



# SEIZE THE BAGEL

Cascade Park  
13215 SE Mill Plain C3  
**360-254-1012**

+

Hazel Dell  
9904 NE Hwy 99  
**360-836-8915**

+

Orchards  
9609 NE 117th Ave.  
**360-828-7712**

+

The Heights  
8086 E. Mill Plain  
**360-718-7725**

ORDER ONLINE THRU OUR WEBSITE:  
[seizethebagel-toast.site/order](http://seizethebagel-toast.site/order)

Hours:  
**6am-4pm**

Thanks for supporting our small biz!



## fresh baked bagels

Ancient Grains (v)	Pesto Parmesan
Asiago	Plain (v)
Bacon Chive Cheddar	Sesame (v)
Cheddar Cheddar	Sourdough (v)
Everything (v)	Wild Cheddar
Garlic (v)	Blueberry (v)
Hot'n Spicy	Chocolate Chip
Jalapeño (v)	Cinnamon Delight (v)
Jalapeño Cheddar	Cinnamon Raisin (v)
Onion (v)	Snickerdoodle (v)
+ seasonal flavor!	

Single Bagel (v/o)	1.50
Baker's Dozen (v/o)	17.00
Work Place Special	25.00
Avocado Bagel Toast (v/o)	6.50
Bagel with Cream Cheese (v/o)	4.50
Bagel with Lox Cream Cheese	6.50
Bagel with Peanut Butter (v/o)	4.50
Bagel with PB + J (v/o)	5.00
Bagel with Butter or Jam (v/o)	3.00

## savory cream cheese flavors

Bacon Chive	Plain (v/o)
Garlic Chive (v/o)	Tomato Herb (v/o)
Roasted Hatch Chile	Veggie (v/o)

## sweet cream cheese flavors

Honey Walnut	Vanilla
Strawberry (v/o)	

+ seasonal flavor (v/o)!

## egg sandos served all day

<b>The Degen</b>	<b>8.50</b>
Egg Omelet, Ham, Bacon, Pepper Jack, Tomato Herb Cream Cheese on Hot'n Spicy Bagel	
<b>Eggel Supreme</b>	<b>8.50</b>
Egg Omelet, Ham, Bacon, Cheddar, Tomato	
<b>The Basic+ (v/o)</b>	<b>5.50</b>
Egg Omelet (v/o), Cheddar (v/o) + Add-ons	

### Add Breakfast Meat

Bacon +2.50
Sausage (v/o) +3.00
Ham (v/o) +3.00
*Nova Lox +5.00

### Add Veggies

Avocado +2.00
Caramelized Onion+1.50
Pickled Onion +1.50
Bell Pepper +1.00
Jalapeño +1.00
Red Onion +1.00
Tomato +1.00
Romaine +1.00
Spinach +1.00
Pepperoncini +1.00

### Add Spread

Cream Cheese (v/o) +1.75
*Lox Cream Cheese +3.00

## WORKPLACE SPECIAL

(NOT JUST FOR THE WORKPLACE !!)

**One dozen sliced bagels + two 8 oz. tubs of cream cheese, 25.00**

## spread to go

<b>Plain or Flavored Cream Cheese (v/o)</b>		
1.75 (Single)	3.25 (4 oz.)	6.00 (8 oz.)

### \*Lox Cream Cheese

3.00 (Single)	6.00 (4 oz.)	10.00 (8 oz.)
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**(v/o) = Vegan option, just ask!**

## **lunch sandos** served all day

**Super Nova Lox** 13.50

\*Nova Lox, Plain Cream Cheese, Cucumber, Tomato, Pickled Red Onion, Capers

**Beef Dip** 11.50

Roast Beef, Swiss, Caramelized Onion, Garlic Chive Cream Cheese with Beef Au Jus

**Cubano** 11.50

Garlic-Citrus Pulled Pork, Ham, Bacon, Swiss, Pickle, Honey Mustard on a Snickerdoodle Bagel

**BLATT** 11.50

Bacon, Lettuce, Avocado, Turkey, Tomato (+Mayo)

**S.TB** 11.50

Chicken, Pepper Jack, Roasted Hatch Chile Cream Cheese, Romaine, Cilantro, Tomato, Pickled Red Onion

**Very Veggie (v/o)** 11.50

Veggie Cream Cheese, Avocado, Tomato, Cucumber, Bell Pepper, Pickled Red Onion, Romaine, Cilantro

\*Nova Lox (cold-smoked salmon) is not cooked. Consuming raw or undercooked seafood may increase the risk of foodborne illness.

## **build your own deli sando**

Start w/Bagel Sliced + Toasted **2.00** and add on

<b>Meat</b>	<b>Cheese</b>	<b>Toppings</b>
Roast Beef +4.00	Cheddar (v/o)+1.50	Romaine +1.00
Ham (v/o) +3.00	Pepper Jack +1.50	Tomato +1.00
Turkey +3.00	Swiss +1.50	Onion +1.00
Chicken Brst+3.00		Pickle +1.00
		Peppcini +1.00
		Avo +2.00

**+more add-ons available!!**

# we cater!



For more information, email:  
[STBcatering@outlook.com](mailto:STBcatering@outlook.com)

## **bagel dog**

100% Beef Brisket Dog 7.50  
Chili Dog Deal 15.00

## **salad + fruit**

Taco Salad (v/o) 10.50  
Fresh Fruit 4.00/7.50  
Fresh Fruit + Yogurt Parfait 5.25

## **hot sides + chips**

White Cheddar Mac + Cheese 7.00  
Chili or Seasonal Soup 6.00  
Chips (v/o) 2.75  
Bagel Chips + Dip (v/o) 6.50

(v/o) = Vegan option, just ask!

## **café drinks**

<b>Hot or Iced</b>		
Mocha	5.25	6.25
Cafe Latte	4.75	5.75
Cappuccino	4.75	5.75
Chai Latte	5.25	6.25
London Fog	5.00	6.00
Steamer/Hot Choc	3.75	4.75
Cafe Americano		3.75
Drip House Coffee	3.50	4.50
Tea		3.75
Cold Brew	5.25	6.25

## **frozen**

	Medium	Large
<b>Fruit Smoothie (v)</b>	6.25	7.25
NW Berry ▪ Peach Pear ▪ Strawberry		
<b>Blended Coffee</b>	6.25	7.25
Vanilla Latte ▪ Mocha ▪ Butterbeer/Seasonal (extra)		

**energy quencher** 5.75

**fresh juice** 4.00/5.00

**flav'd lemonade** 5.00/6.00

**soda** prices vary

## **sweets**

Bun / Roll	4.75
Cake / Brownie (v/o)	4.75
Hand Pie	4.75
Bop Tart	4.75
Scone	4.25
Danish	4.25
Muffin	4.25
PNW Oatmeal Dream Pie	4.25
Epic Cookie (v/o)	3.75