


AGENDA
Southeast Washington Regional FYSPRT
06/05/2025 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.	<div>Ground Rules</div> <ul style="list-style-type: none">Attendees should have a chance to speak and express their own ideas freelyEveryone has an equal opportunity to shareFYSVRT encourages a variety of points of view to be put forward and discussedAttendees should work to remain open-mindedStay true to the FYSVRT Mission and VisionAll respectful feedback is welcomedAll are welcome at FYSVRT meetings
https://www.southeastfysprt.org/home.html			
Agenda Items		Discussion & Notes	
Welcome & Introductions (5 minutes) (Alyssa)	Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSVRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.		
Meeting minutes	Review of meeting minutes from <u>May</u> Motion made by: <u>Alyssa Cruz</u> Seconded by: <u>Jon C.</u> Did the vote carry? <u>Unanimous</u>		
Presentation(s)	Filling your Toolbox by Karen Kelly: WSCC Project director- slide presentation. Self-evaluation, self-care, self-awareness. Looking at Helpful vs Useful, and Zone of Usefulness. - Presentation slides will be sent out.		
FYSVRT Updates	FYSVRT participated in 9 community events in the month of May and was able to hand out medication bags, ammo boxes, gun safes, and gave out lots of FYSVRT swag. FYSVRT continues to look for family and youth Tri Lead.		
Standing Items	SPARK: Cecelia Byrd- works at WA Behavioral Health Youth Network provides information on the first annual Youth Network Wellness. Is an opportunity to connect with young people across the state who have lived experience within mental health and/or substance use recovery community. Event will be hybrid, 2		

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	<p>day event, June 26 and 27, in Wenatchee. An email with this registration information for this event was previously sent out to all FYSPRT members. Email for Cecelia is cbyrd@wayouth.us for any questions.</p> <p>Crisis:</p> <p>Behavioral Health Providers:</p> <p>MCOs:</p> <p>WISE:</p> <p>YARP: In the last month staff tabled at several events, received several referrals last month</p> <p>Schools/ESD:</p> <p>DSHS/DCYF/DDA:</p> <p>Other: Alyssa has new office in Kennewick, come see her and say hello.</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/RPMWT2X
Closing Announcements	No FYSPRT meeting in July.. Next FYSPRT meeting will be on August 7, 2025.
Regional FYSPRT meeting dates 	<p>Thursday, June 5, 2025, 3:30-5pm</p> <p>Meeting ID: 893 4070 2913</p> <p>Passcode: 114818</p> <p>https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon</p>
State FYSPRT meeting dates/Updates	<p>Tuesday August 5, 2025 via zoom from 3 p.m. - 5 p.m</p> <p>All are welcome to attend the State FYSPRT meetings!</p> <p>https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>