

FAMILY POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 1:00pm-4:30pm	Open Swim 5:00am-8:30am	Open Swim 5:00am-6:00am	Open Swim 5:00am-8:30am	Open Swim 5:00am-6:00am	Open Swim 5:00am-8:30am	Open Swim 6:00am-8:00am
	AquaCise Low 8:30am-9:30am	AquaCise Med 6:00am-7:00am	AquaCise Low 8:30am-9:30am	AquaCise Med 6:00am-7:00am	AquaCise Low 8:30am-9:30am	AquaCise Low 8:00am-9:00am
	Open Swim 9:30am-10:00am	Open Swim 7:00am-9:00am	Open Swim 9:30am-10:00am	Open Swim 7:00am-1:00pm	Open Swim 9:30am-10:00am	
	AquaCise Low 10:00am-11:00am	MGH 9:00am-12:00pm	AquaCise Low 10:00am-11:00am	MGH 9:00am-12:00pm	AquaCise Low 10:00am-11:00am	Swim Lessons 9:00am-11:00am
Open Swim 11:00am-1:00pm	Open Swim 12:00pm-1:00pm	Open Swim 11:00am-1:00pm	Open Swim 12:00pm-1:00pm	Open Swim 11:00am-1:00pm	Open Swim 11:00am-1:00pm	Open Swim 11:00am-4:30pm

The Doug Lance Family Aquatic Center is CLOSED 1:00PM—4:00PM Monday—Friday

Open Swim 4:00pm-5:00pm	Open Swim 4:00pm-5:00pm	Open Swim 4:00pm-5:00pm	Live Yers 4:00pm-5:00pm	Open Swim 4:00pm-7:30pm
AquaCise Med 5:00pm-6:00pm	AquaCise Med 5:00pm-6:00pm	AquaCise Med 5:00pm-6:00pm	AquaCise Med 5:00pm-6:00pm	
Swim Lessons 6:15pm-7:30pm	Swim Lessons 6:15pm-7:30pm			
Open Swim 7:30pm-8:30pm	Open Swim 7:30pm-8:30pm	Open Swim 6:00pm-8:30pm	Open Swim 6:00pm-8:30pm	

LAP POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 1:00pm-4:30pm	Open Swim 5:00am-1:00pm	Open Swim 5:00am-1:00pm	Open Swim 5:00am-1:00pm	Open Swim 5:00am-1:00pm	Open Swim 5:00am-1:00pm	Open Swim 6:00am-4:30pm
The Doug Lance Family Aquatic Center is CLOSED 1:00PM—4:00PM Monday—Friday						
Open Swim 4:00pm-8:30pm	Open Swim 4:00pm-8:30pm	Open Swim 4:00pm-8:30pm	Open Swim 4:00pm-8:30pm	Open Swim 4:00pm-8:30pm	Open Swim 4:00pm-7:30pm	

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE. FOR QUESTIONS OR CONCERNS, PLEASE CONTACT AQUATICS DIRECTOR.



POOL SCHEDULE

IMPORTANT:

- During scheduled programming and events, the area being used will be closed.
- Age 12 and under
A parent or guardian, 18 years or older, must be in the Aquatic Center at all times.
- Weak and non-swimmers must use a U.S. Coastguard approved life jacket and have their adult within arms reach at all times.
- Must be 18 or over to enter Hot Tub or Steam Room.
- Proper Swim Attire Required.
- Follow all pool rules & Lifeguard instruction.