

What's Cooking in the Kitchen: For the Week of: October 1—5, 2018

MONDAY

BREAKFAST: Cheerios, Bananas, Milk

AM SNACK: Juice Break

LUNCH: Homemade Macaroni & Cheese, **ORGANIC** Broccoli (from Frozen) w/Touch of Margarine, Orange Sections, Milk

PM SNACK: **ORGANIC** Sweet Potato Crackers, Cheddar Cheese Sticks, **RED** Apple Slices, Water

TUESDAY—INFANT & YOUNG TODDLER BREAKFAST

BREAKFAST: **ORGANIC** Whole Grain Pumpkin Pancakes, Syrup on the Side, Sausage Patties, **ORGANIC** Mixed Fresh Berries, Milk, Orange Juice, Coffee, Cream & Sugar

AM SNACK: Juice Break

LUNCH: Pepperoni French Bread Pizza, **ORGANIC** Carrots (**Infants thru Older Toddlers: Cooked Carrots**), Watermelon, Milk

PM SNACK: Laughing Cow Cheese, Celery Sticks, Fresh Pear Slices, Water

WEDNESDAY—OLDER TODDLER BREAKFAST

BREAKFAST: **ORGANIC** Whole Grain Waffles, Cinnamon Apples, Vanilla Greek Yogurt, Turkey Sausage Links, Milk, Orange Juice, Coffee, Cream & Sugar

AM SNACK: Juice Break

LUNCH: Grilled Cheese Sandwiches on **WW** Bread, Cucumber Spears, Cantaloupe, Milk

PM SNACK: **WARM** Bagel Quarters, Freshly Whipped Cream Cheese, Applesauce, Water

THURSDAY—DANIELLE'S PRESCHOOL & SHANNON'S PS/PK BREAKFAST

BREAKFAST: Bacon and Cheese Quiche (Made w/**ORGANIC** Eggs), Assorted Fresh Melon, Milk, Orange Juice, Coffee, Cream & Sugar

AM SNACK: Juice Break

LUNCH: Teriyaki Chicken Stir Fry, Brown Rice, Kiwi, Milk

PM SNACK: Multi Colored Bell Pepper Strips, **ORGANIC** Tortilla Chips, Cheese Dip, Water

FRIDAY—LAUREN'S PRE-K BREAKFAST

BREAKFAST: Build Your Own Breakfast Burritos (**ORGANIC** Scrambled Eggs, Warm Flour Tortillas, Shredded Cheese, Mild Salsa), Hashbrowns, Fresh Pineapple, Milk, Orange Juice, Coffee, Cream & Sugar

AM SNACK: Juice Break

LUNCH: BBQ Pork Sliders on **WW** Rolls, **ORGANIC** Corn w/Hint of Margarine, Fruit Salad, Milk

PM SNACK: Peach or Nectarine Slices, Ham Slices, Garbanzo Beans, Water