980 Edinburgh Dr Keith Little 'Medic 1'

Collins J BMJ 1966;2:578-80 Hall HM Lancet 1965;1:904-6 Snook R BMJ 1972;3:569-74







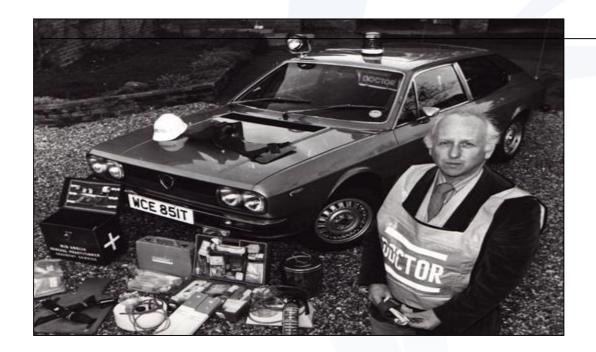
BASICS – BRITISH ASSOCIATION FOR IMMEDIATE CARE

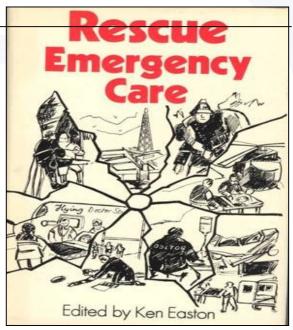
- Established 1977
- Voluntary association
- Variable geographical availability
- Variable function
- Direct clinical care
 - Care in transit
 - Scene management
 - Medical direction
 - Training and education















Diploma in Immediate Medical Care Finding a home Royal College of Surgeons of Edinburgh

- Mr Myles Gibson
- Fellowship in Accident and Emergency Medicine at the Edinburgh College





www.ibtphem.org.uk

Welcome

Curriculum

Training

Trainees

Recruitment

VLE

Resources

Links

Contact Us

Intercollegiate Board for Training in Pre-hospital Emergency Medicine

New edition May 2015









Complex clinic decision making



Pre-hospital emergency anaesthesia



Pre-hospital procedural sedation





Alternative analgesic/drugs and techniques



Administration of critical care drugs



Organ specific support







Management of complex wounds/fractures



Management of complex incidents with multiple patients



Complex transport decision making









How well have we done?

850 additional lives saved each year

Chris Moran



The challenge for the future

Have we reached the clinical summit in pre-hospital care?

- Pre-hospital anaesthesia
- Blood based product resuscitation
- Resuscitative thoracostomy
- Retrograde endovascular balloon occlusion of the aorta (REBOA)
- Extracorporeal membrane oxygenation (ECMO)





You can save lives!



Be prepared, not scared

www.citizenaid.org







Steve Wheaton Assistant Chief Ambulance Officer Resilience and Specialist Operations Director



National Trauma Network Conference





West Midlands Ambulance Service NHS Foundation Trust

National Context Pre Hospital

- •JESIP programme audit identified progress is being made but embedment has some work to do, central programme team closes April 2019 and will hand over to regulators for Ambulance, Fire and Police, Tri Service board will stay in place.
- •National learning events held for Westminster, London Bridge and Manchester Incidents.
- •EPRR / NARU Core Standards in relation to Commander competencies, Training and Exercising changed in 2018 submissions. Closing the gaps!
- NARU / NHSE Auditing all Trusts, again closing the gaps and reducing inconsistencies.

Trust us to care.



NHS Foundation Trust



Issues Encountered

- Keeping core competencies achieved vs day job
- Trying to achieve consistency and exercising with 10 Ambulance Trusts, 43 police services and 45 Fire Services
- Perception Brexit has created inertia within government on decision making / finances
- Burns Plan vs Reality is it fit for purpose? Capacity and Regulation plan as for Mass Cas?
- Pre Hospital PHEM as BIRT?

Trust us to care.

Miss Justine Lee Specialty Doctor in Major Trauma Queen Elizabeth Hospital, Birmingham, UK

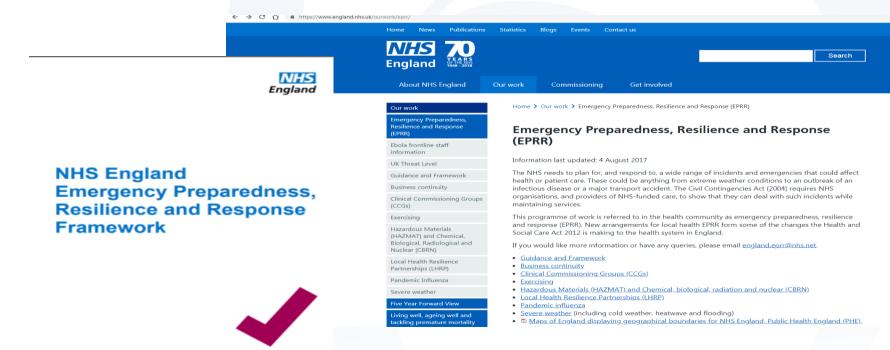
NHS CLINICAL GUIDELINES FOR MAJOR INCIDENTS AND MASS CASUALTY EVENTS





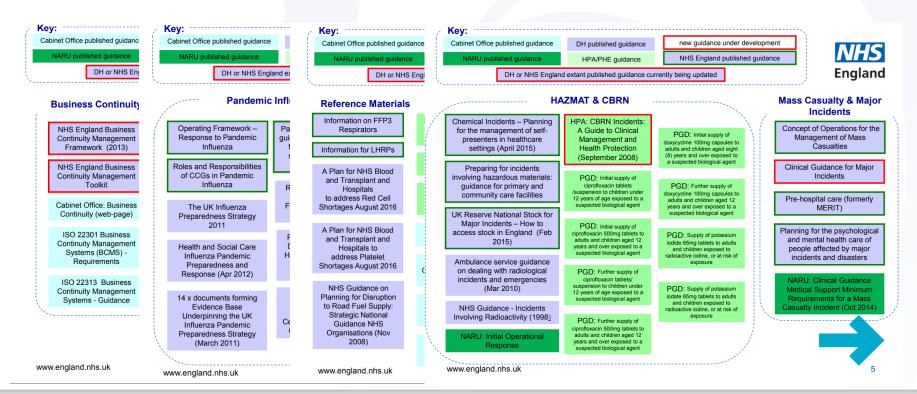


https://www.england.nhs.uk/ourwork/eprr/





https://www.england.nhs.uk/ourwork/eprr/





Key NHS MI documents

- Concept of operations for the management of mass casualties
- Clinical guidance for use in an MI
- Pre-hospital care (formerly MERIT)
- Psychological and mental healthcare planning for major incidents and disasters
- National Ambulance Resilience Unit for a mass casualty incident







Concept of Operations for the Management of Mass Casualties

Clinical Guidance for Major Incidents

Pre-hospital care (formerly MERIT)

Planning for the psychological and mental health care of people affected by major incidents and disasters

NARU: Clinical Guidance Medical Support Minimum Requirements for a Mass Casualty Incident (Oct 2014)









Clinical Guidelines for Major Incidents and Mass Casualties Workshop 25 April 2017















The Daily Telegraph

Manchester explosion kills 19 concert-goers

Police investigating blast as 'possible terrorist incident'

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Care cost chaos after May U-turn

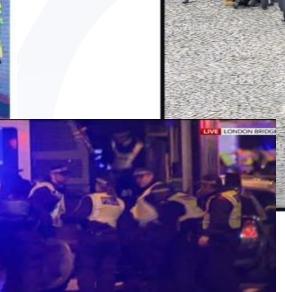
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POLICE: MAJOR INCIDENT AT LONDON BRIDGE

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Clinical Guidelines for use in a Major Incident/Mass Casualty Event

- 40+ Guidelines
- Created by Clinical Working Group
 - and reviewed by clinicians recently involved in terror attacks
- Content aimed at Trauma Units
 - E.g. clinicians not working in major trauma centres
- Alternative strategies and aide memoires when resources are sub-optimal
- Available in all UK Emergency Departments



Topics covered

Major Incident Awareness Major Incident Standby Major Incident Declared Co-ordination in a Major Incident Forensic Awareness Ballistic Injury Burns Blast Injury **Crush Injuries CBRN Emergency Department Triage** Surgical Triage Radiology (CT Traumagram) The Trauma Team response Hyperacute Rehabilitation Bereavement

Damage Control Anaesthesia Analgesia Blood Bank/Haematology Microbiology Damage Control Orthopaedics Chest Injuries (Cardiothoracics) Blast Lung Abdominal and Vascular Injuries Soft Tissue Injuries Pregnancy and Trauma Major Trauma in Children **Brain and Spinal Injuries** Head and Neck (OMFS and ENT) Eye Injuries Blast Ear and Hearing Loss Staff Resilience and Counselling



Clinical guidelines for use in a trauma major incident or mass casualty event

Contents

Introduction

Forewords

Editorial note including key

Pre-event planning

1 v1 Major Incident awareness

Mechanism of injury (MOI)

- 1 v1 Ballistic injury
- 2 v1 Blast injury
- 3 v1 Crush injury
- v1 Penetrating knife injury
- 5 v1 Chemical, biological, radiation and nuclear events (CBRN)

Major Incident STANDBY

- 1 v1 Major Incident STANDBY
- 2 v1 METHANE report

Major Incident DECLARED

- 1 v1 Major Incident DECLARED
- 2 v1 Clinical impact assessment call patient summary sheet

Emergency Department (ED)

- 1 v1 ED triage (adults)
- 2 v1 ED triage (paediatric <12 years)</p>
- v1 ED outcomes, discharges and follow up advice in a
- v1 Major Incident

ED Reception and Resuscitation

- 1 v1 Trauma team roles in a Major Incident
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- 10 v1 Management of a pregnant casualty in a Major
- 11 v1 Psychosocial support for anyone affected by a Major Incident
- Incident
 12 v1 Psychosocial support for staff after a Major Incident
- 13 v1 Rehabilitation co-ordination and medical support in a Major Incident
- 14 v1 Safe spinal injury care in a Major Incident
- 15 v1 Management of bereavement in a Major Incident

Appendice

Glossary

Links Acknowledgements



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Clinical Guidelines for use in a Major Incident/Mass Casualty Event

• Sections:

- Pre-event awareness
- Mechanism of Injury
- Major Incident STANDBY / DECLARED
- Emergency Department Triage
- ED Reception and Resuscitation
- Injury Management in ED
- Speciality Overviews



Pre-event Awareness MI Standby and Declared



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Major Incident STANDBY

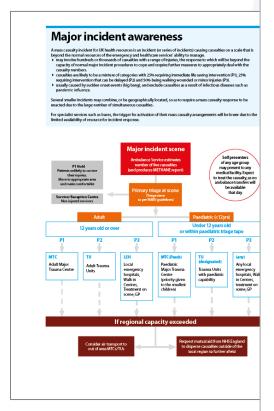
- 1 v1 Major Incident STANDBY
- 2 v1 METHANE report

Major Incident DECLARED

- 1 v1 Major Incident DECLARED
- v1 Clinical impact assessment call patient summary sheet







Major incident STANDBY Major incident STANDBY message has Use the METHANE chart to record M Major incident sta details of any alert messages. If you been announced are self-declaring, other agencies ▶ External source of order E Exact location of i may call you to ask for your METHANE information, so make it Message has been received from any of T Type of Incident the emergency services or NHS England visible to all. authorities, direct into ED, requesting Exact numbers are difficult, H Hazards/potentia your hospital to STANDBY for a major therefore estimates of total numbers of P1+P2 casualties may Access (best route Internal source of order be given to help receiving hospitals access to and exit Unusual activity reporting within ED, understand severity of incident and the hospital) news via social media or other sources etc, may lead to a self declaration numbers to prepare for. of major incident standby by an ED ▲ Self presenting casualties may Number of casualt consultant in discussion with the start to arrive without warning, E Which emergence hospital on call team. pre-alert or declaration, are involved/n particularly if non-ambulance service transport is used. Hospital Major Incident STANDBY Emergency Critical Care All wards Theatre Department → Initiate staff call in n Considers Identify ICU patients Assess patient Docate and check the suitable fortransfer notential for all operatio pre-printed/collated discharges/transfers for life savir to ward Liaise with Theatre patient registration Speciality Overview 🕦 🤊 Set up thea documents for a Co-ordinator for Send appropriate ordination major incident admissions to ICU patients to the Establish ar Establish an ED Discharge Ward clinical co-Triage Station. Prepare Trauma Ward meeting (al Consider a location to accept admissions outside the ED (eg and ITU stepdowns ambulance loading bay or external entrance) Assemble Triage Teams and nominate roles ED Resus [] Aim for one doctor and one nurse per incoming casualt Include scribes and photographer if available Create checkpoints (to monitor patient flow. Ideally, patients should flow in one direction), with white boards, pens, casualty flow log/record book(s) and runners Porters to move all available trollers to FD Recention Identify treatment areas, expanding Resus and Majors if required based on casualty estimates, consider creating a P3/non-urgent area away from ED Prepare to move patients already in the department Discharge home (or to discharge area to await transport) Patients should receive a follow up phone call the following day Admit or transfer urgent cases requiring medical intervention Aim to move cases away from ED CT Scanner if possible Urgent cases – remain in ED for imaging Major cases - go to Inpatient imaging

Main Hospital – go to OPD imaging OPD imaging may be suspended

Major incident DECLARED

Be prepared to update the METHANE report or give out METHANE information to others

- M Major Incident has been DECLARED
- E The EXACT location is
- T The TYPE of incident is
- H HAZARDS identified are
- A Casualties should arrive by
- N Estimated NUMBER of Casualties are P1

- E The EMERGENCY services involved are: Paramedics/HART/MERIT/HEMS/MCV/Others?

Major Incident - Cancelled

If the message . 'Major Incident - Cancelled' is received. the plan is not activated and the standby call is cancelled. Major Incident - Stand Down If the message, 'Major Incident - Stand Down' is received, no new casualties are expected. The call may be full or a partial stand down, and this will be further described by the Incident Director.

and ambulances should EXIT by

P2

Fire and Rescue/Police/Others?

(H)MIMMS general checklist

- Prepare areas for clinical and administrative uses
- ▶ Call in appropriate number of staff (use cascade contact system)
- Maintain internal and external communications
- Provide a command and control structure for the medical, nursing and administrative staff
- Staff already on duty should report to their clinical areas Called in staff should report to the Staff Reporting Area
- and await further instructions Review MOI section of these guidelines if mechanism(s) of
- incident known 5

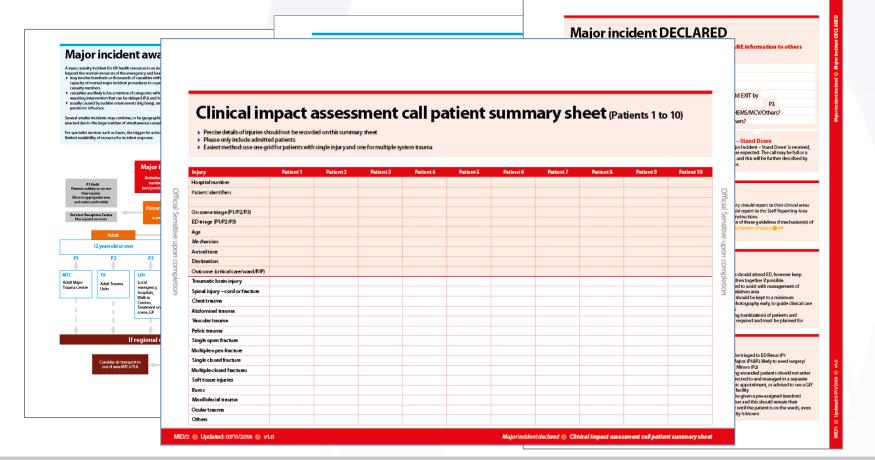
ED checklist

- Hospital Ambulance Liaison Officers (HALO), if available will improve communications into the receiving hospital. They can also give real-time ED Resus capacity updates to the ambulance control centre and divert ambulances if required
- Know how many patients your hospital is expected to manage within the first hour (Patient dispersal framework and casualty capability chart) and plan to exceed this number
- Minimal relatives should attend ED, however keep parents and children together if possible.
- Security may need to assist with management of relatives to the relatives area Documentation should be kept to a minimum
- Involve clinical photography early, to guide clinical care and for forensics
- Security screening (sanitization) of patients and relatives may be required and must be planned for

ED Triage

- Should be established outside of ED. eq in the Ambulance recention area
- Should be staffed by a Senior ED consultant and a
- Senior ED Nurse
- Patients must be re-triaged at this point, in case of any change/deterioration since their on-scene triage category was given
- Patients should be triaged to ED Resus (P1 Resuscitation). Majors (P1&P2 likely to need surgery/ critical care) and Minors (P2)
- Ideally, P3 walking wounded patients should not enter the ED but be directed to and managed in a separate area, given a clinic appointment, or advised to see a GP/ other treatment facility
- Patients should be given a pre-assigned (random) hospital ID number and this should remain their hospital number until the patient is on the wards, even if their real identity is known







Mechanism of Injury (from acts of terrorism)

Mechanism of Injury:

Blast

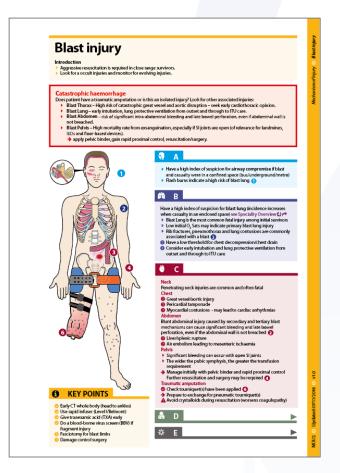
Ballistics

Crush

Penetrating Knife Biological, Nuclear, Chemical and Radiological





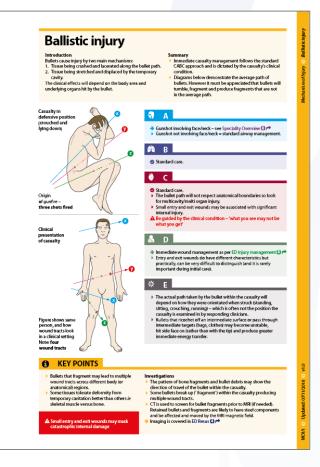


Blast

- Mechanism of Injury
- Revision of injuries from blast mechanism
- Recommendations for:
 - early intubation
 - lung protective ventilation from outset
 - ICU care
 - blood borne virus screen
 - tranexamic acid
 - whole body CT
- Reminder to look for TM rupture, features of blast lung, diffuse axonal injury, rhabdomyolysis



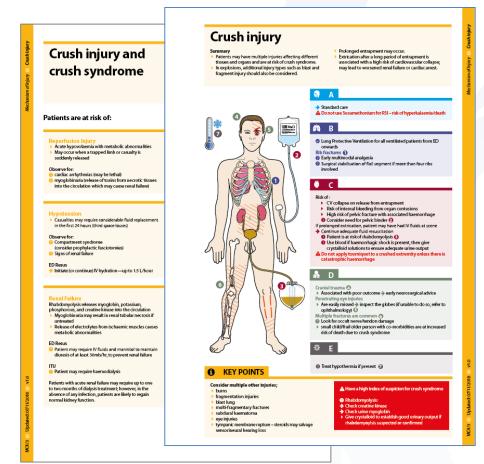




Ballistics





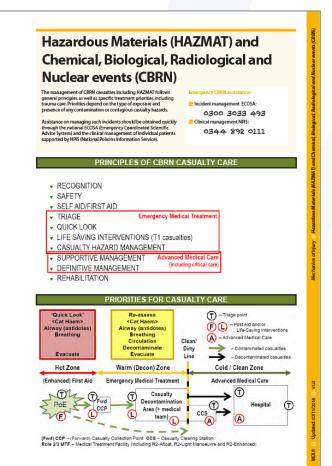


Crush

- Mechanism of Injury
- Risk factors
 - Polytrauma
 - Entrapment
 - Head Injury
- No tourniquet to crushed extremity
- Watch for cardiovascular collapse on release from entrapment
- Monitor for Rhabdomyolysis, compartment syndrome
- Investigations







Chemical, Biological, Radiological, Nuclear (CBRN)

- Military guidance re-written for the NHS
- Signs and Symptoms to look for:
 - Pinpoint pupils, blurred vision
 - Excessive secretions
 - Excessive sweating
- Guidance includes
 - how to decontaminate
 - medical therapies
 - atropine
 - oxime therapy
 - benzodiazepines
 - ventilation





Emergency Department in a major incident

ED trauma team response
ED and Surgical Triage
Imaging including CT Whole Body
Senior decision making
Safe discharges



Major Incident DECLARED

- 1 v1 Major Incident DECLARED
- 2 v1 Clinical impact assessment call patient summary sheet

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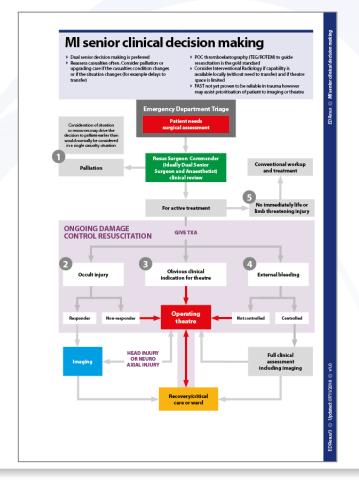
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Surgical Triage and Co-ordination

- Surgical decision making for a senior trauma surgeon or trauma anaesthetist
- Use of Area Controllers
 - Resus Controller
 - Imaging Controller
 - Surgeon Commander
 - Theatre Controller
 - Critical Care Controller

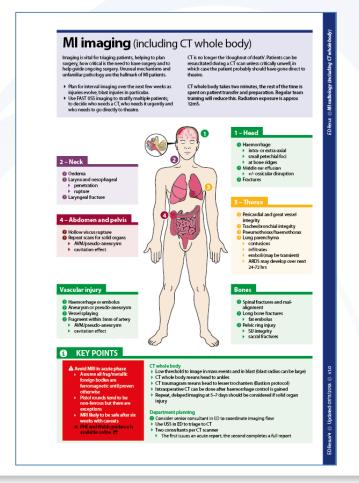




Radiology

- CT Whole Body imaging
 - In major trauma means 'head to GT'
 - In a major incident means 'head to ankles'

 Never consider MRI in the acute setting of a blast or ballistic major incident



Injury management in ED

Specialty to Generalist guidance



Injury management in ED

- 1 v1 MI anaesthesia for P1/Resus casualties
- 2 v1 MI neuro trauma (brain injuries
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- 7 v1 MI immediate wound management
- 8 v1 MI universal fasciotomies



Speciality Overview

Consultant to Consultant guidance

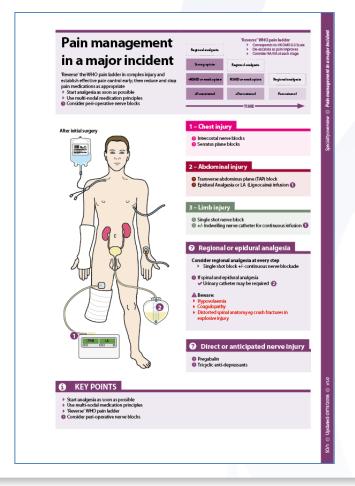


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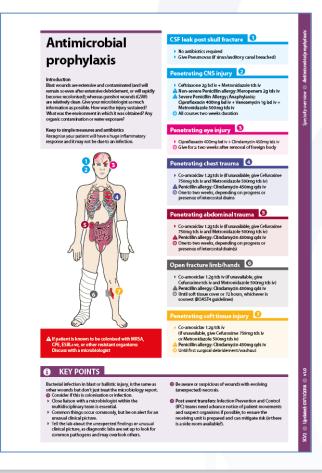


Complex pain management

- Reverse 'WHO' pain ladder
- Consider using regional analgesia at every step
- Much more effective to manage the pain quickly and effectively, then wean off.







Antimicrobial prophylaxis

- Simple to follow guide
- Uses common antibiotics only;
 - Co-Amoxiclav
 - (Clindamycin)
 - Ciprofloxacin
 - Cefuroxime
 - Metronidazole
 - Vancomycin
- Short treatment times

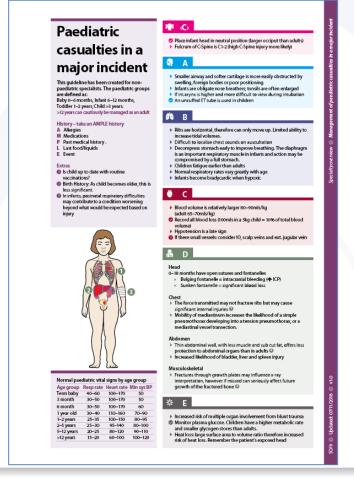


Children and Major Trauma

 Created for Adult trauma centres/units

 For management of the younger child (<12)

 Aide memoire for 'how children are different'



Future

- Requires your help to be continuously updated and relevant
- https://www.england.nhs.uk/ourwork/eprr/
- Editor: justine.lee@uhb.nhs.uk

- Aligned with WHO and ICRC guidance
- www.MISTT.co.uk training course
- ?Embedded into major incident IT systems
- ?Training manual for the UK Emergency Medical Teams





























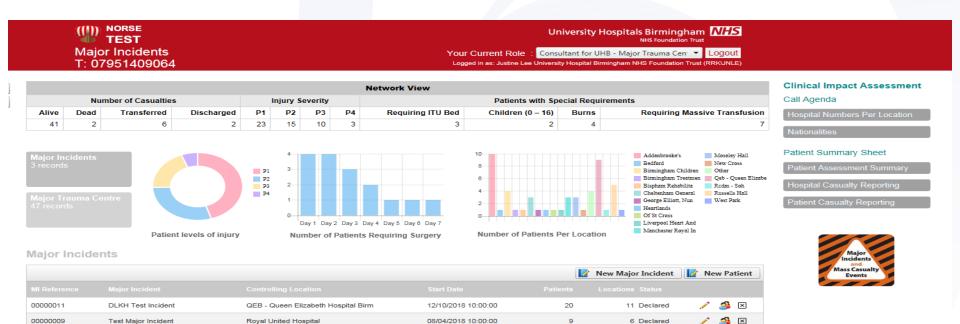






- For anyone interested in disaster medicine and the major incident response
 - e.g. emergency planners, pre-hospital, trauma clinicians, theatre staff
- 2 days of seminars and discussions
- 1 day pre-hospital to ED, team leadership, co-ordination and skills training
- 2 days immediate surgery course
- Next Courses
 - 8-12th June 2019
 - 16-20th November 2019





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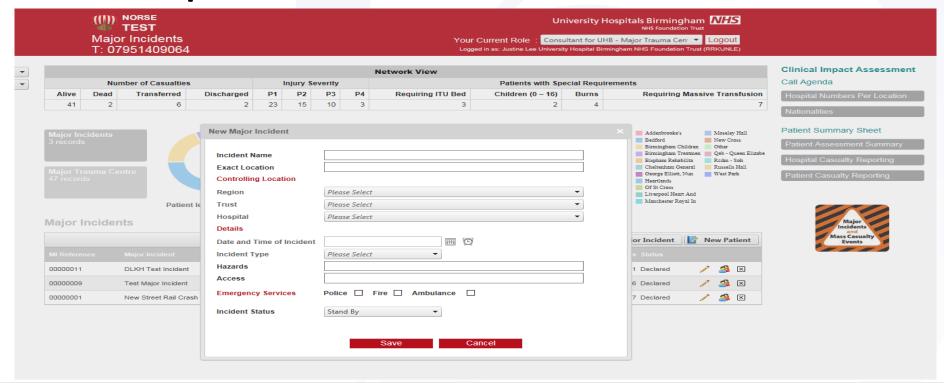
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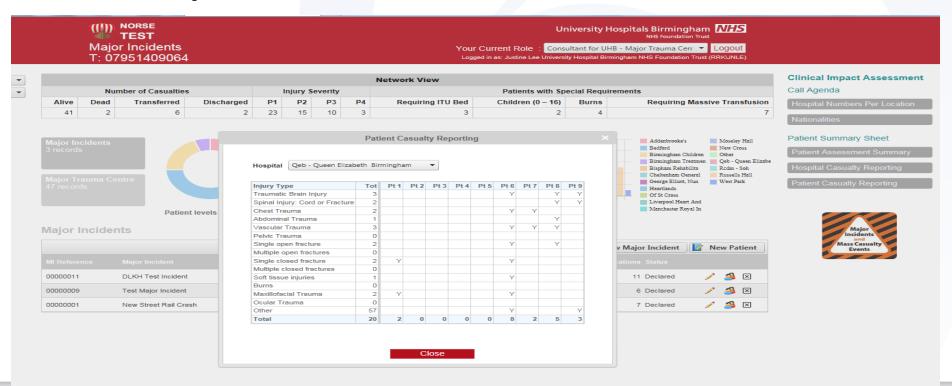
New Street Rail Crash

QEB - Queen Elizabeth Hospital Birm

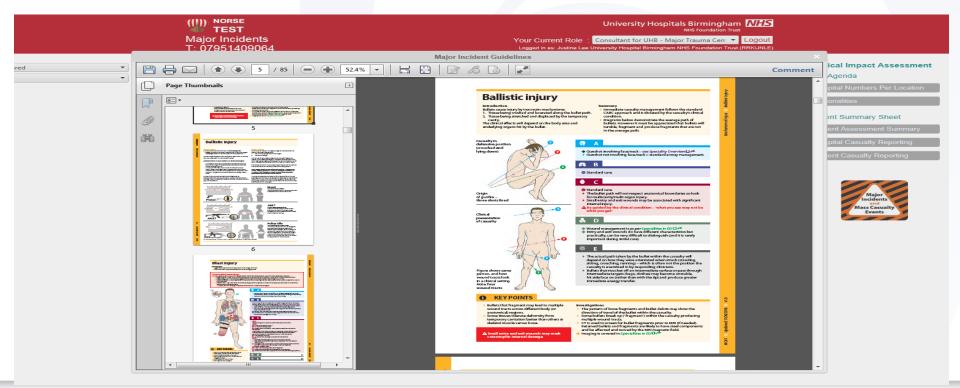
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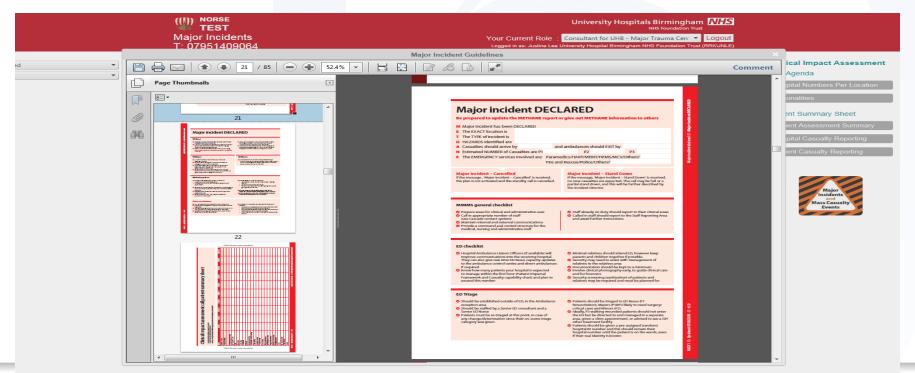






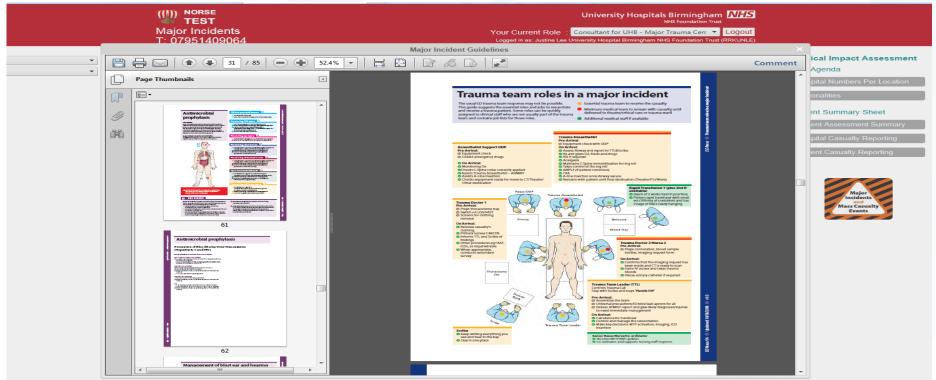














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Thank you

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