

Join us at DANCE ENDEAVORS FOR ... SPRING MINI SESSION 2018

Classes begin the week of March 12th!*



DANCE ENDEAVORS



SPRING PERFORMANCE OPTIONS!

6-week session only \$75
Try dance for the first time or try a new style!
Something for ALL ages!

Registration opens online March 1st:
www.danceendeavors.com



PARENT/TOT

This class for our youngest students & a caring adult is a fun opportunity to explore dance & movement together. Dancewear & Ballet slippers optional.

- Thursdays 4:30-5:00pm*
- Saturdays 9:15-9:45am*

PRESCHOOL COMBO

A combination of tap and ballet for young children (ages 3 & 4). Learn ballet and tap techniques while enjoying creativity in dance. The focus is on movement and enjoyment. Ballet & tap shoes required.

- Mondays 4:15-5:00pm*
- Wednesdays 6:30-7:15pm*
- Saturdays 9:45-10:10am*

ELEMENTARY COMBO

A combination of tap and ballet for dancers in early elementary (Kindergarten—grade 2). Learn ballet and tap techniques while enjoying creativity in dance. The focus is on movement and enjoyment.

- Ballet & tap shoes required.
- Wednesdays 7:15-8:00pm*
 - Saturdays 8:15-9:00am*
 - Saturdays 9:45-10:30am*

DANCE ENDEAVORS

10820 Nesbitt Ave S
Bloomington, MN 55437
952-212-4456
www.danceendeavors.com
info@danceendeavors.com

ACRO (Grades K-3)

Acro dance combines classical dance technique with precision acrobatic elements. It is defined by its athletic character and unique choreography. Dance in bare feet.

- Saturdays 9:45-10:30am*

MODERN (Grades 3-6)

An eclectic blend of contemporary and post-modern movement emphasizing the concepts of contraction/release, musicality and rhythm. Dance in bare feet.

- Saturdays 10:30-11:15am*

TAP & HIP HOP (Grades 3-6) **Spring Recital Option!**

Gain coordination and rhythm learning Broadway style tap AND learn Hip Hop moves you can perform anywhere! Tap shoes & indoor use tennis shoes required.

- Saturdays 11:15am-12:00pm*

BALLET SKILLS (Grades 6-12)

Study ballet based on the Vaganova method of ballet instruction. Develop grace and strength as your body learns the art of classical ballet. Appropriate dancewear and ballet slippers required.

- Wednesdays 7:45-8:30pm*

IMPROV/CHOREOGRAPHY (Grades 6-12) **Spring Recital Option!**

Development of improvised movement is facilitated through a variety of creative explorations! Jazz shoes or ballet slippers required.

- Saturdays 12:15-1:00pm*

MODERN (Grades 6-12) **Spring Recital Option!**

An eclectic blend of contemporary and post-modern movement emphasizing the concepts of contraction/release, musicality and rhythm. Dance in bare feet.

- Saturdays 9:00-9:45am*

STRENGTH & CONDITIONING (Grades 8—ADULT)

Dance-inspired conditioning for athletics and dancers! Jazz shoes or ballet slippers required.

- Saturdays, 1:00-1:45pm*

BARRE FITNESS (Adults)

Target the entire body through ballet barre-based and mat Pilates exercises. No dance experience required! Workout in socks or bare feet. Yoga/fitness mat needed.

- Wednesdays 7:45-8:30pm*

YOGA (Adults)

Vinyasa flow class. Build strength, flexibility and concentration while cleansing the body and calming the mind. Workout in socks or bare feet. Yoga/fitness mat needed.

- Saturdays 9:00-9:45am*

*CLASS DATES VARY—PLEASE CHECK SCHEDULE CAREFULLY

Monday class dates: March 12, 19, April 2, 9, 16, 30

Wednesday class dates: March 14, 21, April 4, 11, 18, 25

Thursday class dates: March 15, 22, April 5, 12, 19, 26

Saturday class dates: March 17, 24, April 7, 14, 21, 28

ADULT YOGA class dates: March 17, 24, April 14, 28, May 5, 12