

A LETTER TO PARENTS

Dear Parents,

There is one task parents and teachers share regarding children's education. We are both in the position of helping children to grow up and become productive citizens. Because it is often difficult for a group of adults to be consistent in accomplishing this task the Discipline With Purpose program was developed.

DWP is a developmental approach to teaching children the self-discipline skills they will need for a lifetime. Practicing these skills requires students to control impulsive behavior and think before they act. There are fifteen skills and some element of each skill is taught each year your child remains in school.

Teachers and students know whenever seriously DANGEROUS, DISRUPTIVE OR DISRESPECTFUL behavior occurs, immediate disciplinary action is warranted. Usually student's behaviors are not of a serious nature but reflect poor choices or lack of self-discipline.

When children misbehave adults correct them by asking them to demonstrate four of the fifteen skills.

These skills are often referred to as the four skills of discipline and include: **LISTENING** and **FOLLOWING INSTRUCTIONS**. Adults talk with students **UNDERSTAND THE RULES AND THE REASONS FOR THE RULES**. Finally, the correction will include discussing with children ways to **RESOLVE** the **PROBLEM**.

When practicing this final skill students will be asked to take an adult imposed consequence or, if able, to suggest a self-imposed consequence. Students are taught how to make recompense for inappropriate actions or poor choices.

As students learn about each of the fifteen skills they are challenged to select a portion of the skill that seems most difficult to them. They set a goal and design ways to keep track of their actions. In this way teachers help students move from the need for discipline to self-discipline by internalizing a skill and making it habitual.

We hope you will want to learn more about this program.

DISCIPLINE WITH PURPOSE 15 SELF-DISCIPLINE SKILLS

1. Listening
2. Following Instructions
3. Asking Questions Appropriately
4. Sharing: Time, Space, People, Things
5. Exhibiting Social Skills
6. Cooperating
7. Understanding Rules and the Reasons for Rules
8. Independently Accomplishing Tasks
9. Exhibiting Leadership
10. Communicating Effectively
11. Organizing: Time, Space, People, Things
12. Resolving Problems
13. Initiating Solutions
14. Distinguishing Facts From Feelings
15. Sacrificing / Serving Others

Discipline With Purpose, Inc.
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