



**Volume 33,  
Issue 3**

# NEWS & VIEWS

News & Views is published monthly – except for July and August by the Auxiliary for the Auxiliary, PO Box 4243, Lincoln, NE 68504. We are a proud member of the APWU Postal Press Association

**NOVEMBER 2016**

**Color editions of News and Views may be viewed on the Auxiliary Website:  
[www.apwuauxiliary.org](http://www.apwuauxiliary.org)**

## Moving Our Nation Forward – Peace, Power and Transition.

**By: Kathy Danek, President**



The Peaceful Transition of Power--It's about the fabric of our nation, woven together with differing ideas and ideals, working with the rule of law and governed by a system of checks and balances with three branches of government. The rhetoric in this election is disheartening and worrisome. Listening to individuals calling this a rigged election, that the outcome cannot be trusted distresses me. Words matter. We cannot denigrate, harass and intimidate others. By the time you read this, the election will be either underway or completed. And I for one am grateful that in the 230 plus years of our nation we have mastered the peaceful transition of power.

In 2001, I ran for and was elected to the Lincoln School Board, beating an incumbent by a healthy margin. I had the opportunity to meet newly elected leaders from countries in the Baltic states – formerly the USSR. They could not understand how we come together as a community after

visceral elections. I asked what their solution was. Their response, “We shoot them”. – and that my friends is what worries me. As I was watching network news the other evening, I heard a man say he might have to take matters into his own hands if the election for President didn't go his way – even hinting at assassination. The rhetoric from some candidates has incited the worst in some. In Garden City Kansas, 3 men were arrested for conspiring to commit an act of terrorism on an apartment building and mosque. They were reportedly using the same tactics as were used in Oklahoma City bombings many years ago. They had planned this terrorist act to take place on November 9<sup>th</sup>, the day after our election.



What do these comments and acts have to do with our democracy? Our democracy is unique in that we protect an individual's right to disagree. We allow them great latitude in their speech. We have laws that allow individuals to utilize our courts to protect their good names. It's a check and balance right down to the grassroots level.

The President runs the executive branch of government. The Senate and House run the Legislative branch. And the Supreme Court runs the Judicial Branch. The President can propose legislation

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2016

## “AN AUXILIARY CHRISTMAS”



**THANK YOU! THANK YOU! THANK YOU!**  
**THANK YOU! THANK YOU!**

**Thank you for your GENEROSITY!!!**

The Des Moines, Iowa (DMI) APWU AUXILIARY received an overwhelming amount of donations to their annual charity drive, “AN AUXILIARY CHRISTMAS.” Donations were collected for the Des Moines Homeless Veterans Stand Down, September 16-18, 2016 and Hawthorn Hill / New Directions, a women and children’s homeless shelter in Des Moines, Iowa.

Thank you to the Auxiliary members for all their help with this project.

Special Thanks to: Mark Sarcone, Karla Dougherty, Karen Tallman and Viola Seger.

Special thank to those who generously gave monetary donations. \$115 dollars was donated.

The DMI APWU Auxiliary members voted to match those funds for a total of \$230 worth of purchases for

these charities.

We collected over 30 (33-gallon) bags for the Stand Down and over 25 (33-gallon) bags for Hawthorn Hill. Thank you for all the donations of diapers, baby wipes, school supplies, toiletries, men, women and children’s clothing, coats and shoes and much more.

Thank you for the hand-made blankets, winter scarves and gloves for all. This was the first year that the DMI APWU Auxiliary collected for two charities. We had an amazing turnout and we can’t **THANK YOU** enough for all your kindness and generosity. This winter, someone will wear a coat or curl up in a blanket thanks to the membership. A child will have new gloves and school supplies. When the donations were delivered, the gratitude was overwhelming. It was like delivering presents on Christmas Day!!!

**“Standing United with Labor and Community”,**

**On behalf of the DMI APWU Auxiliary, Christine Sarcone, President**

## **BRIDGE BUILDERS GUIDELINES**

Rewarding a lifetime of Auxiliary Dedication

The Bridge Builders Award was designed to recognize those members of either the Auxiliary or the APWU who have shown support for the Auxiliary. Those who are honored with this award are active in one or more of the following areas:

1. Assisting the Union/Auxiliary
2. Human Relations
3. Legislation
4. Political Action
5. Public Relations
6. Organizing/ Recruiting

This award is given only once a year and to one person per state. The letter of nomination must come from an **Auxiliary Member** and must list the areas the person is active in. The person may only receive the award one time. We encourage all Auxiliary members, in good standing, to submit a letter of nomination for a member Local or State Auxiliary or APWU. That person may be someone that no one really sees. It may be the member who sells all those entire rolls of raffle tickets to help raise funds, or the member who lugs all the boxes and helps set up. That member may have written countless letters to their representatives or helped during a campaign. The list goes on and on. Those members are out there and they deserve to be recognized and rewarded. Take a few minutes to tell us about that member.

The deadline is December 31, 2016.

Be sure to include name, city and state, local name and tell us about the accomplishments they have done in the areas above.

**Please use black ink to fill out the nomination form which is on the following page.**

# BRIDGE BULDERS AWARD NOMINATION FORM

Please send (via US. Mail, fax or email) completed form of nomination to Clara Hill,

2710 Waverly St, Knoxville, TN 37921 or contact her at [Wavechill@att.net](mailto:Wavechill@att.net), fax # 865-637-1867

Deadline December 31, 2016

THIS FORM MUST ACCOMPANY YOUR NOMINATION.

*LETTER OF NOMINATION IS OPTIONAL, BUT IF IT IS SENT, IT MUST BE DATED AND SIGNED!*

If more space is needed, please attach a separate sheet of paper!

All Nominations will receive a letter of acknowledgement from the committee.

	Please write answers in this column	
1. Name of person being nominated:		
2. City and State that nominee is from:		
3. Which of the following areas has the nominee been active in? (Check one or more that apply)		
a. Assisting the Union/Auxiliary ___	b. Human Relations ___	
c. Legislation ___	d. Political Action ___	
e. Public Relations ___	f. Organizing/Recruiting ___	
g. Other ___ Please specify:		
4. Please give details of what they have done in the above areas:	Please tell us about any Community Service or Activity they are or have been involved in:	
5. Has nominee been or is an Officer in the AP-WU/Auxiliary?	6. Offices held and what level (state/local, etc.)?	
	State	Local
7. How many years has this person been a member?		
<i>Optional question please included with any further details.</i>		
8. Is their family involved?		
(Please give a brief description of involvement.)		
9. Did they chair any committees for their local or state? (Please give details.)		
10. Did they implement any new programs at the state or local level? (Please give details.)		
11. Name, address and local of person submitting this nomination.		
Date submitted:		
Submitted by (name & Local)		



# Why Standard and Daylight Savings Time?

By: Bonnie Sevre

Does anyone else dislike Daylight Saving Time as much as I do? It doesn't matter if it's spring forward or fall back, I have trouble. Even though I don't have any regular time I need to get up I am still thrown off by the time change. It takes about two weeks for my body to adjust to the new time. So on November 6<sup>th</sup> when we fall back off daylight savings, I can look forward to being tired for the next couple of weeks.

So why do we have Daylight Saving Time (DST) in the first place and when and where did it begin?

Daylight Saving Time was first used in 1908 in Thunder Bay Ontario, Canada to save energy and make better use of daylight.

The **history of standard time in the United States** began November 18, 1883, when United States and Canadian railroads instituted standard time in time zones. Before then, time of day was a local matter, and most cities and towns used some form of local solar time, maintained by some well-known clock (for example, on a church steeple or in a jeweler's window). The new standard time system was not immediately embraced by all.

Use of standard time gradually increased because of its obvious practical advantages for communication and travel. Standard time in time zones was not established in U.S. law until the Standard Time Act of 1918 of March 19, 1918, also known as the Calder Act. Daylight saving time in the United States was established by the Standard Time Act of 1918. The Act was intended to save electricity for seven months of the year, during World War I. DST was repealed in 1919 over a Presidential veto, but standard time in time zones remained in law, with the Interstate Commerce Commission (ICC) having the authority over time zone boundaries. Daylight time became a local matter.

During World War II, Congress enacted the War Time Act on January 20, 1942. Year-round DST was reinstated in the United States on February 9, 1942, again as a wartime measure to conserve energy resources. This remained in effect until after the end of the war. The Amendment to the War Time Act, enacted September 25, 1945, ended DST as of September 30, 1945. During this period, the official designation War Time was used for year-round DST. For example, Eastern War Time (EWT) would be the equivalent of Eastern Daylight Time during this period.

From 1945 to 1966 there were no uniform rules for DST in the US and it caused widespread confusion especially for trains, buses, and the broadcasting industry. As a result, the Uniform Time Act of 1966 was established by Congress. It stated that DST would begin

on the last Sunday of April and end on the last Sunday of October. However, states still had the ability to be exempt from DST by passing a state ordinance.

The US Congress extended DST to a period of ten months in 1974 and eight months in 1975, in hopes to save energy following the 1973 oil embargo. The trial period showed that DST saved the energy equivalent of 10,000 barrels of oil each day, but DST still proved to be controversial. Many complained that the dark winter mornings endangered the lives of children going to school.

After the energy crisis was over in 1976, the DST schedule in the US was revised several times throughout the years. From 1987 to 2006, the country observed DST for about seven months each year. The current schedule was introduced in 2007 and follows the Energy Policy Act of 2005, which extended the period by about one month. Today, DST starts on the second Sunday in March and ends on the first Sunday in November.

Daylight Saving Time is now in use in over 70 countries worldwide and affects over a billion people every year. The beginning and end dates vary from one country to another. In 1996, the European Union (EU) standardized an EU-wide DST schedule, which runs from the last Sunday in March to the last Sunday in October.

*(Information obtained from various sources)*



During his time as an American envoy to France, [Benjamin Franklin](#), publisher of the old English proverb, "Early to bed, and early to rise, makes a man healthy, wealthy and wise", anonymously published a letter suggesting, although jokingly, that [Parisians](#) economize on [candles](#) by rising earlier making use of the morning sunlight. Franklin did *not* actually propose DST.

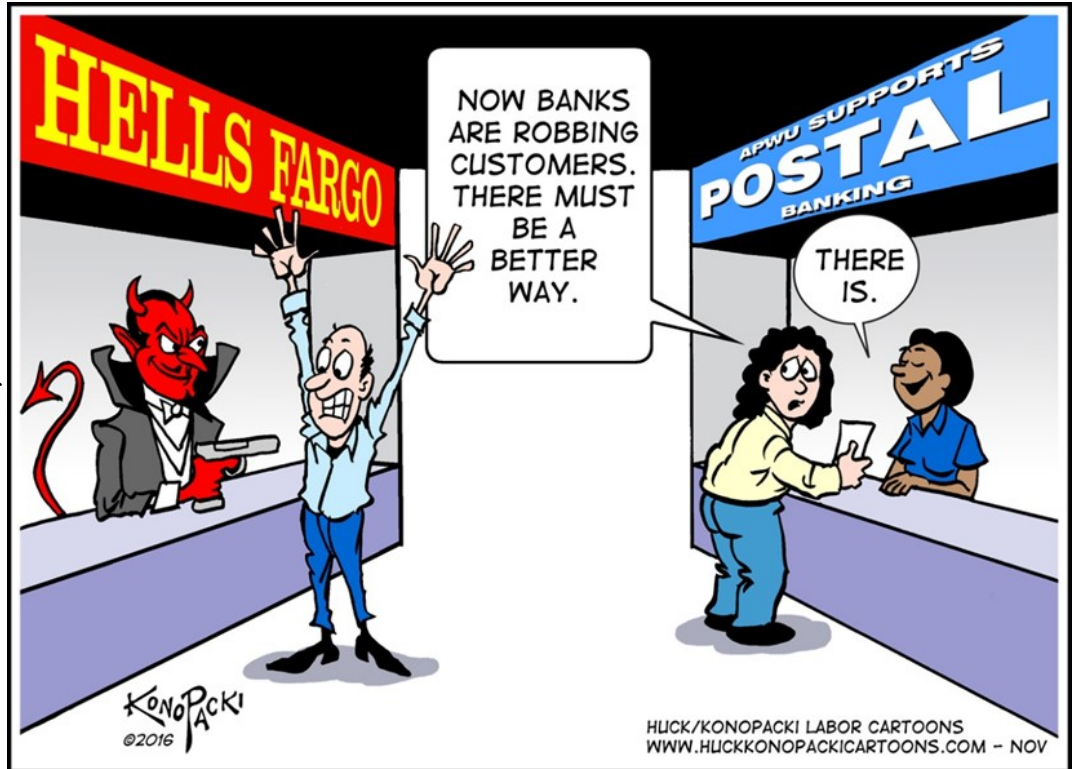
# Road Ahead for Postal Financial Services

Entire industries are scaling back their brick-and-mortar facilities and setting up digital platforms for services like e-commerce, e-health, e-government, and e-banking. While many services can be provided digitally, there are still some that require in-person transactions or communication. Those residual services can no longer justify the costs of standalone physical infrastructures.

One unintended consequence of this digitization trend is that some citizens are isolated and cut off from important services they need. Industries that have gone digital could also benefit from finding new ways to connect with citizens who have been left behind.

Physical locations are still needed for financial services like exchanging digital and traditional currency instruments, cashing a check and using the funds to buy a debit card or a money order, and converting cash to a digital format for participation in e-commerce.

The Postal Service arguably has the only public or private infrastructure that can reliably reach people in



every American neighborhood. By bundling residual in-person services from several industries that are going digital into a single network of post offices, the Postal Service could help industries and citizens, and find much-needed new revenue. The majority of revenue for high-performing world posts now comes from non-mail services, according to a recent Accenture study.

*Excerpt from the Office of the Inspector General - USPS*



**Remember Veterans Day - November 11, 2016 - those who serve and have served!**





Patients who experience night sweats, fever, weight loss, fatigue, muscle aches should seek medical care

THURSDAY, Oct. 13, 2016 (HealthDay News) -- Special devices used during open heart surgery may have been contaminated with bacteria that puts patients at risk for life-threatening infections, U.S. health officials warned Thursday.

Some LivaNova PLC (formerly Sorin Group Deutschland GmbH) Stockert 3T heater-cooler devices, which are used during many open heart surgeries, might have been contaminated with *Mycobacterium chimaera* bacteria during manufacturing, the officials said.

People who have had open heart surgery should seek medical care if they have infection-related symptoms, such as night sweats, muscle aches, weight loss, fatigue or unexplained fever, the U.S. Centers for Disease Control and Prevention said in a news release. The agency also said that hospitals and doctors should identify and inform patients who might have been put at risk. "It's important for clinicians and their patients to be aware of this risk so that patients can be evaluated and treated quickly," said Dr. Michael Bell, deputy director of the CDC's Division of Healthcare Quality Promotion.

"Hospitals should check to see which type of heater-coolers are in use, ensure that they're maintained according to the latest manufacturer instructions, and alert affected patients and the clinicians who care for them," he urged. Each year in the United States, there are more than 250,000 heart bypass procedures that use heater-cooler devices. These devices help keep a patient's circulating blood and organs at a specific temperature during surgery. About 60 percent of heart bypass procedures utilize the heater-cooler devices that may have been contaminated with *M. chimaera*. In hospitals where at least one infection has been identified, the risk of a patient getting an infection from the bacteria was between about 1 in 100 and 1 in 1,000, the CDC said. Current information suggests that patients who had valves or prosthetic products implanted have a higher risk of infection.

For more information, patients and doctors can call 800-CDC-INFO (800-232-4636).

**More information**

The U.S. National Heart, Lung, and Blood Institute has more on [heart surgery](#).-- Robert Preidt

SOURCE: U.S. Centers for Disease Control and Prevention, news release, Oct. 13, 2016

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**(800) 222-2798**



[www.apwuhp.com](http://www.apwuhp.com)

# 2016 Activity Achievement Award Recipients

By: Bonnie Sevre

The Activity Achievement Award is designed to recognize the work that each one of our Auxiliary members contributes to the organization. Activities include attending meetings, community human relations projects, political activity such as attending rallies, participating in phone banks and door knocks to encourage postal workers to vote for postal friendly candidates to public office. And the list goes on - check out the form which can be found on the auxiliary website: [apwuauxiliary.org](http://apwuauxiliary.org).

Individuals who were recognized for their achievements at the 2016 National Auxiliary Convention were:

Anna Braun - Illinois

Bonnie Kroeger - Norfolk Nebraska



Wendy Morrissey - Lincoln, Nebraska

Bonnie Sevre - Minneapolis Minnesota

Don Sevre - Minneapolis Minnesota

Debra Stewart - Fort Worth Texas

Joyce Tanguay - Portland, Maine

**Please keep in mind that this is an ongoing award.** Your points accumulate and you continue to move up levels. Hopefully, you will print a copy of the form and fill it in as you

participate in your various auxiliary activities.

I look forward to lots more auxiliary members receiving awards at our next convention. Start keeping track of your activities now and you will be surprised to see all of the work you do as auxiliary members!

## Moving Our Nation Forward - Peace, Power and Transition President's Article - continued

and sign bills into law that have been approved by both houses of the legislative branch. The president can veto legislation they do not agree with. And Congress can override that veto with a super majority.

With any law, the citizens can bring suit if they are concerned that the laws are against our Constitution. AND if the Supreme Court (and lower courts agree), they

can take up and protect the sanctity of our Constitution.

So my friends, it is up to each of us. We must protect the sanctity of our balance of power by supporting the peaceful transition of power for all of our duly elected individuals. That is the stalwart difference of our democracy. And that is what makes our nation a nation of laws.



# Oops!

*Sorry we missed you*

I would like to apologize for missing the following individuals in the September and October issues of News and Views. We really appreciated your hard work at the National Auxiliary Convention – Thank You!

**Registration volunteers:** Louis Kingsley IV, Stephanie Kehmeier

**Rules Committee:** Joan Kaczor - Chairman, Rebecca Kingsley - Advisor, George Pierce, Darin Kehmeier, Stephanie Kehmeier, Vivian Kolenda and Debra Chavez.

**Back Pack Donation Correction:** Nebraska State Auxiliary donated in excess of \$1,000.

**Correction:** Anna Braun is from Illinois, *NOT* Indiana, as was reported in the October News and Views.

## 2016-2018 Human Relations Project

By: Joyce Tanguay

*Be true to yourself. Make each day a masterpiece.  
Help others.*

### Child Inc.

From now until the 2018 Convention in Pennsylvania you will be seeing something about Child Inc. in each of our issues of News & Views. Because this program does so many different things for children and we do not have the space to list everything in one issue we will give you a bit of information from their website or one of their flyers each month. The following are bits of information taken from one of their many flyers.



**“Who We Are: Child Inc.** provides vital resources for children in need in the United States and abroad because we believe that children everywhere deserve education, hope and opportunity.”

**“Our Impact:** Our donors enable us to help meet the needs of more than 20,000 children each year.”

**“Where Your Money Goes:** At least 80% and often an even higher percentage of your donation goes directly to helping children”.

Please check out **Child Inc.** in North Chesterfield, VA at their website [childrenincorporated.org](http://childrenincorporated.org).

Your donations will be used to help children here in the United States and may be sent to:

Trisa Mannion, Treasurer  
Auxiliary to the APWU  
3038 Cloverdale Ct  
Grand Junction, CO 81506



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