

eXtra, eXtra

Volume XVIII, Issue 4, October 2022

Mark Your Calendar

Support Meetings

First Saturday of the Month

(No meeting in December and January)

When:

November 5, 2022 February 4, 2023

Business Meeting

Time: 10 - 11 am Support Meeting

Time: 11 am - 1 pm

Where:

November meeting is virtual, see the website, Facebook and page 4.

February meeting **TBD**

Special Events:

October 22, 2022

FXAM Father and Son Picnic/Play Day See page 1.

TBD

FXAM Moms Let's Do Lunch!

Please watch the discussion on Facebook for a final decision!

Fragile X Association of Michigan FXAM.org

Contact Information: 313-689-3340

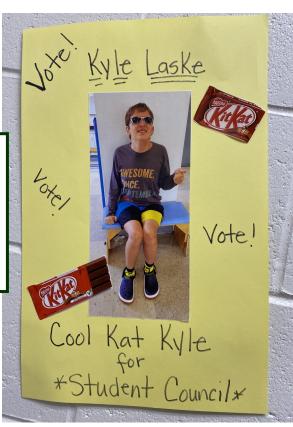
PO Box 1414 Troy, MI 48099-1414

Three Cheers for...



Kyle - Student leadership opportunity for Kyle at school.

He's also participating on the yearbook committee this school year.



Three Cheers for...



The Michigan State Fair - Ted and Andrew made a new friend at the fair.



The Greeks! - Andrew and his posse in August 2022 at the first full Assumption GreekFest since 2019. Yassoo!



Andrew and a Smiling Apple!

Three Cheers for...

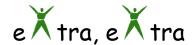








Jonathan and Isabelle - who both won ribbons for their culinary skills at their local fair.



From the President's Desk by Tiah Solway

Hello FXAM Familes, and Happy Fall!

I hope everyone was able to have an enjoyable summer. Many exciting things happened over the summer for FXAM. This summer saw the return of our annual Family Picnic. A special thank you to our Vice President Sulie for hosting this fun event (complete with inflatable water slide!) and we were once again able to provide scholarships for those who were able to attend the NFXF International Conference either in-person or virtually.

I was lucky enough to be able to attend both events and if I could say anything about life post-pandemic it's that covid has really taught me the immense value in gathering at events like these with those in similar situations. The simple fact of knowing that you are not going through this journey alone, or not feeling silly for celebrating those small miracles that others might take for granted; is so very vital. Sure, we might all be going on separate journeys, but we are linked and it's more important now to keep that connection with those

who understand us the best. Facebook can be an amazing and vital tool to keep these connections alive, but it's just that; a tool. The connection comes from gathering in a space with fellow moms, dads and caregivers and just knowing that you are in a place where everyone is accepted.

As FXAM moves forward in a post-pandemic world, we want to know what it is that your family values most. What events would you like to see? What can we do that would benefit the person with Fragile X in your life? In the coming weeks, you will be getting an email from FXAM and/or will see a Facebook post asking you these very questions. We are asking for a few minutes of your time so that we can better serve our Michigan Fragile X families. In the meantime, keep an eye out for our upcoming events, we hope to see you there!



November's support meeting is virtual November 5, 2022

Time: Business 10 -11 am Support 11 am - 1 pm Join Zoom Meeting

Meeting ID:560 426 6326 One tap mobile

+16465588656,,87039565948# US (New York) +13017158592,,87039565948# US (Washington DC)

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