



KOKOPELLI KRONICLE



ANASAZI CHAPTER FMCA

February 2022

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ANASAZI's On The Road...

Because Wild West RV Resort cancelled our February 2022 rally, the normal write up of this month's rally cannot be accomplished. In order to compensate for this, we will be including all of the normal sections of our newsletter plus, we will be adding a flash back into the past – the February 2014's newsletter.

Enjoy!

Larry Morrison & Ron Woodward co-editors Kokopelli Kronicle News Letter

Presidents Message



Happy February Everyone! You all know by now that the park we had reserved for the February rally canceled our reservation due to their current campers extending their stays. We have contacted the remaining parks on our calendar and should not face a problem such as this again in 2022. Tim, Adrienne, Betty and I are planning a busy and fun filled Roving Rally for March, we have some very different activities which hopefully will please everyone on the rally.

On a different note, most know that I lost my 92-year-old father (Joseph Cernie) last month. I want to thank everyone for the out pouring of cards, calls and texts offering condolences. It's a tough anytime you lose a parent no matter how long they were a part of your life. Each time I opened a card from my ANASAZI family it made me feel lucky to have so many caring friends. It also made me think of the wonderful times my father took us camping in our 18 ft. "Terry" travel trailer. I must have been a lot smaller back then as my memories thought that little trailer was spacious! I remember my Dad teaching me how to "hitch" the trailer to the back of the Chevy Impala that we used to tow the little rig to that months destination. Both my sisters and I looked forward to our monthly camping trip with "Fredsons

Travel Club” and especially enjoyed our times meeting our friends and riding motorbikes, fishing and potlucks! So now, as I watch my son (Joseph) take his family out in his Discovery MH and ride ATV's, fish, hunt and, enjoy potlucks, I realize that my dad knew how good the RV lifestyle was and what a positive effect it would have on my life and my kid's life well over 50 + years ago.

My last words with my Dad were talking about the Cardinals and the Packers, both of us teasing and supporting our teams. I remember ending the call with a chuckle and smile and thank God, I said “I love you Dad”. Remember to hug the people close to you, and talk to them as if it is the last time you will ever get to speak with them. RIP Dad.

Hugs,

Wayne



February

Kathy Abbott

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Tiring of the same old buzz haircut from the barber at Fort Dix, New Jersey, I went into town to get my haircut.

The hairdresser noticed my accent and asked where I was from.

“Trinidad.” I said,

“Is that in Arabia?”

“The Caribbean.”

She laughed, “Sorry, I never was very good at geometry.”



February

No February Anniversaries



Today's Thought

Hmmm

A lot of folks would do more praying' if they could find a soft spot for their knees



From the Cook Book and Rally of February 2015



Party Potatoes

Ingredients:

- 1 & ½ bags of O'Brien Potatoes (diced potatoes with onions & peppers)
- 2 cans cream of potato soup
- 1 can cream of celery soup
- 8 oz. of sour cream
- 1 large can of diced green chilies
- 1 small package of grated cheese
- Pepper to taste
- Garlic powder to taste

Mix all ingredients together in a baking pan
Spread the graded cheese on top
Bake @ 325 degrees for 1 ½ hours
Let stand for 10 minutes after baking



What If Instead Of Police Dogs, There Were Giant, Man-Sized Police Spiders?

There would certainly be much less
crime.



SAFETY REMINDER

Working and playing in the winter months can be fun but also not so fun if you don't pay attention to your surroundings. One dangerous thing to be aware of is Hypothermia.

Source (Mayo Clinic – Internet)

In case of emergency call 911 and answer the dispatchers' questions.

Hypothermia is a medical emergency that occurs when your body loses heat faster than it can produce heat, causing a dangerously low body temperature. Normal body temperature is around 98.6 F (37 C). Hypothermia (hi-poe-THUR-me-uh) occurs as your body temperature falls below 95 F (35 C).

When your body temperature drops, your heart, nervous system and other organs can't work normally. Left untreated, hypothermia can lead to complete failure of your heart and respiratory system and eventually to death.

Hypothermia is often caused by exposure to cold weather or immersion in cold water. Primary treatments for hypothermia are methods to warm the body back to a normal temperature.

Symptoms

Shivering is likely the first thing you'll notice as the temperature starts to drop because it's your body's automatic defense against cold temperature — an attempt to warm itself.

Signs and symptoms of hypothermia include:

- Shivering
- Slurred speech or mumbling
- Slow, shallow breathing
- Weak pulse
- Clumsiness or lack of coordination
- Drowsiness or very low energy
- Confusion or memory loss
- Loss of consciousness

- Bright red, cold skin (in infants)

Someone with hypothermia usually isn't aware of his or her condition because the symptoms often begin gradually. Also, the confused thinking associated with hypothermia prevents self-awareness. The confused thinking can also lead to risk-taking behavior.

Causes

Hypothermia occurs when your body loses heat faster than it produces it. The most common causes of hypothermia are exposure to cold-weather conditions or cold water. But prolonged exposure to any environment colder than your body can lead to hypothermia if you aren't dressed appropriately or can't control the conditions.

Specific conditions leading to hypothermia include:

- Wearing clothes that aren't warm enough for weather conditions
- Staying out in the cold too long
- Being unable to get out of wet clothes or move to a warm, dry location
- Falling into the water, as in a boating accident
- Living in a house that's too cold, either from poor heating or too much air conditioning.

Alcohol

To avoid alcohol-related risks of hypothermia, don't drink alcohol:

- If you're going to be outside in cold weather
- If you're boating
- Before going to bed on cold nights

Treatment

Seek immediate medical attention for anyone who appears to have hypothermia. Until medical help is available, follow these first-aid guidelines for hypothermia.

First-aid tips

- **Be gentle.** When you're helping a person with hypothermia, handle him or her gently. Limit movements to only those that are necessary. Don't massage or rub the person. Excessive, vigorous or jarring movements may trigger cardiac arrest.
- **Move the person out of the cold.** Move the person to a warm, dry location if possible. If you're unable to move the person out of the cold, shield him or her from the cold and wind as much as possible. Keep him or her in a horizontal position if possible.
- **Remove wet clothing.** If the person is wearing wet clothing, remove it. Cut away clothing if necessary to avoid excessive movement.
- **Cover the person with blankets.** Use layers of dry blankets or coats to warm the person. Cover the person's head, leaving only the face exposed.
- **Insulate the person's body from the cold ground.** If you're outside, lay the person on his or her back on a blanket or other warm surface.
- **Monitor breathing.** A person with severe hypothermia may appear unconscious, with no apparent signs of a pulse or breathing. If the person's breathing has stopped or appears dangerously low or shallow, begin CPR immediately if you're trained.
- **Provide warm beverages.** If the affected person is alert and able to swallow, provide a warm, sweet, nonalcoholic, noncaffeinated beverage to help warm the body.
- **Use warm, dry compresses.** Use a first-aid warm compress (a plastic fluid-filled bag that warms up when squeezed) or a makeshift compress of warm water in a plastic bottle or a dryer-warmed towel. Apply a compress only to the neck, chest wall or groin.

Don't apply a warm compress to the arms or legs. Heat applied to the arms and legs forces cold blood back toward the heart, lungs and brain, causing the core body temperature to drop. This can be fatal.

- **Don't apply direct heat.** Don't use hot water, a heating pad or a heating lamp to warm the person. The extreme heat can damage the skin or, even worse, cause irregular heartbeats so severe that they can cause the heart to stop.

Prevention Staying warm in cold weather

Before you or your children step out into cold air, remember the advice that follows with the simple acronym COLD — cover, overexertion, layers, dry:

- **Cover.** Wear a hat or other protective covering to prevent body heat from escaping from your head, face and neck. Cover your hands with mittens instead of gloves.
- **Overexertion.** Avoid activities that would cause you to sweat a lot. The combination of wet clothing and cold weather can cause you to lose body heat more quickly.
- **Layers.** Wear loose-fitting, layered, lightweight clothing. Outer clothing made of tightly woven, water-repellent material is best for wind protection. Wool, silk or polypropylene inner layers hold body heat better than cotton does.
- **Dry.** Stay as dry as possible. Get out of wet clothing as soon as possible. Be especially careful to keep your hands and feet dry, as it's easy for snow to get into mittens and boots.

Call 911 or your local emergency number

- if you suspect someone has hypothermia. While you wait for emergency help to arrive, gently move the person inside if possible. Jarring movements can trigger dangerous irregular heartbeats. Carefully remove his or her wet clothing, replacing it with warm, dry coats or blankets.



Did You Know????

- Scientists have answered the question “what comes first the chicken or the egg?” The chicken came first because the egg shell contains a protein that can only be made from a hen.
- The NCAA required football players to study during halftime in 1925
- Until 1992, female athletes competing in the Olympics had to undergo mandatory sex verification testing, due to fears that male athletes would disguise themselves as female to gain an advantage. The Olympic Committee still maintains the right to conduct testing if “suspicions arise.” There were no such requirements for male athletes.
- Friday the 13th was filmed at a Boy Scout Camp. Fans of the film would go up to the camp to visit, take photos, and sometimes scare the campers, to the point where the camp had to ask on its website for people to stop coming there.
- Elvis’s manager sold buttons that said “I hate Elvis” in order to make money off the many people who found his music controversial.
- The show M*A*S*H* was on TV for almost 13 years. The show was about the Korean War, in which American involvement only lasted three years.
- Mr. Rogers always announced when he was feeding his fish. He did so because a blind viewer wrote in, asking if the fish was okay, since she couldn’t see that he’d fed it.

A Blast From



The Past



ANASAZI CHAPTER FMCA

kokopelli kronicle

February - 2014

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The Casa Grande RV Resort was ready to welcome eight coaches of ANASAZI members on Thursday. The group chose to participate in a dinner of Barbequed beef or chicken Caesar prepared by the RV Park. Friday morning we enjoyed a complimentary breakfast of waffles, orange juice and coffee.

Friday, under sunny skies the remaining, seven coaches arrived for a total of 15. Games and cards were played while some ventured into Old Town Casa Grande for lunch at a unique Cuban Restaurant. After happy hour we were served hamburgers, mac'n cheese with coleslaw and apple pie for dessert. Karaoke was on stage in the dining room, but some chose to watch the Olympics instead.

Saturday breakfast consisted of holiday breakfast casserole made in a crockpot. An array of delicious fresh fruit, coffecake and croissants filled us for the day's events. Fourteen people drove to St. Anthony's Greek Orthodox Monastery. Larry Morrison took pictures of the lovely ANASAZI ladies in their long skirts and scarves! Faye especially liked the "bling of safety pins" on Betsy's skirt slit-a no-no! It was a perfect day for a stroll on the acres of lush orchards, vineyards, shrubs and flowering plantings - not a weed in sight!



Getting ready to go to Monastery



Main Courtyard at Monastery



Monastery entrance



St. Demetrio's Chapel



Ceiling wood work in chapel



Ornate chandelier inside chapel



Icon of Mary and Jesus inside chapel



Stonework on chapel



Inside St. Anthony's Church



Nancy and Wes inside St. Anthony's Church



Anita and Dick Hancock and Margaret Cotier



The Bishop's Chair



ANASASI tour group outside St. Demetrios' Chapel



Monastery at Entrance



St. Anthony's Church
At the Monastery

After visiting the six chapels we were treated to fresh squeezed orange juice and cookies. The gift shop had Greek pastries, preserves, breads, olives, olive oil and many books and religious articles for sale.

Others in the group joined the Florence community in a Historic District tour. Happy Hour and off to dinner at the Resort dining room for chicken with pasta or lasagna, bread sticks, salad and cake. I don't think anyone left hungry. Twenty-six of us played card bingo afterward. The big winner was Betsy with a \$24 pot on the dollar game.



Card Bingo concentration



Betsy and her Card Bingo winnings



Anne Heiser and Susan Hoye



Ellen and Joe Sharp
Tom and Carole Eells

Sunday saw half of the group stop by for coffee and conversation before the 8:30 breakfast. We feasted on a breakfast buffet with eggs of your choice or omelets with juice and coffee. Everyone enjoyed another good meal and leisurely visited before heading home.

Does it sound like we do a lot of eating? So what's new???

*Editor's note: A BIG thank you to Larry Morrison for providing the pictures and Chuck Livens for providing the write up.
Bill and Dee*

FROM THE PRESIDENT



What a great rally. Thanks to the hosts: Cotiers, Hancocks, Hoyes, and Livens. As always, they worked very hard, the resort was very nice, the food great, and the company was fantabulous!! Those who missed the tour of the Greek Monastery really missed a wonderful thing to see. Cannot believe what those people have done since 1995. By the way, the last time we were there was February 1, 2003. We knew it was quite a while back but didn't know when. In fact, Red made his famous beef stew for dinner that night!! Just a little trivial!

We hope more of you will come to the March rally as we miss seeing a number of you and I know the hosts have put in a lot of time in planning it. We know everyone is busy, but definitely put the ANASAZIS on your calendar as we are a GREAT group of people. See you soon! Drive safely!

Nancy



March Birthdays

Rod Kirtz-2
Anne
Heiser-2
Pat
Coppinger
-16 Jon
Hillegas-
16 Pat
Ruese-16
Jean
Pickett-25



March Anniversaries

Underhills-30