

HANDBOOK TEST

9th Gup – Junior: under 12 years

NAME:

DATE:

GENERAL KNOWLEDGE

What principle was the federation founded on?

- Respect
- Unity
- Peace
- Knowledge

Why do you yell in Tang Soo Do?

- To develop spiritual strength, power, and concentration
- To scare away the enemy
- So your master knows you're paying attention
- To build energy and confidence

Can you explain the significance of white belt?

- To hold your pants up
- A white belt signifies purity, nothing, and clean, Sir/Ma'am!
- The color white signifies weakness

QUESTIONS

What are the Seven Tenets of Tang Soo Do?

- Concentration
- No retreat in battle
- Respect and obedience
- Integrity
- Perseverance
- Loyalty to country
- Self-control
- Indomitable spirit
- Humility
- Trust

What is the meaning of white belt?

- White is the first belt which is the beginner's belt. It represents a primitive stage of achievement.
- To stand at the end of line in class
- To test how clean beginners can keep their uniforms.

TERMINOLOGY (DRAW LINE TO MATCH)

20 (twenty)

Start/begin

Stop

Ku Mon

Shi Jak

Soomul