

2018 Stars & Stripes Schedule

Friday ~ Jan. 12

Flight 1R - Level 7 (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:00

Participating Teams:

Arcadia / GGAC / GSA /
Gymniks / Lakettes / Off Limits /
Pinnacle / Premier
Victors

Flight 2R - Level 7 (B)

Stretch - 11:15 - 11:45
Timed Warm-up - 11:45 - 12:00
March In - 12:00
Indv. & Team Awards - 2:30

Participating Teams:

Core Elite / Gymsport / Gym Dandy's /
Lake Erie Gymnastics / Lions /
Maverick / Niagara Falls Lightning /
Renzi's / Stumpfs / Ultimate

Flight 3R - Level 7 (C)

Stretch - 2:30 - 3:00
Timed Warm-up - 3:00 - 3:15
March In - 3:15
Indv. & Team Awards - 6:15

Participating Teams:

Brandi Marie / Butler / Eagle /
Emeth / Flyers / G-Force /
Highlanders / Jump Start! / Powerhouse/
Prestige / Team Lightning / Willow Tree

Flight 4R - Level 5

Stretch - 6:15 - 6:45
Timed Warm-up - 6:45 - 7:00
March In - 7:00
Indv. & Team Awards - 9:45

Participating Teams:

All Star / Butler / Donachy / Emerald City /
Flyers / G2 / Gemini / Gym Dandys /
Gymsport / Highlander / Lake Erie /
Off Limits / Perfect 10 / Stumpfs /
Team Lightning / Ultimate / Victors

Flight 1B - Level 3 (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:00

Participating Teams:

Allison Biondi / Brandy Marie
Core Elite / Flyers
G-Force / Gymsport
Jump Start! / Team Lightning

Flight 2B - Level 3 (B)

Stretch - 11:15 - 11:45
Timed Warm-up - 11:45 - 12:00
March In - 12:00
Indv. & Team Awards - 2:30

Participating Teams:

Emerald City / GGAC
Lakettes / Orchard Park
Powerhouse / Victors

Flight 3B - Level 3 (C)

Stretch - 2:30 - 3:00
Timed Warm-up - 3:00 - 3:15
March In - 3:15
Indv. & Team Awards - 6:15

Participating Teams:

G2 / Gym Dancy's
Maverick / Niagara Falls Lightning
Off Limits / Pinnacle
Stumpfs / Ultimate

Flight 4B - Xcel Diamond

Stretch - 6:15 - 6:45
Timed Warm-up - 6:45 - 7:00
March In - 7:00
Indv. & Team Awards - 9:45

Participating Teams:

Allison Biondi / Arcadia / Butler /
Emeth / Gym Dandy's / Gymsport /
Perfect 10 / Perfect Balance / Pinnacle /
Stumpfs / Team Lightning / Ultimate

2018 Stars & Stripes Schedule

Saturday ~ Jan. 13

Flight 5R - Level 8 (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:30

Participating Teams:

Arcadia / Brandi Marie / Butler /
Donachy / Emerald City / Gymniks /
Highlanders / Lake Erie / Maverick
Perfect 10 / Premier / Prestige / Renzi /
Stumpfs / Team Lightning / West Side Gymnastics

Flight 6R - Level 8 (B)

Stretch - 12:00 - 12:30
Timed Warm-up - 12:30 - 12:50
March In - 12:50
Indv. & Team Awards - 4:45

Participating Teams:

Eagle / G-Force / GGAC
GSA / GymSport / Lakettes
Lions / Niagara Falls Lightning
/ Off Limits / Pinnacle
Trinity / Ultimate / Victors

Flight 5B - Men's Level 6 & 4

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:30

Participating Teams:

Allison Biondi / Above the Barre /
Emeth / G-Force / GymSport / International / Lake
Shore / Pinnacle / Pittsburgh Northstars / Stumpfs /
Team Lightning / Uzelacs / X-cel

Flight 6B - Men's Level 5

Stretch - 12:00 - 12:30
Timed Warm-up - 12:30 - 12:50
March In - 12:50
Indv. & Team Awards - 4:45

Participating Teams:

Allison Biondi / Above the Barre / Emeth /
Falcon / G-Force / International /
Lakers / Lake Shore / Pinnacle /
Pittsburgh Northstars / Stumpfs /
Team Lightning / X-cel

Main

Flight 7R - Level 9 & 10

Stretch - 5:00 - 5:30
Timed Warm-up - 5:30 - 5:50
March In - 5:55
Indv. & Team Awards - 9:45

Participating Teams:

Butler Hi-Flyers / Eagle / Emeth /
Flyers / Gemini / G-Force / GSA /
Gymniks / GymSport / Lake Erie /
Lakettes / Leap of Faith / Lions /
Maverick / Off Limits / Pinnacle /
Powerhouse / Premer / Prestige /
Stumpfs / Team Lightning / Trinity /
Ultimate / Victors

Event

Flight 7B - Men's Level 7-10 & JD/Gold

Stretch - 5:00 - 5:30
Timed Warm-up - 5:30 - 5:50
March In - 5:55
Indv. & Team Awards - 9:45

Participating Teams:

Alison Biondi / Above the Barre /
Emeth / G-Force
Lakers / Lakeshore / Maverick
Pittsburgh Northstars / Pinnacle
Stumpfs / Team Lightning
Uzelac / X-cel

2018 Stars & Stripes Schedule

Sunday ~ Jan. 14

Flight 8R - Level 6 (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:45

Participating Teams:

Arcadia / Butlers / Core Elite
Flyers / GSA / G-Force / Gym Dandy's
Niagara Falls Lightning / Perfect 10
Perfect Balance / Renzi's / Team Lightning
Victors / West Side Gymnastics / Willow Tree

Flight 9R - Level 6 (B)

Stretch - 12:00 - 12:30
Timed Warm-up - 12:30 - 12:50
March In - 12:50
Indv. & Team Awards - 4:45

Participating Teams:

Donachy / Eagle / Gymniks / Gymsport
G2 / Jumpstart! / Lake Erie Gymnastics
Lakettes / Off Limits / Powerhouse
Prestige / Stumpf's / Ultimate

Flight 10R - Level 2

Stretch - 5:00 - 5:30
Timed Warm-up - 5:30 - 5:50
March In - 5:50
Indv. & Team Awards - 8:30

Participating Teams:

Brandy Marie / G2 /
Off Limits / Powerhouse
Team Lightning

Flight 8B - Level 4 (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:45

Participating Teams:

All Star / Brandi Marie / Donachy
G2 / Gemini / Jump Start!
Powerhouse / Prestige
Team Lightning / Ultimate

Flight 9B - Level 4 (B)

Stretch - 12:00 - 12:30
Timed Warm-up - 12:30 - 12:50
March In - 12:50
Indv. & Team Awards - 4:45

Participating Teams:

Butler / G-Force / GGAC
Highlanders / Lakettes
Niagara Falls Lightning / Orchard Park
Lake Erie Gymnastics / Victors

Flight 10B - Level 4 (C)

Stretch - 5:00 - 5:30
Timed Warm-up - 5:30 - 5:50
March In - 5:50
Indv. & Team Awards - 8:45

Participating Teams:

Allison Biondi / Core Elite / Eagle
Emerald City / Flyers / Gym Dandy's
Gymsport / Maverick / Off Limits
Perfect 10 / Pinnacle
Renzi's / Stumpf's

USA GYMNASICS®

Sanctioned Event

2018 Stars & Stripes Schedule

Monday ~ Jan. 15

Flight 11R - Xcel Gold (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:00

Participating Teams:

Alison Biondi / Arcadia
Brandi Marie / G2 / Perfect 10
Prestige / Stumpf's / Team Lightning
Trinity / West Side Gymnastics

Flight 12R - Xcel Gold (B)

Stretch - 11:15 - 11:45
Timed Warm-up - 11:45 - 12:00
March In - 12:00
Indv. & Team Awards - 2:30

Participating Teams:

All Star / Emeth / GGAC
Gymniks / Jump Start! / Lake Erie Gymnastics
Lakettes / Perfect Balance
Pinnacle / Premier
Ultimate / Willow Tree

Flight 13R - Xcel Silver (B) & Bronze

Stretch - 2:30 - 3:00
Timed Warm-up - 3:00 - 3:15
March In - 3:15
Indv. & Team Awards - 6:15

Participating Teams:

Brandi Maries / Pinnacle
Team Lightning / Renzi's
Stumpf's / Trinity / Willow Tree

Flight 11B - Xcel Platinum (A)

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:00

Participating Teams:

All Star / Emeth / GGAC /
Gymniks / Jump Start!
Lake Erie Gymnastics / Perfect Balance
Pinnacle / Premier / Ultimate

Flight 12B - Xcel Platinum (B)

Stretch - 11:15 - 11:45
Timed Warm-up - 11:45 - 12:00
March In - 12:00
Indv. & Team Awards - 2:30

Participating Teams:

Alison Biondi / Brandi Marie / Gemini
Gymsport / Gym Dandys / Highlanders
Perfect 10 / Prestige / Renzi's
Stumpf's / Team Lightning
Trinity / West Side Gymnastics

Flight 13B - Xcel Silver (A)

Stretch - 2:30 - 3:00
Timed Warm-up - 3:00 - 3:15
March In - 3:15
Indv. & Team Awards - 6:15

Participating Teams:

Arcadia / G2
Gymniks / Lake Erie Gymnastics
Prestige