

TROM BRACE



To remove brace: pinch the two buttons on the buckle to release each strap.

The smaller strap below the knee only has velcro.

***Only remove brace if instructed.**

To place the brace back on the leg ensure the round hinges are aligned with the center of the knee. Re buckle each strap and velcro the smaller strap below the knee.

To unlock brace: slide the inner and outer silver tabs upward. This will allow the brace to bend to desired range of motion without removing.

***Only bend if instructed and only bend to recommended amount while in the brace.**

To lock brace: Ensure knee is straight in full extension. Then slide the inner and outer silver tabs downward.

Brace should be locked straight at all times. Only remove or open for instructed exercises.