



## How to Minimize Groin Bulging after Herniorrhaphy?

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### **Editorial:**

Up to date, all of us have to face a common challenge that the discomfort of bulging in patients after groin hernia repair happened frequently despite there are no any specific findings from ultrasound examination in its early stage. In fact, the majority of people prefer to choose a high-quality Herniorrhaphy rather than a low-cost mesh (Löfgren et al., 2016).

Herein, Authors would like to introduce a novel groin hernia repair named as “Hernia Sac Top (HST) pathway”. The method can tie hernia sac, mesh, and loophole-closing into an entire unit with suture (Zhong et al., 2015; Wang et al., 2016), and promise a high-degree supportive power exist in the groin area. The unique technique appears to be very interesting but really does matter to reduce the discomfort of bulging after surgery. Authors get the truth and learn more from our practical experiences. Obviously, HST could maintain the integrity of groin area as the most extent as possible.

Authors just walk on Bassini's footprint, who emphasizes to close the hole exist in transversalis fascia with purse string suture and high ligation. HST pins the hole and hernia sac on the mesh simultaneously. All joint dedication to reconstruct a stronger and firm groin area will make a hernia go further as time marches on.

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### **5. Declaration:**

All authors declare they have no any conflicts of interests concerning on the letter.

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