

March 2020
LUNCH & SNACK MENU



Child Development Center
Hyde Park Baptist Church

GF – Gluten Free		DF – Dairy Free	V – Vegetarian	E – Egg
<p>2 Cheerios GF DF V</p> <p>Chicken Sliders GF DF Oven baked Fries GF DF V Mixed Veggies GF DF V Apples GF DF V</p> <p>Carrot Sticks & Ranch GF V</p>	<p>3 Mango Yogurt GF V</p> <p>Bean & cheese Taco V Rice GF DF V Cucumber & tomato salad GF DF V Kiwi GF DF V</p> <p>Berries & string cheese GF V</p>	<p>4 Banana GF DF V</p> <p>Veggie Pasta with Butter V E Garlic Bread Squash GF DF V Melon GF DF V</p> <p>Mini Bagels with fruit cream cheese E V</p>	<p>5 Spinach Egg Bake E GF</p> <p>Beef GF DF Mashed Potatoes GF V Peas & Carrots GF DF V Pineapple GF DF V</p> <p>Pears GF DF V</p>	<p>6 Blueberry Muffin E</p> <p>Cheese Pizza Green Beans GF DF V Mixed Fruit GF DF V</p> <p>Applesauce GF DF V</p>
<p>9 Rice Chex GF DF V</p> <p>Baked Chicken GF DF Roasted Zucchini GF DF V Mashed Sweet Potatoes GF V Apples GF DF V</p> <p>Ham & Cheese roll ups GF</p>	<p>10 Strawberry Yogurt GF</p> <p>Soft Turkey Tacos DF Rice GF DF V Refried Beans GF DF V Oranges GF DF V</p> <p>Zucchini and Cream Cheese GF V</p>	<p>11 Banana GF DF V</p> <p>Spaghetti w/ marinara GF DF V E Garlic Bread Sticks E peas GF DF V Melon GF DF V</p> <p>Pears GF DF V</p>	<p>12 Cheese Egg Bake E GF</p> <p>Brisket GF DF Mashed Potatoes GF V Roasted Broccoli GF DF V Pineapple GF DF V</p> <p>Applesauce GF DF V</p>	<p>13 Cranberry Muffin E</p> <p>Pulled Pork Sliders DF Coleslaw GF DF V Beans GF DF Mixed Fruit GF DF V</p> <p>Pita bread & Hummus DF V</p>
<p>16 Cheerios GF DF V</p> <p>Turkey Chili GF DF Chopped Salad GF DF V Cornbread GF DF V Apples GF DF V</p> <p>Soft Pretzels DF V E</p>	<p>17 Blueberry Yogurt GF V</p> <p>Beef Empanadas GF Carrots GF DF V Black Beans GF DF V Pears GF DF V</p> <p>Mini Bagels & Cream Cheese V</p>	<p>18 Banana GF DF V</p> <p>Tortellini w/ Meat sauce V E Garlic Bread Sticks V E Peas GF DF V Melon GF DF V</p> <p>Peaches GF DF V</p>	<p>19</p> <p>NO School</p>	<p>20</p> <p>Spring Break!!!</p>
<p>23 Rice Chex GF DF V</p> <p>King Ranch Chicken GF Ranch Beans GF DF V Mixed Veggies GF DF V Apples GF DF V</p> <p>Celery w/sunbutter GF DF V</p>	<p>24 Banana Yogurt GF V</p> <p>Bean & Cheese Quesadilla V Corn GF DF V Spanish Rice GF DF V Peaches GF DF V</p> <p>Berry Cereal Bar DF V</p>	<p>25 Banana GF DF V</p> <p>Fish Sticks DF E Mac & Cheese E V Peas & carrots GF DF V Melon GF DF V</p> <p>Cottage Cheese & Peaches GF V</p>	<p>26 Egg Bake E GF</p> <p>Chicken Fingers DF E Mashed Cauliflower/Potatoes GF V Broccoli GF DF V Pineapple GF DF V</p> <p>Applesauce GF DF V</p>	<p>27 Oat Muffin E</p> <p>Turkey Sliders DF Sweet Pot Fries GF DF V Green Beans GF DF V Mixed Fruit GF DF V</p> <p>Ham & Cheese Roll ups GF</p>
<p>30 Rice Crispiess GF DF V Oven Roasted Turkey GF DF Baked smashed Potato GF V Peas & carrots GF DF V Apples Mandarin Oranges GF DF V</p>	<p>31 Mango Yogurt</p> <p>Cheese Enchiladas GF V Black Bean GF DF V Spanish Rice GF DF V Pears GF DF V</p> <p>Apple Cinnamon Muffin V E</p>		<p>*All Veggies in pm snacks infants – 2's will be steamed</p>	