

**\*\*DO NOT EAT ANYTHING AFTER 10PM NIGHT BEFORE SURGERY OR YOUR SURGERY WILL BE CANCELLED\*\***

### **BARIATRIC PRE-OP INSTRUCTIONS**

- **If you have any changes to your insurance you must notify the office immediately so it does not delay your surgical procedure due to not having an Authorization.**
- **Any copays/deductibles and outstanding balances that have not been met will be collected prior to your surgical date.**
- **You must call the Corewellhealth Weight Control Center to inform them of your surgery date. Please continue with Weight Center prior to surgery to avoid having your surgery postponed.**
- **Corewellhealth Hospital will call you 1 day prior to surgery regarding times.**
- **Anesthesia Pre-screening (248) 273-8100 will call you 1 to 3 days prior regarding medications. If you take any GLP 1 (Ozempic/Mounjaro/Wegovy/Zepbound) you must stop 2 weeks prior to surgery. Avoid taking any Aspirin, Ibuprofen, Aleve, Advil, any (NSAIDs) products, any herbal medicines, fish oil, Vitamin E, Multi Vitamin, Omega 3 at least 7 days prior to surgery. Plavix, Coumadin, Mobic, Eliquis or Pradaxa please consult with your Primary Care Physician regarding when to stop taking prior to your surgical date. All other medications take as usual until you receive a call from pre-screening.**
- **If you have a pre-op diet please start 2 weeks prior to surgery.**
- **You must do a clear liquid diet the day before surgery.**
- **Type & Screen (blood draw) must be done prior to surgery date or surgery will be rescheduled. This needs to be done No Sooner than 3 days prior to surgery. You must keep the wristband on until discharged from the hospital, the orders will be in your chart. If you are having surgery at Royal Oak the lab is located on the first floor of the Patient Care Center please call (248) 551.8000 for hours. If you are having surgery at Troy you must call registration at (248) 964.5012 at least 2 weeks prior to surgery.**
- **THERE IS A \$15 CHARGE PER FORM FOR ANY PAPERWORK THAT NEEDS TO BE COMPLETED FOR YOUR WORK AND MUST BE PAID AT TIME OF YOUR POST OP APPOINTMENT. YOU MAY EITHER PICK UP THE PAPERWORK WHEN COMPLETED OR I CAN FAX THEM. PLEASE MAKE SURE THERE IS A FAX NUMBER ON FORM. THANK YOU!**

1/2025