A New Era in Aesthetic Enhancement

3 CRUCIAL STEPS

Helping the Body & Mind to Heal & Fight Aging Process

Exercise in the AM:

-It's better than at night, All exercise has cardio-vascular benefits, but when done in the AM there is increased secretion of growth hormones for an antiaging benefit.

Proper nutrition is key to maintain a healthy body and help counter-act the aging process:

-For the body to achieve and maintain peak performance it has to be fueled by proper nutrition. That begins with a healthy breakfast, followed by a light lunch, nutritious afternoon snack and early dinner. Proper nutrition also affords a balanced ratio of proteins, carbohydrates, minerals and vitamins.

• Sleep is a priority. Go to sleep as early as possible:

Newest Anti-Aging

Breakthrough for the Face...

The One Hour Facelift

"THE THREAD LIFT"

• Natural Rejuvenated Appearance

Profound & Long Lasting Results

Elevates & Repositions Sagging Skin

Lifts Tissue of Midface, Brow & Neck

• Improves Contour of Jowl Area

No General Anesthetic

No Pain, Down Time or Scars

Safe & Effective

Approved by the FDA

Sleep is vital in the antiaging process. The Human Growth Hormone fights aging from within and is only secreted in the evening when our bodies are relaxed and at rest. Without proper

sleep the anti-aging hormone is not secreted. And without 'early sleep' the amount of anti-aging secretion is significantly reduced.

Maurice Levy, M.D.

French born physician Dr. Maurice Levy, has spend the greater part of his training establishing premier treatments and techniques in the areas of anti-aging medicine. A graduate of the Faculty of Medicine of Paris and prior internships at Cedars-Sinai and Beverly Hills Medical Center, Dr. Levy serves as Attending Physician for the Consulate of France, in Los Angeles. Dr. Levy has 30 years experience in Mesotherapy which can be used to treat cellulite reduction, body fat, face and neck rejuvenation, hair growth/restoration. His patients are prominent French Ex-Patriots within the 40,000 French population living in Los Angeles. He is a member of the Commission of Social Affairs and a prominent physician in the fields of Cosmetic Medicine & Anti-aging. He attends both American



and European conferences to offer his patients the latest and least invasive procedures for health and rejuvenation. Dr. Levy lives in Los Angeles and when not attending to his busy medical practice, he enjoys time with his wife and four daughters.

Q: Who is the best candidate for the Thread Lift Procedure?

Levy: Men or women over 40 who show signs of aging or sagging in the middle face, sides of the cheeks and jowl line. The neck area also benefits from the Threadlift—with or without treatment on the face. The thicker the skin, the thicker the layer of subcutaneous fat and the larger amount of collagen in the skin-the

more dramatic the result.

Q: At what age should a person consider facial rejuvenation? Levy: Age is less important than are symptoms. As we grow older, we notice signs of aging, especially in the cheeks, jaw line area, naso-labial fold (area on either side of the nose and mouth) and obvious lines and wrinkles. Threading is a great

aide in returning the face to a more youthful look. In addition, topically, there are numerous vitamins, amino acids, minerals and hyaluronic acids that can aide in the restorative process giving skin a more

healthy look and feel. These compliment lipo-filling to the face which consists of taking fat tissue from areas on the body and redistributing it into the face to erase wrinkles and restore volume to the cheeks. Dr. Levy also employs the technique of Lipo-filling under the eye, to further complete the restorative procedure.

Q: How does Threading work? Levy: Threading is a minimally invasive

breakthrough in the world of anti-aging and has just recently been approved by the FDA. The Threading procedure is done without cutting the skin which eliminates the downtime and pain which most patients experience after undergoing a cosmetic procedure. Threads are made of polypropelynea material proven to carry no side effects and one that is not rejected by the body. The threads are inserted just under the patient's skin using local anesthetic.

Q: What recovery time is involved? Levy: I ask patients to rest for three

days to ensure efficient healing and excellent results. Some patients may experience minor bruising and for them I recommend a wholistic approach using Arnica.



O: Who invented Threading and where did you learn the procedure? Levy: Threading

was invented by a Russian physician 12 years ago. Even though Threading is new in the United States, it has been practiced in Europe for years. I studied the technique in Paris more than eight years ago. In France, Threading is also being used for buttocks and breast lifts which

after are not yet USDA approved. I also studied in here in the United States for the official training course just after the FDA approved its use in November 2004

Dr. Levy is first generation of Board Certified Anti-aging specialists and Board for Anti-Aging Medicine-A Whole Body-Whole Mind Approach.





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