

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Fitness Schedule 9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF Fitness Center Hours The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm	8am Group Barbell-PA 8am Tabata H2O-RSF 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Exercise-RSF 10am Breathe, Stretch & Relax-PA 10am Low Impact Aerobics-RSF 10:30am Swim Lessons Level 1-RSF** 11am H.I.I.T. Cardio Body Blast-PA 11am Self Defense Class-RSF 11:15am Swim Lessons Level 2-RSF** 12pm Drums Alive! Chair Exercise-RSF 12pm Fit Factory-PA 1pm Zumba-RSF 1pm Zumba-PA 2pm Joint Relief (Aqua)-RSF 3:45pm Fit Body Circuit-PA 4pm-6pm Open Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 5:30pm Muscle Ignite-PA 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF	8am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk + Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash + Tone-RSF 9am Zumba Step-PA 10am Barre-RSF 10am Zumba Toning-PA 11am Pilates-PA 11:30am Aqua Zumba-RSF 12pm Cardio Ballroom-PA 12pm Intermediate Line Dance-RSF 1pm Drums Alive Powerbeats-PA 1pm Advanced Line Dance-RSF 2pm Balance Training-RSF 2pm Beginning Tai Chi-PA 3pm Intermediate Tai Chi-PA 3:45pm-6pm Table Tennis (Open Play)-RSF 5pm-6:30pm Open Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF	8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Athletic Conditioning-RSF 9am Everybody Steps-PA 10am Breathe, Stretch & Relax-RSF 10am Core + More-PA 10:30am Swim Lessons Level 1-RSF** 11am Zumba Gold Toning-RSF 11am Cardio H.I.I.T. Party-PA 11:15am Swim Lessons Level 2-RSF** 12pm Balls & Bands-RSF 12pm Yoga-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancin-PA 2pm Joint Relief (Aqua)-RSF 3pm Beginner Balance Training-PA 6pm Muscle Conditioning-RSF 6pm Power Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF	8am TRX Suspension Training-PA 8am Walk + Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash + Tone-RSF 9am Total Body Conditioning-RSF 10am Breathe, Stretch & Relax-RSF 10am Swim Lessons Level 1-RSF** 10am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11am Cardio Ballroom-PA 11am Gentle Joints (Land Based)-RSF 11:30am Splash + Tone-RSF 12pm Fit Factory-PA 12pm Self Defense Class-RSF 1pm Beginner Line Dance-PA 2pm Balance Training-RSF 2pm Ballroom Dancing (Beg.) (10/24-11/21)-PA* 2pm-4pm Open Lap Swimming-RSF 3pm Ballroom Dancing (Int.) (10/24-11/21)-PA* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF	8am Body Sculpting 1-RSF 8:30am Yoga-PA 9am Body Sculpting 2-RSF 9am Splash + Tone-RSF 10am Zumba Gold Toning-RSF 11am Cardio Kickboxing-PA 12pm Drums Alive! Chair Exercise-RSF 1pm Zumba-RSF 1pm Zumba-PA 2pm Joint Relief (Aqua)-RSF 2pm Fit Body Circuit-PA 2pm-6pm Table Tennis (Open Play)-RSF <i>* Small fee for Ballroom classes. Please call 863-427-7130 for more information.</i> <i>** Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com</i>	8am Foam Rolling-PA 8:30am Body Alive-PA 9am Aqua Craze-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10:15am Barre & Pilates Fusion-RSF 10:30am Zumba Combo-PA 11:15am Tai Chi-RSF 11:30am Everybody Steps-PA 3pm-5pm Water Volleyball (League Play)-RSF

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Village Center Hours Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm Starlite Ballroom Sunday-Saturday 8am-11pm The Palms Amenity Center Sunday-Saturday 8am-9pm	Room Legend AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Ctr	Room Legend Cont. MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Ctr	Room Legend Cont. RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion			

3 Daylight Saving Time Ends at 2am 12:30pm Friendly Bridge-LV 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 4pm Solivita Singles Club-PA 4:30pm Solivita Squares-PA 6pm Cribbage Club-GTR	4 8:30am Bocce Boyz-Girlz-FP 9am-3:30pm Farmers Market-FP 9am Sculpture-CR 9am Solivita Shuffleboard-FP 10am-1pm Sam's Club Membership-ST Hallway 10am Sol Writers-RSF2 11am Daisy's TX Canasta-BP 1pm Acrylic Painting-AR 1pm ECWC Bible Study-LV 1pm May I-RSF2 1pm Solivita Bridge Club Duplicate Bridge-MSB 4pm OR 7pm Trivia-MO 5:30pm Solivita Starliters-ST 6:45pm Ladies Poker-MSA 7pm CERT-RSF2	5 8am Horseshoes-FP 8am Sol. Jogging-FP 8:30am The Birders-MSB 10am Ceramics-CR 10am La Fe Christian-RSF2 10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes 10am TOPS in Sol.-MSC 10am Watercolor-AR 10:30am Pickleball Clinic-FP 11am Solivita Univ.: Great Decisions - State of the State Dept & Diplomacy-GTR 12:30pm Mahjong-MSB 1pm Friendly Bridge-PA 2pm Bunco-RSF2 5pm SoulaVita Line Dancers-PA 7pm Astronomy Club-MSB 7pm Guys and Dolls-ST	6 8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Sew & So-AR 9am Solivita Shuffleboard-FP 10am-1pm Costco Membership-ST Hallway 10am Wellness Lecture: Medicare Workshop #3-PA 10am Wellness Lecture: Weight Loss with Poinciana Medical Center-RSF2 10am Yarners-MSB 11am Men's Softball Clinic-FP 11am Sculpture-CR 12pm Dominoes Club-MSB 1pm Friendly Bridge-MG 2pm Wellness Lecture: Diabetes Awareness with Heart of Florida-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 4:30pm CARAMVITA-RSF2 6pm Big Money Bingo-ST 6pm Karaoke-MO 7pm Computer Connections-RSF2	7 8am Horseshoes-FP 9am Sculpture-CR 10am Cancer Support Group-MG 11:30am "Chasing the Cure" Chronic Illness Prevention and Remission Support Group-RSF2 12pm Dominoes Club-MSB 1pm Friendly Bridge-PA 4pm-8pm Mosaics Dining-MO 6:30pm Pinochle Club-MSB 7pm Salute Our Veterans Weekend: Movie Night: SGT. Will Gardner-ST	8 8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 10:30am Solivita University: Jerusalem Jones & the Dead Sea Scrolls-PA 11am Canasta-MSB 12pm Oh Scrap!-CR 1pm Friendly Bridge-RSF2	9 8am Horseshoes-FP 8am Solivita Cyclists-FP 8:30am Salute Our Veterans Weekend: Golf Tournament-SGC, Oaks Course 9am Solivita Shuffleboard-FP 10:30am Mahjong-MSB 12:30pm Beginners Calligraphy-MG 2pm Acrylic Painting Class: Painting Vibes-CR
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10 12:30pm Friendly Bridge-LV 1pm Newpicate Bridge-MSA 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 4:30pm Solivita Squares-PA 5:30pm Salute Our Veterans Weekend: Dinner Before Young Guns Show-MO 6pm Cribbage Club-GTR 7:30pm Salute Our Veterans Weekend: Young Guns Show-ST	11 Veterans Day 8:30am Bocce Boyz-Girlz-FP 9am-3:30pm Farmers Market-FP 9am Salute Our Veterans Weekend: Memorial Service & Breakfast-FP 9am Sculpture-CR 9am Solivita Shuffleboard-FP 10am Sol. Artisan Guild-AR 11am Daisy's TX Canasta-VP 1pm Acrylic Painting-AR 1pm ECWC Bible Study-LV 1pm May I-RSF2 1pm Solivita Bridge Club Duplicate Bridge-MSB 4pm Solivita Starliters-PA 4pm OR 7pm Trivia-MO 6:45pm Ladies Poker-MSA 7pm La Dolce Vita-RSF2	12 8am Horseshoes-FP 8am Sol. Jogging-FP 10am Ceramics-CR 10am TOPS in Sol.-MSC 10am Watercolor-AR 10:30am Pickleball Clinic-FP 12:30pm CAP-RSF2 12:30pm Mahjong-MSB 1pm Solivita University: Art Lecture: See the USA (not in your Chevrolet) but through Art - the I-95 Art Series!-ST 1pm Friendly Bridge-PA 3pm Holistic Horizons-MSB 3pm Seniors for Safe Schools & Communities-RSF2 5pm Guys and Dolls-PA 5pm SoulaVita Line Dancers-PA 7pm Solivita Fishing-MSB	13 8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 10am Wellness Lecture: Eyes Over Time with Medical Eye Associates-RSF2 10am Yarners-MSB 11am Sculpture-CR 12pm Dominoes Club-MSB 1pm Friendly Bridge-MG 1pm Silk Floral Class: Holiday Anthurium-CR 2pm Wellness Lecture: Crystal Bowl Sound Healing with Riviera Spa Massage-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO 6:45pm Euchre-MSB	14 8am Horseshoes-FP 9am Sculpture-CR 10am Cancer Support Group-MG 11:30am "Chasing the Cure" Chronic Illness Prevention and Remission Support Group-RSF2 12pm Dominoes Club-MSB 1pm Friendly Bridge-PA 6:30pm Pinochle Club-MSB 7pm Movie Night-ST CANCELLED 7:30pm National Dance Company of Siberia: Russian Dance Show-ST	15 8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 1pm Friendly Bridge-RSF2	16 8am Horseshoes-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard-FP 10:30am Disney Cast Members Mini Golf and Lunch at Disney's Olivia's Restaurant 10:30am Mahjong-MSB 12:30pm Beginners Calligraphy-MG
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17 12:30pm Friendly Bridge-LV 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 4:30pm Solivita Squares-PA 6pm Big Money Bingo-ST 6pm Cribbage Club-GTR	18 8:30am Bocce Boyz-Girlz-FP 9am Sculpture-CR 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 9:30am SoFEES-MSB 11am Daisy's TX Canasta-VP 1pm Acrylic Painting-AR 1pm ECWC Bible Study-LV 1pm May I-RSF2 1pm Solivita Bridge Club Duplicate Bridge-MSB 4pm Solivita Starliters-PA 4pm Solivita Univ.: Literary Lecture: Rufus Who-GTR 4pm OR 7pm Trivia-MO 5pm Guys and Dolls-PA 6:30pm Genealogy-RSF2 6:45pm Ladies Poker-MSA 7pm Shalom Club-ST 7pm Vets Club Board Mtg-CR	19 8am Horseshoes-FP 8am Sol. Jogging-FP 10am Ceramics-CR 10am TOPS in Sol.-MSC 10am Watercolor-AR 10:30am Pickleball Clinic-FP 12pm Chef's Holiday Cooking Demo-MO 12:30pm Mahjong-MSB 1pm Friendly Bridge-PA 2pm Bunco-RSF2 5pm Guys and Dolls-PA 5pm SoulaVita Line Dancers-PA 6:30pm Sol. Sorcerers-MSB	20 8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 10am Wellness Lecture: Putting Your Affairs in Order with Baldwin Brothers Cremation-RSF2 10am Yarners-MSB 11am Men's Softball Clinic-FP 11am Sculpture-CR 12pm Dominoes Club-MSB 1pm Friendly Bridge-MG 4pm Solivita University: Great Decisions - State of the State Dept & Diplomacy-PA 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO 6:15pm Veterans Club-ST	21 8am Horseshoes-FP 9am Sculpture-CR 10am Cancer Support Group-MG 10am R2R Workshop: Celebrating the Holidays in Central Florida-ST 12pm Dominoes Club-MSB 1pm Friendly Bridge-PA 4pm-8pm Mosaics Dining-MO 6:30pm Pinochle Club-MSB 7pm Movie Night: Yesterday-ST	22 8:30am Bocce Boyz-Girlz-FP 9am Floralawn Coffee Talk-ST 9am Mixed-Media Art-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 1pm Friendly Bridge-RSF2	23 8am Horseshoes-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSB 12:30pm Beginners Calligraphy-MG
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24 12:30pm Friendly Bridge-LV 1pm Newpicate Bridge-MSA 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 4:30pm Solivita Squares-PA 6pm Cribbage Club-GTR	25 8:30am Bocce Boyz-Girlz-FP 9am Sculpture-CR 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 9:30am SoFEES-MSB 11am Daisy's TX Canasta-VP 1pm Acrylic Painting-AR 1pm ECWC Bible Study-LV 1pm May I-RSF2 1pm Solivita Bridge Club Duplicate Bridge-MSB 4pm-7:30pm Curbside Cuisine-FP 4pm OR 7pm Trivia-MO 5pm Solivita Starliters-ST 6pm Guys and Dolls-ST 6:45pm Ladies Poker-MSA	26 8am Horseshoes-FP 8am Sol. Jogging-FP 8:30am Newsletter Assembly-ST 10am Ceramics-CR 10am TOPS in Sol.-MSC 10am Watercolor-AR 12:30pm Mahjong-MSB 1pm Friendly Bridge-PA 3pm Holistic Horizons-MSB 5pm SoulaVita Line Dancers-PA 6pm Guys and Dolls-ST 6:30pm PALS-RSF2	27 8am Solivita Cyclists-FP 8am-4pm Stroke Screens with Prevention Plus-RSF2 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 10am Wellness Lecture: Medicare Workshop #4-PA 10am Yarners-MSB 11am Sculpture-CR 12pm Dominoes Club-MSB 1pm Friendly Bridge-MG 4pm, 5pm & 6pm Greeting Cards-CR 6:45pm Euchre-MSB	28 Thanksgiving Admin & Activities Closed RSF & The Palms Close at 12pm 8am Horseshoes-FP 9am Sculpture-CR 10am Cancer Support Group-MG 12pm Dominoes Club-MSB 1pm Friendly Bridge-PA 3pm Thanksgiving Day Dinner-ST 6:30pm Pinochle Club-MSB 7pm Movie Night-ST CANCELLED	29 Admin & Activities Closed 8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Art-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 1pm Friendly Bridge-RSF2 5pm Game On-GTR	30 8am Horseshoes-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSB 12:30pm Beginners Calligraphy-MG
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