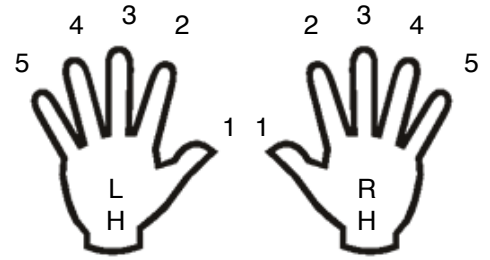
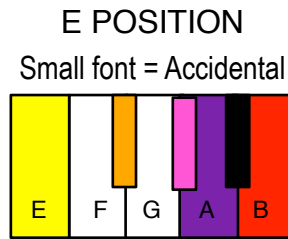


Start Date

Daily Exercises

Thumbs are *ONE*



R.H. Fingers	1 2 3 4 5	5 4 3 2 1
Note	E F# G# A B	B A G# F# E
L.H. Fingers	5 4 3 2 1	1 2 3 4 5
R.H. Fingers	1 2 2 1 2 3 3 2 3 4 4 3 4 5 5 4	
Note	E F# F# E F# G# G# F# G# A A G# A B B A	
L.H. Fingers	5 4 4 5 4 3 3 4 3 2 2 3 2 1 1 2	
R.H. Fingers	1 3 5 5 3 1	
Note	E G# B B G# E	
L.H. Fingers	5 3 1 1 3 5	
R.H. Fingers	1 3 2 4 3 5 5 3 4 2 3 1	
Note	E G# F# A G# B B G# A F# G# E	
L.H. Fingers	5 3 4 2 3 1 1 3 2 4 3 5	
R.H. Fingers	1 5 4 2 3 2 1 1 2 3 2 4 5 1	
Note	E B A F# G# F# E E F# G# F# A B E	
L.H. Fingers	5 1 2 4 3 4 5 5 4 3 4 2 1 5	