

# Sunrider Foods

Give Optimum Vitality For Each Stage of A Woman's Life!

Gals, Give Yourself a Strong Start for Life!

NOURISH	BALANCE	CLEANSE
 <p>NuPlus® A tasty, convenient way to bring nutritional balance to your diet!</p>	 <p>QUINARY</p>	 <p>SUNRIDER® cali™ Concentrated Herbal Beverage Rebalance with Cleansing Plant Extracts</p> <p>FOOTUNE DELIGHT™ GMO FREE</p>

## Nourish with NuPlus

### Puberty:

- Assists in hormonal balancing, smoothens the teen years. NuPlus is called “happy food”

### Menstrual Cycle

- NuPlus was a special formula safeguarded by ancient Chinese emperors, to keep their queens beautiful and so both could live long and live well It was passed from generation to generation to us today

### Menstrual Cycle

- Give your body optimum nourishment so you have that internal energy for a smooth menstrual cycle.

### Pregnancy

- NuPlus is the best food ever for growing a baby. You want that next cell to grow a strong healthy baby. You want to keep in tip top shape so that your baby's next cell can be stronger than ever. NuPlus, NuPlus! NuPlus. You can't eat too much NuPlus!

### Menopause:

- Again your body is transitioning – this can be smooth, unnoticed and a happy time – the more NuPlus the better.

- So easy to put into a lifestyle. Just like the emperors and empresses of old they wanted to live long and well. They ate what we today call NuPlus! It was considered Angel's food.

### **Post Menopause**

- Nourish with NuPlus –This formula was safeguarded by ancient Chinese emperors passed from generation to generation to become the base of nutritional balance. NuPlus is nourishing at the deepest cellular level with 12 whole concentrated foods so that the millions of cells replaced every day can be stronger than those just replaced - building a stronger body and a stronger reproductive systems
- Many enjoy 1-13 pkgs a day. How much regeneration do you want to take place?

### **Balance with Quinary.**

#### **Menstrual:**

- If you are having a symptom or a problem...understand, it's just a system of organs - crying for help!
- Your body is capable of having a smooth painless cycle.
- It's only when the body has become toxic and the organs have become weakened and aren't working together as a team, that you have problems. Restore the Balance to your Organs.
- This unique formula Quinary nourishes all your organs with 50 specific foods. To restore the working balance in your body. – They all designed to work together to make it possible for you to have a healthy home to grow a future baby.

#### **Pregnancy:**

- Balance with Quinary. Make sure ALL YOUR organ – Immune, digestive, respiratory, granular, circulatory are working in peak condition working together like a symphony growing a baby. Pregnancy is a time for your most important investment in your child's future. I could only wish that I had had NBC when I had my children. Our last child was a precious Downs Syndrome baby, and we have probably spent over a 1/2million dollars on that child, trying to give him the best in life. We sure could have saved a ton of \$ and a lot of heart ache for us and him, if I had had SR when I was carrying our precious child.

#### **Menopause**

- Balance with Quinary. Balance is what determines the quality of life. A "Symptom" is simply a Body System of organs "out of balance" - crying for help! Balance is determined by the quality and consistency of nourishment and cleansing. The body is capable of restoring balance if it is nourished correctly. This unique formula nourishes all your organs – 50 specific foods to restore the working balance of your 5 life support systems – the Reproductive/ Endocrine System being one of those systems. (The other 4 are Respiratory, Immune, Digestive and Circulatory)

#### **Post Menopausal**

- Balance with Quinary! For more than 5,000 years, the Chinese have considered herbs the "food of heaven" for mankind. The Quinary formula was developed from time-proven combinations for their benefits.

### **Cleanse: Calli - It's our Daily Detox**

- One of our most favorite ways to help relieve this toxic overload it to
- Drink Call every single day....we love it.
- See what Calli can help us remove!
  - Toxic Heavy Metals (i.e. aluminum, mercury)
  - Radiation – We’re plugged into everything....
  - Nicotine & caffeine
  - Drinking water impurities
  - Pesticides, chemicals, and preservatives
  - Fermentation/putrefaction from negative diet
  - Accumulation of toxic metabolic wastes

**The more you drink everyday the better you feel.**

- You will want to make Calli beverage – a daily must!
- 1 bag can be put in a coffee maker to make 4-8 cups.
- Drink several bags a day... Relieve the toxic load on the liver.
- You will soon see that Calli is your favorite beverage!
- Cleanse with Calli, better yet, both FD – Lift the load! Give your body clean, oxygenated blood to grow strong and FD Keeps you well hydrated and a clean digestive tract, so your baby is getting good nourishment from you
- Cleanse with Calli, nourish the 5 cleansing organs – liver, colon, lungs, kidneys, and skin so they can do their work effectively
- Lift the toxic load that is draining the reproductive system’s battery.
- 2-3pkgs a day ½ your body weight in ounces of water.

**CLEANSE: Fortune Delight: Super Hydrate, Beautiful Skin, Crash Free Energy**

- No sugar to pop out in zits on the face
- No caffeine to become addicted to
- Enjoy drinking your enough water that truly hydrates
- Because it’s delicious and so refreshing
- Lemon, peach, cinnamon and regular, raspberry,
- Nothing satisfies like Fortune
- Sports – perfect sport drink –
- sustained energy, pulls out muscle aches-full of acid
- FD keeps you well hydrated and a clean digestive tract for optimum nourishment.
- Excellent Sport Beverage – removes the acid build up from sore muscles.

**HEALTHY SWEATENER: *SunnyDew* anti-viral!**

- Stevia and Chrysanthemum herbs
- Anti viral, anti fungal, anti tooth decay
- Anti Inflammatory
- 300xs sweeter than sugar
- Highly nourishes pancreas and digestion
- Best tasting stevia without aftertaste
- Sweeten every pie, salad, smoothies, and all beverages.

- Sweatness by the drop!  
A must in every kitchen!

### **SPECIAL HORMONAL FOODS:**

#### **Beauty Pearl: Exclusive Hormonal Food**

- Each ingredient chosen for it's special beneficial qualities.
- Works on the deeper imbalances
- One-of-a-kind formulations designed for beautiful skin
- Perfect complement to Sunrider's Skin Care

Ingredients:

**Honey:** used for centuries for beautiful skin

**Ginseng Root:** a regenerative food especially for the hormones and reproductive organs.

**Korean Ginseng:** Rare and expensive root, nourishing to the mind and nervous system. Chinese eat it for energy, strength and endurance. Effective for memory; helps prevent clotting (heart attacks and strokes); varicose veins. **Korean White Ginseng:** pure unadulterated powder, strengthens heart; cholesterol: lowers bad, increases good; improves digestion; inhibits allergies; improves concentration and memory.

**Chrysanthemum Flower:** very calming, anti-infection, anti-inflammatory, soothing and nourishing to the skin.

**Alisma Oriental:** used in traditional Asian medicine for various diseases and inflammation.

**Pearl Powder:** Finely milled powder made from freshwater pearls, develops radiant, youthful complexion, stimulating new skin growth and collagen regeneration.

#### **Prime Again - Endocrine System Balancing Foods**

- Create the hormones that are the messengers that control every part of the body. EVERYTHING!
- Glands control:
  - All cell reproducing-regeneration  
Nervous system – ability to handle stress
  - Sexual response and reproductive processes
  - Relieve PMS and menopausal symptoms
  - Muscle strength – hold the body together & ability to move
  - Immune functions - decrease allergic reactions
  - Recovery from illness or injury
  - Emotion that best represents a need:  
Anxiety & Lack of Joy

Bella: Hormonal Food for Women over 40.

### **Why We Love Bella**

- “My hot flashes disappeared!” Bella helps everything else work better”
- “With Bella I have much less stiffness in my joints and am much more flexible”
- “This first month with Bella is THE FIRST MONTH IN MY LIFE with no cramps!
- “My body has actually been doing some extra cleansing with Bella” “I love the overall feeling of well-being and calm energy”
- “I love the overall feeling of well-being and calm energy”
- “I am sleeping very soundly, I love it”
- “How long will this happy feeling last”
- “Three months on Bella, I lost 15 lbs from menopausal areas- tummy, buttocks, etc.”
- “My husband feels a difference in our love life”

### ***Why I Eat 2 Bella a Day***

- Firms muscles (breast)
- Increases strength
- Reduces wrinkles
- Absorption of calcium
- Calms emotions
- Emotional stability
- No negative side-effects
- Improves my love-life
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