

## Welcome to my practice.

### There are a few things that are worth knowing:

- I will work hard to treat you the way that I would want to be treated.
- I will listen and I will ask lots of questions
- I will do my best to provide you with a diagnosis
- I create handouts for most common conditions and am happy to provide you with written summaries of your visit
- I will try and minimize the number of visits required
- I am happy to refer you out for a second opinion
- When I give out my cell phone please use it for emergencies only.
- Medicine is art and science. We strive for perfection but can't guarantee it.
- Your feedback is always appreciated: Tell me directly or feel free to write an anonymous note below and leave it at reception.

# DR<sup>Z</sup>

**Fees:** Years ago the provincial government stopped covering the cost of podiatry and now only covers \$23 for people on MSP premium assistance and for a small part of surgical procedures. Amounts paid by the MSP will be deducted from your fees. I follow the fee schedule established by the BC Association of Podiatrists. Contact your MLA to request podiatry coverage.

### Extra Services:

**Ultrasound:** I have a state of the art ultrasound machine which allows me to see many structures inside your foot. There is a \$135 fee for an ultrasound examination. In many cases this exam enables me to make a diagnosis on the day and prevents the need for other tests or office visits. Diagnostic ultrasounds are also provided free of charge by BC Medical, but wait times for non-emergencies are typically many weeks.

**Injections:** I do not charge for injections of anaesthetic. These can be useful to pinpoint the source of pain or can help me to complete other procedures. I use a no-needle injector whenever possible. I do have to charge \$40 for steroid or alcohol injections.

**PRP (Platelet Rich Plasma):** This is a new cutting edge treatment in which your blood is drawn and a portion containing platelets and growth factors is extracted and injected back into areas to encourage healing. As a new treatment, the evidence proving that PRP works is not very deep, but in some cases, it may be worth trying. Due to the cost of the extraction process the cost for this procedure is \$425.

**Lab tests:** These are typically performed at a lab such as at the hospital or Lifelabs and are almost always covered by BC Medical.

**X-Ray and other Imaging (CT MRI ETC):** These tests are almost always covered by BC Medical.