Sweet Success Express: Vision for the Future
Scientific Symposia and Conference

NOVEMBER 5-7, 2015
Embassy Suites Anaheim So., CA

Brochure available for download at:
http://www.sweetsuccessexpress.com/CONFERENCES.php

Highlighting the 19th Annual National Research
Conference for Diabetes in Pregnancy

PRE-CONFERENCE: Workshop - Thursday, November 5th - 11:00 - 3:15 pm

WORKSHOP # 1: ICD 10 Coding From Theory to Reality:
Coding during Diabetes and Pregnancy
by Mary Ann Hodorowicz Consulting, LLC (IL)

Mary Ann’s consulting and training services are designed to provide you with a high level of expertise to achieve your short or long-term goals in a cost-effective and timely manner.

WORKSHOP # 2: DSME/T:
Diabetes Management beyond the Clinical Setting
by Alyce Thomas RD, CDE

Diabetes self-management education and training (DSME/T) is a collaborative process through which people with diabetes gain the knowledge and skills needed to modify their behavior and successfully self-manage the disease and its related conditions. This process incorporates the needs, goals, and life experiences of the person with diabetes and is guided by evidence-based standards.

Scientific Symposia - Friday, November 6th - 7:50 am - 5:15 pm

Provides new insights focused on ongoing studies that impact fetal programming and childhood development in the offspring of mothers whose pregnancies are complicated by diabetes and/or obesity. The day’s speakers and topics include:

Power of the Primate: Lessons for Pregnancy, Diet and Our
Our Next Generation - by Jed Friedman, MD, Director, Colorado
Program in Nutrition and Healthy Development - Colorado
Children’s Hospital, Research Institute, Aurora, Colorado

Use of "omics" Technologies to Gain New Insight into Maternal
Metabolism during Pregnancy - by William L. Lowe, Jr. MD, Vice Dean Academic Affairs, Thomas D. Spies Professor of Genetic Metabolism

Continued on page 2
Controversies in Dietary Recommendations in Pregnancy and GDM and Potential Effects on Offspring. by Linda Barbour, MD, MSPH, FACP
Professor in Endocrinology, Metabolism and Diabetes: Joint appointment in ObGyn: University of Colorado, at Denver, Colorado

Future of Contraception for Women with Diabetes and prior Gestational Diabetes - BY Siri Kjos, MD, MSEd, Director of Perinatology, WellHealth Quality Care, Las Vegas, Nevada

Postnatal Nutrition and Infant Growth – Is the Composition of Breastmilk / Formula and Timing of Solid Foods Life-Altering?
- by Nancy Krebs, MD, Professor of Pediatrics, Head-Section of Nutrition, Vice-Chair - Academic Affairs, Dept. of Pediatrics, University of Colorado, School of Medicine, Aurora, Colorado

Possible Applications of the New Sciences to the Management of Diabetes and Pregnancy. Can We Improve Individualized Care? - by John Kitzmiller, MD, Maternal-Fetal Medicine (MFM), Santa Clara Valley Health Centers, San Jose, California

Additionally there will be 2 Oral Abstract Presentations during the day

Controversial Practice Standards - Saturday, November 7th - 7:50 am - 4:30 pm

Speakers will discuss controversial issues and concerns. Topics will include:

Keynote –Nephropathy, Retinopathy, Neurology: Managing Co-Morbidities in Diabetic Pregnancy - by Siri Kjos, MD, MSEd

Weight Gain in Pregnancy: How Much is too Much – too Little?
- by Linda Barbour, MD, MSPH, FACP

From Research to Implementation: Incorporating Evidence-based Nutrition Practice Guidelines into Practice - by Alyce Thomas, RD

Teratogenic Exposures during Pregnancy - Updates? - By Robert Felix, BS, MPH

Oral Medications for GDM: Miracle or Madness? - by Maribeth Inturrisi, RN, MS, CNS, CDE

Sacred Hour - by Raylene Phillips, MD, MA, IBCLC

The Diabetes Doula Manages Insulin during Labor - by Maribeth Inturrisi, RN, MS, CNS, CDE

Environmental Health and Reproduction - by Naomi Stotland, MD

Additionally there will be 2 Oral Abstract Presentations during the day

CONTINUING EDUCATION CREDITS

Nurses: Up to 21.25 Hrs Nursing BRN, Co-sponsors: Professional Education Center and SSEP
Physicians: This activity has been planned and implemented in accordance with the Institute for Medical Quality/California Medical Association’s CME Accreditation Standards through the joint sponsorship of PAC/LAC and SSEP. PAC/LAC designates this educational activity for a maximum of 15.0 AMA PRA Category 1 Credit(s).
LCSW, LMFT and LPCC: PAC/LAC is an approved provider by the California Board of Behavioral Sciences. The course meets the qualifications for 15.0 hours of credit by the California Board of Behavioral Sciences.
RD: CPE Prior Approval Verification; for up to 22 hours, by the Commission on Dietetic Registration.

CONFERENCE SPECIALS

SSEP Education Materials

1) Type 2 DM during Pregnancy PATIENT HANDBOOKS
   English or Spanish
   25 to 100 - $2/ea (reg. $2.75)
   Order now - no shipping fees

2) ONLINE SELF-STUDY MODULES - 12 Sections - 40 CE/CPEU
   Conf. Cost = $150 (reg. $189)

3) Guidelines at a Glance for GDM 2013

4) Guidelines at a Glance for Preexisting DM during Pregnancy - 2014

5) Guidelines at a Glance for Calculating and Adjusting Insulin - 2011 (being updated)
   Conf. Cost - $20/ea CD (reg. $25)

6) or set of all 3 Guidelines at a Glance CDs - $50
   Conf. Cost - $50/ea CD (reg. $60)

View all products at
www.sweetsuccessexpress.org on Products page
#1300 - SSEP SELF-STUDY SERIES CE COURSES
Now Available Online

**UPDATED 2011**
Includes Guidelines at a Glance for GDM 2013; Current ADA Recommendations & Sweet Success Guidelines for Care 2012

- **#1300 - SSEP SELF-STUDY SERIES CE COURSES**
  - **5 Hours - $30 Each**
    - 01-Preconception Conception
    - 02-Medical Nutrition Therapy
    - 03-Screening & Dx GDM
    - 04-Self-monitoring Blood Glucose
    - 05-Insulin Therapy
    - 06-Hypoglycemia
    - 07-Maternal Fetal Assessment
    - 08-Intrapartum & Delivery
    - 09-Neonatal Care
  - **11-Exercise**
  - **12-Psychosocial/Cultural Issues**
  - **13-Preexisting Diabetes**
  - **14-Completed Set of 3-SAVE $15/set
  - **1101- $55/yr - Individual Membership**
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**FREE:**
- Guidelines-at-a-Glance
- Join & apply discount to this order!
- No tax or S/H for this item

**SSEP CD PowerPoint Presentations**
- **#1501 - $25 - UPDATED 2011 - ADA Recommendations Tests for Screening and Diagnosing Diabetes during Pregnancy and Postpartum**
- 35 slides - ADA Sweet Success recommendations for testing.
- Ideal for in-services and new personnel.

**#1502 - $35 - Insulin Therapy During Pregnancy**
Includes insulin analogues, calculating & adjusting insulin for both injections and pump use during pregnancy. (2008)

**#1601 Eng / #1602 Sp - GDM Patient Handbook**
28 pgs - diabetes, pregnancy, testing, labor/delivery, breastfeeding and followup. UPDATED! 2012

**#1603 Eng / #1604 Sp - 2011 Type 2 DM in Peg. Pt. Handbook**
44 pgs - before during after pregnancy information.
Mix & Match - GDM/Type 2/Eng/Sp

**Price:**
- < 10 = $3.50/ea; 10 - 24 = $3.25/ea; 25 - 49 = $3.00/ea; 50-199 = $2.75/ea; 200+ = $2.00/ea.

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**Thank you!**

For more information email ssep1@verizon.net
www.sweetsuccessexpress.com
The following algorithm for screening and diagnosis of hyperglycemia was developed in 2011 and is in agreement with the 2013 American Diabetes Association’s (ADA) Clinical Practice Recommendations. At the first prenatal visit (<13 weeks), all pregnant women should undergo risk assessment for diabetes. Screen either all pregnant women for undiagnosed hyperglycemia or only women with any one of the following risk factors:

- Non-caucasian ethnicity
- BMI 25 or higher (the at-risk category could be lower in some ethnic groups)
- History of GDM or pre-diabetes, unexplained stillbirth, or malformed infant.
- Previous newborn weighing 4000 gms or more (8 lbs 13 oz)
- 1st degree relative with DM
- Non-caucasian ethnicity
- BMI 25 or higher (the at-risk category could be lower in some ethnic group)
- History of PCOS, CVD, HTN, hyperlipidemia
- Chronic use of medication that causes hyperglycemia (e.g., steroids, betamimetics, atypical antipsychotics)

Many practitioners are adding a HbA1c screen to the first trimester prenatal panel.

**NOTICE:** Due to recent inquiries regarding how to treat pregnant women who have previously been diagnosed with prediabetes, the Guidelines for Diagnosis of Hyperglycemia in Pregnancy found in the CDAPP Sweet Success Pocket Guide for Professionals 2013 are being reprinted. The Pocket Guide can be downloaded at [www.CDAPPSweetSuccess.org](http://www.CDAPPSweetSuccess.org). See Pages 4 & 5 in Pocket Guide.

### REFERENCES from the Pocket Guide 2013


### SSEP Membership PROGRAM

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- Membership fee supports member services

Cost: Individual - $55/yr
Organizational - $125/yr (for 3 members)

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