

Player	School	Year	Event	Result	Meet
Cody Carter *	Oakley Plainsmen	1998	400 Meter Dash	48.83	Kansas State T&F Championships
Andrew Casey	Ellis Railroaders	5/25/2007	400 Meter Dash	49.08	Kansas State T&F Championships
Rick Pruden	Osborne Bulldogs	1989	400 Meter Dash	49.2	
Brandon Towns	Stockton Tigers	1996	400 Meter Dash	49.3	
Lang *	T.M.P. Monarchs	1994	400 Meter Dash	49.4	
Tyus Henson	Norton Bluejays	2017	400 Meter Dash	49.52	
Leanard Jones	Hill City Ringnecks	1971	400 Meter Dash	49.31/49.6-yrds	Kansas State T&F Championships
Rhoden	Wakeeney Golden Eagles	1965	400 Meter Dash	49.41/49.7-yrds	Kansas State T&F Championships
Mike Rogers	Smith Center Redmen	1984	400 Meter Dash	49.58	3A Regional @ Wakeeney
Wick	Smith Center Redmen	2003	400 Meter Dash	49.6	
Jared Foley	Norton Bluejays	2004	400 Meter Dash	49.6	
Kahle *	Oakley Plainsmen	2004	400 Meter Dash	49.6	
Cady *	Osborne Bulldogs	2014	400 Meter Dash	49.6	
Leanard Jones	Hill City Ringnecks	1970	400 Meter Dash	49.61/49.9-yrds	Kansas State T&F Championships
Brett Fuller	Ellis Railroaders	1985	400 Meter Dash	49.7	Kansas State T&F Championships
Bryan Henry	Norton Bluejays	5/18/2012	400 Meter Dash	49.89	Class 3 Regional 13
Denny Tweedy	Phillipsburg Panthers	2004	400 Meter Dash	50.06	
Tracy Bollig	Wakeeney Golden Eagles	1987	400 Meter Dash	50.2	Kansas State T&F Championships
Trey Ellis	Phillipsburg Panthers	2014	400 Meter Dash	50.25	
M. Hageman	Plainville Cardinals	1974	400 Meter Dash	50.3	
Van Eaton *	Oakley Plainsmen	1995	400 Meter Dash	50.3	
Schowen	Wakeeney Golden Eagles	1981	400 Meter Dash	50.34	Kansas State T&F Championships
Lang *	T.M.P. Monarchs	1992	400 Meter Dash	50.35	
Woods	Smith Center Redmen	1981	400 Meter Dash	50.41	Kansas State T&F Championships
Brett Fuller	Ellis Railroaders	1984	400 Meter Dash	50.46	MCL at Ellis
Appelhans	Hill City Ringnecks	1998	400 Meter Dash	50.47	
Lance Lang	T.M.P. Monarchs	2019	400 Meter Dash	50.48	
Woods	Smith Center Redmen	1980	400 Meter Dash	50.54	
Cady	Osborne Bulldogs	2013	400 Meter Dash	50.55	
Augustine	Ellis Railroaders	1977	400 Meter Dash	50.56	MCL at Plainville
Towns	Stockton Tigers	1995	400 Meter Dash	50.6	

All yards to meters calculated by
<http://pa.milesplit.com/calc>

* Team wasn't in the league
at the time of the Result

Mike Rogers	Smith Center Redmen	1983	400 Meter Dash	50.73	
Van Eaton *	Oakley Plainsmen	1996	400 Meter Dash	50.74	
Rorabaugh	Smith Center Redmen	2002	400 Meter Dash	50.75	
Caleb Wick	Smith Center Redmen	5/30/2003	400 Meter Dash	50.79	Kansas State T&F Championships
Brian Goatley	Osborne Bulldogs	1990	400 Meter Dash	50.8	
Shawn Morrissey	Phillipsburg Panthers	1999	400 Meter Dash	50.84	Kansas State T&F Championships
Kingsbury	Smith Center Redmen	2004	400 Meter Dash	50.84	
Bedore	Stockton Tigers	1990	400 Meter Dash	50.9	
Wycoff *	Oakley Plainsmen	1996	400 Meter Dash	50.9	
Schaffer *	T.M.P. Monarchs	1997	400 Meter Dash	50.9	
McDonald	Phillipsburg Panthers	2000	400 Meter Dash	50.9	
Jesse Staples	Smith Center Redmen	2018	400 Meter Dash	50.9	
Zach Werth	Ellis Railroaders	2011	400 Meter Dash	50.91	Kansas State T&F Championships
Mans	Osborne Bulldogs	2002	400 Meter Dash	50.93	
Rothchild	Smith Center Redmen	2013	400 Meter Dash	50.94	
Rorabaugh	Smith Center Redmen	2001	400 Meter Dash	50.99	Kansas State T&F Championships
Kingsbury	Smith Center Redmen	2005	400 Meter Dash	51.02	
Lambert	Smith Center Redmen	2005	400 Meter Dash	51.08	
Newcomer	Wakeeney Golden Eagles	1980	400 Meter Dash	51.12	
Younger	Smith Center Redmen	1996	400 Meter Dash	51.18	
Samuel Kaup	Plainville Cardinals	2015	400 Meter Dash	51.18	
Renner *	Oakley Plainsmen	1991	400 Meter Dash	51.18	
Clayton Riedel	Wakeeney Golden Eagles	2013	400 Meter Dash	51.21	
McReynolds	Stockton Tigers	1997	400 Meter Dash	51.22	
Appelhans	Hill City Ringnecks	1997	400 Meter Dash	51.25	
Keller *	Oakley Plainsmen	2006	400 Meter Dash	51.26	
Van Eaton	Norton Bluejays	2006	400 Meter Dash	51.29	
Rick Pruden	Osborne Bulldogs	1988	400 Meter Dash	51.3	MCL at Phillipsburg

Bedore	Stockton Tigers	1991	400 Meter Dash	51.37	
Rece Buckmaster	Smith Center Redmen	2019	400 Meter Dash	51.39	
Hahn	Norton Bluejays	1980	400 Meter Dash	51.4	
Miller	Victoria Knights	1982	400 Meter Dash	51.4	Kansas State T&F Championships
Deason	Wakeeney Golden Eagles	1989	400 Meter Dash	51.4	
Manzano *	T.M.P. Monarchs	1990	400 Meter Dash	51.5	
Schoenfield *	Oakley Plainsmen	1992	400 Meter Dash	51.5	
Logan Zabel	Smith Center Redmen	2017	400 Meter Dash	51.5	
Lang *	T.M.P. Monarchs	1993	400 Meter Dash	51.51	
Taylor Redinger	Phillipsburg Panthers	2005	400 Meter Dash	51.6	
Scott lemon	Phillipsburg Panthers	1984	400 Meter Dash	51.69	3A Regional @ Wakeeney
Van Eaton	Norton Bluejays	2007	400 Meter Dash	51.69	
Deason	Wakeeney Golden Eagles	1990	400 Meter Dash	51.7	
Petrie	Hill City Ringnecks	1988	400 Meter Dash	51.8	MCL at Phillipsburg
Jared Kingsbury	Smith Center Redmen	2005	400 Meter Dash	51.84	
Brett Fuller	Ellis Railroaders	1985	400 Meter Dash	51.9	MCL at Hill City
Scott lemon	Phillipsburg Panthers	1985	400 Meter Dash	51.95	MCL at Hill City
Sam Kaup	Plainville Cardinals	2015	400 Meter Dash	51.98	Kansas State T&F Championships
Kirk Kasson	Norton Bluejays	1986	400 Meter Dash	52.01	MCL at Norton
Terry Petrie	Norton Bluejays	2003	400 Meter Dash	52.13	
Lambert	Smith Center Redmen	2005	400 Meter Dash	52.3	
Younger	Ellis Railroaders	1986	400 Meter Dash	52.36	MCL at Norton
Dylan Anderson	Hill City Ringnecks	5/11/2012	400 Meter Dash	52.36	Mid-Continent League Meet
Jeff Radcliffe	Hill City Ringnecks	2006	400 Meter Dash	52.38	Kansas State T&F Championships
Ashbaugh	Ellis Railroaders	1988	400 Meter Dash	52.4	MCL at Phillipsburg
Joey Friend	Plainville Cardinals	1985	400 Meter Dash	52.4	
King	Ellis Railroaders	1985	400 Meter Dash	52.43	MCL at Hill City
Jo. Windholz	Victoria Knights	1993	400 Meter Dash	52.47	MCL at Wakeeney
T.J. Slanskey	Stockton Tigers	1984	400 Meter Dash	52.9	2A Regional @ Hoxie
Mullen	Phillipsburg Panthers	1993	400 Meter Dash	52.9	MCL at Wakeeney
Eisenhauer	Stockton Tigers	1981	400 Meter Dash	52.91	Kansas State T&F Championships
Roger Swanson	Hill City Ringnecks	1986	400 Meter Dash	52.95	MCL at Norton
Eikenberg	Osborne Bulldogs	2008	400 Meter Dash	53	
Post	Stockton Tigers	2008	400 Meter Dash	53.03	
Sam Kaup	Plainville Cardinals	5/23/2014	400 Meter Dash	54.04	Kansas State T&F Championships
Justin Gottwald	Victoria Knights	5/30/2003	400 Meter Dash	54.1	Kansas State T&F Championships
Waddell	Plainville Cardinals	1993	400 Meter Dash	54.12	MCL at Wakeeney
Pruden	Smith Center Redmen	1993	400 Meter Dash	54.94	MCL at Wakeeney
Rothenberger	Osborne Bulldogs	1993	400 Meter Dash	55.13	MCL at Wakeeney
Jaden Williams	Stockton Tigers	5/4/2012	400 Meter Dash	55.35	Grizzly Invitational
Sumner	Norton Bluejays	1993	400 Meter Dash	55.37	MCL at Wakeeney