

*Community Resources  
For Dekalb County  
Smithville  
Head Start Center  
2023-2024*



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/> or  
<https://ucassist.org/search/>

*Developed and Distributed by L.B.J. & C. Head Start*

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## **Adult Education:**

### **Cumberland University**

One Cumberland Square  
Lebanon, TN. 37087  
(615) 444-2562 & (800) 467-0562  
*(Assists Adults to further their education  
and they also sponsor job fairs)*

### **Adult Learning Center**

286 E Main St  
Algood, TN. 38506  
(931) 528-8685  
***They offer: ESOL, GED, Adult High  
School, Basic Computer Training***  
*(Assists Adults to further their  
education)*

### **Genesis Career College**

880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735  
*(Assists Adults to further their  
education)*

### **Middle Tennessee State University (MTSU)**

1301 East Main Street  
Murfreesboro, TN. 37132-0001  
(615) 898-2300  
*(Assists Adults to further their education  
and they also sponsor job fairs)*

### **Nashville State Community College**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211 & (931) 520-0551  
*(Assists Adults to further their education  
and they also sponsor job fairs)*

### **Tennessee Technology Center**

PO Box 8500 Lynchburg, TN 37352  
McMinnville, TN. 37110  
(931) 393-1500

*(Assists Adults to further their education  
and job skills training)*

### **Tennessee Technological University**

1 William Jones Dr. Cookeville,  
Tennessee 38505  
(800) 255-8881 or (931) 372-3888  
*(Assists Adults to further their  
education)*

## **Adult Job Training Services:**

### **American Job Center**

931-520-9502  
Anthony.scionti@tn.gov

### **Genesis Career College**

880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735  
*(Assists Adults to further their  
education)*

### **Fortis Institute**

Highway 111  
Cookeville, TN.  
(931) 526-3660  
*(Assists Adults to further their  
education)*

### **Nashville State Community College**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211  
(931) 520-0551  
*(Assists Adults to further their education  
and they also sponsor job fairs)*

### **NHC Healthcare**

825 Fisher Ave  
Smithville, TN 37166  
(615) 597-4284  
*(Offers training and employment as a  
Certified Nursing Tech (CNT))*

**Social Security Administration - SSI Program**

900 Sparta St. McMinnville, TN 37110

**Hotline:** 877-616-2515

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**SMX Staffing**

726 S Congress Blvd

615-215-2941

**Tennessee Department of Human Services - Dekalb County**

Families First Program

715 Walker Dr Smithville, TN 37166

(615)-597-4725

*(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Motlow Community College**

225 Cadillac LN

McMinnville, TN. 37110

(931) 668-7010

*(Assists Adults to further their education and job skills training)*

**Upper Cumberland Human Resource Agency - Dekalb County**

726 S. Congress Blvd.

Smithville, TN 37166

615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Vocational Rehabilitation (Also known as TRC)**

1955 E 20<sup>th</sup> St Cookeville, TN. 38501

(931) 526-9783

*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center (Also known as TRC)**

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

### **Resources for Bereavement:**

#### **Gentiva Hospice**

Sponsored by: Lazarus House Hospice  
West 5<sup>th</sup> and Willow  
Cookeville, TN.  
931-520-1705  
931-528-5133

#### **Heart of the Cumberland**

P.O.Box 717  
Cookeville, TN 38503  
Phone: 931-525-2600  
[heartofthecumberland@gmail.com](mailto:heartofthecumberland@gmail.com)  
*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

#### **John & Kay Quintero, Licensed Psychologists**

##### **Haven of Hope**

612 S Congress Blvd  
Smithville, TN 37166  
(615) 597-8978

*(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)*

### **Childcare:**

#### **DEKALB WEST ELEMENTARY EARLY CHILDHOOD (Pre-K)**

101 Bull Dog Lane  
LIBERTY, TN 37095  
(615) 536-5247 *(call for fees)*

#### **KIDS Putnam**

1130 Chocolate Dr  
Cookeville, TN 38501  
931-526-5437

#### **RAINBOW PLAY SCHOOL**

714 WALKER DRIVE  
SMITHVILLE, TN 37166  
(615) 597-8777 *(call for fees)*

#### **SHIRLEY'S DAY CARE**

1001 SOUTH MOUNTAIN ST.  
SMITHVILLE, TN 37166  
(615) 597-1435 *(call for fees)*

#### **Smart Step**

Contact local DHS office for childcare payment assistance.

#### **SMITHVILLE ELEMENTARY SCHOOL (Pre-K)**

221 EAST BRYANT STREET  
SMITHVILLE, TN 37166  
(615) 597-2914

#### **SMITHVILLE HEAD START**

118 KIMBERLY LANE  
SMITHVILLE, TN 37166  
(615) 597-5168 *(Free Service)*

#### **TINY TOT CHILD CARE I**

4026 NASHVILLE HWY  
DOWELLTOWN, TN 37059  
(615) 597-1284 *(call for fees)*

### **Resources to help in Child Abuse Situations:**

#### **Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

*(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)*

#### **Court Appointed Special Advocates for Children (CASA)**

3300 Williams Enterprise Drive  
Cookeville, TN. 38506  
931-520-8733

*(Assist with child placement for best possible outcome when child is taken from home due to abuse and/or neglect)*

**Dekalb County Sheriff's Department**

100 Public Square  
Smithville, TN 37166  
(615) 597-4935  
9-1-1 Emergencies  
*(Assist with emergency needs)*

**Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002  
*(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)*

**District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015  
*(Assist with child Abuse/domestic violence and other legal issues)*

**John & Kay Quintero, Licensed Psychologists Haven of Hope**

612 S Congress Blvd  
Smithville, TN 37166  
(615) 597-8978  
*(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)*

**LifeCare Family Services**

665 S. Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688  
*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family*

*therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Smithville City Police Department**

**104 E. Main St**  
Smithville, TN 37166  
(615) 597-8210  
*(Assist with emergency needs)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Tennessee Commission on Children/Youth**

Andrew Jackson Building, 9<sup>th</sup> Floor,  
502 Deadrick St.  
Nashville, TN 37243  
615-741-2633

**Dental Providers who take TennCare:**

**Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

**Cumberland Pediatric Dentistry and Orthodontics**

510 S. Jefferson Ave  
Cookeville, TN 38501  
931-845-1200  
Cumberlandpediatricdentistry.com

**Dr. Bewick**  
07 Short Mountain  
McMinnville, TN.  
931-473-2782

**Dr. Barnes**  
407 Short Mountain  
Smithville, TN. 37166  
(615) 597-1110

**Dr. Darryl Deason**  
801B West Main Street  
Woodbury, TN.  
(615) 563-2266

**Zoo Crew**  
Dr. Charles Burdeshaw  
107 Bonnahbrook Drive  
Hermitage, TN 37076  
1-800-373-3330

**Dental Providers, who may not  
take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and  
Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569  
*(Primary care medical clinic for  
uninsured no-income and low -income  
persons. Medication, clinic, dental  
services for extractions only. Long-term  
day shelter program for families, single  
men and women or single parents with  
children. Employment and emergency  
food assistance is available)*

**Cookeville Rescue Mission**  
1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Interfaith Dental Clinic**  
600 Hill Ave Suite 100  
Nashville, TN  
(615) 329-4790  
*(Based on Income/Proof of income  
required)*

**Matthew Walker Center**  
1305 14<sup>th</sup> Ave M.  
Nashville, TN 37208  
(615) 327-9400  
*(Based on Income/Proof of income  
required)*

**Interfaith Dental Clinic**  
210 Robert Rose Dr  
Murfreesboro, TN 37129  
615-225-4141

**Resources for Persons with  
Disabilities:**

**Children's Special Services**  
254 Tiger Dr  
Smithville, TN 37166  
615-597-7590/597-7599  
*(Assists with the medical needs of  
children and young adults from birth to  
age 21. They offer assistance with  
medical bills, hearing aids,  
speech/language pathology for children  
under age 3, transportation, and  
TennCare appeals. Referrals are made  
through the local county Health  
Department. Eligibility is determined at  
time of referral and is based on income  
and access to other medical resources.)*

**Friends of T.I.P.S.**  
P.O. Box 5095  
Tennessee Tech University  
Cookeville, TN 38505  
931-372-6247  
*(Assist with Children's Issues, Disability  
Services. This group serves the Upper*

*Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

**Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street  
Suite # 8  
Cookeville, TN. 38501  
(931) 528-7701  
*(Non-profit organization providing high quality residential services to persons with developmental disabilities)*

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100  
*(Assist persons with disabilities and mental illness in various ways)*

**Tennessee Department of Human Services - Dekalb County**

Families First Program  
715 Walker Dr  
Smithville, TN 37166  
(615)-597-4725  
*(Assists with Children's Issues, Disability Services, Food, Health.*

*Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**TN Early Intervention System (TEIS)**

Education/training  
(931) 528-1623  
*Assist children/families birth - 3 yrs)*

**Upper Cumberland Human Resource Agency - Dekalb County**

726 S Congress Blvd Smithville, TN 37166  
615-597-4504  
*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls)*

**Vocational Rehabilitation**

1955 E 20<sup>th</sup> St Cookeville, TN. 38501  
(931) 526-9783



*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center**

1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

**Resources to help in Domestic Violence Situations:**

**Dekalb County Sheriff's Department**

Smithville, TN 37166  
(615) 597-4935  
911 Emergencies  
*(Assist with emergency needs)*

**District Attorney General**

1519-East Spring Street  
Cookeville, TN 38501  
(931) 528-5015  
*(Assist with child Abuse/domestic violence and other legal issues)*

**Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730

**Hotline:** 800-707-5197

*(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).*

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688  
*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Smithville City Police Department**

Smithville, TN 37166  
(615) 597-8210  
*(Assist with emergency needs)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:**

***All Local Churches in Area***

**Bradford Health Center @ Cookeville Regional Office**

1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

*(Treatment Facilities for Alcoholism and drug addiction for adults & children)*

**Dekalb County Sheriff's Department**

Smithville, TN 37166  
(615) 597-4935  
911 Emergencies  
*(Assist with emergency needs)*

**Dekalb County Crime Stoppers**

Smithville, TN 37166  
(615) 597-4935/ 464-6046  
*(Assist with emergency needs)*

**John & Kay Quintero, Licensed Psychologists**

Haven of Hope  
612 S Congress Blvd  
Smithville, TN 37166  
(615) 597-8978  
*(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)*

**Adult & Teen Challenge**

200 Freedom Ln Livingston, TN 38570  
1-888-688-0470

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688  
*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Meth Hotline**

Spring Street Cookeville, TN. 38501  
(931) 525-6384 *(Call to report suspected Meth activity)*

**Meth Hotline/Statewide**

1-877-866-6384 *(Call to report suspected Meth activity)*

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051 *(Assist persons with disabilities/mental illness & Drug abuse in various ways)*

**Smithville City Police Department**

104 E Main St. (City Hall)  
Smithville, TN 37166  
(615) 597-8210 *(Assist with emergency needs)*

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400 *(Drug Task Force)*

**TEMA**

[www.tn.gov/tema](http://www.tn.gov/tema)

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile*

*Mental Health and Drug Court  
Counseling are also available)*

**Upper Cumberland Human Resource  
Agency - Dekalb County**

712 S Congress Blvd Smithville, TN  
37166

615-597-4504

*(Assists with Children's Issues,  
Clothing, Disability Services,  
Drug/Alcohol Abuse, Food, Health,  
Housing, Unruly and Delinquent Youth,  
Legal/Governmental Assistance, Mental  
Care and Counseling,  
Money/Employment Assistance,  
Transportation/Utilities, Youth  
Activities. Provides the following  
services: Homemaker Aide and Elderly  
Chore Services; LIHEAP; WAP;  
Emergency Assistance; Information and  
Referral Services; Child and Adult Care  
Food; Child Care Certificate; WIA;  
Youth; Dislocated Worker; Adult;  
Families First Employment; Title V  
Senior; 502E Senior; Drivers'  
Education; Community Intervention for  
Juvenile Offenders; Adult Community  
Corrections; DUI/LIOP; CHANCE for  
Girls; CHANCE for Boys; Lakeside  
Resort and Educational Complex;  
UCARTS; Van Pool; Job Access;  
Commodities; Van Buren County Head  
Start; Cumberland Mountain School.)*

**Assistance in the event of an  
Emergency Situation:**

**American Red Cross**

Smithville, TN 37166

931-473-2595

*(Assistance with clothing, food &  
shelter in the event of a disaster, such as  
house fires)*

**ST Thomas Dekalb Hospital**

520 W Main St. Smithville, TN 37166

(615) 215-5000 *(Assist in emergency  
medical needs)*

**Dekalb County Ambulance  
Department**

248 Meadowbrook

Smithville, TN. 37166

(615) 597-6768

9-1-1 Emergencies *(Assist with  
emergency needs)*

**Dekalb County Fire Department**

782 King Ridge Rd

Dowelltown, TN. 37059

(615) 597-4141

9-1-1 Emergencies *(Assist with  
emergency needs)*

**Dekalb County Rescue Squad**

Fisher Ave.

Smithville, TN. 37166

9-1-1 Emergencies *(Assist with  
emergency needs)*

**Poison Control/National**

1-800-222-1222

**Shriners of Tennessee**

1354 Brick Church Pike

Nashville, TN. 37207

*(615) 226-7676 (Helping children with  
orthopedic and burn conditions at no  
cost to the families or outside agencies)*

**Smithville City Fire Department**

104 E. Main St.

Smithville, TN. 37166

(615) 597-4141

9-1-1 Emergencies *(Assist with  
emergency needs)*

**Smithville City Police Department**

104 E Main St.

Smithville, TN 37166

(615) 597-8210 *(Assist with emergency  
needs)*

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501

(931) 528-5400  
(Drug Task Force)

**Assistance with  
Food/Clothing/Utilities Needs:**

**American Red Cross**  
Smithville, TN. 37166  
931-473-2595 (Assistance with clothing, food  
& shelter in the event of a disaster, such as  
house fires)

**Community Education Office for the  
Food Stamp Program**  
**Legal Aid Society of Middle Tennessee  
and the Cumberland**  
9 South Jefferson Avenue Cookeville,  
Tennessee 38501  
Phone: 931.528.7436 Toll  
Free: 800.262.6817 (Provides Pre-  
screenings and information for the Food Stamp  
program. Serves all counties in the LBJ&C Head  
Start Service area.)

**Dry Creek Baptist Church**  
5521 Dry Creek Rd  
Dowelltown, TN. 37059  
(615) 536-5075 (Assist with food/clothing  
needs)

**Keltonburg Church of Christ**  
5526 Keltonburg Rd  
Smithville, TN 37166  
(615) 597-1866 (Assist with food/clothing  
needs)

**Smithville Church of Christ**  
520 Dry Creek Rd  
Smithville, TN 37166  
(615) 597-4159 (Assist with food/clothing  
needs)

**Salvation Army**  
Cookeville, TN. 38501  
(931) 520-1654 (Assists with various  
needs)

**Tennessee Department of Human  
Services - Dekalb County**  
Families First Program  
715 Walker Dr Smithville, TN 37166  
(615)-597-4725

(Assists with Children's Issues,  
Disability Services, **Food, Health.**  
Responsible for a variety of functions  
including, but not limited to  
administering the Families First and  
Food Stamp programs, processing  
TennCare applications, regulating  
childcare centers, managing child  
support services and providing a wide-  
range of services to Tennesseans with  
disabilities)

**Upper Cumberland Human Resource  
Agency - Dekalb County**  
726 S Congress Blvd Smithville, TN  
37166  
615-597-4504

(Assists with Children's Issues, Clothing,  
Disability Services, Drug/Alcohol Abuse,  
Food, Health, Housing, Unruly and  
Delinquent Youth, Legal/Governmental  
Assistance, Mental Care and  
Counseling, Money/Employment  
Assistance, Transportation/Utilities,  
Youth Activities. Provides the following  
services: Homemaker Aide and Elderly  
Chore Services; LIHEAP; WAP;  
Emergency Assistance; Information and  
Referral Services; Child and Adult Care  
Food; Child Care Certificate; WIA;  
Youth; Dislocated Worker; Adult;  
Families First Employment; Title V  
Senior; 502E Senior; Drivers'  
Education; Community Intervention for  
Juvenile Offenders; Adult Community  
Corrections; DUI/LIOP; CHANCE for  
Girls; CHANCE for Boys)

**Resources to assist with  
Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Bell Street Apartments**

318 Bell St  
Smithville, TN 37166  
(615) 597-1276  
*(Low-income Housing)*

**Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Evins Manor Apartments**

848 Foster Rd  
Smithville, TN 37166  
(615) 597-5902  
*(Low-income Housing)*

**HART**

Homeless Advocacy for Rural Tennessee  
Grant based program, which allocates homeless assistance  
P.O. Box 3311  
Crossville, TN 38557  
931-484-3207

**Royal Oaks Apartments**

670 Miller Ave  
Smithville, TN 37166  
(615) 597-6330  
*(Low-income Housing)*

**Smithville Housing Authority**

415 S Jackson St  
Smithville, TN 37166  
(615) 597-4140

*(This program offers low-income or no-income housing, is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Habitat for Humanity**

PO Box 750  
Smithville, TN  
615-215-8181

*(Habitat builds and sells houses to "partner families" at cost with no-interest mortgages)*

**United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539  
*(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)*

**Upper Cumberland Human Resource Agency - Dekalb County**

726 S Congress Blvd  
Smithville, TN 37166  
615-597-4504  
*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA;*

*Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Assistance with Insurance Needs:**

**Blue Cross Blue Shield**

(865) 588-4612 Group Insurance  
1-800-845-2738  
*(Affordable Insurance for Families & Individuals)*

**Tennessee Department of Human Services - Dekalb County**

Families First Program  
715 Walker Dr  
Smithville, TN 37166  
(615)-597-4725  
*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Tennessee Justice Center**

Nashville, TN  
615-255-0331  
*Assists with strategies for obtaining TennCare and appeals process, etc.*

**Legal/Governmental Assistance:**

**Child Support Services of Tennessee - Cookeville**

1525 East Spring Street  
Suite G  
Cookeville, TN 38506  
931-528-8598  
*(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)*

**Smithville Housing Authority**

415 Jackson St  
Smithville, TN 37166  
(615) 597-4140  
*(This program offers low-income or no-income housing, is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Legal Aid Society of Middle Tennessee and the Cumberland**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817  
*(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues. )*

***Rape and Sexual Assault Response Center***

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes  
*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape*

*and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Upper Cumberland-Community Services Agency**

580 S. Jefferson Ave. Suite B  
Cookeville, TN 38501  
(931) 528-1127

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Dekalb County**

726 S. Congress Blvd.  
Smithville, TN 37166  
615-597-4504

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult;*

*Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Resources to Strengthen Marriages:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

**First Baptist Church**

101 W Church St  
Smithville, TN 37166  
(615) 597-4275

*(Upon request and by appt)*

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Upper Cumberland Development District**

1104 England Dr.  
Cookeville, TN 38501

(931) 432-4111  
*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

**Pre- Marriage Counselors:**

**Assessment/Counseling/training Services (ACTS)**  
Cookeville, TN. 38501  
(931) 528-9399  
*(Provide Assistance with Marriage & Mental Health Counseling)*

**First Baptist Church**  
101 W Church St  
Smithville, TN 37166  
(615) 597-4275  
Contact: Donald Davidson  
*(Upon request and by appt)*

**Medical Providers who take TennCare:**

**ST Thomas Dekalb Hospital**  
520 W Main St  
Smithville, TN 37166  
(615) 215-5000  
*(Assist in emergency medical needs)*

**Children's Special Services**  
Cookeville Regional Health Office  
200 W. 10th Street  
Cookeville, TN 38501  
931-528-7531  
*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at*

*time of referral and is based on income and access to other medical resources.)*

**Cookeville Pediatrics Associates**  
345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

**Cookeville Regional Medical Center**  
142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541  
*(Takes TennCare)*

**Dekalb County Health Department**  
254 Tiger Dr  
Smithville, TN. 37166  
(615) 597-7590/ 597-7599

**Dr. Thorton Bryan**  
302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395  
*(Takes TennCare)*

**Dr. Cooper**  
302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395*(Takes TennCare)*

**Dr. David Foutch/Eye Doctor**  
517 West Broad Street  
Smithville, TN. 37166  
(615) 597-2255

**Dr. Doug Hooper**  
Family Medical Center  
Smithville, TN. 37166  
(615) 597-4395  
*(Takes TennCare)*

**Dr. Starla Meigs**  
107 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4218



*(Takes TennCare)*

**Dr. Jack & Kevin Rhody**  
302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395  
*(Takes TennCare)*

**Dr. William Sherwood**  
302 North Congress Blvd  
Smithville, TN. 37166  
(615) 597-4395  
*(Takes TennCare)*

**Dr. David Snodgrass**  
4761 Andrew Jackson Parkway  
Hermitage, TN. 37076  
(615) 885-3525  
*(Takes TennCare)*

**Dekalb Medical Center**  
518 West Main Street  
Smithville, TN. 37166  
(615) 597-4005  
*(Takes TennCare)*

**Family Medical Center**  
**302 N Congress Blvd.**  
Smithville, TN. 37166  
(615) 597-4395  
*(Takes TennCare)*

**Kids Kare**  
Dr. Climico  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173  
*(Takes TennCare)*

**Tennessee Pediatrics**  
435 North Cedar Street  
Cookeville, TN. 38501  
(931) 526-6100  
*(Takes TennCare)*

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Dekalb Community Hospital**  
520 W. Main St  
Smithville, TN 37166  
(615) 215-5000  
*(Assist in emergency medical needs)*

**Bread of Life Homeless Shelter and Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569  
*(Primary care medical clinic for uninsured no-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**  
Cookeville Regional Health Office  
200 W. 10th Street  
Cookeville, TN 38501  
931-528-7531  
*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Cookeville Regional Medical Center**  
142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541  
*(Takes TennCare)*

**Dekalb County Health Department**  
254 Tiger Dr  
Smithville, TN. 37166  
(615) 597-7590/ 615-597-7599

**Warrior Counseling, PLLC**  
Natalie Whorton  
705 Howell St  
Sparta, TN 38583  
931-510-8365

**Mental Health Providers who take TennCare:**

**Cumberland Plateau Recovery**  
550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382 (*Assists those recovering from substance abuse with counseling and support services*)

**Dale Hollow Mental Health Center**  
501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678 (*Assist with family or individual counseling for drugs/alcohol/etc.*)

**Personal Growth and Learning Center**  
509 North Cedar Avenue  
Cookeville, TN 38501  
931-520-8435  
(*Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services*)

**Plateau Mental Health Center**  
Substance Abuse Services  
1200 South Willow Avenue

Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051 (*Assist persons with disabilities and mental illness in various ways*)

**Rape and Sexual Assault Response Center**  
1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197  
(*Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service.*)

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**  
1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943  
(*Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves*)

**Mental Health Providers, who may not take TennCare, but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399 (*Provide Assistance with Marriage & Mental Health Counseling*)

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688  
(*A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.*)

**Plateau Mental Health**

1200 S. Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4357 **24-hour hotline** (*Assist persons with disabilities and mental illness in various ways*)

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100 (*Assist persons with disabilities and mental illness in various ways*)

**John & Kay Quintero, Licensed Psychologists**

Haven of Hope  
Smithville, TN 37166  
(615) 597-8978 (*They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.*)

**Upper Cumberland-Community Services Agency**

580 S. Jefferson Ave. Suite B  
Cookeville, TN 38501  
(931) 520-0200  
(*Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available*)

**Upper Cumberland Human Resource Agency - Dekalb County**

726 S. Congress Blvd.  
Smithville, TN 37166  
615-597-4504  
(*Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex;*)

UCARTS; Van Pool; Job Access;  
Commodities; Van Buren County Head  
Start; Cumberland Mountain School.)

## **Quit Tobacco Resources**

**Tennessee Tobacco Quitline**  
1-800-784-8669

**Cumberland County Health  
Department**  
Smoking Cessation  
Ruth Lucas  
1503 South Main St  
Crossville, TN  
931-484-6196

**Highlands Medical Center**  
Quit 4 Life Smoking Cessation  
931-738-9211

**Tennessee Department of Health,  
WIC Program**  
S.M.A.R.T. – Smart Mothers are  
Resisting Tobacco  
1-800-342-5942

**Nicotine Anonymous**  
800-642-0666

**American Lung Association**  
800-586-4872  
Freedom From Smoking  
info@lung.org

**American Lung Association of  
Tennessee**  
212 S. Peters Rd Suite 106  
Knoxville, TN 37923  
865-691-7228  
[www.lung.org](http://www.lung.org)

**Former Smokers**  
The No Smoke Café  
<http://clever.net/chrisco/nosmoke/stop.html>

## **Resources to assist persons raising children possibly other than their own:**

**Agricultural Extension Service -  
DeKalb County**

712 S Congress Blvd  
Smithville, TN 37166  
615-597-4945

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

**Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002

*(Counties Include:* Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)

**Relatives as Caregivers**

1225 South Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4111

*(Assists in various ways, such as support groups, etc.)*

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**

Livingston, TN 38570

Contact: Carolyn Isbell, Executive  
Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent*

*abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street Suite A.200  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166  
615-597-4504  
*Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for*

*Girls; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)*

**Youth Villages**

448 Neal Street  
Cookeville, TN. 38501  
(931) 525-6900  
*(Assists Foster Parents in the Upper Cumberland)*

**Resources to assist with Transportation Needs:**

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Dekalb County**

627 S. congress Blvd.  
Smithville, TN 37166  
615-597-4504  
*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth,*

*Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Upper Cumberland Development District**

1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111  
*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

**Promoting Youth Involvement:**

**Boy Scouts of America**

Middle TN  
(615) 383-9724  
*(Provides opportunities for boys and young men to get involved with community activities)*

**Girl Scouts of America**

Smithville, TN 37166  
1-800-395-5318

*(Provides opportunities for girls and young women to get involved with community activities)*

**Justin Potter Library**

101 S 1<sup>st</sup> St  
Smithville, TN. 37166  
(615) 597-4359  
*(Assists with library cards, tax forms, research and Internet access)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Dekalb County**

Smithville, TN 37166  
615-597-4504

**WCTE American Graduate & Ready To Learn**

IWray@wcte.org  
CPutnam@wcte.org  
931-528-2222

**Language Assistance**  
**(All Counties)**

**Brent Simpson**

931-212-8097

**County Health Depts - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also*

*offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

*grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*

**Department of Human Services,  
Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

**Hispanic Family Resource Center**

(615) 227-7500  
(800) 280-8682

**Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN  
37150  
(615) 699-6279

**Omni Community Health**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051  
*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery,*