



# OCEANSIDE COASTAL NEIGHBORHOOD ASSOCIATION

## CONNECTING AND INFORMING NEIGHBORS

Jun 2020 – Volume 18/Issue 6

Visit Us: [www.OCNA101.org](http://www.OCNA101.org)

### WHO ARE WE?

OCNA is your neighborhood association. We are your neighbors down the street and around the corner who are getting involved in our community and strengthening ties to one another.

By sharing information and working together, we can make our great neighborhood even better. Our boundaries are Mission Avenue to the North, Oceanside Blvd to the South, I-5 to the East and the Pacific Ocean to the West. Learn how to join in at our website [www.OCNA101.org](http://www.OCNA101.org)

### MISSION STATEMENT

To ensure a vital, sustainable neighborhood that protects the quality of life for all citizens in the Oceanside Coastal area by promoting and conducting community events, participating in city planning processes, holding city government accountable, and supporting cultural, civic and local business endeavors.

### CONTACT US!

**President:** Jane Marshall  
**Vice-President:** Lisa Hamilton  
**Secretary:** Sally Haggerty  
**Treasurer:** Lane Stewart  
**Dir Publicity:** Maggie Matthews  
**Director:** Claudia Troisi

**We need Volunteers! Please email**  
Jane Marshall  
[ocna101@gmail.com](mailto:ocna101@gmail.com)

### NEIGHBORHOOD MEETING:

**Meetings are Postponed Until September 2020**  
*Due to Covid 19 Distancing Orders – Stay Well Please!*

### UPDATE – LETTER FROM POLICE CHIEF MCCOY:



June 3, 2020

Dear Oceanside Residents,

As the Police Chief of Oceanside, I have made the decision to ban the Carotid Restraint, commonly referred to as a “chokehold” as a restraining option for our officers. I am aware this particular restraint option has been and continues to be considered unacceptable in many communities. It is time for our department to focus on alternative de-escalation tools and techniques that will help ensure the safety of those individuals in our custody. The Oceanside Police Department is committed to continuing to provide our officers with extensive training on de-escalation tactics and promoting new tools as appropriate alternatives.

Our department is committed to listening and learning from the community, as well as continually improving our relationship through each and every interaction with those we serve and protect.

Sincerely,

Frank S. McCoy  
Chief of Police

3855 MISSION AVENUE • OCEANSIDE, CA 92058-1882 • (760) 435-4900



*Support OCNA and be part of our dynamic neighborhood!*

OCNA Board of Directors wish all of our members and supporters well during this time!

## DID YOU KNOW....

It's Grunion Run time? Exactly is what's a grunion anyhow. And how do they "run?"

Grunion are one of Southern California's unique native phenomena. These tiny fish (about 6 inches long) use the full moon to know when tides are high enough to come out of the water on sandy beaches to lay their eggs. First come a few "scouts," to see if they like beach conditions. Then, if you are lucky, you'll see hundreds of fish swarm ashore with the waves, wiggle their tails in the sand to bury themselves up to their necks and other fish curling around them.

These are the grunion laying eggs and fertilizing them. Job done, they wash back to sea with the retreating tide. The eggs stay buried for about 2 weeks until the next high tides wash them back to the sea to grow up and start the cycle again.

Grunion come ashore (called a "run") from March through September about every two weeks. But they are hard to see as so many of our sandy beaches have disappeared and they don't always come to the same places. To have your best chance to see this Southern California phenomenon, Google: "Grunion runs, 2020" and "San Diego beaches for Grunion runs." These websites will tell you lots about when to go, what to wear and what to do or not do.

Oceanside near St. Malo is reported to have had some grunion coming ashore, but Del Mar, La Jolla Shores, Mission Beach and Coronado Strand are reported to be better choices as they have more sand.

Good luck, the night beach is a very different place than the day beach.

## BUENA VISTA LAGOON GETS HELP!

After 30 years of debate over whether the Buena Vista Lagoon should be salt water or freshwater, the Carlsbad City Council and subsequently SANDAG approved moving forward with the saltwater plan. The City of Oceanside will be supportive.



Over the past several decades the 220-acre lagoon has filled with silt, reeds, and cattails. Under the new plan the weir, which has kept the salt water out of the lagoon, will be removed allowing tidal action to resume. Also, a "big" dredging operation to restore the open water area of the lagoon will occur. This effort was encouraged and supported by the Buena Vista Audubon Society, Preserve Calavera and the North County chapter of the Sierra Club.

Funding for the project is estimated to be \$65 million paid by funds expected to come from mitigation projects connected to the I-5 widening and the double-tracking of the coastal railroad.

## BUSINESS MEMBER – THE MILLER'S TABLE

*The Miller's Table*

Serving To-Go & Wine Orders Please Order on-Line - Use Grubhub delivery  
We are happily working away to craft delicious Sandwiches & Snacks as well as  
Cheese & Charcuterie. We have a whole new selection of wine to enjoy at home!  
514 S Coast Hwy Unit A 442.615.7200 [TheMillersTable.com](http://TheMillersTable.com)

## MAINSTREET 4<sup>TH</sup> OF JULY CONTEST:

MAINSTREET is sponsoring a Patriotic Celebration Decoration Contest!  
Let's show what the OCNA neighborhood is all about!!



Show your creativity and patriotic spirit by decorating your front yard, balcony, porch, fences for all to see. Create a theme or go crazy with flags, lights, bunting, and lots of stars and stripes. Decorate from June 26-July 1; Judging July 1-July 3.

**YOU MUST REGISTER BY JUNE 26TH AT 5:00pm - Limit to first 100 entries to be in the contest and win prizes.** REGISTER: [www.eventbrite.com/e/patriotic-celebration-decoration-contest-tickets-106278710484](http://www.eventbrite.com/e/patriotic-celebration-decoration-contest-tickets-106278710484)

## OCNA - HOW YOU CAN PARTICIPATE:

1. Attend our informative meetings - be a voice in our neighborhood.
  2. Volunteer for meetings, special events, and to distribute newsletters.
- Support by becoming a member. Your dues help with hosting informative meetings and events, newsletters, website and creating a valuable forum.

Newsletter distribution is 1000 local doors + eblasts reaching over 350!

**\*\* Pay via Paypal at our website [www.OCNA101.org](http://www.OCNA101.org) \*\***

Resident Membership is \$36/year – only \$3/month!

Business Membership is \$50/year – about \$4/month

**\*For membership information contact Lane Stewart (760) 214-3984\***