



Marietta Martial Arts

Time in Rank Requirements

The following is a chart showing the rank, color of belt, and the *Minimum Time Requirements* for advancing from one rank to the next in Tae Kwon Do. Other factors are considered when determining if a student must train longer in order to advance in rank.

The chart is based on a student who attends class at least 2-days every week, with each class being at least 1 hour in length.

| Tae Kwon Do Rank | Form | Minimum Time To Advance In Rank | Minimum Class Attendance | Teaching |
|---------------------------------------|--------------------|---------------------------------|--------------------------|----------|
| 10 th Gup White Belt | Basic | 2 Months | 16 | N/A |
| 9 th Gup Yellow Belt | Tae Geuk IL JANG | 2 Months | 16 | N/A |
| 8 th Gup Orange Belt | Tae Geuk EE JANG | 2 Months | 16 | N/A |
| 7 th Gup Green Belt | Tae Geuk SAM JANG | 2 Months | 16 | N/A |
| 6 th Gup Purple Belt | Tae Geuk SA JANG | 4 Months | 32 | N/A |
| 5 th Gup Blue Belt | Tae Geuk OH JANG | 4 Months | 32 | 6 hours |
| 4 th Gup Brown Belt | Tae Geuk YOOK JANG | 4 Months | 32 | 6 hours |
| 3 rd Gup Red Belt | Tae Geuk CHIL JANG | 4 Months | 32 | 8 hours |
| 2 nd Gup Senior Red Belt | Tae Geuk PAL JANG | 6 Months | 48 | 8 hours |
| 1 st Gup Deputy Black Belt | KO-RYO | 6 Months | 48 | 12 hours |
| 1 st Dan Black Belt | KEUM-GANG | 1 Years | 96 | 24 hours |
| 2nd Dan Black Belt | TAEBAEK | 2 Years | 192 | 48 hours |

“Maximum Time and Effort, Maximum Results”