

2024 Stars & Stripes Schedule

Friday ~ Jan. 12

Flight 1R - Level 3 (A) =

Stretch - 8:00 - 8:20
Timed Warm-up - 8:20 - 8:40
March In - 8:40
Indv. & Team Awards - 11:45

Participating Teams:

Allison Biondi / All Star / Eagle / GGAC
GSA / Off Limits / Stumpfs / Ultimate

Flight 2R - Level 6 (A) =

Stretch - 11:45 - 12:10
Timed Warm-up - 12:10 - 12:20
March In - 12:20
Indv. & Team Awards - 2:40

Participating Teams:

Brandy Marie / Butler Hy-Flyers / Gymsport
GSA / Infinity / Ohio Gym. Inst. / Premier
Stumpfs / Team Lightning / Ultimate / Victors

Flight 3R - Level 4 (A) =

Stretch - 2:40 - 3:00
Timed Warm-up - 3:00 - 3:15
March In - 3:15
Indv. & Team Awards - 6:15

Participating Teams:

Above the Barre / All Star / Flyers / GGAC
Highlanders / Infinity / Orchard Park
Roots / Team Lightning

Flight 4R - Level 7 =

Stretch - 6:15 - 6:40
Timed Warm-up - 6:40 - 7:00
March In - 7:00
Indv. & Team Awards - 9:50

Participating Teams:

Alison Biondi / Brandy Marie / Butler Hy-Flyer /
Emerald City / GSA / Gymsport / Infinity / Maverick
Niagara Falls / Off Limits / Ohio Gym Inst. /
Perfect 10 / Renzi / Stumpfs / Team Lightning
Ultimate / Uzelac / Victors

Flight 1B - Level 3 (B) =

Stretch - 8:00 - 8:20
Timed Warm-up - 8:20 - 8:40
March In - 8:40
Indv. & Team Awards - 11:45

Participating Teams:

Above the Barre / Flyers / Highlanders / Infinity
Orchard Park / Roots / Team Lightning / Victors

Flight 2B - Level 6 (B) =

Stretch - 11:45 - 12:10
Timed Warm-up - 12:10 - 12:20
March In - 12:20
Indv. & Team Awards - 2:40

Participating Teams:

Alison Biondi / Eagle / GGAC
Niagara Falls / Off Limits / Perfect 10
Renzi's / Roots / Uzelac

Flight 3B - Level 4 (B) =

Stretch - 2:40 - 3:00
Timed Warm-up - 3:00 - 3:15
March In - 3:15
Indv. & Team Awards - 6:15

Participating Teams:

Alison Biondi / Butler Hy-Flyers / GSA /
Niagara Falls / Off Limits / Perfect 10 / Pinnacle
Stumpfs / Ultimate / Victors

Flight 4B - Level 5 =

Stretch - 6:15 - 6:40
Timed Warm-up - 6:40 - 7:00
March In - 7:00
Indv. & Team Awards - 9:50

Participating Teams:

All Star / Butler Hy-Flyers / Eagle
Flyers / GSA / Gymsport /
Highlanders / Infinity
Off Limits / Roots / Stumpfs
Team Lightning / Victors

2024 Stars & Stripes Schedule

Saturday ~ Jan. 13

Flight 5R - Level 2 =

Stretch - 8:00 - 8:20
Timed Warm-up - 8:20 - 8:35
March In - 8:35
Indv. & Team Awards - 11:00

Participating Teams:

Alison Biondi / All Star / G2 / Infinity /
Off Limits / Roots / Team Lightning

Flight 6R - Xcel Diamond =

Stretch - 11:00 - 11:25
Timed Warm-up - 11:25 - 11:45
March In - 11:45
Indv. & Plat. Team Awards - 2:30

Participating Teams:

Allison Biondi / All Star / Brandy Marie / Buckeye
Emerald City / Flyers / G2 / GGAC / Gymsport
Highlanders / Laurel Highlands / Maverick / Off Limits
Pinnacle / Premier / Renzi's / Roots / Stumpf's
Ultimate / Victors / Willowtree

Flight 7R - Level 8

Stretch - 2:25 - 2:50
Timed Warm-up - 2:50 - 3:10
March In - 3:10
Indv. & Team Awards - 6:10

Participating Teams:

Bounce / Butler Hy-Flyers / Eagle / GSA
Gym Giants / Laurel Highlands / Off Limits / Perfect 10
Premier / Renzi's / Stumpfs / Team Lightning
Ultimate / Uzelac's / Victors

Flight 5B - Men's Level 5 & Men's Silver =

Stretch - 8:00 - 8:20
Timed Warm-up - 8:20 - 8:35
March In - 8:35
Indv. & Team Awards - 11:00

Participating Teams:

Above the Barre / Alison Biondi / Butler
G-Force / Gym America / Gym World / Northstars
Orchard Park / Pinnacle / Stumpfs / Victors

Flight 6B - Men's Level 3D1 / 3D2

Stretch - 11:00 - 11:25
Timed Warm-up - 11:25 - 11:45
March In - 11:45
Indv. & Plat. Team Awards - 2:30

Participating Teams:

Allison Biondi / Butler / Chalk Box
Falcon / G-Force / Gym America
Gymsport / Northstars / Orchard Park
Stumpfs / Tates / Team Lightning
Victors / Western PA

Flight 7B - Men's Level 4D1 & 4D2 =

Stretch - 2:25 - 2:50
Timed Warm-up - 2:50 - 3:10
March In - 3:10
Indv. & Team Awards - 6:10

Participating Teams:

Above the Barre / Butler / Falcon / G-Force
Gym America / Gym World / Gymsport / Northstars
Olympic Dreams / Orchard Park / Pinnacle /
Stumpfs / Tates / Victors / Western PA

Main Event

Flight 8R - Levels 9 & 10

Stretch - 6:00 - 6:30
Timed Warm-up - 6:30 - 6:50
March In - 6:50
Indv. & Team Awards - 10:00

Participating Teams:

Allison Biondi / Bounce / Brandy Marie / Butler Hy-Flyers
Eagle / GGAC / GSA / Gymsport
Maverick / Off Limits / Perfect 10 / Premier
Renzi / Roots / Stumpfs / Team Lightning
Ultimate / Uzelac's / Victors

Flight 8B - Men's Levels 6 - 10 =

Stretch - 6:00 - 6:30
Timed Warm-up - 6:30 - 6:50
March In - 6:50
Indv. & Team Awards - 10:00

Participating Teams:

Above the Barre / Alison Biondi / Chalk Box
Falcon / G-Force / Gym America
Gymsport / Northstars / Olympic Dreams
Pinnacle / Team Lightning

2024 Stars & Stripes Schedule

Sunday ~ Jan. 14

Flight 9R - Xcel Bronze (A) =

Stretch - 8:00 - 8:20
Timed Warm-up - 8:20 - 8:30
March In - 8:30
Indv. & Team Awards - 10:15

Participating Teams:
Brandy Marie / Pinnacle
Willow Tree / Cutting Edge

Flight 10R - Xcel Silver (A) =

Stretch - 10:15 - 10:35
Timed Warm-up - 10:35 - 10:50
March In - 10:50
Indv. & Team Awards - 1:30

Participating Teams:
Above the Barre / Alison Biondi / All Star / Buckeye
Cutting Edge / Emerald City / G2 / G-Force
Rogers Classics / Team Lightning / Victors

Flight 11R - Xcel Gold (A) =

Stretch - 1:30 - 1:55
Timed Warm-up - 1:55 - 2:15
March In - 2:15
Indv. & Team Awards - 5:15

Participating Teams:
Above the Barre / Brandy Maria / Buckeye
Emerald City / Flyers / G-Force
Laurel Highlands / Premier / Rogers
Tates / Team Lightning

Flight 12R - Xcel Platinum (A) =

Stretch - 5:15 - 5:40
Timed Warm-up - 5:40 - 6:00
March In - 6:00
Indv. & Team Awards - 10:00

Participating Teams:
Above the Barre / Alison Biondi / All Star
Butler Hy-Flyers / Emerald City / Flyers
G-Force / Pinnacle / Stumpfs
Tate's / Team Lightning

Flight 9B - Xcel Bronze (B) =

Stretch - 8:00 - 8:20
Timed Warm-up - 8:20 - 8:30
March In - 8:30
Indv. & Team Awards - 10:15

Participating Teams:
Buckeye / G-Force
Tates / Victors

Flight 10B - Xcel Silver (B) =

Stretch - 10:15 - 10:35
Timed Warm-up - 10:35 - 10:50
March In - 10:50
Indv. & Team Awards - 1:30

Participating Teams:
Arcadia / Brandi Marie / Flyers / Haven
Laurel Highlands / Pinnacle / Renzi / Stumpfs
Tates / Uzelac / Willow Tree

Flight 11B - Xcel Gold (B) =

Stretch - 1:30 - 1:55
Timed Warm-up - 1:55 - 2:15
March In - 2:15
Indv. & Team Awards - 5:15

Participating Teams:
All Star / Arcadia / Cutting Edge
G2 / Pinnacle / Renzi
Stumpfs / Ultimate / Uzelac's
Victors / Willowtree

Flight 12B - Xcel Platinum (B) =

Stretch - 5:15 - 5:40
Timed Warm-up - 5:40 - 6:00
March In - 6:00
Indv. & Team Awards - 10:00

Participating Teams:
Arcadia / G2 / GymSport
Highlanders / Laurel Highlands / Off Limits
Ohio Gym Inst. / Premier / Ultimate
Uzelac's / Victors

Sanctioned Event