

AGENDA
Southeast Washington Regional FYSPRT
02/06/2025 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p style="text-align: center;">Ground Rules</p> <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
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<https://www.southeastfysprt.org/home.html>

Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.</p>
<p>Meeting minutes</p>	<p>Review of meeting minutes from: <u>January</u> Motion made by: <u>Alyssa C.</u> Seconded by: <u>Sue M.</u> Did the vote carry? <u>Yes</u></p>
<p>Presentation(s)</p>	<p>SARC- Support Advocacy & Resource Center: presentation by Brianna Albrecht, sexual assault advocate - -Programs offered: Prevention program, Kids Haven, Crisis Program to include Sexual Assault and General crimes, Human Trafficking Program to include Sex & Labor Trafficking, General Advocacy, Legal Advocacy, Medical Advocacy, Survivor closet available to clients. -Providing support to youth and family in every way -Raising awareness in community by attending events and interacting with community -Crisis line available 24 hours, Office open with staff to assist 8-5 pm with back up staff after hours -They work with individuals all over the state and at times even help with out of state cases. -Contact Brianna by email @ balbrecht@supportadvocacyresourcecenter.com if you have any questions</p>

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State FYSPRT Meeting Updates
[Statewide FYSPRT meeting notes - December 10, 2024](#)

1. **WISe Quality Plan update:** will be provided at future state meeting as presenter was not available.
2. **Youth and Young Adult Continuum of Care Update:** YYACC is a subgroup of the Children and Youth Behavioral Health Work Group (CYBHWG) and voted in October on overarching priorities agreed on by the group. YYACC has identified 6 priorities – expanding access to peer support services, support expansion of recovery high schools, fund administration for CAPS (Centralized Assessment of Psychosis Services), expand the Bridge Housing Program, increase and sustain funding for Youth Wellness Zone, and supporting the autism spectrum and intellectual disability (ASD/IDD) workforce serving youth and young adults. For more information, see [the recommendations for 2025 from the Children and Youth Behavioral Health Work Group](#) (provided in a report to the Governor’s Office and the Legislature).
3. **Youth Only Space Update:** The Youth Network Development Team is currently building, growing, and developing the Youth Network structure and activities. Young people are leading this project and determining what the Youth Network and youth only spaces will look like. In 2025, the Youth Network is wanting to reach out to offer support and assistance to Youth Tri-leads.
4. **Respite Update:** Respite care for youth and families was first identified as a need by the Regional/Statewide FYSPRTs in 2017 and further discussed in 2020 with legislative groups. In 2021, the Health Care Authority (HCA) was tasked with exploring Medicaid waiver options for respite services for youth with behavioral health needs, culminating in the 2022 report on potential implementation options.

In 2024, caregiver respite was approved under Washington’s Medicaid Transformation Project (MTP) waiver, which focuses on improving healthcare for Medicaid recipients. A cross-agency workgroup is being developed, and service eligibility and details are being negotiated with the Centers for Medicare and Medicaid Services (CMS). Proposed services aim to provide non-medical, short-term supervision to prevent caregiver burnout and avoid institutional placements. Eligible providers could include behavioral health agencies, crisis support services, and respite facilities. Public comments on the proposed rates for in-home and facility respite care were invited through December 2024. Continued engagement with individuals with lived experience is shaping the design of the respite program, which is still under development.

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<p>Standing Items</p>	<p>Crisis: FYSPRT team had questions around Joel’s Law. Team shared some information and gave each other feedback around Joel’s Law. There was a recommendation to have someone from Crisis Team come and provide more information on Joel’s Law at a future regional meeting.</p> <p>Behavioral Health Providers: Kasey Garcia shares about New Journeys program. She reports that the program is now accepting other diagnosis that in the past did not take. She would like to present at a future FYSPRT meeting and FYSPRT members are interested in this as well.</p> <p>MCOs: No updates</p> <p>WISE: Team had a brief discussion around need for WISE like services. A FYSPRT member shared that Three Rivers Therapy in Tri Cities is taking non-Medicaid referral for WISE services.</p> <p>YARP: Accepting referrals, in all 9 counties, continue to build community relationships and open to table in your area.</p> <p>Schools/ESD: No updates</p> <p>DSHS/DCYF/DDA: No updates</p> <p>Other: Cyndy Adams shares some of the confusion with the Certified Peer Specialist title and work being done to get this possibly changed.</p> <ul style="list-style-type: none"> • We also reviewed FYSPRT goals for 2025/2026 CYs.
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/7STRL8J</p>
<p>Closing Announcements</p>	
<p>Regional FYSPRT meeting dates</p> 	<p>Thursday, March 6, 2025, 3:30-5pm Meeting ID: 893 0839 4964 Phone: 1-253-215-8782 https://us06web.zoom.us/j/89308394964?pwd=nqarVOzIRS63EBHcpXwzS2wh6fAuTl.1</p>
<p>State FYSPRT meeting dates</p>	<p>Tuesday April 1, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495</p>
<p>Work Plan</p>	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p>

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	<p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>
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