

PRATHAMA

(Beginner II)

Practical

1. *Teentaal tatkaar* variation with *hustak*
2. Two types of *thaats*, 2 types of *Amads*, 5 types of complex *toras*, *chakkardaar toras*
3. *Stuti* or *Vandhana*
4. Two types of *gut* and 2 types of *tihai*
5. *Kavitta* and *theka* of *Jhaptaal* and *daadara taal*
{recitation of all the above}
6. One type of folk dance

Theory

1. Knowledge and definition of the following terms:

❁ *Tandava*

❁ *Lasya*

❁ *Padhant*

❁ *Gut*

❁ *Chakkardaar*

❁ *Natya*

❁ *Nritta*

❁ *Nritya*

❁ *Gut bhav*

❁ *Bol*

❁ *Matra*

❁ *Awartan*

❁ *Hustak*

❁ *Taal*

2. Brief history of *kathak* dance
3. Fifteen new hand gestures

