



L.B.J.&C. HEAD START HEADLINER

Winter 2026



Upcoming Closures

- January 1
 - New Year's Day
- January 2
 - In-Service
- January 5
 - In-Service
- January 19
 - MLK Day



Ms. Katie, Class D
HAHF-Pinewood Head Start

Happy New Year, HEAD START FAMILIES!

We are excited to welcome everyone back and kick off a new year full of learning, growth, and fun. January is a great time to reset routines, reconnect with families, and support children as they continue building important skills at school and at home.

Inside this issue:

- Winter Weather Reminders
- Health and Wellness Tips
- Attendance Matters
- This Month Study





Winter Weather Reminders



January weather can be unpredictable. Please help us keep children safe and comfortable by:



- Sending coats, hats, and gloves labeled with your child's name
- Dressing children in appropriate clothing.
- Watching for weather-related closures shared on our Facebook page

LBJC Inclement Weather Policy

Stay tuned to local news, school updates, and LBJC Head Start Facebook page during inclement weather days.

- **If the local school opens late (1–2 hours delay):**
 - Head Start will still open on time, and meals will be served as usual.
- **If the local school is closed:**
 - Head Start will also be closed.
- **If the local school closes early:**
 - Head Start will also close early at the same time as the local school system.





Health & Wellness Tips

Keeping children healthy helps everyone have a successful school year:

- Wash hands often, especially during cold and flu season
- Keep children home if they are sick

- Notify your center of any health changes or new medications
- If you have questions or need support, please contact your center staff.

Attendance Matters

Consistent attendance is very important for your child's learning and development. Each day at Head Start helps children:

- Build strong routines
- Develop social skills with peers
- Make steady progress toward school readiness goals

If your child will be absent, please remember to notify your center as soon as possible.

THIS MONTH'S STUDY

Reduce, Reuse, Recycle

Children will begin exploring an important study in the classroom: Recycle, Reduce, Reuse. This study helps children learn how to care for the environment while building critical thinking, language, and problem-solving skills.

Through hands-on activities, stories, and discussions, children will:

- Learn what it means to recycle, reduce waste, and reuse materials
- Sort and explore everyday items such as paper, plastic, and cardboard
- Discover how small actions can help keep our classrooms and communities clean
- Use recycled materials for art, building, and imaginative play.

L.B.J. & C. Head Start is a Limited Purpose Agency serving Clay, Cumberland, Dekalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Warren, and White Counties. Parents' participation is not required as a condition of their child's enrollment. Participation is voluntary. However, Head Start needs Parental Input into all aspects of the Head Start Program. Funded by the U.S. Department of Health and Human Services, Administration for Children and Families. L.B.J. & C. Development Corporation is an Equal Opportunity Agency. The agency does not discriminate on any non-merit reasons such as race, color, religion, sex, national origin, age, marital status, political affiliation, sexual preference, or qualified individuals with mental and physical handicaps. The 504/ADA/Title VI Contact Person: Angela West (931) 528-3361. For reprints of this newsletter, contact us at (931) 528 -3361, e-mail us at information@lbjc.org, or FAX us at (931) 528 -2409.

How Families Can Support This Learning at Home

You can extend this learning with simple activities:

- Talk about recycling at home and point out recycling bins
- Let your child help sort recyclables
- Reuse boxes, containers, or paper towel rolls for art or play
- Read books or watch short videos about caring for the Earth

These conversations help children understand that their actions matter.



Celina Head Start Staff with Class A

APPLY NOW

All age eligible children can apply.
Serving children
3 & 4 years of age
including children with disabilities.

www.lbjc.org

L.B.J. & C. Head Start

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Events, parenting tips, developmental milestones, and more... L.B.J. & C. Head Start is your reliable source for early childhood education information.

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