



## A Note From Desert Palms

**Both locations at Desert Palms are open** with new expanded hours. Our La Cholla location is now open from 6 am – 7 pm Monday –Thursday and Friday from 6 am – 6 pm. Our Oro Valley location is now open from 6 am to 6 pm Monday-Thursday and Friday from 9 am – 1 pm.

The health and safety of all our patients is a top priority. We continue to take all precautions including daily staff and patient screening, requiring masks at all times, limiting visitors, and expanded cleaning and sanitation procedures. We will now be requesting that only patients enter our facility while family remain outside.

If you are uncomfortable visiting our facility, your therapist is available by tele-medicine video conference or phone. In this difficult time, while we may not have the opportunity to physically interact with you, your therapist is available to provide recommendations, exercise progression, tips for activity modification, and other advice. Tele-medicine visits are provided to you at no cost.

If you have a fever or cough or suspect that you have contracted COVID-19, we ask that you please call before you arrive for an appointment at our office.

We are greatly appreciative for the flexibility and understanding of our community during this complicated time. We look forward to helping you achieve and sustain wellness.

### **What Desert Palms Physical Therapy is doing:**

Desert Palms Physical Therapy continues to monitor the Coronavirus (COVID-19) situation and agrees to adhere to the guidelines as directed by the Centers for Disease Control (CDC), Occupational Safety and Health Administration (OSHA), and the World Health Organization (WHO).

We are committed to protecting the health of our patients, clients, and other team members in efforts to prevent the spread of all infectious disease by practicing universal precautions daily.

We have an Infectious Disease Prevention Policy in place for all employees that has been recently reviewed and updated. We sanitize surfaces regularly, including equipment, supplies, handles, and writing surfaces.

We understand your decision to remain at home is personal and that there are many factors involved. If your situation requires you to cancel your appointment during this period, you will not incur a cancellation fee.

Please know that the entire team at Desert Palms Physical Therapy is committed to your health and safety in all ways.

Thank you for trusting our team as your healthcare partner who keeps you moving! If you have any questions, please feel free to contact us.

In Health,

Desert Palms Physical Therapy, Yoga & Movement Studio

[UP TO DATE INFORMATION FROM THE CDC](#)