

# THE bulletin

SAGINAW COUNTY MEDICAL SOCIETY  
www.saginawcountymys.com

## SCMS FOUNDATION 6<sup>th</sup> ANNUAL GOLF OUTING



Saturday, June 13, 2015  
Saginaw Country Club

### FOUR PERSON SCRAMBLE

12 p.m. Registration  
1 p.m. Shotgun Start

### \$125 Per Golfer Includes:

- Green Fees
- Cart
- Practice Range
- Cookout Lunch
- Beverages on the Course
- Two Drink Tickets After Golf
- Award Reception
- Heavy Hors D'oeuvres
- Prizes



Medical Student Loan Recipient Liz Irish  
with Drs. Raju and Maganti at 2014 Golf  
Outing

### Sponsorship Opportunities Available

To sign up to golf or to sponsor, see pages 14-15

➡➡➡ Deadline May 22, 2015 ⬅⬅⬅

*Proceeds are used for low interest loans to medical students with ties to the Saginaw area, thereby  
encouraging them to return to Saginaw to practice medicine.*

### NEXT MEETING:

Tuesday, May 19, 2015

Stacey P. Hettiger, Director, Medical & Regulatory Policy, MSMS

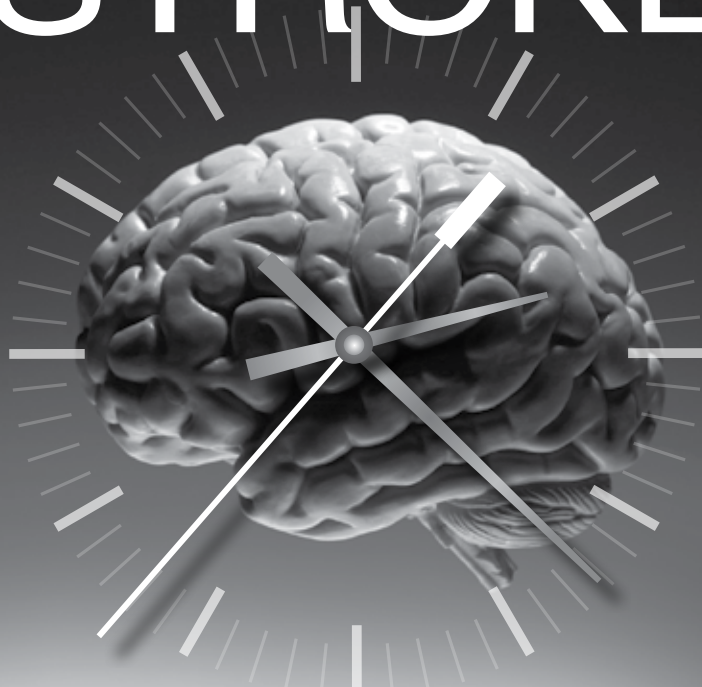
*"Update on 2015 MSMS House of Delegates"*

**Horizons Conference Center, Saginaw**

6:30 p.m. Social (cash bar), 7 p.m. dinner

Annual Meeting and Election of Officers

# WARNING SIGNS OF STROKE



**Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.**

**Sudden trouble walking, dizziness, loss of balance or coordination.**

**Sudden, severe headache with no known cause.**

**Sudden trouble seeing in one or both eyes.**

**Sudden confusion, trouble speaking or understanding.**

*For more information go to [www.covenanthealthcare.com](http://www.covenanthealthcare.com)*

## EVERY MINUTE COUNTS

### CALL 911

***Do not wait for the  
symptoms to go away.***



*Extraordinary care for every generation.*

# **SAGINAW COUNTY MEDICAL SOCIETY 2014 – 2015 OFFICERS AND DIRECTORS**

## **PRESIDENT**

M. Sohail Jilani MD

## **PRESIDENT-ELECT**

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## **EXECUTIVE ASSISTANT**

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*in the news*

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All statements or comments in the Bulletin are those of the writers, and not necessarily the opinion of the Saginaw County Medical Society.

Contributions are welcome. We publish committee reports, letters to the editor, Alliance reports, public health activities of the members, and some personal items (birthdays, weddings, graduations and like events). The Editor determines which are accepted. Advertisements are accepted as space is available at our going rates. Members may advertise office information, professional services, skills, and procedures, also at our going rates. We do not accept advertisements from non-members, or non-Saginaw hospitals.

The Bulletin is mailed free of charge to SCMS members. Complimentary copies are sent to various other parties. Others may subscribe at the rate of \$30 per year.

# president's letter



**M. Sohail Jilani, MD**

It has been a great honor to serve as President of the Saginaw County Medical Society. With the help of our Board, members and staff, we organized multiple and very informative programs, a successful Health Fair, served breakfast to those in need, and volunteered to serve food several times at the East Side Soup Kitchen. As I write this, our Delegates and Alternate Delegates are getting ready to attend the Michigan State Medical Society House of Delegates Meeting in Grand Rapids. Dr. Meena Ramani will present a resolution on Immunization Waivers written by Dr. Louis Constan on behalf of the SCMS.

The SCMS Foundation has been doing a wonderful job providing loans to our local medical students. Hopefully these students will serve our community after completion of their education. The SCMS Foundation hosts an Annual Golf Outing to raise funds to sponsor these loans. Please consider sponsoring or golfing on Saturday, June 13, 2015, at the Saginaw Country Club.

The SGR issue is finally resolved. On April 16, 2015, President Obama signed the Medicare Access and CHIP Reauthorization Act of 2015. This Act repealed the systemic growth rate (SGR) adjustment to Medicare physicians' fee schedules. Instead of getting cut every year, it has been replaced

by a 0.5% increase per year through 2019 and a general rate freeze from 2020 until 2025. As you know, in the future, fee for service payments are going to be taken over by a new system focused on quality, value and accountability. Existing payment incentive programs will be combined into a new merit based incentive payment system while other alternative payments models will also be created.

I have mentioned in my previous articles about the multiple challenges that our members are facing and will be facing. In summary, a lot of physician practices are still struggling with EMRs, meaningful use, PQRS issues, hiring and retaining trained employees, increasing practice costs, decreasing reimbursements, compliance issues, joining the health care exchange, getting ready for ICD-10, etc. Therefore, we need to be proactive and assess our individual situation to see if we can meet these challenges or if we need help. Many resources are available through your membership in the SCMS and MSMS. You can also check with your affiliated hospitals and specialty societies.

Members have been urged to contact their legislators regarding Senate Bills 68 and 248. Both issues were discussed at our April Membership Meeting by Josh Richmond, Director, Membership and Political Fundraising of MSMS. Please use the Action Center under the Advocacy tab at [www.msms.org](http://www.msms.org) to quickly send a note to your lawmakers on both issues.

I wish good luck to our incoming leadership. I would like to thank the Board, members and Key Providers, as well as, our SCMS Executive Director, Joan Cramer, and Executive Assistant, Jamie Chamberlin, for their hard work and support. □

# SCMS VOLUNTEERS AT SOUP KITCHEN



On Tuesday, March 31, the SCMS volunteered at the East Side Soup Kitchen. Volunteers helped prepare and serve lunch to 322 people, and cleaned and chopped potatoes for another day before serving lunch. The SCMS also donated the cost of the day's food.

The SCMS would like to thank **Dr. Maliha Shaikh** who also volunteered but was not included in the April issue of The Bulletin. Thank you, Dr. Shaikh! ☐

*The next Bulletin will be published in September.  
Have a safe and relaxing Summer!*



## GREAT HOMES AROUND THE AREA

### THOMAS TOWNSHIP



#### 711 Timberwood \$309,900

- 2,759 SQUARE FEET
- 4 BEDROOMS, 2 ½ BATHS
- REMODELED KITCHEN & BATHS
- ALL NEW APPLIANCES
- LARGE TREED LOT
- ALL BRICK HOME
- FULL BASEMENT

### SAGINAW TOWNSHIP



#### 5388 Oakbrook \$299,900

- 3,050 SQUARE FEET
- 5 BEDROOMS, 2 ½ BATHS
- OPEN FAMILY ROOM & KITCHEN
- MAIN FLOOR MASTER SUITE
- AUTUMN RIDGE SUBDIVISION
- ALL BRICK HOME
- FULL BASEMENT

### FREELAND



#### 9 E Grove \$799,000

- 6,760 SQUARE FEET
- 5 BEDROOMS, 5 ½ BATHS
- HIGH END FINISHES
- OPEN FLOOR PLAN
- PREMIER GOLF & POND VIEWS
- ALL BRICK HOME
- FULL FINISHED BASEMENT



*Jan Hauck*

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# from the editor



Louis L. Constan, MD

## Good Things Come in Threes

Amongst professional writers (of whom I am one), there is a guide we know as the “Rule of three,” which states that things that come in threes are inherently funnier, more satisfying or more effective than other numbers on a list. For example: “I came, I saw, I conquered;” “Go, Fight, Win!;” “Blood, Sweat, and Tears.”<sup>i</sup>

This principle came to my mind recently as I read the Bios of Time Magazine’s “One Hundred Most Influential People in the World in 2015.” You see, when I read lists like that I always look to see how many doctors are on them. I’ve always been of the opinion that physicians, individually (that means you!) and collectively (that means SCMS, MSMS and AMA), are some of the most important people anywhere. After I got over my initial disappointment that there were only three physicians on the list (the vast majority of people cited were politicians, actors and sports figures... UGH!), I sat down and carefully read and researched those three doctors. Reading about them was inherently more satisfying to me than reading about all the other 97. Therefore, I now give you the Saginaw County Medical Society Bulletin’s three most influential, inspirational and consequential physicians in the world for 2015:

**Number One:** Jerry Brown. No, not the politician from California also known as “Governor Moonbeam,” but the doctor from Liberia, the medical director of “The Eternal Love Winning African Hospital” who trained, taught, and treated <sup>ii</sup> many hundreds of Ebola patients and their health care workers. He did this while exposing himself to significant personal risk, in primitive conditions, and for very little compensation. This colleague, from one of the poorest countries in the world, exemplifies the highest ideal of the Hippocratic Oath in putting the patient’s welfare above our own.

**Number Two:** Joanne Liu. The daughter of Chinese immigrants, she worked up to President of Doctors Without Borders, the international physician’s group that is in many ways the Conscience of medicine. Their doctors go into some of the roughest, most primitive, and dangerous areas of the world in order to provide medical care to those in need. This is the group that first sounded the alarm over the Ebola epidemic in West Africa. Dr. Liu has also served in Haiti, Somalia, Kenya, Palestine, Darfur and Central African Republic, all while holding down a full-time ER job in Montreal.

**Number Three:** Tom Frieden. He is currently the Director of the Center for Disease Control and Prevention, where he coordinated the U.S. response to the Ebola epidemic, employing more than 800 disease experts, who managed to break the back of the Ebola epidemic. Prior to that he worked for the State of New York, turning around the tuberculosis epidemic there. Topping that, he went to India, where he was responsible for stopping an enormous tuberculosis epidemic. Over 3 million people got treatment, and 1.4 million lives were saved. Wow!

How do you outdo an accomplishment like that? You become Health Commissioner of the City of New York. You cut their smoking rate in half with aggressive

*Continued on page 5*

*Continued from page 4*

new rules against smoking. You eliminate trans fats from restaurant menus, setting a standard now being emulated in restaurants across the country. We can expect to see a decrease in heart disease from these efforts. And finally, you initiate a Diabetes Registry with the goal of tackling this dreaded disease head on. If disease is the bad guy of the story who needs to be stopped, this man is Rambo, James Bond and the Terminator all wrapped up in one.

On reflection, though, "3" won't do here. I should add a fourth doctor to this

list, You... but then I'd have to lose all that funny, satisfying and effective writing I've done so far. Still, you deserve an award now and then. You do an amazing job delivering medical care in a system that is pretty challenging in its own way. Next year, maybe you **will** make the list! □

<sup>i</sup>Notice that I give **three** examples of '**threes**'. Writers get extra points for this sort of stuff. Watch for other groups of threes in this article, you may win a prize if you can find them all.

<sup>ii</sup>Notice here the rule of threes and also the use of alliteration, multiple uses of the same letter or sound. This is especially satisfying.

## **Barbara A. Jahnke, MD Closing Office – Equipment for Sale**

Dear SCMS Members:

It is with mixed emotions that I am announcing the closure of my medical practice due to health issues, effective May 6, 2015. It has been a great pleasure providing patient care over the years, and it is not easy for me to give up. Medical records will be kept in locked storage. Record requests from patients can be sent to: Dr. Barbara Jahnke, P.O. Box 5387, Saginaw, MI 48603-0387. You or your office staff can also reach me by email at [bjahnkemd@hotmail.com](mailto:bjahnkemd@hotmail.com) or cell at 989-284-7061. My office phone is no longer in service.

In addition, I have medical equipment, furniture and fixtures for sale, including office equipment, examination equipment, file cabinets, BP cuffs/gauges and other instruments, printer, TV, copier, etc. A complete list of items for sale is available from Joan at the SCMS office at [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com) or 790-3590. You may also contact me by email or cell if you are interested. Pictures of items for sale will also be available.

I have greatly valued our relationship and thank you for your loyalty and friendship over the years. Best wishes.

*Sincerely,  
Barbara A. Jahnke, MD*

# SLATE OF NOMINEES FOR 2015-2016

*The following is the Slate of Nominees for 2015-2016. The Slate was approved by the Board on April 21, 2015, and will be voted on by the membership at the Annual Meeting on Tuesday, May 19, 2015.*

<b>President</b>	Danielle C. Duncan, MD
<b>President-Elect</b>	Virginia R. Dedicatoria, MD (president 2016-2017)
<b>Past President</b>	M. Sohail Jilani, MD
<b>Secretary</b>	B. Babu Paidipaty, MD
<b>Treasurer</b>	Thomas J. Veverka, MD
<b>Board of Directors</b>	Julia M. Walter, MD * (president 2017-2018) B.L. Nahata, MD * (president 2018-2019) Zubeda S. Khan, MD * (president 2019-2020) Maliha N. Shaikh, MD ** Sanjay J. Talati, MD ** Gopi K. Nallani, MD **

\* Three year Directors in line for the Presidency

\*\* One year Directors

## MSMS Delegates

Elvira M. Dawis, MD  
B. Babu Paidipaty, MD  
B.L. Nahata, MD  
Zubeda S. Khan, MD  
Maliha N. Shaikh, MD  
Sanjay J. Talati, MD  
Julia M. Walter, MD  
Meena Ramani, MD  
Virginia R. Dedicatoria, MD  
Mohammad Yahya Khan, MD

## MSMS Alternate Delegates

Caroline G.M. Scott, MD  
Vijay K. Chaku, MD  
Waheed Akbar, MD  
M. Sohail Jilani, MD  
Gopi K. Nallani, MD  
Anthony M. Zacharek, MD  
Dennis A. Boysen, MD  
Steven J. Vance, MD  
Thomas J. Veverka, MD  
Mildred J. Willy, MD  
Daniel J. Wechter, MD

## Peer Review Ethics Committee

Waheed Akbar, MD  
Caroline G.M. Scott, MD  
James R. Hines, MD

## HCap Credentialing Committee Seeking Members

HCap (Health Care Alliance Pool) is searching for physicians interested in serving on the HCap Credentialing Committee. The Committee meets four times a year and addresses credentialing issues for the organization. If interested, please contact HCap:

315 Mulholland Ave.  
Bay City, MI 48708  
(989) 891-8820  
<http://www.myhcap.com/>





# APRIL MEETING MINUTES

The regular meeting of the Saginaw County Medical Society was held on Tuesday, April 21, 2015, at Horizons Conference Center in Saginaw. M. Sohail Jilani, MD, President of the SCMS, called the meeting to order at 7:03 p.m. Dr. Jilani welcomed MidMichigan and Midland County Medical Society physicians; non-members and guests; Julie Hart of the Midland County Medical Society; Josh Richmond, Director, Membership & Political Fundraising of MSMS; and George Bosnjak, Director of Business Development for Great Lakes Health Connect.

Dr. Jilani welcomed Josh Richmond to the podium. Josh then gave an update on MSMS, including Senate Bill 68 (scope of practice), Senate Bill 248 (auto no-fault); and maintenance of certification among other things.

Dr. Jilani thanked Key Providers in attendance for their ongoing support of SCMS programs: **Bieri Hearing** – Cathy Bieri-Ryan and Jerd Clayton; **Chemical Bank** – Heather Gugel, Paul Larsen, Melissa Spranger and Laura Yockey; and **Sport & Spine Physical Therapy** – Kim Garcia, Mike Kennedy and Eugene Seals.

## Dr. Jilani conducted the following business of the SCMS:

- The minutes of the January 2015 Meeting were attached to the Agenda and published in the February Bulletin. **MOTION:** Approve the January 2015 Meeting Minutes as printed. **MOTION APPROVED.**
- Dr. Jilani introduced a new member in attendance: **Randy D. Hicks, MD** of Regional Medical Imaging, Diagnostic Radiologist.
- Dr. Jilani welcomed Past President and Chair of the Nominating Committee, Meena Ramani, MD to the podium. Dr. Ramani gave the report of the Nominating Committee. She noted that the Slate

of Officers and Directors for 2015-16 attached to the Agenda was voted on and approved at tonight's Board meeting. The membership will vote on the Slate of Officers and Directors at the May 19, 2015, Annual Meeting.

## Announcements:

- The 6th Annual SCMS Foundation Golf Outing will be held on Saturday, June 13, 2015, at the Saginaw Country Club. Sponsorship and Team Registration forms were available on the tables.
- Members were asked to please contact their lawmakers about Senate Bill 68 and Senate Bill 248 through the MSMS Action Center at [www.msms.org](http://www.msms.org).

Dr. Jilani welcomed Thomas J. Veverka, MD to the podium to introduce our speaker for the evening, George Bosnjak, Director of Business Development for Great Lakes Health Connect.

The next Membership Meeting will be held on Tuesday, May 19, 2015, at Horizons Conference Center.

The meeting was adjourned at 8:30 p.m. □

*Respectfully submitted,  
Joan M. Cramer  
Executive Director*



**George Bosnjak and Dr. Tom Veverka**

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**Drs. Lekha Richardson and Kala Ramasamy with Jean Tyburski**



**Drs. LaTonya Thomas-Robinson and Julia Walter**



**Dr. Lou Constan with Josh Richmond of MSMS**



**Drs. Clark Headrick, M.Y. Khan, Raghu Sarvepalli and Waheed Akbar**



**Drs. Ron Bays and Farhad Shokoohi**



**Drs. Caroline Scott, Phadej Keopunna and Lydia Watson**

*Continued on page 9*

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**Eugene Seals, Mike Kennedy and Kim Garcia of Sport & Spine**



**Paul Larsen and Laura Yockey of Chemical Bank with Dr. Debasish Mridha**



**Jerd Clayton and Cathy Bieri-Ryan of Bieri Hearing**



## **CMU College of Medicine in Saginaw**

### **Grand Opening: June 17, 2015**

- **Tour the new educational building in Saginaw**
- **See the state-of-the art simulation center in action**
- **Hear more about clinical clerkships while enjoying hearty appetizers**
- **When: 6-8:30 p.m.**
- **Where: 1632 Stone Street, Saginaw**

RSVP to Kristen Edgerton  
at [kristen.edgerton@cmich.edu](mailto:kristen.edgerton@cmich.edu)  
or call 989-774-6893

**SAVE THE DATE**

# SAGINAW DELEGATES ATTEND MSMS HOD

Eight Delegates from the SCMS attended the 150th Annual MSMS House of Delegates (HOD) May 2-3, 2015, at the Amway in Grand Rapids. The House of Delegates is the official policy-making body of the 15,000+ member Michigan State Medical Society.

Seated as SCMS Delegates were **Drs. Elvira M. Dawis, Virginia R. Dedicatortia, Gopi K. Nallani, Meena Ramani, Caroline G.M. Scott, Sanjay J. Talati, Julia M. Walter and Mildred J. Willy.** Also attending were **Dr. Debasish Mridha**, District 8 Director representing Gratiot, Isabella-Clare, Midland, Saginaw and Tuscola counties, and **Dr. Ernie P. Balcueva** who served as a Delegate for the Michigan Society of Hematology and Oncology.

Dr. Scott also served on Reference Committee C – Internal Affairs, Constitution and Bylaws. The SCMS gratefully acknowledges the time and energy these physicians give in service to their colleagues.



**Rose M. Ramirez, MD**, a Kent County Family Physician, was installed as the 150th President of the Michigan State Medical Society during the House of Delegates (*photo courtesy of MSMS*). **Pino**

**D. Colone, MD**, a Genesee County Emergency physician, was re-elected to a one year term as Speaker for the 2016 HOD. **Theodore B. Jones, MD**, a Wayne County Ob/Gyn, was elected to a one-year term as Vice Speaker for the 2016 HOD. **David M. Krhovsky, MD**, a Kent County Anesthesiologist was elected President-Elect to the 2016 HOD.

The following SCMS physicians were acknowledged for 50 years of service:

**Khurshid Ahmad, MD** – Retired Radiation Oncologist

**C. R. Indira, MD** – Pulmonary and Internal Medicine

**Young H. Kim, MD** – Radiation Oncologist

**Chalichama A. Rao, MD** – Retired Psychiatrist

**Bala Srinivasan, MD** – Retired Anesthesiologist

**Samuel S. Valia, MD** – Retired Plastic, Reconstructive & Hand Surgeon

**Jack Wagoner, MD**, an Ann Arbor Anesthesiologist, was awarded the Mridha International Physician Volunteer Award.

## RESOLUTIONS OF INTEREST

*If you are interested in the outcome of other the resolutions presented at the HOD, please visit [www.msms.org](http://www.msms.org), click on “About MSMS” and then “House of Delegates” to review all information.*

• **Resolution 05-15 - Louis L. Constan, MD** submitted Resolution 05-15 on Childhood Immunization Waivers that was debated in Reference Committee D – Public Health. After testimony, the Committee amended the resolved portion(s) to read:

**RESOLVED:** That MSMS oppose immunization waivers for childhood immunizations based on non-medical exemptions; and be it further.

**RESOLVED:** That MSMS seek legislation to amend Michigan’s statute pertaining to childhood immunizations to no longer allow non-medical immunization waivers.

The Committee heard testimony in support of the Resolution with many in support of strengthening the language to include more than religious exemptions. Instead of an attempt to list the various justifications an individual might use for an exemption, the Committee opted to only allow exemptions for medical reasons.

*Continued on page 11*

*Continued from page 10*



•**Resolution 73-15** - Five Resolutions were submitted to Reference Committee B - Legislation regarding **Board Recertification and Maintenance of Certification**. All five were considered together, and the Committee drafted the following substitute resolution:

**Resolution 73-15 - Promote Alternative Pathways to Continuing Board Certification - SUBSTITUTE**

Title: Review Board Recertification and Maintenance of Certification Process

Whereas, the 2014 MSMS House of Delegates recommended halting the Maintenance of Certification (MOC) process, and

Whereas, the American Board of Internal Medicine and other boards belonging to the American Board of Medical Specialties continue to implement onerous programs on physicians, and

Whereas, the MOC programs are time-consuming, costly, and are not proven to substantially improve patient care, and

Whereas, hospitals and health care plans are increasingly requiring board certifications for membership, therefore be it

**RESOLVED:** That MSMS supports Maintenance of Certification (MOC) only under all of the following circumstances:

1. MOC must be voluntary;
2. MOC must not be a condition of licensure, hospital privileges, health plan participation, or any other function unrelated to the specialty board requiring MOC;
3. MOC should not be the monopoly of any single entity. Physicians should be able to access a range of alternatives from different entities;

4. The status of MOC should be revisited by MSMS if it is identified that the continuous review of physician competency is objectively determined to be a benefit for patients. If that benefit is determined to be present by objective data regarding value and efficacy, then MSMS should support the adoption of an evidence based process that serves only to improve patient care.

The Committee heard a great deal of testimony on the subject of Maintenance of Certification (MOC). Many physicians expressed concern that the MOC process is extremely coercive because board certification can limit the ability of physicians to participate with health plans and serve on hospital medical staffs. Many physicians expressed concerns that the primary interest of the certifying boards was profitability as opposed to the best interests of patient care. Many physicians expressed concern that, because specialty boards are private, unelected and unaccountable, these boards have little incentive to change. Furthermore, many physicians believe that alternative options should be viable alternatives to the existing MOC pathway.

There are physicians that believe that MOC can serve a benefit in terms of educating physicians about changing standards. Many physicians believe that if it can be proven that a process can be established that directly benefits patients by assuring the competency of a physician, then physicians should welcome such approaches. These were the recurring themes of all of the resolutions submitted on the topic of MOC. However, each of the resolutions approached the underlying concerns from a different angle. If the Committee simply adopted all of the resolutions as written, the policy would have been inconsistent and contrary in some areas. Consequently, the Committee attempted to harmonize all of the approaches into one comprehensive policy as it relates to MOC. First, it should be noted that all of these points must be

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Continued from page 11

present for MSMS to support any iteration of MOC. A voluntary process acknowledges that physicians may want to pursue MOC for purposes of professional development. It also implies that physicians should not need to be coerced by some external reason such as loss of hospital privileges or participation in health plans. MOC should not be an exclusive product to a specific specialty board. By prohibiting monopolies, the focus will be on the service being offered

to the physician by the board as opposed to the control the board wishes to impose on the physician. Finally, this policy reflects the potential that this policy may need to change in the future. The Committee also discussed that MSMS already has existing policy to seek legislation to prohibit MOC as a condition of licensure, health plan participation, or hospital privileges. Collectively, this approach addresses the full range of concerns expressed by physicians with respect to MOC. □



**Drs. Talati, Scott, Ramani, Balcueva, Walter, Dawis and Willy at the Saturday morning breakfast**



**Dr. Caroline Scott serves on Reference Committee C**



**Dr. Millie Willy gives testimony at a Reference Committee**



**Drs. Gopi Nallani and Sanjay Talati at a Reference Committee**

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**Drs. Talati, Ramani, Willy and Mridha**



**MSMS President, Dr. Grant, presents Dr. Wagoner with the Mridha International Physician Volunteer Award**



**Dr. Dawis LOVES to dance!**



**SCMS Delegates at Saturday session**



**Saginaw Delegation at the President's Ball**



**Dr. Mridha, MSMS President Dr. Rose Ramirez, Dr. Dedicatoria and MSMS Past President Dr. Hassan Amirikia**

## SAGINAW COUNTY MEDICAL SOCIETY FOUNDATION

### 6<sup>th</sup> Annual Golf Outing – Sponsorship Form

Saturday, June 13, 2015 • Saginaw Country Club • 12 p.m. Registration • 1 p.m. Shotgun Start

The Saginaw County Medical Society (SCMS) Foundation was founded in 1969. Initial funding was provided through physician donation of earnings from educational and charity work. The SCMS Foundation's primary role has been to provide low interest loans to medical students with "ties" to the Saginaw area. All of the loan interest is forgiven if the individual sets up practice in Saginaw County upon completion of a residency. Over the years, we have had many fine loan recipients return to Saginaw County to practice medicine. ***Proceeds from this event are used for low interest loans to medical students with ties to the Saginaw area, thereby encouraging them to return to Saginaw to practice medicine.***

#### ☐ **Event Sponsor - \$3,000 (LIMIT OF FIVE EVENT SPONSORS)**

- Most prominent name placement in program
- Company name in golf carts
- Company name on sign at driving range and practice putting green
- Recognized from the podium
- Includes 4-person team

#### ☐ **Golf Ball Sponsor - \$1,500 (Sleeve of golf balls with your company logo provided to each golfer)**

- Company name listed in program

#### ☐ **Scorecard/Scoreboard Sponsor - \$1,500**

- Company name on scoreboard and individual scorecards
- Company name listed in program

#### ☐ **Award Reception Sponsor - \$1,000**

- Company name listed on sign at reception, table-tents on reception tables and in program

#### ☐ **Putting Contest Sponsor - \$750**

- Company name on sign at tee and in program

#### ☐ **Lunch Sponsor - \$500**

- Company name on sign in cookout area and in program

#### ☐ **Beverage Sponsor - \$500**

- Company name on sign at beverage stations and in program

#### ☐ **Team Sponsor - \$500 (Payment for four person golf team)**

- Company name listed in program

#### ☐ **Longest Drive Sponsor - \$500 (Men & Women)**

- Company name on sign at tee and in program

#### ☐ **Closest to the Pin Sponsor - \$500 (Men & Women)**

- Company name on sign at tee and in program

#### ☐ **Tee/Hole Sponsor - \$500 (LIMIT OF TWO PER HOLE)**

- Company name on sign at tee and in program

We would like to be a sponsor for the 6<sup>th</sup> Annual SCMS Foundation Golf Outing, as follows:

Company Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Sponsor Level: \_\_\_\_\_

#### **RETURN FORM AND CHECK BY MAY 22, 2015, TO:**

SCMS Foundation • 350 St. Andrews Road • Suite 242 • Saginaw, MI 48638-5988

Questions? Contact Joan M. Cramer, SCMS Executive Director, at [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com)

or 989-790-3590 • Forms are downloadable at [www.SaginawCountyMS.com](http://www.SaginawCountyMS.com)

**NOTE:** For income tax purposes, the following values are NOT tax deductible: Golf participant, \$88 each. An IRS-compliant tax deduction receipt will be provided upon request.



**SAGINAW COUNTY MEDICAL SOCIETY FOUNDATION**  
**6<sup>th</sup> Annual Golf Outing – Team Registration Form**

Four Person Scramble

Saturday, June 13, 2015 • Saginaw Country Club • 12 p.m. Registration • 1 p.m. Shotgun Start

Please sign up the following golfers to participate in the 6<sup>th</sup> Annual Saginaw County Medical Society Foundation Golf Outing on Saturday, June 13, 2015. Golfers may sign up as an individual, or as a four-person team. Those that sign up as individuals will be assigned to a four-person team. The charge per golfer is \$125. This includes green fees, cart, practice range, cookout lunch, beverages (domestic draft beer, Coke and Pepsi products, bottled water) on the course, two drink tickets (soft drinks, draft beer, house wine) for after golf, heavy hors d'oeuvres award reception and prizes.

**REGISTRATION PRIOR TO THE GOLF OUTING IS REQUIRED!**

Please sign up the following golfers:

➡➡ PLEASE PRINT! ⬅⬅

GOLFER NAME	PHONE	EMAIL
1.		
2.		
3.		
4.		

**If team is sponsored, please indicate name of sponsor for program**

Please return form and check by Friday, May 22, 2015 (\$125 Per Golfer) to:

Saginaw County Medical Society Foundation  
350 St. Andrews Rd., Suite 242  
Saginaw, MI 48638-5988

Call Joan Cramer at 989-790-3590 or email [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com) with questions.

Forms are downloadable at [www.SaginawCountyMS.com](http://www.SaginawCountyMS.com)

If play is stopped because of inclement weather before five holes are completed, there will be no guest fee charged. If play is stopped between five and 13 holes, the guest fee will be the nine-hole rate. Playing 14 holes shall constitute the playing of 18 holes, and guests will be charged the full guest fee. Groups playing less than five holes will still be subject to and responsible for all other non-golfing products and services for which they contracted.

The Saginaw Country Club is a spikeless facility and golf course. Arrangements may be made ahead of time with the Saginaw Country Club Pro Shop for guests that need to change spikes. The fee is \$7 per set.

**NOTE: For income tax purposes, \$88 of the total per golfer charge is NOT tax deductible: An IRS-compliant tax deduction receipt will be provided upon request.**

**For all information on the Saginaw County Medical Society,  
please visit our website [SaginawCountyMS.com](http://SaginawCountyMS.com)**

## ST. MARY'S OF MICHIGAN PULMONARY & CRITICAL CARE ASSOCIATES EXPANDS

Shrinivas Kambali, M.D., pulmonary/critical care joins B. Babu Paidipaty, M.D., and M. Shaffi Kanjwal, M.D. at St. Mary's of Michigan Pulmonary & Critical Care Associates.

Dr. Kambali joins Dr. Babu and Dr. Kanjwal. They are the only providers in the area doing endobronchial ultrasound (EBUS).

Together the three physicians and two nurse practitioners care for those with conditions affecting the lungs including cancer, asthma, COPD, emphysema, pulmonary fibrosis, complicated pneumonias, sleep apnea, and sarcoidosis.

*Office locations in Saginaw, Birch Run, Standish & Tawas.*

For patient referrals, call (989) 907-7636



St. Mary's of Michigan  
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Saginaw, MI 48601 • (989) 907-7636

SHRINIVAS KAMBALI, M.D.

# MARK YOUR CALENDAR FOR 2015

Please note the upcoming events for 2015 on your calendar so you will be able to attend. Postcard meeting notices with return RSVP are mailed and emailed each month we have a membership meeting, and are due a week before the meeting. Board members, Delegates and Alternate Delegates also receive an email and fax with board meeting information each month.

**Tuesday, May 19, 2015** – SCMS Board Meets at Horizons Conference Center at 5:30 p.m. Membership Meeting at Horizons Conference Center. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Annual Meeting.

**Saturday, June 13, 2015** – 6th Annual SCMS Foundation Golf Outing at the Saginaw Country Club.

**Tuesday, June 16, 2015** – SCMS Board Meets at MCVI at 5:30 p.m.

*There is no membership meeting in June.*

*There is no board or membership meeting in July.*

**Tuesday, August 18, 2015** – SCMS Board Meets at MCVI at 5:30 p.m.

**Tuesday, September 15, 2015** - SCMS Board Meets at Horizons Conference Center at 5:30 p.m. Membership Meeting, joint with the Saginaw County Osteopathic Society, at Horizons Conference Center. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program: TBD.

**Tuesday, October 20, 2015** – SCMS Board Meets at 5:30 p.m. - Location TBD. Membership Meeting - Location TBD. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program: TBD.

**Tuesday, November 17, 2015** – SCMS Board Meets at MCVI at 5:30 p.m.

*There is no membership meeting in November.*

**Monday, December 7, 2015** – SCMS Alliance 12th Annual Jingle Mingle at the Saginaw Country Club.

*There is no board or membership meeting in December.*

## SAVE THE DATES IN 2016!

**Saturday, March 19, 2016** – 12th Annual SCMS Health Fair “The Doctor Is In” at Horizons Conference Center.

**Saturday-Sunday, April 30-May 1, 2016** – 151st Annual MSMS House of Delegates at The Henry in Dearborn.

**Saturday, June 11, 2016** – 7th Annual SCMS Foundation Golf Outing at the Saginaw Country Club. ☐

# BENEFITS OF SCMS/MSMS MEMBERSHIP

## 113 YEARS OF CARING FOR SAGINAW COUNTY RESIDENTS

Joan M. Cramer, SCMS Executive Director

I have been asked many times by both members and non-members “Why should I belong to the SCMS and MSMS?” “What do you do for me?” Some have responded they “don’t use their membership because they don’t go to SCMS meetings.” SCMS and MSMS membership is so much more than membership meetings. We are not only support for you, but for your office staff as well. I’m hoping the information below will help members who are on the fence about paying their dues decide to remain members, and also convince non-members why they should belong. If you or your office staff run into a roadblock, whether you are a solo practitioner, in a group or hospital-employed, please feel free to contact me at [joan@saginawcountymys.com](mailto:joan@saginawcountymys.com) or 790-3590 and I will work with you to come up with a resolution for your problem through a variety of resources available to you as a SCMS/MSMS member.

The Saginaw County Medical Society (SCMS) is the professional association of physicians in Saginaw County, and is a component of the Michigan State Medical Society (MSMS). In order to be a member of one, you must be a member of both. AMA membership is optional. Membership is open to MDs and DOs.

- Active physician dues are \$795 per year (\$495/MSMS and \$300/SCMS).
- The SCMS offers a 50 percent discount for first year physicians.
- MSMS offers a 75 percent discount for first year physicians, 50 percent discount for second year physicians and 25 percent discount for third year physicians, and also discounts the second membership when physician spouses are both members.

### SCMS Membership Provides Members and Their Staff:

- **The Bulletin** is printed and distributed nine months per year via mail and email with articles and information pertinent to SCMS members and their staff.
- **Pictorial Membership Directory** used by members and their staff on a regular basis. Our Directory provides access and information on your practice to other member physicians outside your specialty. In addition, a Directory that includes office address and phone (but not pagers, fax numbers or email) is printed and distributed to 1,000+ households in Saginaw County. The response from the public on this listing of SCMS physicians has been extremely positive.
- **Website** which is full of useful information and resources [www.SaginawCountyMS.com](http://www.SaginawCountyMS.com)
- **Referrals** to patients seeking new doctors – we do not give out information for non-members.
- Five **membership meetings** per year where our members have an opportunity to network and enjoy the camaraderie of fellow physicians who love the practice of medicine and want to see progress made in the Saginaw medical community. In addition, our meetings include interesting speakers and an opportunity to earn **CME credits**.
- **Contact with local, state and federal legislators** regarding issues of importance in Saginaw County. The SCMS maintains contact with local legislators to provide issue education and help them understand the impact of healthcare legislation.

*Continued on page 19*

*Continued from page 18*

- **A unified voice** on medical issues to our legislators, our area hospitals, insurance companies, etc.
- **Political activism** in support of medicine-friendly candidates.
- **Loans and scholarships** to local medical students and nursing students.
- **Community service** to actively and tangibly give back to the community where you live and work through SCMS sponsored projects, such as:
  - o Donating funds (and helping to build) a Habitat for Humanity House in Saginaw.
  - o Donating funds and serving at the Saginaw East Side Soup Kitchen twice each year.
  - o Donating funds and serving breakfast each October through Homes from Heaven.
  - o Donating funds for a drug education program in the Saginaw schools.

- o Donating funds for the medical wing at Mid-Michigan Children's Museum.
- o Donating funds to the Underground Railroad and other area non-profits.
- o Hosting a Health Fair each year for the Saginaw community attended by 1,100+ offering free health screenings and information, plus the opportunity for residents to speak with our member physicians directly to answer questions and promote your practice.
- o Providing presentations in Saginaw County middle and high schools on nutrition, exercise and sexually transmitted diseases.
- An active **Peer Review Mediation Committee** to provide a forum for patient complaints to be heard. Peer Review reduces the number of medical liability cases.

*Continued on page 20*



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<b>SAGINAW</b>	3901 Bay Road ..... <b>989.797.6040</b>
	3525 Davenport ..... <b>989.497.6040</b>
<b>SHIELDS</b>	7680 Gratiot ..... <b>989.781.1258</b>

Please call any of our clinics for questions regarding availability, treatment programs or insurance coverage.

*Continued from page 19*

- An active **Peer Review Ethics Committee** for physician to physician issues.
- An active **Physician Health & Well-Being Committee** for our members who may be experiencing difficulties in their personal/professional lives which is strictly confidential.
- Physicians to interact with the news media regarding important medical issues.
- And more!

#### **MSMS Membership Provides Members and Their Staff:**

- Lower insurance rates through MSMS Physicians Insurance Agency.
- Full-time lobbying at the State Capitol representing organized medicine.
- Statewide or regional media campaigns on issues important to physicians and medicine.
- Information for physicians on economic issues related to the business side of running a medical practice, hospital employment and group employment.
- Relationships with state agencies related to the health care delivery system.
- Educational programs related to topics impacting all Michigan physicians.

- Health Information Technology.
- Reimbursement Advocate.
- Pay-For-Performance Initiatives.
- Coding Alerts & Assistance.
- ICD-10 Resources.
- Practice Handbook.
- CMS 1500 Forms.
- HIPAA information.
- Legal Alerts.
- Guides, Checklists and Toolkits.
- Scope of Practice Guidebook.
- And more!

#### **EDUCATION & LEADERSHIP**

- The **MSMS Annual Scientific Meeting** and hundreds of other CME and practice management courses attract thousands of MSMS/SCMS members who benefit from the member discount.
- MSMS/SCMS offer many effective committees and a variety of **opportunities for leadership experience**. The beauty of MSMS/SCMS is that you can be as active as you wish to be. We need members to participate in activities, as

*Continued on page 21*

**5,623 SF Office For Sale**  
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## **OFFICE BUILDING FOR SALE**

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Saginaw**

**5,612 SF Office  
1,368 SF Finished Basement**

### **FOR MORE INFORMATION CONTACT:**

**Gretchen Witherspoon  
(989) 792-6400**

*Continued from page 20*

well as, “checkbook” members who help pay the bills.

### “MEMBERS ONLY” BENEFITS

- The **MSMS Reimbursement Advocate** who can cut loose the toughest claims caught in insurance company red tape is available only to MSMS members.
- The “**members only**” **portion of the MSMS website** at [www.msms.org](http://www.msms.org) is loaded with valuable practice management tools that non-members cannot access.
- The cutting edge technology of **MSMS Connect** is available to MSMS members. With MSMS Connect, you can purchase discounted applications that you can easily use to qualify for the standards of “meaningful use” of technology and avoid the scheduled reductions in Medicare payments that you will be subjected

to if you are not using any technology in your practice.

### WHY PAY DUES?

- Your practice already directly benefits financially from MSMS/SCMS efforts, whether or not you are a dues paying member. **Why pay membership dues** when you get all of this for free? Because all physicians need to “fund their voice.”
- National polls show physicians as one of the **most respected professions**. Sadly, we don’t use our clout often enough to preserve our profession and protect our patients.
- MSMS/SCMS are doing very well, but **we could be doing even better**. There is strength in numbers. Together we are stronger. ☐

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### ☑ Our Team

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## Save the Date: Tour CMU College of Medicine's New Building on Wednesday, June 17

The lobby is wide, tall and filled with natural light. The furniture for the classrooms and offices is in place. The technology is installed and ready to be tested. And the 10,000-square foot simulation center awaits its first training sessions with Central Michigan University (CMU) College of Medicine (COM) students and residents.

The new 46,000-square foot educational building on the campus of Covenant HealthCare is complete, and the first class of third-year medical students arrives July 6. Before then, CMU COM leaders want to open the doors to Saginaw County Medical Society members and other area physicians in a special evening that will include food, tours and a chance to hear from CMU leadership such as President George E. Ross and new COM Dean Dr. George Kikano.

Please reserve the evening of Wednesday, June 17, from 6-8:30 p.m. on your calendars. Any questions can be directed to Jim Knight at [jim.knight@cmich.edu](mailto:jim.knight@cmich.edu) or 989-774-2696. Please see page 9 to RSVP.

Tours for the evening will include demonstrations in the simulation center, which also will be used for continuing education programs for regional medical professionals.

## Medical Students, Faculty Partner for Summer Research

Ten first-year CMU COM students will partner with a COM faculty member to conduct research in our Summer Research Scholar Program. The review committee received 16 proposals for funding, and committee members were impressed by the quality of the proposals, which made ranking them difficult, Interim Senior Associate Dean for Faculty, Administration

and Research Dr. Ed McKee said. Funding comes from the COM and individual faculty members.

## Two College of Medicine Students Volunteer in Haiti

The village was at the top of a mountain and so remote trucks carrying supplies and volunteer workers could not reach the summit.

"We had to hike the rest of the way up the mountain to this isolated community," said Laura Bou-Maroun, a first-year CMU COM student from Livonia. "There were hundreds of people lined up for the clinic. It's the only medical care they receive, and they are so impoverished. One woman was just asking for food."

One month removed from a week of volunteering in Haiti, Bou-Maroun and fellow COM student, Dalia Mammo of West Bloomfield, remain struck by the healthcare conditions in Haiti. They were part of a Grand Rapids-based Rays of Hope service group of 14 that worked in Haiti from February 28 to March 5. The group stayed in a guest house in a clinic and worked with patients who had no running water, basic housing and rare access to doctors, nurses or clinics.

"We are at CMU with a mission, to help rural and underserved areas," Mammo said. "It was cool to see the parallel on an international level."

Both CMU students indicated they are open to returning to Haiti for another service trip, perhaps in December. "We're staying in touch," Mammo said. "The doctor who founded the clinic wants us to come back." □





# applications

Applications for membership which may be recommended for acceptance at the June 16, 2015, Board Meeting. If you have any questions about the applicants, please contact the SCMS immediately.

**Juliette M. Perzhinsky, MD MSc (CMU Healthcare – Internal Medicine – Associate Professor)**

Primary: Internal Medicine, Board Certified 2007.

Medical School: Wayne State University School of Medicine, 2004.

Internship/Residency: University of Pittsburgh Medical Center, VA Pittsburgh Healthcare System, Internal Medicine, 6/04 to 6/07.

Graduate School: University of Michigan School of Public Health, Masters of Science (MSc), 10/09 to 4/11.

Fellowship: Department of Veterans Affairs, National Center for Patient Safety, 7/12 to 4/13.

Prior Practice: (1) VA Pittsburgh Healthcare System, Pittsburgh, Pennsylvania, Staff Physician 2007-08; (2) Veteran's Administration Ann Arbor Healthcare System, Staff Physician, 2008-13; and (3) Aleda E. Lutz VA Medical Center, Saginaw, 2013-15.

Sponsors: Doctors J. Patricia Dhar and Marilyn Haupt.



**Harriet A. Squier, MD**  
(CMU Healthcare – Family Medicine)

Primary: Family Medicine, Board Certified 1988.

Medical School: University of Vermont College of Medicine, 1983.

*Between completion of medical school and start of residency, she was an Internal Medicine resident at Associated Hospitals Program, Rochester, NY, from 7/83 to 2/84. After that, she worked on a novel from 2/84 to 6/85.*

Residency: Clarksburg, West Virginia, Family Medicine, 1985-88.

Fellowship: Literature and Medicine Fellowship, National Endowment for the Humanities, Institute for Humanities and Medicine, Hiram, Ohio, 1988-89.

Prior Practice: (1) Northern Oswego County Health Services, Inc., Physician, Pulaski, New York, 1988-90; (2) Medical Access Center Urgent Care Facility, MSU Dept. of Family Medicine, Physician, 1990-92; (3) MSU Dept. of Family Medicine, Assistant Professor, 9/92 to 5/98; *writing 5/98 to 9/99*; (4) Flint Examination Center, independent medical opinions regarding workers on medical disability, 9/99 to 4/08; (5) Center for Family Health, Jackson, Michigan, medical chart reviewer, 11/04 to 2008; (6) Meridian Professional Psychological Consultants, Physician, 2003-08; (7) Associate Regional Medical Director for Utilization Management, Correctional Medical Services, Michigan, 4/08 to 11/08; *writing and job searching 11/08 to 5/09*; (8) Medical Director of Outpatient Utilization Management, Corizon Health, Lansing, Michigan, 5/09 to 7/13; and (9) Adjunct Associate Professor Center for Ethics and Humanities, MSU, 1990-14.

Novelist: Facing Life, novel about three women who help each other successfully deal with loss, age, disfigurement and illness.

Sponsors: Doctors Bernard D. Noveloso and Shraddha Patel. □





## **Building Bridges: Cardio-Oncology Conference**

*Working together to address the cardiovascular needs of cancer survivors*

Worldwide efforts during the past several years have improved cancer-related survival. Today, there are more than 12 million cancer survivors in the United States.

Michigan CardioVascular Institute and St. Mary's of Michigan Seton Cancer Institute are teaming up to present concepts by which the cardiovascular and oncology communities can work together to address the cardiovascular needs of cancer survivors.

Join them for:

Building Bridges: Cardio-Oncology Meeting 2015

**Thursday, May 28, 2015,**

from 5:30 -7:30 p.m.

St. Mary's of Michigan Health Education Center

Moderators will be Ernie P. Balcueva, MD, Clinical Associate Professor, MSU-CHM, CMU and Naveed Akhtar, MD, Clinical Associate Professor of Cardiology, CMU.

Cardiologists, oncologists, surgical oncologists, hematologists, radiation oncologists, internal medicine, family practice, residents, RN's, NP's, PA's, and medical students are all encouraged to attend.

2 CME credits available. Hors d'oeuvres will be served.

There is no cost to attend; however, registration is required. Please register for this event by contacting Julie Lewis at (989) 754-3349 or via email at [julielewis@mcvi.com](mailto:julielewis@mcvi.com) or Jenny Ross at (989) 754-3222 or via email at [jross@mcvi.com](mailto:jross@mcvi.com).

## **St. Mary's Primary Care Network Expanding**

St. Mary's of Michigan is expanding its primary care network with the acquisition of a long-standing primary care office in downtown Saginaw.

Effective May 1, St. Mary's of Michigan will acquire Dr. Gary Brooks' primary care office which is located at 1320 North Michigan Avenue, Suite 3. Dr. Brooks retired from 17 years of practice the end of April.

Dr. Brooks' office, which has been renamed St. Mary's of Michigan Primary Health Care, has the capacity to take on new patients and expands our access to primary care services.

St. Mary's of Michigan Primary Health Care office hours are:

Monday, Tuesday, Wednesday & Thursday: 8:30 a.m. – 5:30 p.m.

Friday: closed

The practice accepts most major insurances. For more information or to schedule an appointment, please call (989) 753-5300.

## **FORE! Time for the Annual Charity Golf Classic**

For the past 28 years, St. Mary's of Michigan Foundation has hosted the region's largest golf outing. Come join us on **Wednesday, June 3** or **Thursday, June 4** at the Apple Mountain Golf Club in Freeland. Registration will begin at 10 a.m. followed by the shotgun start at 11 a.m. on both days.

Your participation in the upcoming Charity Golf Classic will support the purchase of a new cardiac ultrasound machine. The new machine will provide 3-D imaging to assist in treating patients with heart failure, aid in diagnosing valve and other heart defects, as well as, assist with Electrophysiology studies.

Feel good knowing your day of play is making a difference in the lives of so many. For your support, you will enjoy

*Continued on page 25*

*Continued from page 24*

18 holes of golf with a cart, course contests and raffles, lunch and refreshments on the course, prizes for top division foursomes, complimentary gifts, dinner and awards reception.

For more information about the Annual Charity Golf Classic and how you can sponsor the event or send a team of four, please call the Foundation Office at (989) 907-8300.

### **Save the Date – 37th Annual Run/Walk**

Mark your calendar and get ready to lace up your walking or running shoes for the

37th annual St. Mary's of Michigan BEE Healthy for Life Run/Walk taking place on Saturday, June 27. This family friendly health and wellness event includes a 10K run, a 5K run and a 5K walk along a new and improved course by the picturesque Saginaw Riverwalk. All events start and finish at St. Mary's of Michigan Riverfront.

Proceeds from the event will benefit St. Mary's of Michigan Community Wellness Initiatives to support diabetes education, senior wellness, weight and nutritional management.

For registration information, visit [www.stmarysofmichigan.org](http://www.stmarysofmichigan.org) or call (989) 907-8303. **BEE Fit. BEE Active.** ☐

## **IN MEMORY**

If you would like to recognize a colleague by making a gift in their memory to the SCMS Foundation, please contact Joan M. Cramer, SCMS Executive Director, at 350 St. Andrews Road, Suite 242, Saginaw, Michigan 48638-5988, telephone (989)-790-3590 or email [joan@SaginawCountyMS.com](mailto:joan@SaginawCountyMS.com). Thank you.



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## **May is Better Hearing & Speech Month; Communication Disorders Common in Older Americans**

*Early Detection Key for Speech/Language,  
Swallowing and Hearing Problems;  
Tips for Communicating With Seniors During  
May Is Better Hearing & Speech Month*

During May Is Better Hearing & Speech Month, the Speech-Language Pathology (SLP) department at HealthSource Saginaw is spotlighting the importance of early detection and treatment for communication disorders in older Americans. Roughly 40 million Americans experience these disorders. Speech/language or swallowing disorders may result from medical conditions such as oral cancer, stroke, Parkinson's or traumatic brain injury. Adults may also experience voice disorders or speech/language disorders that have persisted since childhood, such as stuttering. Hearing loss is among the most common conditions affecting older Americans. In fact, according to an AARP-ASHA poll that was taken in 2011, a significant percentage of baby boomers have untreated hearing loss. Hearing and balance issues are also risk factors for falls—a serious concern for the older population—that may result in significant injury or death.

Depending on a person's specific condition, a speech-language pathologist or audiologist can assist in potentially life-altering treatment. In the case of someone with oral cancer, for instance, a certified speech-language pathologist can deliver treatment that includes helping the person get used to the differences in the size, shape and feel of the mouth. The speech-language pathologist will teach the person how to produce speech sounds more clearly and develop better control over

weakened muscles in the throat or palate. If swallowing is an issue, treatment can vary from simple changes in food consistency to exercises for weak oral muscles to learning totally new ways to swallow. In many cases, improvement is evident within several months.

In the case of hearing loss, millions of Americans experience this in at least one ear. Hearing disorders are complex conditions with medical, psychological, physical, social, educational and employment implications. They should be diagnosed and treated by an audiologist. Treatment options include hearing aids and other assistive technologies that meet a host of different medical needs and preferences, as well as, aural/audiologic rehabilitation. Although many people may think of hear-

*Continued on page 27*

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at a first impression!*



*Continued from page 26*

ing aids as the singular answer to hearing issues, other interventions may be appropriate. This is why receiving a comprehensive evaluation by an audiologist is essential. Untreated hearing loss is associated with anxiety, depression, reduced quality of life, and even earlier onset of dementia—all of which support the critical importance of early diagnosis and treatment.

Family members and friends can assist a loved one with a communication disorder in numerous ways, including providing assistance with finding a provider and accompanying him or her to appointments. There are also everyday things a family member or friend can do to help make the communication process easier for an older person who may have speaking or hearing challenges.

- **Reduce background noises** that may be distracting (e.g., turn off the radio or

TV, close the door, or move to a quieter place).

- **Stick to a topic.** Avoid quick shifts from topic to topic.
- **Allow extra time for responding.** Don't hurry the person.
- **Be an active listener.** Look for hints from eye gaze and gestures. Take a guess (e.g., "Are you talking about the TV news? Yes? Tell me more. I didn't see it.")

More tips for communicating better with older people are available at [www.asha.org/public/speech/development/Communicating-Better-With-Older-People/](http://www.asha.org/public/speech/development/Communicating-Better-With-Older-People/).

For more information about communication disorders, visit <http://IdentifytheSigns.org>. To seek an assessment from a speech-language pathologist or audiologist, contact HealthSource Saginaw Speech-Language Pathology services at (989) 790-7800. □

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## MENTAL HEALTH MONTH 2015

# B4Stage4

### Get Informed

When you or someone close to you starts to experience the early warning signs of mental illness, knowing what the risk factors and symptoms are will help to catch them early. Often times, family and friends are the first to support a person through these early stages. Like other health conditions, we need to address the symptoms early, identify the underlying illness, and plan an appropriate course of action on a path towards overall health.

### Risk Factors

#### Genes

**17-28%**

of risk for mental illnesses can be accounted for by variations in common genes.

Much stronger links were found in twin and family studies. Estimates for total heritability, or how much a disease is tied to genetics, are:

Schizophrenia 81%  
Bipolar disorder 75%  
ADHD 75%  
Depression 37%



#### Biology

In one study, head injury between the ages of 11-15 was the strongest predictor for development of schizophrenia, depression, and bipolar disorder.<sup>2</sup>



Brain changes like building a "tolerance" or reward response to stress, or abnormalities in the prefrontal and frontal cortex, and irregularities in the function of the neurotransmitter glutamate are also risk factors for mental illness and substance use.<sup>4</sup>



#### Environment

People who are exposed to adverse childhood events including abuse, neglect, divorce, witnessing domestic violence and having parents who have substance use issues, mental illnesses or are in jail are:

**2.6x**  
more likely to have depression



**5x**  
more likely to have serious alcohol problems

**17x**  
more likely to have learning or behavioral problems



**3x**  
more likely to have serious job problems<sup>3</sup>

#### Lifestyle

Substance use can increase chances of developing a mental illness

and having a mental illness can increase risk of using substances

People with any mental illness are:

**2.3x**  
as likely to develop nicotine dependence



**30x**  
more likely to develop illicit drug dependence<sup>5</sup>

**3x**  
more likely to develop alcohol dependence



# HealthSource

SAGINAW

## Early Warning Signs and Symptoms

Having a combination of symptoms (not just one symptom) indicates that someone might be showing signs of a mental health condition. Be aware of these symptoms when they last longer than a few weeks:



Problems with concentration, memory, or ability to think clearly



Changes in eating such as loss of appetite or overeating



Not being able to complete school or work tasks



Feeling overly worried



Feeling sad, empty, hopeless, or worthless



Sensitivity to sounds, sight, smell, or touch



Irritability and restlessness



Loss of interest in activities that are normally enjoyable, withdrawal from others, or disconnection



Feeling like your brain is playing tricks on you. Hearing knocking or scratching sounds, or name being called



Changes in energy level and sleep patterns. Often someone will sleep during the day and be up at night

### Signs and symptoms that require immediate attention:

- Thoughts or plans of killing or hurting one's self or another person
- Hearing voices or seeing things that no one else can hear or see
- Unexplainable changes in thinking, speech, or writing
- Being overly suspicious or fearful
- Serious drop in school or work performance
- Sudden personality changes that are bizarre or out of character

If you or someone you know is in crisis, call 1-800-273-TALK (8255), go to your local Emergency Room or call 911.

[www.mentalhealthamerica.net/may](http://www.mentalhealthamerica.net/may)



facebook.com/MentalHealthAmerica



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#B4Stage4 #MHMonth2015

**MHA**  
Mental Health America  
**B4Stage4**

### Sources

<sup>1</sup> Cross-Disorder Group of the Psychiatric Genomics Consortium. Genetic relationship between five psychiatric disorders estimated from genome-wide SNPs. *Nature Genetics*, August 11, 2013. <http://www.nimg.nih.gov/news/science-news/2013/new-data-reveal-extent-of-genetic-overlap-between-major-mental-disorders.shtml>

<sup>2</sup> Olfson, S., Pedersen, M. S., Benros, M. E., Mortensen, P. B., Agerbo, E., & Nordentoft, M. (2014). Head injury as risk factor for psychiatric disorders: a nationwide register-based follow-up study of 113,906 persons with head injury.

<sup>3</sup> Burke, N. J., Hellman, J. L., Scott, B. G., Weems, C. F., & Carrion, V. G. (2011). The impact of adverse childhood experiences on an urban pediatric population. *Child abuse & neglect*, 35(6), 408-413. [http://www.acestudy.org/files/Review\\_of\\_ACE\\_Study\\_with\\_references\\_summary\\_table\\_2.pdf](http://www.acestudy.org/files/Review_of_ACE_Study_with_references_summary_table_2.pdf)

<sup>4</sup> Brady, K. T., & Sinha, R. (2014). Co-occurring mental and substance use disorders: the neurobiological effects of chronic stress.

<sup>5</sup> Swendsen, J., Conway, K. P., Degenhardt, L., Glantz, M., Jin, R., Merikangas, K. R., & Kessler, R. C. (2010). Mental disorders as risk factors for substance use, abuse and dependence: results from the 10-year follow-up of the National Comorbidity Survey. *Addiction*, 105(6), 1117-1128.



### Cancer Care Exercise Classes for Beginners

Cancer patients can join us for classes with a high instructor to patient ratio in an environment where they can feel safe. Our Exercise Specialist can create a program for anyone interested in group training sessions. Classes are held at the Cancer Care Center, 5400 Mackinaw at Tittabawassee in Saginaw. Interested participants must pre-register to attend, and the cost is just \$20 for 16 classes. This is a great way for patients to have fun, get fit, and support each other. For registration or more information, please call 583-5140 or 583-5242.

### Save the Date – Covenant Red Carpet Events!

Over the span of two days, the Covenant HealthCare Foundation has four great events organized to benefit two great causes - Covenant Breast Health Center and Covenant Hospice.

Many of you have participated in Red Carpet events in the past — from Ladies on the Links, to the Red Carpet Golf Classic, or the memorable Red Carpet Premiere night! Back for a third year is the day time event for the non-golfer, Crumpets and Croquet.

All Red Carpet events are scheduled for August 13 and 14. More details will be available in upcoming weeks, so be sure to watch your mailbox or check our website at [www.CovenantHealthCareFoundation.com](http://www.CovenantHealthCareFoundation.com).

For information on tickets, sponsorship opportunities, or how to participate, call the Covenant HealthCare Foundation at 583-7604. We hope to see you there! ☐



Dear SCMS Members:

The YMCA of Saginaw would like to take this moment to reintroduce the new **“Prescribe the Y”** program to you and the patients you serve. The **“Prescribe the Y”** program is for new YMCA members only. The **“Prescribe the Y”** program allows your patients the opportunity to use our facility via a complimentary one month membership.

All you need to do to send one of your patients to the YMCA is:

- Confirm they are not and have not been a member at the YMCA; and
- Write them a prescription for a one month membership from your prescription pad.

From there, your patient will need to bring the prescription to our member help desk at the YMCA, and we will activate their membership.

Our extensive programming for adults, families, youth and active older adults sets us apart from all gyms in our area. The YMCA of Saginaw is the only facility in the area that offers cardio and weight lifting equipment, two swimming pools, personal training, free child watch and over 60 fitness classes per week. Whether your patient's interest is training for a triathlon, taking Zumba or yoga classes, lap swimming or weight training, the YMCA of Saginaw has it all.

Again, thank you for partnering with the YMCA of Saginaw via **“Prescribe the Y.”** Please let us know if we can do anything to be of assistance to you, your practice and your patients.

Sincerely,  
Doug Temple  
Membership and Marketing Director

**YMCA OF SAGINAW • YMCA CAMP TIMBERS**

1915 Fordney Street • Saginaw, MI 48601 • (989) 753 7721 • (989) 755 9329 fax • [www.SaginawYMCA.org](http://www.SaginawYMCA.org)



❖ **SB 68 Substitute Approved by Senate Health Policy Committee**

On Tuesday, April 28, the Senate Health Policy Committee approved the substitute version of Senate Bill 68. The Michigan State Medical Society has worked very closely with Senator Mike Shirkey, chair, and the committee offering language to be included in the substitute. Though MSMS is pleased with the direction of SB 68, work remains to be done.

Now that the Senate Health Policy Committee has approved the bill, it will go to the full Michigan Senate for a vote. If the Senate approves the bill, it will move to the House Health Policy Committee in the Michigan House of Representatives for consideration.

**Your Action is Needed Today -- KEEP THE PRESSURE ON!**

Your voice is critically important. Right now, without delay, please send a message to all Michigan Representatives. Please visit [www.msms.org](http://www.msms.org), click on "Advocacy" and "Action Center" and send a customizable letter to your lawmakers.

❖ **SB 248 Take Action to Protect Auto No-Fault TODAY!**

After barely 72 hours of consideration, the Michigan Senate, on April 16, 2015, passed SB 248, which, if enacted, will dramatically alter the Michigan auto no-fault system. This Bill would:

1. Significantly reduce reimbursements to medical providers;
2. Substantially limit attendant care benefits to catastrophically injured patients who are cared for at home;
3. Create a new catastrophic claims commission for accidents occurring after the effective date of the legislation;
4. Create a new insurance fraud authority; and,

5. Adopt a new test to determine if insurance premiums are excessive.

MSMS believes this bill is seriously flawed, will create great instability in the Michigan auto no-fault system, impair patient access to medical care, seriously reduce revenue to the Michigan health care industry, result in a significant loss of jobs, and completely fail to reduce auto insurance premiums for the majority of Michigan citizens.

**Your Action is Needed Today -- KEEP THE PRESSURE ON!**

Your voice is critically important. Right now, without delay, please send a message to all Michigan Representatives. Please visit [www.msms.org](http://www.msms.org), click on "Advocacy" and "Action Center" and send a customizable letter to your lawmakers. ☐

*classifieds*

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# Birthdays

## June Birthdays

Sara Adibi MD .....	6/13
Khurshid Ahmad MD .....	6/17
Essa M. Albisher MD .....	6/23
Edgar L. Allport MD .....	6/24
Usha K. Bulusu MD .....	6/25
William M. Capina MD .....	6/20
George A. Carty MD .....	6/4
Tyler L. Dickey MD .....	6/24
Daniel E. Ezekwudo MD .....	6/10
Steven G. Fettingner MD .....	6/11
Rao V.C. Gudipati MD .....	6/24
Val Hereza MD .....	6/16
James R. Hines MD .....	6/14
Ahmad A. Jaber MD .....	6/22
Larry S. Kelly MD .....	6/12
Zubeda S. Khan MD .....	6/12
Tiffany K. Kim MD .....	6/16
John A. Kremski MD .....	6/28
Lakshmana R. Madala MD .....	6/1
Binu Malhotra MD .....	6/19
Albert S.M. Manlapit MD .....	6/13
George T. Moylan, III DO .....	6/17
Rama C. Mulpuri MD .....	6/14
Jay B. Nayak MD .....	6/13
Manuel M. Perea MD .....	6/26
Juliette M. Perzhinsky MD .....	6/17
Nasser O. Qadri MD .....	6/6
Todd G. Richardson MD .....	6/11
Chad D. Ringley MD .....	6/30
Raghu Sarvepalli MD .....	6/15
Keith E. Scharf MD .....	6/12
Tushar R. Shah MD .....	6/18
Kunal Singh MD .....	6/2
Harriet A. Squier MD .....	6/17
Joseph E. Talbot MD .....	6/2
William G. Underhill MD .....	6/19
Suneel K. Vallabhaneni MD .....	6/23
John P. Velasco MD .....	6/25
Thomas J. Veverka MD .....	6/2
Antonio J. Williams, Sr. MD .....	6/30

## July Birthdays

Mark S. Adams MD .....	7/17
Macksood A. Aftab DO .....	7/20
Amjed A. Aljanabi MD .....	7/1
Mohammed A. Alkhalifah MD .....	7/20
Amani N. Altamimi MD .....	7/20
Mary Jane S. Belderol MD .....	7/5
Joan M. Cramer .....	7/11
Kevin F. Cumper MD .....	7/7
Thomas E. Damuth MD .....	7/9
Jerry J. Evans MD .....	7/23
Ramakrishnayya Gadam MD .....	7/13
Paritharsh Ghantasala MD .....	7/19
Charles A. Guidot MD .....	7/14
Richard C. Hausler MD .....	7/1
Victor L. Hill, Jr. MD .....	7/13
Mirza J. Hussain MD .....	7/12
Ronald L. Jenson MD .....	7/2
Samuel L. Kalush MD .....	7/12
Colleen A. Linehan MD .....	7/19
Devika M. Madhavan MD .....	7/8
Alison L. McElhone MD .....	7/6
Therese G. Mead DO .....	7/9
Dermot D. O'Brien MD .....	7/30
David B. O'Donnell MD .....	7/6
Sunil D. Parashar MD .....	7/19
Donald B. Passal MD .....	7/11
Jamie L. Ross MD .....	7/29
Kevin R. Roy MD .....	7/26
Galileo A. Sarmiento MD .....	7/11
Gerald R. Schell MD .....	7/16
Frank P. Schinco MD .....	7/17
Therron R. Scobbie MD .....	7/27
Bilal A. Shah MD .....	7/25
Gerald A. Sieggreen MD .....	7/27
Madiha Tahir MD .....	7/30
David D. Udehn MD .....	7/6
Steven J. Vance MD .....	7/8

## August Birthdays

Layla S. Abubshait MD .....	8/1
Michael J. Argyle MD .....	8/24
Edgar P. Balcueva MD .....	8/31
Ronald C. Barry MD .....	8/31

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M. Arshad Bashir MD .....	8/15
Sussan M. Bays MD .....	8/29
Ronald H. Bradley DO .....	8/21
Brian D. Dudenhoefer MD .....	8/8
Michael L. Fiore MD .....	8/24
Shahrukh Hashmi MD .....	8/24
Mark J. Heinzelmann MD .....	8/16
Perlita P. Ilem MD .....	8/7
Harold B. Lenhart MD .....	8/1
Ruth M. Licht DO .....	8/30
Miles P. Light MD .....	8/8
Robyn M. Lorenzo DO .....	8/27
Amita Kakarla Maganti MD .....	8/28
Steve Min DO .....	8/25
Charles E. Mueller MD .....	8/28
Gopi K. Nallani MD .....	8/1
Ferdinand C. Osuagwu MD .....	8/17
Sujal G. Patel MD .....	8/14
Brian D. Purchase DO .....	8/24
Zakir H. Qureshi MD .....	8/28
Ramesh Penumetsa Raju MD .....	8/3
Nikita Roy MD .....	8/10
Manoj Sharma MD .....	8/31
Heather K. Sherwin MD .....	8/3
Stephen A. Smith MD .....	8/10
Chander W. Srinivasan MD .....	8/21
Vasanth Stalin MD .....	8/21
Kimiko D. Sugimoto MD .....	8/26
Pauline D. Watson DO .....	8/22
Tiffany A. Weiss-Feldkamp DO .....	8/18
Claudia C. Zacharek MD .....	8/31

## September Birthdays

Amanda J. Allen MD .....	9/30
Khaled M. Almulhem MD .....	9/7
Corey L. Alvarez MD .....	9/6
Umesh A. Badami MD .....	9/18
Leroy C. Barry MD .....	9/14
Chirdeep Bhutani MD .....	9/6
Radha Cherukuri MD .....	9/29
Kristin M. Constantino MD .....	9/5
Phillip A. Dean MD .....	9/28
Matthew D. Deibel MD .....	9/9
Parminder S. Jaswal MD .....	9/11
Zaira Khalid MD .....	9/12
Deirdre H. Knobeloch DO .....	9/26
Palaniandy K. Kogulan MD .....	9/16
John B. Llewelyn MD .....	9/5
Imran Mir MD .....	9/23
Khawar G. Mohsini MD .....	9/14
Dana C. Morrison MD .....	9/2
Thersilla Oberbarnscheidt MD .....	9/7
James E. Packer MD .....	9/24
Satya D. Patel MD .....	9/19
Brian F. Perry MD .....	9/11
Kaushik Raval MD .....	9/25
Naman A. Salibi MD .....	9/25
Amaning K. Sarkodie MD .....	9/23
Tory K. Snyder DO .....	9/14
Joseph C. Spadafore MD .....	9/20
Serge M. Thurin DO .....	9/23
Dennis M. Tibble MD .....	9/19
Prabhundha Vanasupa MD .....	9/18
Prakash Varadarajan MD .....	9/30
Neill D. Varner DO .....	9/3
Mary Jo Wagner MD .....	9/20
James R. Weir MD .....	9/20
Lawrence C. Whiting MD .....	9/30



# *in memory*



**Frederick J. Cady Jr., MD** passed away on Thursday, April 23, 2015, at Hoyt Nursing and Rehab Center at the age of 92. Dr. Cady was born in Saginaw on July 17, 1922, to the late

Dr. Frederick J. Cady, Sr. and May (Sanders) Cady. He married Beverly (Dew) Cady on March 25, 1946; she preceded him in death March 21, 2015. Fred led an extraordinary life growing up in Saginaw where he had a wonderful childhood involved in many activities, including Boy Scouts and all things sports related. One of his fondest childhood memories was sitting next to the legendary American Western actor, Tom Mix, at a parade in Saginaw, and afterwards Fred rode Tom Mix's "Wonder Horse" named Tony. Fred graduated from Saginaw High School, and received a Bachelor of Science in Biology from the University of Michigan and an MD from Wayne State University, becoming an Ophthalmologist. While working at Detroit's Harper Hospital, he met his future wife and love of his life, Beverly, with whom he would have celebrated their 69th wedding anniversary this March 25. "Doc" was an Ophthalmologist for over 60 years, many of those in practice with his father.

Fred served in the Navy during WWII, providing care for German prisoners in a war camp in Florida. He rose to become Chief of Ophthalmology at the Jacksonville US Naval Hospital for two years. He returned to Saginaw and had a flourishing medical practice where he was known for his kind demeanor and loud voice. Fred served twice as the Chief of Staff at St. Mary's Hospital in Saginaw. He had a deep and unyielding love for America and the great State of Michigan. Fred's civic involvement included numerous local and national organizations, often leading them.

Fred led Saginaw's Kiwanis Club, University of Michigan Alumni Chapter, Knights of Columbus, Ducks Unlimited, charter member of the Saginaw Ski Club and St. Stephen's Parish Council among others. Professionally, Fred served as President of the Saginaw County Medical Society in 1983, was awarded a Lifetime Fellowship to the American Academy of Ophthalmology, and was a member of the American Medical Association. Fred was also a coach to many youth sports teams in Saginaw, where he served as a role model for generations of young men in the Saginaw community. The University of Michigan had no greater fan; Fred loyally rooted for his Wolverine football team through the good years and bad. He was a passionate sportsman and was never happier than holding a shot gun, hunting geese and ducks with a hunting dog by his side. Other hobbies included gardening and golf. Fred was an avid world traveler, having visited many different countries and interacting with different cultures. While he wasn't rooting on his Detroit Tigers, Lions, Red Wings and Pistons, Fred was busy cooking delicacies, including his famous sourdough pancakes and bananas foster.

Fred is survived by his sons, John (Libby) Cady of Aurora, IL; Bruce (Debbie) Cady of Lapeer; and William "Bill" Cady of Traverse City; daughters Nancy (Michael) Stachiw of Fenton, MO; Jacqueline Campbell of Lahaina, HI; and Henry "Hank" (Kim) Pletscher of Saginaw; 13 grandchildren and four great-grandchildren; brothers: Dr. Donald (Jan) Cady of Linwood and Dean (Lois) Cady of Milwaukee, WI; and sister, Geraldine O'Laughlin of Chicago. Frederick was preceded in death by his son, Frederick Joseph "Joe" Cady, III, and brother, Dr. David Cady.

Funeral Liturgy took place on Wednesday, April 29, 2015, at St. Stephen Catholic Church, followed by Military Honors and Rite of Committal at St. Andrews Mausoleum under the auspices of the U.S. Navy and VFW Post 1859. Those planning an

*Continued on page 35*

*Continued from page 34*

expression of sympathy may wish to consider memorials to the Aleda E. Lutz VA Medical Center.



**Eleanor Ruth (Suzy) Cresswell** completed her life's journey with family beside her in Spokane, Washington, on Thursday, February 19, 2015. Born Eleanor Ruth Dawson on November 2, 1926, she was the wife of Thomas A. Cresswell, MD who predeceased her on September 24, 1998.

Raised on a chicken ranch in east Texas during the Great Depression, she grew up knowing the meaning of hard work. During her career she built and managed farms, helped her husband start and succeed at his medical practice, raised and nurtured two boys while remodeling and managing several homes. She was a 28 year survivor of breast cancer

Of her immediate family, Suzy was preceded in death by her husband and her youngest son, Bertrand A. Cresswell. She is survived by her eldest son, Tom B. Cresswell (Rebecca) and two grandchildren, Thomas B. Cresswell and Michael G. Cresswell.

Suzy's final wishes specified no services. Those planning an expression of sympathy are asked to consider memorials in her son, Bert's, name to Joshua Tree National Park, either online or at 74485 National Park Drive, Twentynine Palms, California 92277-3597



**Ruth Ann Kretschmer** passed away on Friday, April 10, 2015. Ruth was born on July 27, 1920, and was the wife of Thomas V. Kretschmer, MD who predeceased her in 1983.

Ruth lived a long, fruitful and happy life. She taught her large, loving family the value and wonder of good food, hard work, the learning power of travel and art, the beauty of music and the joy of living.

She attended the University of Wisconsin and Marquette University, where she met a dashing young medical student named Thomas V. Kretschmer. Ruth Ann graduated from Marquette and went on to teach at Chilton and West Bend, Wisconsin.

Ruth and Tom were married during wartime on December 2, 1944, at Camp Chaffee, Arkansas, before Tom's deployment in the Army Medical Corp serving in Czechoslovakia. They moved to Saginaw to set up Tom's medical practice and raise a family. They raised Thomas V. Kretschmer, Jr. (deceased); Mary Bernadette (Michael) Klein of Saginaw; John Andrew (Nora) Kretschmer of South Haven, Michigan; Ann Elizabeth (Russ) Surgeson of Saginaw; Constance Marie Kretschmer of San Marcos, Texas; Charles Edward (Dinah) Kretschmer of Northville, Michigan; Jane Ann Bonk of Saginaw; and Elizabeth Rose (Thomas) Kretschmer Kaiser of London, England. They were blessed with 18 grandchildren and 21 great grandchildren, all of whom are deeply appreciative of the fact that she was able to actively enjoy and love them right through her 94 years.

Ruth was an active member of The St. Mary's Hospital Auxiliary, The Assistance League of Saginaw, St. Stephen's Parish, The Saginaw Country Club, The Saginaw Club and the Pulaski Club.

Funeral Liturgy took place on Saturday, April 18, 2015, at St. Stephen Catholic Church with private burial at St. Andrew Cemetery. Those planning an expression of sympathy may wish to consider memorials to The St. Mary's of Michigan Foundation. ☐

# directory update

## Resigned Membership

**Firas R. Alani MD**

*Covenant Cardiology  
Cardiology*

## Left Saginaw

**Larry S. Ansari MD**

*Surgery - General*

## Resigned Membership

**Peter Bistolarides MD**

*MidMichigan Physicians Group  
4011 Orchard Drive, Suite 2004  
Midland, MI 48640  
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Fax (989)-839-1785  
www.midmichigan.org  
Surgery - General*

## Retired 4/30/15

**Gary A. Brooks MD**

*Retired - Family Medicine*

## Died 4/23/15

**Frederick J. Cady, Jr. MD**

*Deceased - Ophthalmology*

## New Group Name

*Covenant Cardiology*

**Umesh A. Badami MD**

**Mayar M. Jundi MD**

**Loai F. Marouf DO**

**Scott R. Martin MD**

**Manoj Sharma MD**

**Pauline D. Watson DO**

*Cardiology*

## New Member

**Aaron D. Dora-Laskey MD**

*CMU Healthcare - Emergency Med.*

1000 Houghton

Saginaw, MI 48602-5303

Office (989)-583-6817

Fax (989)-583-7436

www.cmich.edu/colleges/cmcd/

*Emergency Medicine*

## Died 3/14/15

**Joyce M. Geary Bugenske MD**

*Deceased - Cardiology*

## Left Saginaw

**Ammar Hashmi MD**

*Surgery - General - Resident*

## Left Saginaw

**Emiko Jamie Hayakawa MD**

*Surgery - General - Resident*

## Resigned Membership

**Nilofar H. Islam MD**

*MidMichigan Physicians Group  
Electrophysiology*

4011 Orchard Drive, Suite 3004

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*Cardiovascular Disease, Electrophysiology, Internal Medicine*

*Continued on page 37*

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# board highlights

The March meeting of the Board of Directors of the Saginaw County Medical Society was held on Tuesday, March 17, 2015, in the Board Room at Michigan CardioVascular Institute in Saginaw. M. Sohail Jilani, MD, President, called the meeting to order at 5:45 p.m.

The minutes of the February 17, 2015, Board meeting were reviewed. **MOTION:** Approve the February Board Meeting Minutes. **MOTION APPROVED.**

Dr. Veverka presented the Treasurer's Report for February 2015. **MOTION:** Approve the February Treasurer's Report. **MOTION APPROVED.**

## OLD BUSINESS

1. **CMU Health** – The Board was reminded of the first in a series of “*CMED in Saginaw*” meetings scheduled for Wednesday, March 18, 2015, from 7-9 p.m. at Horizons Conference Center. All Board members were encouraged to attend. Dr. Vance was asked a question about the possibility of MidMichigan Health being a part of CMU Health. Unfortunately at this time, there is not much happening with Midland which may be due to Michigan State University having a campus in Midland. Dr. Vance did indicate there is room for Midland if they choose to participate in the future. Other issues discussed were:

- Subspecialists are needed for the fourth year students.
- Applications for faculty are ongoing.
- February LCME visit went as expected and final decision is expected this summer. The fifth LCME visit will occur after the first class graduates.
- The Covenant campus is coming along well. The SYNAPSE team is expected to

move into the new building in May. The new building has video-conferencing abilities.

- CMU continues to work on the CME 3 issue. CMU also wants to take CME to another level with ACGME accreditation.
- George E. Kikano, MD was named the new dean of CMU's College of Medicine in February. Dr. Kikano earned his medical degree from American University in Lebanon in 1986, and was the medical director for Home Care Services with University Hospitals in Cleveland, Ohio, and a professor of family medicine at Case Western Reserve University. He will start part-time as CMU Medical School Dean on April 1, and full-time on June 1.

2. **Health Fair** – The 11th Annual Health Fair “The Doctor Is In” is scheduled for Saturday, March 21, 2015, from 9 a.m. to 1 p.m. at Horizons Conference Center. Joan reported that we have 82 vendors and are full. She also asked Board members to sign up to staff the SCMS booth for a one-hour minimum.

3. **MSMS House of Delegates (HOD)** – Delegates and Alternates were asked if they planned on attending this year's HOD in Grand Rapids. Ten Delegates/Alternates are needed and will be considered in order of seniority. Drs. Scott, Dawis, Paidipaty, Talati, Walter, Ramani and Dedicatoria all plan to attend as Delegates. Dr. Nallani, an Alternate, will attend and be seated as a Delegate. Since we don't have our quota of ten Delegates/Alternates, Dr. Mildred J. Willy has offered to serve as an Alternate Delegate if needed. She usually attends as part of MCEP, but they have enough representation this year. **MOTION:** Allow Dr. Mildred J. Willy to serve as an Alternate Delegate, to be seated as a Delegate, on behalf of the Saginaw County Medical Society at this year's House of Delegates.

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**MOTION APPROVED.** With the addition of Dr. Willy, we are still one Delegate short of our quota. Additionally, Dr. Caroline Scott has been selected to serve on Reference Committee C.

4. **Nominating Committee** – Anyone who did not complete a Position Interest Form at the February meeting was asked to do so at this time so the Nominating Committee can meet and form the Slate for 2015-16.

#### **NEW BUSINESS**

1. **Applications for Membership** – In Dr. Talati's absence, Dr. Nahata presented the following application for a second reading:
- a. **Aaron D. Dora-Laskey, MD** – Board Certified in Emergency Medicine, CMU Health-Emergency Medicine, sponsored by Drs. Matthew D. Deibel and Steven J. Vance.

**MOTION:** Approve the above application for membership. **MOTION APPROVED.**

2. **Request for Letter of Support from Board of Medicine Candidate** – Long-time SCMS member and Emergency Medicine physician, Mildred J. Willy, MD, is applying to the Michigan State Medical Society as a candidate for the open seat on the Michigan Board of Medicine. Past President, District Director and current Treasurer, Thomas J. Veverka, MD, has written a letter in support of Dr. Willy. After discussion, the Board unanimously and unconditionally voted to endorse Dr. Willy as the candidate from the Michigan State Medical Society to the Governor for the open Board of Medicine seat, and to include their motion of support in Dr. Veverka's letter. **MOTION:** Endorse Mildred J.

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Willy, MD as the candidate from the Michigan State Medical Society to the Governor for the open Board of Medicine seat. **MOTION APPROVED.**

3. **ABMS/ABIM v. NBPAS Board Certification** – The controversy surrounding the American Board of Internal Medicine (ABIM) and the Maintenance of Certification (MOC) program was brought to the Board's attention by one of our members. The requirements have become so onerous that the ABIM recently sent a letter of apology to all members, and have announced a restructuring of the recertification process. Many physicians believe the recent changes by the American Board of Medical Specialists (ABMS) requiring that physicians engage in various medical knowledge, practice assessment, and patient safety activities, as well as, recertification programs do not provide optimal use of the physician's time. Furthermore, no high quality data exists to justify these labor intensive and expensive activities. The National Board of Physicians and Surgeons (NBPAS) believes the following requirements provide the most appropriate metric for continuous certification:

*Candidates must have been previously certified by an ABMS member board. Currently, NBPAS certifies physicians in nonsurgical ABMS specialties and a growing number of surgical specialties. Candidates must have a valid unrestricted license to practice medicine in at least one U.S. state. Candidates who only hold a license outside of the U.S. must provide evidence of an unrestricted license from a valid non-U.S. licensing body. A candidate must have completed a minimum of 50 hours of continuing medical education (CME) within the past 24 months, provided by a recognized provider of continuing education (ACCME). CME must be related to one or more of the specialties for which the candidate is applying. Reentry for physicians*

*with lapsed certification requires 100 hours of CME within the past 24 months. Fellows-in-training are exempt. For some specialties (i.e. interventional cardiology, electrophysiology, critical care), candidates must have active privileges to practice that specialty in at least one U.S. hospital licensed by a nationally recognized credentialing organization with deeming authority from CMS (i.e., Joint Commission, HFAP, DNV). A candidate who has had their medical staff appointment/membership or clinical privileges in the specialty for which they are seeking certification involuntarily revoked and not reinstated, must have subsequently maintained medical staff appointment/membership or clinical privileges for at least 24 months in another U.S. hospital licensed by a nationally recognized credentialing organization with deeming authority from CMS (i.e. Joint Commission, HFAP, DNV).*

The value of CME for lifelong learning is established: Organizations providing recognized CME programs are regulated by a rigorous accreditation body (ACCME) requiring each CME offering provide an educational gap analysis, "needs assessment," speaker conflict of interest, course evaluations and many other performance standards. CME can provide education in both established knowledge and also future directions that keep the physician on the "cutting edge." CME offerings are highly competitive and provide choice. There are numerous organizations offering high value CME activities. If physicians do not perceive value in a particular CME offering, they will go elsewhere. Additionally, most states require CME activities to maintain licensure. Therefore, using CME to fulfill life-long learning requirements provides efficiency and minimizes redundant activities.

The Board discussed that it will be up to the hospitals and insurance companies to

*Continued from page 40*

decide what certification they will accept, and that the Board does not have power to change hospital bylaws. They did agree that they could heighten awareness of the issue. Joan noted that there are several resolutions regarding this matter up for debate at the annual MSMS House of Delegates in May. Delegates will be asked to report back to the Board on the outcome of those resolutions.

4. **Senate Bill 68** – Earlier this year, state lawmakers introduced Senate Bill 68, dangerous legislation that would undermine the team-based health care model, stripping physicians from many health care teams while reducing educational requirements for those who practice medicine. The Bill risks patients' health by undermining the team-based health care approach. Senate Bill 68 is basically a reintroduction of Senate Bill 2. The Board asked Joan to send an email to all members with the "talking points" as identified by MSMS, and ask members to contact their lawmakers through the MSMS Advocacy Center with their stand on the Bill.

## INFORMATION ONLY

- The 2015 Private Membership Directory has been mailed or delivered to all members. The 2015 Public Membership Directory will be distributed at the Health Fair.
- Volunteers are needed to work at the Soup Kitchen on Tuesday, March 31, 2015.
- The 6th Annual SCMS Foundation Golf Outing is scheduled for Saturday, June 13, 2015, at the Saginaw Country Club.

The next meeting of the Board will be held on Tuesday, April 21, 2015, at 5:30 p.m. at Horizons Conference Center prior to the membership meeting which is joint with MidMichigan Physicians.

There being no further business, the meeting was adjourned at 6:42 p.m.

*Respectfully submitted,*  
**JOAN M. CRAMER**  
*Executive Director*



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For more information, please visit our website at <http://www.michmgma.org/> or contact Sandy Sprague, MiMGMA Member Services Co-Chair, at [ssprague@greatlakeseyeinst.com](mailto:ssprague@greatlakeseyeinst.com) or (989) 793-2820.



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The Michigan HPRP was established by legislation in 1993 to assist impaired professionals before their actions harm a patient or damage their careers through disciplinary action. Any licensed or registered health care professional in the State of Michigan is eligible to participate in the program.

To maintain participant confidentiality, the HPRP is operated by a private-sector contractor under the authority of the Health Professional Recovery Committee (HPRC), a committee comprised of a representative from each of the health professional licensing boards. The Michigan Department of Community Health, Bureau of Health Professions provides administrative services to the HPRC.

Participation in the HPRP is confidential. If a licensee/registrant is referred to

the program, has a qualifying diagnosis and complies with the HPRP requirements, his/her name will not be disclosed to state regulatory authorities or the public. Provided there is no readmission, records of HPRP participants are destroyed five years after successful completion.

Referrals to the HPRP may come in the form of a self-referral from a licensee/registrant or from colleagues, partners, employers, patients, family members or the State. Any of the 20 health professional licensing boards may also refer licensees/registrants to the HPRP for monitoring as a condition to regain or retain their license to practice. The names of individuals reporting a licensee/registrant suspected of impairment are also kept confidential.

For more information on the HPRP, call 1-800-453-3784 or visit [www.HPRP.org](http://www.HPRP.org). Informational presentations on the HPRP are available to employers and health professional groups at no charge. Call the toll-free number to arrange a presentation at your facility.

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