

## KENTUCKY MOUNTAIN HEALTH ALLIANCE, INC. LITTLE FLOWER CLINIC

Website: [www.kymha.com](http://www.kymha.com)

Phone: (606) 487-9505

**Inside this issue:**

- Happy 2017!
- Free Soup & Sandwich Day
- Valentine Day Raffle
- Welcome ...  
Dr. Tamara Karelis, DMD
- Staff Appreciation
- Hope House
- Free Hot Dog Day



## A note from our CEO...

To Friends of KMHA:

Kentucky Mountain Health Alliance, Inc., dba Little Flower Clinic strives to provide quality medical care, behavioral health care, oral health care, case management, transportation, outreach and enrollment, and an overall improved experience for patients and their families in ways that demonstrate our commitment to rural health care.

*Lean In* author and tech executive Sheryl Sandberg states, "If you want to win hearts and minds, you have to lead with your heart as well as your mind". Kentucky Mountain Health Alliance, Inc. is blessed to employ a group of individuals who give their whole heart for service and have a mind to work. They are dedicated to the homeless or those at risk for homelessness in Perry County, Kentucky.

We are so fortunate to have such an engaging and active community. Over the past decade we have counted on our Board of Director Members, Advisory Board Members, mentors, volunteers, local, state and federal agencies that have invested their time, energy and funds into our programs! Together, we are effecting change!

Warmest Regards,

*Ellen Napier*

Executive Director

**Our Mission**

*The mission of KMHA is to improve the health and well-being of Southeast Kentucky citizens who are underserved or at risk for homelessness in a respectful manner through a coordination of quality holistic services.*

**Hours of Operation:**

**Monday - Friday  
9:00am - 7:00pm**

**Contact Us:**

Kentucky Mountain  
Health Alliance, Inc.  
421 Memorial Drive  
Hazard, KY 41701  
(606) 487-9505  
(606) 436-0071 Fax

**Visit Our Website:  
[www.kymha.com](http://www.kymha.com)**



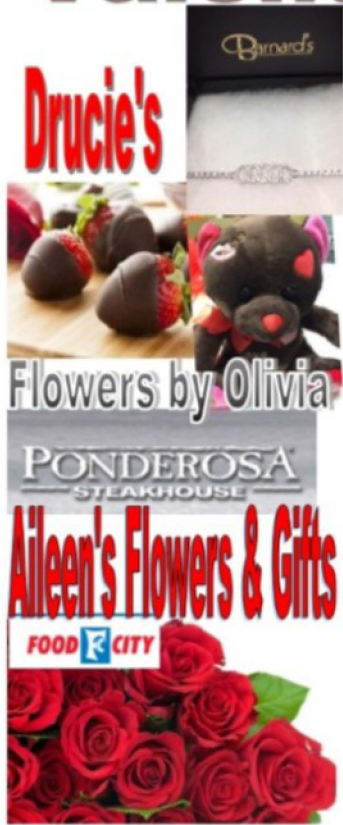
# National Wear Red Day!

February 3, 2017



# Little Flower Clinic

## Valentine Day Gift Basket



Give your Valentine a Big Surprise this year?

Take a chance on our Valentine Day Gift Basket...

**\$1 for each chance to win over a \$400 value**

**Basket Includes...1 Dozen Roses from Hazard Food City,  
Sterling Silver Tennis Bracelet from Barnards,**

**Teddy Bear from Flowers by Olivia,**

**2 Dozen Chocolate covered strawberries from Drucies,**

**and a Buffet for 2 at Ponderosa**

**(Thank you Aileens Florist for the basket & Bows)**

*All proceeds will go to benefit the Homeless of Perry County*

*Happy Valentine's Day*

**Winner will be announced February 13, 2017@ 1pm**

Program funded in part by Health and Human Services.  
Administered by Kentucky Mountain Health Alliance, Inc.

This institution is an equal opportunity employer.  
Accepts most major insurances.

[www.kymha.org](http://www.kymha.org)

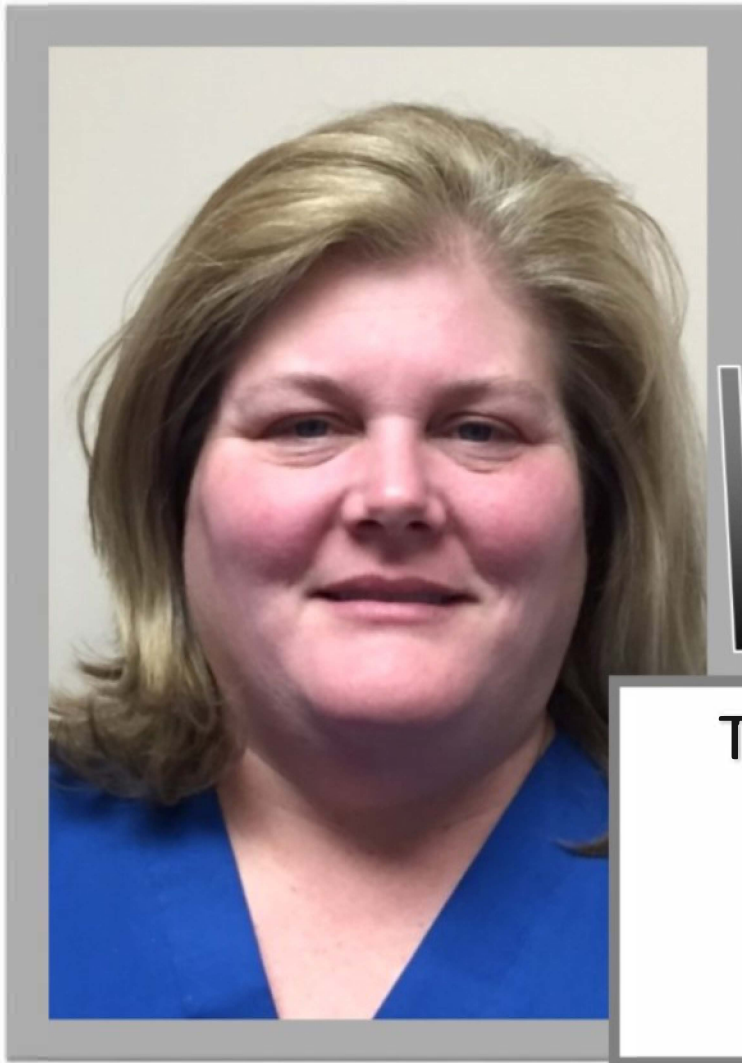
# Valentine Day Basket Winner!



**Congratulations!**

**Andrew Fugate**

**Winner of  
Valentine Day  
Basket**



# Welcomes...

**Tamara Karelis, DMD**

Full Time Dentistry

Monday - Friday

8:30 am - 4:30 pm

Kentucky Mountain Health Alliance, Inc. - Little Flower Clinic is honored to welcome Dr. Tamara Karelis, DMD.

Dr. Karelis is a graduate of University of Kentucky College of Dentistry. She brings with her 19 years of experience in General Dentistry with 15 years in a rural setting. She treats patients from all walks of life and with all manner of Dental needs.



We have an Ad in  
Modern Mountain  
Magazine...

Look for us there!

# Birthdays this Quarter...

## January...

Jamie Combs

Helen Williams

Layla Fugate

## February...

## March...

Kendra McIntosh

Samantha White

# Honoring our Staff

Little Flower Clinic appreciates the hard working staff that have a heart to help the people in Perry County and surrounding area.



Layla Fugate - LCSW/Therapist - 1 year of dedicated service as of January 4, 2017

Helen Williams - Case Manager - 3 years of dedicated service as of January 13, 2017



Rhonda Sizemore - Dental Coordinator/  
Dental Assistant/Biller - 2 years of dedicated service as of January 15, 2017

Deborah Collier, DMD - Dentist -  
2 years of dedicated service as of  
January 28, 2017



Jessica Combs - Case Manager - 1 year of dedicated service as of February 8, 2017

# Congratulations!

# Honoring our Staff

Little Flower Clinic appreciates the hard working staff that have a heart to help the people in Perry County and surrounding area.



**Shelly Wells Nurse -**  
**5 years** of dedicated service as of February 21, 2017



**Calvin Sizemore - Certified Medical Assistant**  
**1 year** of dedicated service as of March 7, 2017

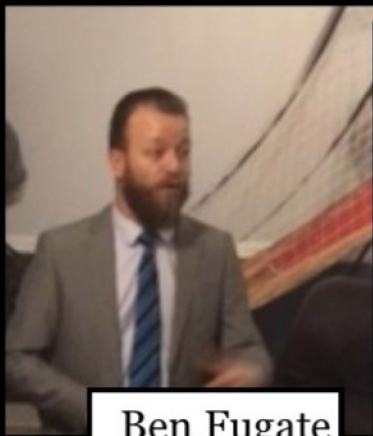
**Samantha Jo Fugate - Temporary Office Assistant-**  
**1 year** of dedicated part-time service as of March 8, 2017



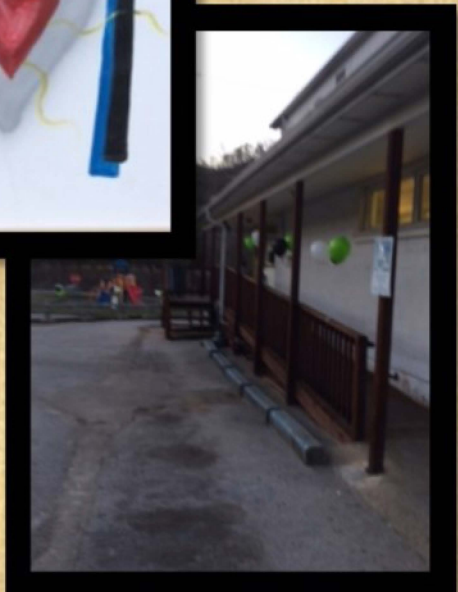
**Samantha White - Biller**  
**2 years** of dedicated service as of March 19, 2017

# Congratulations!





Ben Fugate



**SATURDAY, FEBRUARY 25, 2017**

A meeting held at the Hope House (previously Corner Haven) to re-open the Homeless Shelter... Stephen Kelly, Staff Officer for Little Flower Clinic was there to show support and get all the updated info.

**Grand Opening Scheduled for March 3, 2017**

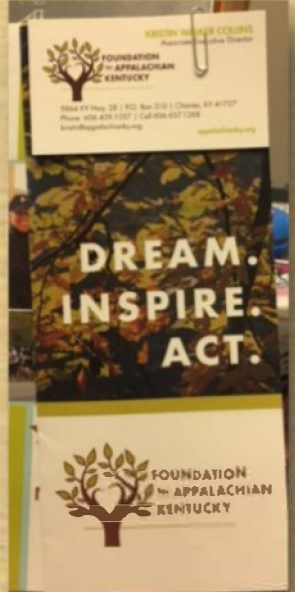
**Hours of Operation: 7:00 p.m. - 11:00 a.m.**

**Phone: 606-439-0560**

**Run for the Hills 2017**

3/2/17 at Jabo's Restaurant

Stephen Kelly, Jessica Whitaker and Karen Roberts attended this meeting getting ready for 2017!





Wearing **Blue**  
to support a cure for  
Colon Cancer  
Friday, March 3, 2017.

# OUTREACH

March 3, 2017

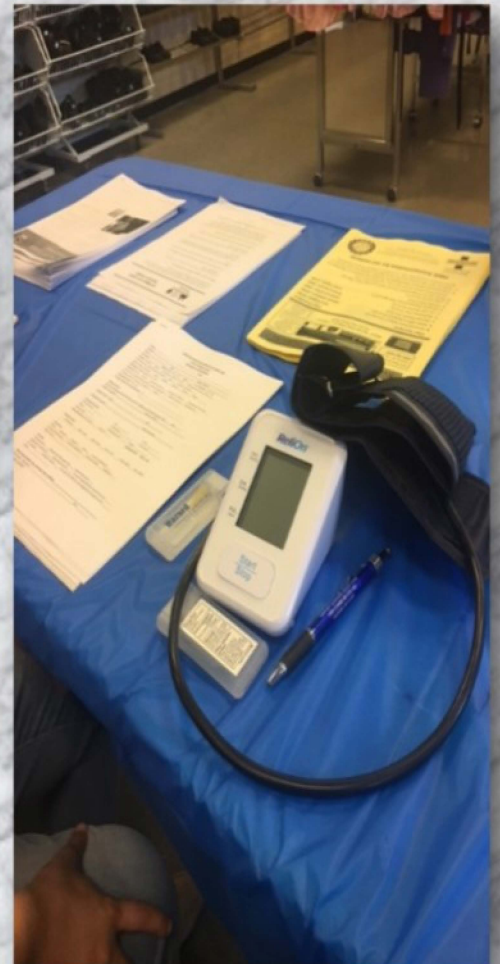
Jessica Combs & Jessica Whitaker



Friday, March 3, 2017 Jessica Combs/Case Manager and Jessica Whitaker /Outreach & Enrollment Specialist went to Goodwill here in Hazard, KY.

They gave out information about our Clinic and offered Blood Pressure Checks to anyone who was interested.

We love to interact with our community and try and be available to help them with their medical needs.



Kentucky Mountain Health Alliance, Inc. - Little Flower Clinic



# FREE HOTDOG DAY!



Friday, March 24, 2017 @ 10:30 a.m.

Enjoy a **FREE** Hotdog, Chips, & Drink





# Board Members - 2017 -

## KMHA Board Members

William "Bill" Engle, III, Chairman, Sam Collins, Vice-Chair, Carla Seals, Treasurer, Linda Blair, Secretary, Chris Doll, Alvin "Ray" Hill, Nancy Crawford, Julie Akemon, Cecelia Stewart and Rick King

## KMHA Advisory Council Members

Susan Adams, Donald Campbell, Vanessa Blanton, Larry Bowling, Evalee Vanover, Tim Myers, Connie Lane, and Jane Broyles

## Giving to Our Organization

*KMHA'S fundraising efforts are for the benefit of the homeless of Perry County.  
We believe it takes a community effort to make a difference.  
Please join with us in this endeavor.*

Send your tax deductible donations to: Kentucky Mountain Health Alliance, Inc.

Enclosed is my gift of:    \$20 \_\_\_\_\_    \$30 \_\_\_\_\_    \$50 \_\_\_\_\_    \$100 \_\_\_\_\_

This gift is from:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

I give permission for you to include my name on your publications of contributors.

I prefer to remain anonymous.

Please make checks to: Kentucky Mountain Health Alliance, Inc.



Kentucky Mountain Health Alliance, Inc.

421 Memorial Drive

Hazard, Ky. 41701

  
KENTUCKY HEALTH BENEFIT EXCHANGE  
**HEALTH INSURANCE**  
IS FOR EVERYONE. GET YOURS.

Quality Healthcare for every Kentuckian.

Available here at Little Flower Clinic.