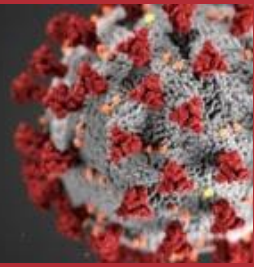




# COVID-19 Update



## [ACL's COVID-19 Resources: What's New](#)

Here's what's new on [our COVID-19 resource page](#):

**Know the symptoms:** The CDC has updated its list of COVID-19 symptoms. The updated list of symptoms includes cough, shortness of breath, or at least two of the following:

- fever
- chills or repeated shaking with chills
- muscle pain
- headache
- sore throat
- new loss of taste or smell

**Guidance for Grantees:**

- A new FAQ for Older Americans Act Title III-B and III-E Grantees
- Updated FAQ for Centers for Independent Living on the COVID-19 Aid, Relief, and Economic Security Act of 2020
- Q&A from ACL's April 15 call with State Unit on Aging Directors

**Making Virtual Meetings Accessible:** Physical distancing and other measures to slow the spread of COVID-19 have increased the use of virtual meeting and video conferencing tools. How these tools are used can determine whether or not people with disabilities are able to access a virtual space. We've expanded our video communications section to include information on accessible virtual meeting platforms and best practices from the Partnership on Employment & Accessible Technology, Disability:IN, and Rooted in Rights.

**Webinars for Caregivers and Those Who Support Them:** Two webinars this week will focus on supporting family members caring for older adults. The Alzheimer Association will host a "Caregivers Town Hall" on **Wednesday at 1pm ET** and Resources for Integrated Care will host a webinar on supporting family caregivers of older adults through times of stress and isolation **Thursday at 12:00pm ET**.

**Calling All Senior Centers:** The COVID-19 pandemic has caused many senior centers to temporarily close. The National Council on Aging has created a resource guide for senior centers with ideas for programming and continuing services.

**Staying Safe and Informed:** ACL's Eldercare Locator and the Alliance for Aging Research have created a two-page COVID-19 guide for older adults with information on symptoms, what to do if you are sick, how to avoid scams, and finding community resources.

**COVID-19 and Equal Employment:** The U.S. Equal Employment Opportunity Commission (EEOC) has developed a resource providing updated technical assistance on COVID-19 questions arising under federal equal employment opportunity law including the Americans with Disabilities Act and the Rehabilitation Act.