



****SUMMER OFFERINGS** **AT FAIRPORT DANCE ACADEMY****



1 Victoria Place, Suite #140, Painesville| PH: 440-354-5062|
info@branchesofwellness.com

FOR MORE CLASS INFORMATION PLEASE VISIT:
BRANCHESOFWELLNESS.COM/SCHEDULE/

CLASS SCHEDULE **2025**

MONDAY

10:30-11:30 AM

Calming TWEEN Yoga

Michelle Gonzalez

12:10-12:55 PM

Gentle Flow Yoga

Michelle Gonzalez



TUESDAY

9:30-10:45 AM

Yoga Fit Fusion

Erin Hill

11:30-12:30 PM

Chair Yoga/Yoga for Stroke Recovery

Erin Hill

***6:00-7:30 PM**

***Shamanic Yoga**

Erin Hill

**At Faiport Veterans Memorial Park May 20-Sept 30*

WEDNESDAY

9:00-10:00 AM

Mindful Strength & Stretch

Brenda Swain

10:30-11:30AM

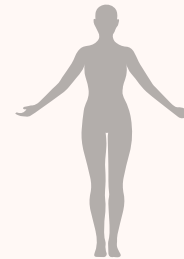
Calming TEEN Yoga

Michelle Gonzalez

12:10-12:55 PM

Gentle Flow Yoga

Michelle Gonzalez



THURSDAY

10:00-11:30 AM

AM Somatic Yoga

Erin Hill

3:00-4:15 PM

All Things Balance

Micky Cooke

FRIDAY

9:00-10:00 AM

***Pop-Up**

Brenda Swain

Mindful Strength & Stretch

**Select Fridays of the Month (See Website)*



***SPECIAL OFFERINGS!**

Brain Balance Yoga Thursdays: 6/12, 7/10, & 8/7 6:30-8:00 PM Erin Hill

Reiki & Restorative Yoga Mondays: 6/23 & 7/14 6:00-8:00 PM Michelle Gonzalez